

<b>1</b>	<b>Ida Riis Madsen</b>	<b>28</b>	<b>28:20</b>											
03:13=	04:43=	07:01=	09:20=	10:02=	13:08=	14:42=	17:07=	21:14=	22:33=	23:38=	25:42=	26:33=	27:59=	28:20=
03:13=	01:30=	02:18=	02:19=	00:42=	03:06=	01:34=	02:25=	04:07=	01:19=	01:05=	02:04=	00:51=	01:26=	00:21=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Gertrud Riis Madsen</b>	<b>28</b>	<b>31:53</b>											
02:58-	05:21+	07:23+	10:02+	10:46+	13:51+	15:44+	18:38+	24:02+	25:28+	26:39+	29:23+	29:59+	31:34+	31:53+
02:58-	02:23+	02:02-	02:39+	00:44+	03:05-	01:53+	02:54+	05:24+	01:26+	01:11+	02:44+	00:36-	01:35+	00:19-
00:15-	00:53&	00:16-	00:20#	00:02+	00:01-	00:19#	00:29#	01:17&	00:07+	00:06+	00:40&	00:15-	00:09#	00:02-
<b>3</b>	<b>Laura Bobach</b>	<b>28</b>	<b>31:56</b>											
03:39+	05:16+	07:28+	11:08+	12:14+	15:17+	17:05+	19:55+	24:37+	26:02+	27:07+	29:22+	29:52+	31:33+	31:56+
03:39+	01:37+	02:12-	03:40+	01:06+	03:03-	01:48+	02:50+	04:42+	01:25+	01:05=	02:15+	00:30-	01:41+	00:23+
00:26#	00:07+	00:06-	01:21&	00:24&	00:03-	00:14#	00:25#	00:35#	00:06+	00:00=	00:11+	00:21-	00:15#	00:02+
<b>4</b>	<b>Helle Bobach</b>	<b>1</b>	<b>33:47</b>											
04:05+	05:39+	08:07+	10:44+	11:54+	15:12+	17:42+	20:24+	25:49+	27:18+	28:29+	31:05+	31:46+	33:23+	33:47+
04:05+	01:34+	02:28+	02:37+	01:10+	03:18+	02:30+	02:42+	05:25+	01:29+	01:11+	02:36+	00:41-	01:37+	00:24+
00:52&	00:04+	00:10+	00:18#	00:28&	00:12+	00:56&	00:17#	01:18&	00:10#	00:06+	00:32&	00:10-	00:11#	00:03#
<b>5</b>	<b>Maja Mærkedahl Lilleør</b>	<b>5</b>	<b>34:53</b>											
03:00-	05:40+	08:31+	11:56+	12:35+	16:04+	18:15+	21:19+	26:38+	28:13+	29:22+	31:30+	32:29+	34:33+	34:53+
03:00-	02:40+	02:51+	03:25+	00:39-	03:29+	02:11+	03:04+	05:19+	01:35+	01:09+	02:08+	00:59+	02:04+	00:20-
00:13-	01:10&	00:33#	01:06&	00:03-	00:23#	00:37&	00:39&	01:12&	00:16#	00:04+	00:04+	00:08#	00:38&	00:01-
<b>6</b>	<b>Anna Vang Bobach</b>	<b>1</b>	<b>35:21</b>											
04:01+	05:47+	08:34+	11:38+	12:30+	15:47+	18:03+	21:10+	26:25+	28:17+	29:34+	32:01+	33:07+	34:53+	35:21+
04:01+	01:46+	02:47+	03:04+	00:52+	03:17+	02:16+	03:07+	05:15+	01:52+	01:17+	02:27+	01:06+	01:46+	00:28+
00:48#	00:16#	00:29#	00:45&	00:10#	00:11+	00:42&	00:42&	01:08&	00:33&	00:12#	00:23#	00:15&	00:20#	00:07&
<b>7</b>	<b>Sannie Ebert Jacobsen</b>	<b>33</b>	<b>39:12</b>											
03:34+	08:12+	10:31+	13:54+	14:43+	18:11+	20:16+	24:51+	30:27+	32:15+	33:34+	35:55+	36:59+	38:46+	39:12+
03:34+	04:38+	02:19+	03:23+	00:49+	03:28+	02:05+	04:35+	05:36+	01:48+	01:19+	02:21+	01:04+	01:47+	00:26+
00:21#	03:08@	00:01+	01:04&	00:07#	00:22#	00:31&	02:10&	01:29&	00:29&	00:14#	00:17#	00:13&	00:21#	00:05#
<b>8</b>	<b>Lene Flyvbjerg</b>	<b>32</b>	<b>39:37</b>											
04:12+	07:18+	10:00+	13:14+	14:14+	19:00+	20:58+	23:55+	29:24+	30:52+	32:34+	36:53+	37:49+	39:15+	39:37+
04:12+	03:06+	02:42+	03:14+	01:00+	04:46+	01:58+	02:57+	05:29+	01:28+	01:42+	04:19+	00:56+	01:26=	00:22+
00:59&	01:36@	00:24#	00:55&	00:18&	01:40&	00:24&	00:32#	01:22&	00:09#	00:37&	02:15@	00:05+	00:00=	00:01+
<b>9</b>	<b>Hanne Veggerby</b>	<b>32</b>	<b>41:52</b>											
04:32+	07:28+	10:18+	14:13+	15:08+	18:23+	20:40+	24:00+	31:34+	33:24+	34:49+	38:13+	39:17+	41:29+	41:52+
04:32+	02:56+	02:50+	03:55+	00:55+	03:15+	02:17+	03:20+	07:34+	01:50+	01:25+	03:24+	01:04+	02:12+	00:23+
01:19&	01:26&	00:32#	01:36&	00:13&	00:09+	00:43&	00:55&	03:27&	00:31&	00:20&	01:20&	00:13&	00:46&	00:02+
<b>10</b>	<b>Trine Friedrich</b>	<b>33</b>	<b>42:57</b>											
07:11+	09:09+	11:57+	16:27+	17:29+	21:10+	23:28+	26:26+	32:30+	34:10+	35:35+	40:14+	40:51+	42:32+	42:57+
07:11+	01:58+	02:48+	04:30+	01:02+	03:41+	02:18+	02:58+	06:04+	01:40+	01:25+	04:39+	00:37-	01:41+	00:25+
03:58@	00:28&	00:30#	02:11&	00:20&	00:35#	00:44&	00:33#	01:57&	00:21&	00:20&	02:35@	00:14-	00:15#	00:04#
<b>11</b>	<b>Marie-Louise Møller</b>	<b>1</b>	<b>43:04</b>											
03:22+	06:01+	09:34+	16:42+	17:30+	20:49+	22:56+	25:56+	33:35+	35:12+	36:25+	40:32+	41:06+	42:42+	43:04+
03:22+	02:39+	03:33+	07:08+	00:48+	03:19+	02:07+	03:00+	07:39+	01:37+	01:13+	04:07+	00:34-	01:36+	00:22+
00:09+	01:09&	01:15&	04:49@	00:06#	00:13+	00:33&	00:35#	03:32&	00:18#	00:08#	02:03&	00:17-	00:10#	00:01+
<b>12</b>	<b>Anne Riis</b>	<b>32</b>	<b>43:25</b>											
03:27+	06:19+	09:01+	15:36+	16:37+	20:36+	23:06+	26:20+	32:37+	34:56+	36:23+	40:11+	41:06+	42:54+	43:25+
03:27+	02:52+	02:42+	06:35+	01:01+	03:59+	02:30+	03:14+	06:17+	02:19+	01:27+	03:48+	00:55+	01:48+	00:31+
00:14+	01:22&	00:24#	04:16@	00:19&	00:53&	00:56&	00:49&	02:10&	01:00&	00:22&	01:44&	00:04+	00:22&	00:10&
<b>13</b>	<b>Mette Harbo Flyvbjerg</b>	<b>33</b>	<b>46:42</b>											
06:09+	08:30+	13:23+	16:56+	17:57+	22:30+	25:31+	29:00+	35:40+	37:41+	39:04+	43:13+	44:00+	46:15+	46:42+
06:09+	02:21+	04:53+	03:33+	01:01+	04:33+	03:01+	03:29+	06:40+	02:01+	01:23+	04:09+	00:47-	02:15+	00:27+
02:56&	00:51&	02:35@	01:14&	00:19&	01:27&	01:27&	01:04&	02:33&	00:42&	00:18&	02:05@	00:04-	00:49&	00:06&
<b>14</b>	<b>Sanne Andersen</b>	<b>5</b>	<b>50:59</b>											
07:11+	09:28+	14:48+	19:27+	20:33+	25:25+	27:47+	31:18+	38:04+	40:33+	43:19+	47:44+	48:23+	50:32+	50:59+
07:11+	02:17+	05:20+	04:39+	01:06+	04:52+	02:22+	03:31+	06:46+	02:29+	02:46+	04:25+	00:39-	02:09+	00:27+
03:58@	00:47&	03:02@	02:20@	00:24&	01:46&	00:48&	01:06&	02:39&	01:10&	01:41@	02:21@	00:12-	00:43&	00:06&

Class	Navn	Klasse												Tid		
<b>15</b>	<b>Tina Samsø Udholm</b>	<b>5</b>												<b>1:03:05</b>		
		06:21+	09:05+	13:01+	24:08+	25:43+	31:31+	35:01+	40:37+	48:59+	51:21+	53:13+	56:59+	59:47+	62:25+	63:05+
		06:21+	02:44+	03:56+	11:07+	01:35+	05:48+	03:30+	05:36+	08:22+	02:22+	01:52+	03:46+	02:48+	02:38+	00:40+
		03:08&	01:14&	01:38&	08:48@	00:53@	02:42&	01:56@	03:11@	04:15@	01:03&	00:47&	01:42&	01:57@	01:12&	00:19&

### Beste stræktid for klassen

02:58 01:30 02:02 02:19 00:39 03:03 01:34 02:25 04:07 01:19 01:05 02:04 00:30 01:26 00:19

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## Fri/Åben

<b>1</b>	<b>Lotte Wagner</b>	<b>6</b>												<b>27:43</b>				
		03:22=	05:44=	08:18=	10:06=	14:27=	15:48=	19:30=	21:39=	25:01=	27:14=	27:43=						
		03:22=	02:22=	02:34=	01:48=	04:21=	01:21=	03:42=	02:09=	03:22=	02:13=	00:29=						
		00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=						
<b>2</b>	<b>Bent Skjoldborg</b>	<b>23</b>												<b>33:42</b>				
		03:53+	07:13+	09:48+	12:19+	15:13+	18:52+	26:09+	28:23+	30:10+	31:40+	33:10+	33:42+					
		03:53+	03:20+	02:35+	02:31+	02:54-	03:39+	07:17+	02:14+	01:47-	01:30-	01:30+	00:32+					
		00:31#	00:58&	00:01+	00:43&	01:27-	02:18@	03:35&	00:05+	01:35-	00:43-	01:01@	00:32+					
<b>3</b>	<b>Katrine Lyhne Kristiansen</b>	<b>23</b>												<b>36:38</b>				
		03:05-	09:15+	12:37+	14:59+	19:21+	21:17+	23:39+	28:37+	33:25+	36:12+	36:38+						
		03:05-	06:10+	03:22+	02:22+	04:22+	01:56+	02:22-	04:58+	04:48+	02:47+	00:26-						
		00:17-	03:48@	00:48&	00:34&	00:01+	00:35&	01:20-	02:49@	01:26&	00:34&	00:03-						
<b>4</b>	<b>Jens Lyhne Kristiansen</b>	<b>23</b>												<b>40:03</b>				
		01:54-	05:07-	08:38+	10:38+	12:45-	14:27-	17:18-	19:59-	20:51-	22:55-	25:46-	33:53+	35:18+	36:46+	38:41+	39:44+	40:03+
		01:54-	03:13+	03:31+	02:00+	02:07-	01:42+	02:51-	02:4-	00:52+	02:04-	02:51+	08:07+	01:25+	01:28+	01:55+	01:03+	00:19+
		01:28-	00:51&	00:57&	00:12#	02:14-	00:21&	00:51-	00:32#	02:30-	00:09-	02:22@	08:07+	01:25+	01:28+	01:55+	01:03+	00:19+
<b>5</b>	<b>Emil Gordon</b>	<b>6</b>												<b>45:14</b>				
<b>6</b>	<b>Bent Nielsen</b>	<b>6</b>												<b>40:20</b>				
		04:14+	09:03+	11:48+	14:23+	17:35+	22:04+	31:46+	34:28+	36:40+	38:11+	39:45+	40:20+					
		04:14+	04:49+	02:45+	02:35+	03:12-	04:29+	09:42+	02:42+	02:12-	01:31-	01:34+	00:35+					
		00:52&	02:27@	00:11+	00:47&	01:09-	03:08@	06:00@	00:33&	01:10-	00:42-	01:05@	00:35+					

### Beste stræktid for klassen

01:54 02:22 02:34 01:48 02:07 01:21 02:22 02:09 00:52 01:30 00:26

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H/D-12

<b>1</b>	<b>Aksel Kappel Jensen</b>	<b>34</b>												<b>15:06</b>				
		01:47=	02:32=	03:27=	04:31=	06:07=	07:43=	09:14=	10:25=	11:38=	12:40=	13:43=	14:45=	15:06=				
		01:47=	00:45=	00:55=	01:04=	01:36=	01:36=	01:31=	01:11=	01:13=	01:02=	01:03=	01:02=	00:21=				
		00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				
<b>2</b>	<b>William Thomsen</b>	<b>39</b>												<b>18:53</b>				
		02:05+	02:52+	03:45+	04:44+	06:16+	09:02+	11:06+	12:15+	13:34+	15:37+	17:07+	18:25+	18:53+				
		02:05+	00:47+	00:53-	00:59-	01:32-	02:46+	02:04+	01:09-	01:19+	02:03+	01:30+	01:18+	00:28+				
		00:18#	00:02+	00:02-	00:05-	00:04-	01:10&	00:33&	00:02-	00:06+	01:01&	00:27&	00:16&	00:07&				
<b>3</b>	<b>Sofie Flyvbjerg</b>	<b>35</b>												<b>19:33</b>				
		02:04+	03:34+	05:31+	07:28+	10:10+	11:14+	12:45+	14:37+	17:25+	19:16+	19:33+						
		02:04+	01:30+	01:57+	01:57+	02:42+	01:04-	01:31=	01:52+	02:48+	01:51+	00:17-						
		00:17#	00:45&	01:02@	00:53&	01:06&	00:32-	00:00=	00:41&	01:35@	00:49&	00:46-						
<b>4</b>	<b>Andrea Ebert Svenningsen</b>	<b>35</b>												<b>20:14</b>				
		02:39+	05:36+	07:35+	09:02+	11:47+	12:35+	13:52+	15:35+	18:04+	19:53+	20:14+						
		02:39+	02:57+	01:59+	01:27+	02:45+	00:48-	01:17-	01:43+	02:29+	01:49+	00:21-						
		00:52&	02:12@	01:04@	00:23&	01:09&	00:48-	00:14-	00:32&	01:16@	00:47&	00:42-						
<b>5</b>	<b>Asta Kappel Jensen</b>	<b>35</b>												<b>20:30</b>				
		01:49+	02:36+	04:56+	06:00+	07:28+	12:10+	14:03+	15:30+	16:54+	18:03+	18:54+	20:04+	20:30+				
		01:49+	00:47+	02:20+	01:04=	01:28-	04:42+	01:53+	01:27+	01:24+	01:09+	00:51-	01:10+	00:26+				
		00:02+	00:02+	01:25@	00:00=	00:08-	03:06@	00:22#	00:16#	00:11#	00:07#	00:12-	00:08#	00:05#				

Class	Navn	Klasse	Tid									
<b>6</b>	<b>Asger Zeithen</b>	<b>39</b>	<b>21:36</b>									
02:49+	04:18+	06:08+	07:35+	10:30+	12:48+	14:01+	15:45+	19:12+	21:08+	21:36+		
02:49+	01:29+	01:50+	01:27+	02:55+	02:18+	01:13-	01:44+	03:27+	01:56+	00:28-		
01:02&	00:44&	00:55&	00:23&	01:19&	00:42&	00:18-	00:33&	02:14@	00:54&	00:35-		
<b>7</b>	<b>Kristian Veggerby Jensen</b>	<b>34</b>	<b>25:19</b>									
02:45+	05:01+	07:42+	09:35+	12:56+	14:19+	16:09+	18:42+	22:30+	24:54+	25:19+		
02:45+	02:16+	02:41+	01:53+	03:21+	01:23-	01:50+	02:33+	03:48+	02:24+	00:25-		
00:58&	01:31@	01:46@	00:49&	01:45@	00:13-	00:19#	01:22@	02:35@	01:22@	00:38-		
<b>8</b>	<b>Matilde Riis Madsen</b>	<b>34</b>	<b>27:34</b>									
03:58+	05:51+	08:24+	10:16+	13:56+	15:33+	18:27+	20:53+	24:55+	27:08+	27:34+		
03:58+	01:53+	02:33+	01:52+	03:40+	01:37+	02:54+	02:26+	04:02+	02:13+	00:26-		
02:11@	01:08@	01:38@	00:48&	02:04@	00:01+	01:23&	01:15@	02:49@	01:11@	00:37-		
<b>9</b>	<b>Mathias Reiche Sørensen</b>	<b>39</b>	<b>34:47</b>									
03:08+	05:44+	09:28+	12:02+	17:00+	18:56+	22:23+	26:00+	31:08+	34:27+	34:47+		
03:08+	02:36+	03:44+	02:34+	04:58+	01:56+	03:27+	03:37+	05:08+	03:19+	00:20-		
01:21&	01:51@	02:49@	01:30@	00:20#	01:56@	02:26@	03:55@	02:17@	00:43-			
<b>10</b>	<b>Mikkel Popp Bobach</b>	<b>7</b>	<b>46:11</b>									
05:42+	10:09+	14:53+	18:48+	24:54+	27:49+	30:33+	34:45+	40:22+	45:29+	46:11+		
05:42+	04:27+	04:44+	03:55+	06:06+	02:55+	02:44+	04:12+	05:37+	05:07+	00:42-		
03:55@	03:42@	03:49@	02:51@	04:30@	01:19&	01:13&	03:01@	04:24@	04:05@	00:21-		
<b>11</b>	<b>Bjørn Vang Bobach</b>	<b>7</b>	<b>1:09:26</b>									
04:22+	10:49+	17:15+	21:30+	29:24+	35:03+	39:53+	45:12+	56:59+	66:45+	69:26+		
04:22+	06:27+	06:26+	04:15+	07:54+	05:39+	04:50+	05:19+	11:47+	09:46+	02:41+		
02:35@	05:42@	05:31@	03:11@	06:18@	04:03@	03:19@	04:08@	10:34@	08:44@	01:38@		
<b>12</b>	<b>Sander Popp Bobach</b>	<b>7</b>	<b>1:15:51</b>									
05:55+	08:21+	10:14+	12:26+	17:39+	26:09+	34:47+	44:49+	53:57+	61:45+	70:20+	73:03+	75:51+
05:55+	02:26+	01:53+	02:12+	05:13+	08:30+	08:38+	10:02+	09:08+	07:48+	08:35+	02:43+	02:48+
04:08@	01:41@	00:58@	01:08@	03:37@	06:54@	07:07@	08:51@	07:55@	06:46@	07:32@	01:41@	02:27@
<b>Beste stræktid for klassen</b>												
01:47	00:45	00:53	00:59	01:28	00:48	01:13	01:09	01:13	01:02	00:17	01:02	00:21
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.												
<b>H/D13-14</b>												
<b>1</b>	<b>Camilla Flyvbjerg</b>	<b>37</b>	<b>20:11</b>									
04:31=	05:59=	07:43=	08:55=	11:22=	12:23=	13:45=	15:35=	18:13=	19:52=	20:11=		
04:31=	01:28=	01:44=	01:12=	02:27=	01:01=	01:22=	01:50=	02:38=	01:39=	00:19=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
<b>2</b>	<b>Mathilde Bobach</b>	<b>36</b>	<b>22:39</b>									
02:25-	04:00-	06:54-	08:22-	11:38+	12:50+	14:32+	17:10+	20:15+	22:18+	22:39+		
02:25-	01:35+	02:54+	01:28+	03:16+	01:12+	01:42+	02:38+	03:05+	02:03+	00:21+		
02:06-	00:07+	01:10&	00:16#	00:49&	00:11#	00:20#	00:48&	00:27#	00:24#	00:02#		
<b>3</b>	<b>Anna Harbo Flyvbjerg</b>	<b>37</b>	<b>24:30</b>									
02:19-	04:53-	06:49-	08:23-	11:05-	14:24+	19:00+	20:50+	22:04+	23:13+	24:10+	24:30+	
02:19-	02:34+	01:56+	01:34+	02:42+	03:19+	04:36+	01:50=	01:14-	01:09-	00:57+	00:20+	
02:12-	01:06&	00:12#	00:22&	00:15#	02:18@	03:14@	00:00=	01:24-	00:30-	00:38@	00:20+	
<b>4</b>	<b>Silja Ebert Svenningsen</b>	<b>36</b>	<b>25:23</b>									
03:07-	06:04+	08:01+	09:19+	11:46+	14:46+	18:26+	20:18+	22:25+	24:04+	25:05+	25:23+	
03:07-	02:57+	01:57+	01:18+	02:27=	03:00+	03:40+	01:52+	02:07-	01:39=	01:01+	00:18+	
01:24-	01:29@	00:13#	00:06+	00:00=	01:59@	02:18@	00:02+	00:31-	00:00=	00:42@	00:18+	
<b>5</b>	<b>Matilde Andersen-Otte</b>	<b>37</b>	<b>25:23</b>									
02:42-	06:11+	07:59+	09:17+	11:32+	14:34+	19:04+	20:34+	22:38+	23:48+	25:02+	25:23+	
02:42-	03:29+	01:48+	01:18+	02:15-	03:02+	04:30+	01:30-	02:04-	01:10-	01:14+	00:21+	
01:49-	02:01@	00:04+	00:06+	00:12-	02:01@	03:08@	00:20-	00:34-	00:29-	00:55@	00:21+	
<b>6</b>	<b>Laura Dalsgaard Christensen</b>	<b>36</b>	<b>27:47</b>									
02:18-	06:16+	08:23+	10:04+	12:30+	15:13+	20:44+	23:33+	24:57+	26:08+	27:20+	27:47+	
02:18-	03:58+	02:07+	01:41+	02:26-	02:43+	05:31+	02:49+	01:24-	01:11-	01:12+	00:27+	
02:13-	02:30@	00:23#	00:29&	00:01-	01:42@	04:09@	00:59&	01:14-	00:28-	00:53@	00:27+	

**Beste stræktid for klassen**

02:18 01:28 01:44 01:12 02:15 01:01 01:22 01:30 01:14 01:09 00:19

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**H17-49**

<b>1</b>	<b>Rico Hejlskov Mogensen</b>	<b>41</b>	<b>28:21</b>													
04:26=	05:06=	06:06=	09:40=	12:16=	12:44=	14:30=	16:13=	18:04=	21:02=	23:00=	24:06=	24:58=	26:24=	27:00=	28:04=	28:21=
04:26=	00:40=	01:00=	03:34=	02:36=	00:28=	01:46=	01:43=	01:51=	02:58=	01:58=	01:06=	00:52=	01:26=	00:36=	01:04=	00:17=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Morten Schou</b>	<b>9</b>	<b>31:52</b>													
04:34+	05:16+	06:26+	09:41+	12:47+	13:18+	15:17+	17:11+	19:41+	22:52+	25:00+	26:08+	27:07+	28:56+	30:08+	31:33+	31:52+
04:34+	00:42+	01:10+	03:15-	03:06+	00:31+	01:59+	01:54+	02:30+	03:11+	02:08+	01:08+	00:59+	01:49+	01:12+	01:25+	00:19+
00:08+	00:02+	00:10#	00:19-	00:30#	00:03#	00:13#	00:11#	00:39&	00:13+	00:10+	00:02+	00:07#	00:23&	00:36&	00:21&	00:02#
<b>3</b>	<b>Marko Birk Nielsen</b>	<b>8</b>	<b>31:57</b>													
04:21-	05:19+	06:28+	09:43+	12:36+	13:06+	16:02+	17:27+	20:00+	24:05+	26:03+	27:14+	28:06+	29:44+	30:29+	31:39+	31:57+
04:21-	00:58+	01:09+	03:15-	02:53+	00:30+	02:56+	01:25-	02:33+	04:05+	01:58=	01:11+	00:52=	01:38+	00:45+	01:10+	00:18+
00:05-	00:18&	00:09#	00:19-	00:17#	00:02+	01:10&	00:18-	00:42&	01:07&	00:00=	00:05+	00:00=	00:12#	00:09#	00:06+	00:01+
<b>4</b>	<b>Jes Mose Jensen</b>	<b>13</b>	<b>33:55</b>													
05:15+	06:25+	07:55+	11:54+	15:27+	15:59+	17:42+	20:12+	22:20+	25:23+	27:42+	28:52+	29:50+	31:38+	32:18+	33:37+	33:55+
05:15+	01:10+	01:30+	03:59+	03:33+	00:32+	01:43-	02:30+	02:08+	03:03+	02:19+	01:10+	00:58+	01:48+	00:40+	01:19+	00:18+
00:49#	00:30&	00:30&	00:25#	00:57&	00:04#	00:03-	00:47&	00:17#	00:05+	00:21#	00:04+	00:06#	00:22&	00:04#	00:15#	00:01+
<b>5</b>	<b>Simon Reimers</b>	<b>8</b>	<b>34:54</b>													
04:57+	06:07+	07:44+	11:50+	15:50+	16:23+	18:39+	20:43+	22:48+	26:07+	28:27+	29:42+	30:33+	32:29+	33:24+	34:32+	34:54+
04:57+	01:10+	01:37+	04:06+	04:00+	00:33+	02:16+	02:12+	02:05+	03:19+	02:20+	01:15+	00:51-	01:56+	00:55+	01:08+	00:22+
00:31#	00:30&	00:37&	00:32#	01:24&	00:05#	00:30&	00:21#	00:14#	00:21#	00:22#	00:09#	00:01-	00:30&	00:19&	00:04+	00:05&
<b>6</b>	<b>Claus S. Pedersen</b>	<b>9</b>	<b>37:49</b>													
06:41+	08:01+	10:19+	14:17+	17:43+	18:19+	21:04+	23:16+	25:36+	28:57+	31:10+	32:23+	33:28+	35:18+	36:08+	37:27+	37:49+
06:41+	01:20+	02:18+	03:58+	03:26+	00:36+	02:45+	02:12+	02:20+	03:21+	02:13+	01:13+	01:05+	01:50+	00:50+	01:19+	00:22+
02:15&	00:40&	01:18@	00:24#	00:50&	00:08&	00:59&	00:29&	00:29&	00:23#	00:15#	00:07#	00:13#	00:24&	00:14&	00:15#	00:05&
<b>7</b>	<b>Bo Birk Nielsen</b>	<b>10</b>	<b>38:10</b>													
04:46+	06:08+	07:40+	12:08+	16:07+	16:42+	18:45+	21:56+	24:21+	27:56+	30:51+	32:21+	33:22+	35:20+	36:27+	37:49+	38:10+
04:46+	01:22+	01:32+	04:28+	03:59+	00:35+	02:03+	03:11+	02:25+	03:35+	02:55+	01:30+	01:01+	01:58+	01:07+	01:22+	00:21+
00:20+	00:42@	00:32&	00:54&	01:23&	00:07#	00:17#	01:28&	00:34&	00:37#	00:57&	00:24&	00:09#	00:32&	00:31&	00:18&	00:04#
<b>8</b>	<b>Claus Bobach</b>	<b>10</b>	<b>38:19</b>													
05:51+	06:44+	08:14+	12:59+	17:05+	17:41+	19:39+	21:37+	24:45+	28:23+	31:01+	32:29+	33:40+	35:57+	36:28+	37:58+	38:19+
05:51+	00:53+	01:30+	04:45+	04:06+	00:36+	01:58+	01:58+	03:08+	03:38+	02:38+	01:28+	01:11+	02:17+	00:31-	01:30+	00:21+
01:25&	00:13&	00:30&	01:11&	01:30&	00:08&	00:12#	00:15#	01:17&	00:40#	00:40&	00:22&	00:19&	00:51&	00:05-	00:26&	00:04#
<b>9</b>	<b>Zenia Hejlskov Mogensen</b>	<b>41</b>	<b>38:23</b>													
04:59+	06:31+	07:47+	12:03+	16:02+	16:31+	18:41+	20:22+	26:10+	29:42+	32:08+	33:27+	34:23+	36:06+	36:49+	38:03+	38:23+
04:59+	01:32+	01:16+	04:16+	03:59+	00:29+	02:10+	01:41-	05:48+	03:32+	02:26+	01:19+	00:56+	01:43+	00:43+	01:14+	00:20+
00:33#	00:52@	00:16&	00:42#	01:23&	00:01+	00:24#	00:02-	03:57@	00:34#	00:28#	00:13#	00:04+	00:17#	00:07#	00:10#	00:03#
<b>10</b>	<b>Jakob Gade</b>	<b>43</b>	<b>40:00</b>													
06:47+	07:45+	09:19+	13:58+	18:21+	19:00+	20:52+	23:47+	26:26+	30:38+	33:03+	34:26+	35:26+	37:43+	38:21+	39:44+	40:00+
06:47+	00:58+	01:34+	04:39+	04:23+	00:39+	01:52+	02:55+	02:39+	04:12+	02:25+	01:23+	01:00+	02:17+	00:38+	01:23+	00:16-
02:21&	00:18&	00:34&	01:05&	01:47&	00:11&	00:06+	01:12&	00:48&	01:14&	00:27#	00:17&	00:08#	00:51&	00:02+	00:19&	00:01-
<b>11</b>	<b>Allan Reiche</b>	<b>24</b>	<b>40:13</b>													
05:43+	07:29+	09:29+	13:42+	17:35+	18:18+	22:07+	24:46+	27:15+	30:52+	33:16+	34:37+	35:42+	37:31+	38:27+	39:51+	40:13+
05:43+	01:46+	02:00+	04:13+	03:53+	00:43+	02:39+	02:39+	02:29+	03:37+	02:24+	01:21+	01:05+	01:49+	00:56+	01:24+	00:22+
01:17&	01:06@	01:00&	00:39#	01:17&	00:15&	02:03@	00:56&	00:38&	00:39#	00:26#	00:15#	00:13#	00:23&	00:20&	00:20&	00:05&
<b>12</b>	<b>Per Mose Nielsen</b>	<b>13</b>	<b>40:15</b>													
05:23+	06:20+	07:49+	12:00+	16:04+	16:38+	18:49+	20:47+	23:40+	29:17+	33:10+	34:32+	35:33+	37:38+	38:31+	39:54+	40:15+
05:23+	00:57+	01:29+	04:11+	04:04+	00:34+	02:11+	01:58+	02:53+	05:37+	03:53+	01:22+	01:01+	02:05+	00:53+	01:23+	00:21+
00:57#	00:17&	00:29&	00:37#	01:28&	00:06#	00:25#	00:15#	01:02&	02:39&	01:55&	00:16#	00:09#	00:39&	00:17&	00:19&	00:04#
<b>13</b>	<b>Søren Flyvbjerg</b>	<b>29</b>	<b>41:19</b>													
05:48+	07:15+	08:44+	14:01+	18:13+	18:51+	21:00+	23:51+	26:44+	31:06+	34:01+	35:29+	36:38+	38:48+	39:37+	41:00+	41:19+
05:48+	01:27+	01:29+	05:17+	04:12+	00:38+	02:09+	02:51+	02:53+	04:22+	02:55+	01:28+	01:09+	02:10+	00:49+	01:23+	00:19+
01:22&	00:47@	00:29&	01:43&	01:36&	00:10&	00:23#	01:08&	01:02&	01:24&	00:57&	00:22&	00:17&	00:44&	00:13&	00:19&	00:02#

Class	Navn	Klasse	Tid													
<b>14</b>	<b>Jonathan Birk Nielsen</b>	<b>8</b>	<b>42:41</b>													
05:39+	07:08+	08:37+	13:56+	17:43+	18:22+	20:16+	23:37+	26:18+	30:44+	34:25+	35:51+	37:04+	40:01+	40:49+	42:19+	42:41+
05:39+	01:29+	01:29+	05:19+	03:47+	00:39+	01:54+	03:21+	02:41+	04:26+	03:41+	01:26+	01:13+	02:57+	00:48+	01:30+	00:22+
01:13&	00:49@	00:29&	01:45&	01:11&	00:11&	00:08+	01:38&	00:50&	01:28&	01:43&	00:20&	00:21&	01:31@	00:12&	00:26&	00:05&
<b>15</b>	<b>Hans Kresten Larsen</b>	<b>13</b>	<b>43:01</b>													
05:26+	07:16+	08:34+	13:00+	18:02+	19:23+	22:20+	24:44+	29:31+	33:25+	36:29+	37:49+	38:40+	40:36+	41:16+	42:43+	43:01+
05:26+	01:50+	01:18+	04:26+	05:02+	01:21+	02:57+	02:24+	04:47+	03:54+	03:04+	01:20+	00:51-	01:56+	00:40+	01:27+	00:18+
01:00#	01:10@	00:18&	00:52#	02:26&	00:53@	01:11&	00:41&	02:56@	00:56&	01:06&	00:14#	00:01-	00:30&	00:04#	00:23&	00:01+
<b>16</b>	<b>Anders Byrdal</b>	<b>43</b>	<b>43:15</b>													
06:18+	07:49+	09:18+	14:00+	18:26+	19:05+	21:30+	23:51+	28:00+	31:33+	34:24+	35:54+	37:04+	40:32+	41:24+	42:52+	43:15+
06:18+	01:31+	01:29+	04:42+	04:26+	00:39+	02:25+	02:21+	04:09+	03:33+	02:51+	01:30+	01:10+	03:28+	00:52+	01:28+	00:23+
01:52&	00:51@	00:29&	01:08&	01:50&	00:11&	00:39&	00:38&	02:18@	00:35#	00:53&	00:24&	00:18&	02:02@	00:16&	00:24&	00:06&
<b>17</b>	<b>Jess Rasmussen</b>	<b>43</b>	<b>44:49</b>													
05:50+	07:16+	08:46+	16:13+	20:16+	22:14+	24:53+	27:36+	30:14+	34:07+	37:16+	38:39+	39:47+	41:52+	42:53+	44:24+	44:49+
05:50+	01:26+	01:30+	07:27+	04:03+	01:58+	02:39+	02:43+	02:38+	03:53+	03:09+	01:23+	01:08+	02:05+	01:01+	01:31+	00:25+
01:24&	00:46@	00:30&	03:53&	01:27&	01:30@	00:53&	01:00&	00:47&	00:55&	01:11&	00:17&	00:16&	00:39&	00:25&	00:27&	00:08&
<b>18</b>	<b>Kjeld Arildsen</b>	<b>24</b>	<b>45:32</b>													
06:42+	08:27+	10:16+	15:38+	20:47+	21:34+	24:20+	26:46+	29:11+	33:30+	36:29+	38:05+	39:32+	42:36+	43:26+	45:06+	45:32+
06:42+	01:45+	01:49+	05:22+	05:09+	00:47+	02:46+	02:26+	02:25+	04:19+	02:59+	01:36+	01:27+	03:04+	00:50+	01:40+	00:26+
02:16&	01:05@	00:49&	01:48&	02:33&	00:19&	01:00&	00:43&	00:34&	01:21&	01:01&	00:30&	00:35&	01:38@	00:14&	00:36&	00:09&
<b>19</b>	<b>Mads Kappel Jensen</b>	<b>29</b>	<b>46:27</b>													
06:15+	07:53+	09:27+	14:03+	20:06+	20:44+	23:31+	27:32+	30:34+	35:04+	38:16+	39:46+	41:07+	43:36+	44:36+	46:04+	46:27+
06:15+	01:38+	01:34+	04:36+	06:03+	00:38+	02:47+	04:01+	03:02+	04:30+	03:12+	01:30+	01:21+	02:29+	01:00+	01:28+	00:23+
01:49&	00:58@	00:34&	01:02&	03:27@	00:10&	01:01&	02:18@	01:11&	01:32&	01:14&	00:24&	00:29&	01:03&	00:24&	00:24&	00:06&
<b>20</b>	<b>Niels Agerholm</b>	<b>14</b>	<b>46:35</b>													
07:11+	08:41+	10:27+	15:45+	20:27+	21:16+	23:40+	26:16+	30:27+	34:57+	38:06+	39:49+	41:03+	43:38+	44:44+	46:15+	46:35+
07:11+	01:30+	01:46+	05:18+	04:42+	00:49+	02:24+	02:36+	04:11+	04:30+	03:09+	01:43+	01:14+	02:35+	01:06+	01:31+	00:20+
02:45&	00:50@	00:46&	01:44&	02:06&	00:21&	00:38&	00:53&	02:20@	01:32&	01:11&	00:37&	00:22&	01:09&	00:30&	00:27&	00:03#
<b>21</b>	<b>Morten Kappel Jensen</b>	<b>29</b>	<b>50:55</b>													
07:25+	08:53+	10:37+	17:46+	23:11+	24:01+	27:20+	30:04+	33:13+	38:07+	41:29+	43:20+	44:42+	47:35+	48:55+	50:33+	50:55+
07:25+	01:28+	01:44+	07:09+	05:25+	00:50+	03:19+	02:44+	03:09+	04:54+	03:22+	01:51+	01:22+	02:53+	01:20+	01:38+	00:22+
02:59&	00:48@	00:44&	03:35@	02:49@	00:22&	01:33&	01:01&	01:18&	01:56&	01:24&	00:45&	00:30&	01:27@	00:44@	00:34&	00:05&
<b>22</b>	<b>Tue Hejlskov Mogensen</b>	<b>41</b>	<b>52:45</b>													
06:34+	09:32+	11:27+	20:46+	25:28+	26:15+	29:03+	31:26+	35:09+	40:26+	43:43+	45:29+	46:47+	49:45+	50:32+	52:18+	52:45+
06:34+	02:58+	01:55+	09:19+	04:42+	00:47+	02:48+	02:23+	03:43+	05:17+	03:17+	01:46+	01:18+	02:58+	00:47+	01:46+	00:27+
02:08&	02:18@	00:55&	05:45@	02:06&	00:19&	01:02&	00:40&	01:52@	02:19&	01:19&	00:40&	00:26&	01:32@	00:11&	00:42&	00:10&
<b>23</b>	<b>Mette Møller Nielsen</b>	<b>14</b>	<b>54:50</b>													
<b>24</b>	<b>Lars Humle</b>	<b>14</b>	<b>55:35</b>													
<b>25</b>	<b>Anders Kristiansen</b>	<b>10</b>	<b>1:05:51</b>													
07:19+	09:38+	12:23+	21:00+	32:52+	33:19+	35:49+	39:46+	44:00+	51:16+	56:04+	58:01+	59:17+	61:49+	63:20+	65:29+	65:51+
07:19+	02:19+	02:45+	08:37+	11:52+	00:27-	02:30+	03:57+	04:14+	07:16+	04:48+	01:57+	01:16+	02:32+	01:31+	02:09+	00:22+
02:53&	01:39@	01:45@	05:03@	09:16@	00:01-	00:44&	02:14@	02:23@	04:18@	02:50@	00:51&	00:24&	01:06&	00:55@	01:05@	00:05&
<b>26</b>	<b>Hans Ingemann Petersen</b>	<b>24</b>	<b>1:11:49</b>													
17:41+	19:30+	21:48+	29:21+	35:23+	36:22+	39:28+	42:16+	46:45+	53:55+	58:00+	60:14+	61:55+	67:12+	68:35+	71:20+	71:49+
17:41+	01:49+	02:18+	07:33+	06:02+	00:59+	03:06+	02:48+	04:29+	07:10+	04:05+	02:14+	01:41+	05:17+	01:23+	02:45+	00:29+
13:15@	01:09@	01:18@	03:59@	03:26@	00:31@	01:20&	01:05&	02:38@	04:12@	02:07@	01:08@	00:49&	03:51@	00:47@	01:41@	00:12&
<b>Beste stræk tid for klassen</b>				04:21 00:40 01:00 02:36 00:27 01:43 01:25 01:51 02:58 01:58 01:06 00:51 01:26 00:31 01:04 00:16												

= Som klassevinner , - raskere , + senere , # 10% tab , & 25% tab , @ 100% tab.

## H50/Damer

<b>1</b>	<b>Keld Gade</b>	<b>44</b>	<b>32:02</b>											
05:26=	06:59=	09:13=	11:35=	12:18=	14:59=	16:42=	18:56=	24:33=	25:55=	27:02=	29:27=	30:14=	31:41=	32:02=
05:26=	01:33=	02:14=	02:22=	00:43=	02:41=	01:43=	02:14=	05:37=	01:22=	01:07=	02:25=	00:47=	01:27=	00:21=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse											Tid	
<b>2</b>	<b>Bo L. Andersen</b>	<b>11</b>											<b>32:15</b>	
02:59-	05:54-	08:09-	11:21-	11:58-	14:51-	16:52+	19:24+	24:06-	25:39-	26:59-	29:47+	30:25+	31:52+	32:15+
02:59-	02:55+	02:15+	03:12+	00:37-	02:53+	02:01+	02:32+	04:42-	01:33+	01:20+	02:48+	00:38-	01:27=	00:23+
02:27-	01:22&	00:01+	00:50&	00:06-	00:12+	00:18#	00:18#	00:55-	00:11#	00:13#	00:23#	00:09-	00:00=	00:02+
<b>3</b>	<b>Søren Flytkjær</b>	<b>11</b>											<b>32:53</b>	
05:34+	07:25+	09:55+	11:52+	12:45+	15:41+	17:36+	20:18+	25:01+	26:34+	27:50+	30:21+	31:01+	32:31+	32:53+
05:34+	01:51+	02:30+	01:57-	00:53+	02:56+	01:55+	02:42+	04:43-	01:33+	01:16+	02:31+	00:40-	01:30+	00:22+
00:08+	00:18#	00:16#	00:25-	00:10#	00:15+	00:12#	00:28#	00:54-	00:11#	00:09#	00:06+	00:07-	00:03+	00:01+
<b>4</b>	<b>Steffen Alm</b>	<b>19</b>											<b>33:56</b>	
05:03-	07:03+	09:23+	11:40+	12:25+	15:18+	17:05+	19:47+	25:26+	27:08+	28:24+	30:39+	31:51+	33:30+	33:56+
05:03-	02:00+	02:20+	02:17-	00:45+	02:53+	01:47+	02:42+	05:39+	01:42+	01:16+	02:15-	01:12+	01:39+	00:26+
00:23-	00:27&	00:06+	00:05-	00:02+	00:12+	00:04+	00:28#	00:02+	00:20#	00:09#	00:10-	00:25&	00:12#	00:05#
<b>5</b>	<b>Kristian Edsen</b>	<b>19</b>											<b>34:30</b>	
04:13-	05:46-	07:42-	11:56+	12:39+	15:55+	17:50+	20:23+	25:39+	27:02+	28:16+	31:09+	32:19+	34:04+	34:30+
04:13-	01:33=	01:56-	04:14+	00:43=	03:16+	01:55+	02:33+	05:16-	01:23+	01:14+	02:53+	01:10+	01:45+	00:26+
01:13-	00:00=	00:18-	01:52&	00:00=	00:35#	00:12#	00:19#	00:21-	00:01+	00:07#	00:28#	00:23&	00:18#	00:05#
<b>6</b>	<b>Torben Karlshøj</b>	<b>19</b>											<b>35:02</b>	
04:00-	06:24-	09:40+	11:44+	12:34+	16:16+	18:26+	21:01+	26:49+	28:19+	29:31+	32:21+	32:51+	34:42+	35:02+
04:00-	02:24+	03:16+	02:04-	00:50+	03:42+	02:10+	02:35+	05:48+	01:30+	01:12+	02:50+	00:30-	01:51+	00:20-
01:26-	00:51&	01:02&	00:18-	00:07#	01:01&	00:27&	00:21#	00:11+	00:08+	00:05+	00:25#	00:17-	00:24&	00:01-
<b>7</b>	<b>Klaus Wolsing</b>	<b>15</b>											<b>35:32</b>	
03:36-	07:01+	09:18+	12:02+	12:54+	16:51+	18:55+	21:53+	26:51+	28:27+	29:50+	32:15+	33:27+	35:09+	35:32+
03:36-	03:25+	02:17+	02:44+	00:52+	03:57+	02:04+	02:58+	04:58-	01:36+	01:23+	02:25=	01:12+	01:42+	00:23+
01:50-	01:52@	00:03+	00:22#	00:09#	01:16&	00:21#	00:44&	00:39-	00:14#	00:16#	00:00=	00:25&	00:15#	00:02+
<b>8</b>	<b>Thomas Lindschow</b>	<b>12</b>											<b>35:48</b>	
04:31-	06:26-	09:01-	11:44+	12:39+	16:01+	18:16+	21:22+	27:16+	29:00+	30:23+	32:47+	33:44+	35:21+	35:48+
04:31-	01:55+	02:35+	02:43+	00:55+	03:22+	02:15+	03:06+	05:54+	01:44+	01:23+	02:24-	00:57+	01:37+	00:27+
00:55-	00:22#	00:21#	00:21#	00:12&	00:41&	00:32&	00:52&	00:17+	00:22&	00:16#	00:01-	00:10#	00:10#	00:06&
<b>9</b>	<b>Per Korsbæk</b>	<b>42</b>											<b>36:30</b>	
05:46+	08:11+	10:52+	13:52+	14:45+	18:02+	20:00+	22:48+	27:36+	29:15+	30:26+	33:54+	34:30+	36:06+	36:30+
05:46+	02:25+	02:41+	03:00+	00:53+	03:17+	01:58+	02:48+	04:48-	01:39+	01:11+	03:28+	00:36-	01:36+	00:24+
00:20+	00:52&	00:27#	00:38&	00:10#	00:36#	00:15#	00:34&	00:49-	00:17#	00:04+	01:03&	00:11-	00:09#	00:03#
<b>10</b>	<b>Ole Bernth Jensen</b>	<b>18</b>											<b>42:18</b>	
04:08-	07:05+	10:12+	12:59+	13:55+	18:11+	22:52+	26:23+	32:38+	34:32+	36:36+	39:18+	39:55+	41:55+	42:18+
04:08-	02:57+	03:07+	02:47+	00:56+	04:16+	04:41+	03:31+	06:15+	01:54+	02:04+	02:42+	00:37-	02:00+	00:23+
01:18-	01:24&	00:53&	00:25#	00:13&	01:35&	02:58@	01:17&	00:38#	00:32&	00:57&	00:17#	00:10-	00:33&	00:02+
<b>11</b>	<b>Minna Hald Andersen</b>	<b>31</b>											<b>43:55</b>	
05:08-	07:11+	11:38+	14:39+	15:34+	22:14+	24:57+	27:56+	33:59+	35:51+	37:25+	40:36+	41:31+	43:26+	43:55+
05:08-	02:03+	04:27+	03:01+	00:55+	06:40+	02:43+	02:59+	06:03+	01:52+	01:34+	03:11+	00:55+	01:55+	00:29+
00:18-	00:30&	02:13&	00:39&	00:12&	03:59@	01:00&	00:45&	00:26+	00:30&	00:27&	00:46&	00:08#	00:28&	00:08&
<b>12</b>	<b>John Dalsgaard Sørensen</b>	<b>42</b>											<b>43:56</b>	
04:34-	06:55-	09:49+	17:07+	18:05+	21:46+	24:08+	27:23+	33:24+	35:14+	36:50+	40:33+	41:18+	43:27+	43:56+
04:34-	02:21+	02:54+	07:18+	00:58+	03:41+	02:22+	03:15+	06:01+	01:50+	01:36+	03:43+	00:45-	02:09+	00:29+
00:52-	00:48&	00:40&	04:56@	00:15&	01:00&	00:39&	01:01&	00:24+	00:28&	00:29&	01:18&	00:02-	00:42&	00:08&
<b>13</b>	<b>Tine Juul Gade</b>	<b>44</b>											<b>44:05</b>	
05:17-	08:02+	11:17+	14:01+	15:00+	19:08+	21:45+	24:55+	34:14+	36:12+	37:44+	40:55+	41:41+	43:43+	44:05+
05:17-	02:45+	03:15+	02:44+	00:59+	04:08+	02:37+	03:10+	09:19+	01:58+	01:32+	03:11+	00:46-	02:02+	00:22+
00:09-	01:12&	01:01&	00:22#	00:16&	01:27&	00:54&	00:56&	03:42&	00:36&	00:25&	00:46&	00:01-	00:35&	00:01+
<b>14</b>	<b>Frode Mogensen</b>	<b>42</b>											<b>44:10</b>	
05:16-	08:24+	11:51+	14:19+	15:14+	19:26+	21:42+	25:17+	31:45+	33:41+	35:26+	38:39+	41:43+	43:42+	44:10+
05:16-	03:08+	03:27+	02:28+	00:55+	04:12+	02:16+	03:35+	06:28+	01:56+	01:45+	03:13+	03:04+	01:59+	00:28+
00:10-	01:35@	01:13&	00:06+	00:12&	01:31&	00:33&	01:21&	00:51#	00:34&	00:38&	00:48&	02:17@	00:32&	00:07&
<b>15</b>	<b>Ulf Mogensen</b>	<b>12</b>											<b>44:16</b>	
07:01+	09:44+	13:17+	15:39+	16:36+	21:08+	23:32+	26:58+	33:37+	35:58+	37:50+	41:13+	42:31+	44:16+	
07:01+	02:43+	03:33+	02:22+	00:57+	04:32+	02:24+	03:26+	06:39+	02:21+	01:52+	03:23+	01:18+	01:45+	
01:35&	01:10&	01:19&	00:00=	00:14&	01:51&	00:41&	01:12&	01:02#	00:59&	00:45&	00:58&	00:31&	00:18#	
<b>16</b>	<b>Niels Bobach</b>	<b>12</b>											<b>44:24</b>	
05:44+	08:09+	11:55+	15:46+	16:41+	21:04+	23:50+	27:26+	33:54+	35:44+	37:25+	40:44+	41:45+	43:54+	44:24+
05:44+	02:25+	03:46+	03:51+	00:55+	04:23+	02:46+	03:36+	06:28+	01:50+	01:41+	03:19+	01:01+	02:09+	00:30+
00:18+	00:52&	01:32&	01:29&	00:12&	01:42&	01:03&	01:22&	00:51#	00:28&	00:34&	00:54&	00:14&	00:42&	00:09&

Class	Navn	Klasse											Tid	
<b>17</b>	<b>Ann Dissing</b>	<b>25</b>											<b>44:24</b>	
04:07-	07:50+	11:31+	14:33+	15:36+	19:50+	22:36+	26:17+	33:54+	36:01+	37:44+	40:57+	42:01+	43:58+	44:24+
04:07-	03:43+	03:41+	03:02+	01:03+	04:14+	02:46+	03:41+	07:37+	02:07+	01:43+	03:13+	01:04+	01:57+	00:26+
01:19-	02:10@	01:27&	00:40&	00:20&	01:33&	01:03&	01:27&	02:00&	00:45&	00:36&	00:48&	00:17&	00:30&	00:05#
<b>18</b>	<b>Helmut Hilden</b>	<b>31</b>											<b>44:30</b>	
04:09-	06:56-	09:50+	13:08+	14:08+	18:52+	21:22+	24:43+	34:08+	35:37+	37:07+	39:53+	41:54+	44:04+	44:30+
04:09-	02:47+	02:54+	03:18+	01:00+	04:44+	02:30+	03:21+	09:25+	01:29+	01:30+	02:46+	02:01+	02:10+	00:26+
01:17-	01:14&	00:40&	00:56&	00:17&	02:03&	00:47&	01:07&	03:48&	00:07+	00:23&	00:21#	01:14@	00:43&	00:05#
<b>19</b>	<b>Lars Otte</b>	<b>31</b>											<b>44:46</b>	
06:18+	09:17+	12:03+	15:30+	16:32+	20:30+	23:15+	26:44+	33:18+	35:17+	36:57+	41:23+	42:35+	44:18+	44:46+
06:18+	02:59+	02:46+	03:27+	01:02+	03:58+	02:45+	03:29+	06:34+	01:59+	01:40+	04:26+	01:12+	01:43+	00:28+
00:52#	01:26&	00:32#	01:05&	00:19&	01:17&	01:02&	01:15&	00:57#	00:37&	00:33&	02:01&	00:25&	00:16#	00:07&
<b>20</b>	<b>Mogens Christensen</b>	<b>26</b>											<b>44:48</b>	
05:52+	09:00+	12:21+	15:46+	16:49+	21:14+	23:34+	27:01+	33:56+	36:02+	37:39+	41:03+	42:29+	44:20+	44:48+
05:52+	03:08+	03:21+	03:25+	01:03+	04:25+	02:20+	03:27+	06:55+	02:06+	01:37+	03:24+	01:26+	01:51+	00:28+
00:26+	01:35@	01:07&	01:03&	00:20&	01:44&	00:37&	01:13&	01:18#	00:44&	00:30&	00:59&	00:39&	00:24&	00:07&
<b>21</b>	<b>Søren Munthe</b>	<b>15</b>											<b>45:13</b>	
08:29+	10:33+	13:10+	16:37+	17:33+	21:01+	23:11+	26:09+	35:06+	36:38+	38:05+	42:33+	43:01+	44:46+	45:13+
08:29+	02:04+	02:37+	03:27+	00:56+	03:28+	02:10+	02:58+	08:57+	01:32+	01:27+	04:28+	00:28-	01:45+	00:27+
03:03&	00:31&	00:23#	01:05&	00:13&	00:47&	00:27&	00:44&	03:20&	00:10#	00:20&	02:03&	00:19-	00:18#	00:06&
<b>22</b>	<b>Finn Rosenqvist</b>	<b>2</b>											<b>46:18</b>	
08:34+	12:07+	15:25+	19:13+	20:11+	26:11+	28:32+	31:40+	37:11+	38:58+	40:22+	43:16+	44:06+	45:59+	46:18+
08:34+	03:33+	03:18+	03:48+	00:58+	06:00+	02:21+	03:08+	05:31-	01:47+	01:24+	02:54+	00:50+	01:53+	00:19-
03:08&	02:00@	01:04&	01:26&	00:15&	03:19@	00:38&	00:54&	00:06-	00:25&	00:17&	00:29#	00:03+	00:26&	00:02-
<b>23</b>	<b>Morten Berg Olesen</b>	<b>2</b>											<b>47:27</b>	
07:34+	10:28+	14:36+	18:39+	19:32+	22:51+	25:14+	28:43+	36:53+	38:58+	40:22+	44:09+	45:16+	47:01+	47:27+
07:34+	02:54+	04:08+	04:03+	00:53+	03:19+	02:23+	03:29+	08:10+	02:05+	01:24+	03:47+	01:07+	01:45+	00:26+
02:08&	01:21&	01:54&	01:41&	00:10#	00:38#	00:40&	01:15&	02:33&	00:43&	00:17&	01:22&	00:20&	00:18#	00:05#
<b>24</b>	<b>Orla Vitting</b>	<b>30</b>											<b>48:38</b>	
06:23+	09:22+	12:18+	16:35+	17:34+	22:48+	25:30+	30:01+	36:41+	39:12+	40:54+	44:31+	45:28+	47:58+	48:38+
06:23+	02:59+	02:56+	04:17+	00:59+	05:14+	02:42+	04:31+	06:40+	02:31+	01:42+	03:37+	00:57+	02:30+	00:40+
00:57#	01:26&	00:42&	01:55&	00:16&	02:33&	00:59&	02:17@	01:03#	01:09&	00:35&	01:12&	00:10#	01:03&	00:19&
<b>25</b>	<b>Hanne Skovrider</b>	<b>15</b>											<b>48:39</b>	
05:07-	08:35+	12:15+	15:07+	16:47+	24:27+	27:02+	30:35+	36:42+	38:41+	39:58+	45:14+	46:10+	48:15+	48:39+
05:07-	03:28+	03:40+	02:52+	01:40+	07:40+	02:35+	03:33+	06:07+	01:59+	01:17+	05:16+	00:56+	02:05+	00:24+
00:19-	01:55@	01:26&	00:30#	00:57@	04:59@	00:52&	01:19&	00:30+	00:37&	00:10#	02:51@	00:09#	00:38&	00:03#
<b>26</b>	<b>Ole Nielsen</b>	<b>2</b>											<b>48:51</b>	
04:06-	11:53+	15:02+	18:43+	20:06+	25:14+	27:55+	32:02+	38:24+	40:15+	41:35+	44:53+	46:13+	48:23+	48:51+
04:06-	07:47+	03:09+	03:41+	01:23+	05:08+	02:41+	04:07+	06:22+	01:51+	01:20+	03:18+	01:20+	02:10+	00:28+
01:20-	06:14@	00:55&	01:19&	00:40&	02:27&	00:58&	01:53&	00:45#	00:29&	00:13#	00:53&	00:33&	00:43&	00:07&
<b>27</b>	<b>Gert Odgaard</b>	<b>25</b>											<b>49:27</b>	
07:22+	11:45+	14:50+	18:20+	19:16+	23:54+	26:33+	30:51+	37:36+	40:05+	41:41+	45:01+	46:18+	48:58+	49:27+
07:22+	04:23+	03:05+	03:30+	00:56+	04:38+	02:39+	04:18+	06:45+	02:29+	01:36+	03:20+	01:17+	02:40+	00:29+
01:56&	02:50@	00:51&	01:08&	00:13&	01:57&	00:56&	02:04&	01:08#	01:07&	00:29&	00:55&	00:30&	01:13&	00:08&
<b>28</b>	<b>Pia Gade</b>	<b>44</b>											<b>49:34</b>	
04:59-	10:58+	14:15+	17:54+	19:14+	24:18+	27:11+	31:26+	39:03+	41:21+	42:52+	46:27+	47:08+	49:07+	49:34+
04:59-	05:59+	03:17+	03:39+	01:20+	05:04+	02:53+	04:15+	07:37+	02:18+	01:31+	03:35+	00:41-	01:59+	00:27+
00:27-	04:26@	01:03&	01:17&	00:37&	02:23&	01:10&	02:01&	02:00&	00:56&	00:24&	01:10&	00:06-	00:32&	00:06&
<b>29</b>	<b>Thorkild Holm Pedersen</b>	<b>26</b>											<b>51:41</b>	
05:37+	08:43+	12:00+	14:34+	15:30+	19:44+	22:50+	26:09+	41:27+	43:03+	44:38+	48:23+	49:08+	51:15+	51:41+
05:37+	03:06+	03:17+	02:34+	00:56+	04:14+	03:06+	03:19+	15:18+	01:36+	01:35+	03:45+	00:45-	02:07+	00:26+
00:11+	01:33&	01:03&	00:12+	00:13&	01:33&	01:23&	01:05&	09:41@	00:14#	00:28&	01:20&	00:02-	00:40&	00:05#
<b>30</b>	<b>Mette Reiche Sørensen</b>	<b>25</b>											<b>53:03</b>	
07:14+	11:49+	15:01+	19:14+	20:56+	25:55+	29:04+	32:31+	41:16+	43:33+	45:24+	48:38+	50:15+	52:40+	53:03+
07:14+	04:35+	03:12+	04:13+	01:42+	04:59+	03:09+	03:27+	08:45+	02:17+	01:51+	03:14+	01:37+	02:25+	00:23+
01:48&	03:02@	00:58&	01:51&	00:59@	02:18&	01:26&	01:13&	03:08&	00:55&	00:44&	00:49&	00:50@	00:58&	00:02+
<b>31</b>	<b>Lise Tange</b>	<b>17</b>											<b>55:12</b>	
05:36+	08:23+	11:47+	17:26+	18:30+	24:32+	27:37+	31:33+	39:46+	41:53+	43:31+	51:29+	52:36+	54:46+	55:12+
05:36+	02:47+	03:24+	05:39+	01:04+	06:02+	03:05+	03:56+	08:13+	02:07+	01:38+	07:58+	01:07+	02:10+	00:26+
00:10+	01:14&	01:10&	03:17@	00:21&	03:21@	01:22&	01:42&	02:36&	00:45&	00:31&	05:33@	00:20&	00:43&	00:05#

Class	Navn	Klasse										Tid			
<b>32</b>	<b>Karin Wæhrens</b>	<b>26</b>										<b>56:45</b>			
10:00+	12:31+	15:22+	24:54+	25:45+	29:19+	31:29+	35:22+	46:42+	48:20+	49:55+	53:42+	54:56+	56:24+	56:45+	
10:00+	02:31+	02:51+	09:32+	00:51+	03:34+	02:10+	03:53+	11:20+	01:38+	01:35+	03:47+	01:14+	01:28+	00:21+	
04:34&	00:58&	00:37&	07:10@	00:08#	00:53&	00:27&	01:39&	05:43@	00:16#	00:28&	01:22&	00:27&	00:01+	00:00=	
<b>33</b>	<b>Bjarne Krogh</b>	<b>18</b>										<b>58:01</b>			
05:20-	10:04+	12:57+	16:49+	17:52+	23:26+	27:00+	31:08+	42:03+	44:56+	46:43+	52:23+	53:34+	57:24+	58:01+	
05:20-	04:44+	02:53+	03:52+	01:03+	05:34+	03:34+	04:08+	10:55+	02:53+	01:47+	05:40+	01:11+	03:50+	00:37+	
00:06-	03:11@	00:39&	01:30&	00:20&	02:53@	01:51@	01:54&	05:18&	01:31@	00:40&	03:15@	00:24&	02:23@	00:16&	
<b>34</b>	<b>Annette Møller</b>	<b>18</b>										<b>1:02:40</b>			
07:38+	09:57+	13:54+	17:38+	19:23+	23:51+	26:58+	30:43+	39:35+	42:16+	44:10+	56:32+	59:37+	62:12+	62:40+	
07:38+	02:19+	03:57+	03:44+	01:45+	04:28+	03:07+	03:45+	08:52+	02:41+	01:54+	12:22+	03:05+	02:35+	00:28+	
02:12&	00:46&	01:43&	01:22&	01:02@	01:47&	01:24&	01:31&	03:15&	01:19&	00:47&	09:57@	02:18@	01:08&	00:07&	
<b>35</b>	<b>Kirsten Kjær Andersen</b>	<b>30</b>										<b>1:09:31</b>			
07:41+	12:55+	17:53+	21:43+	23:24+	32:26+	35:45+	40:08+	55:37+	58:18+	60:12+	65:20+	66:39+	69:02+	69:31+	
07:41+	05:14+	04:58+	03:50+	01:41+	09:02+	03:19+	04:23+	15:29+	02:41+	01:54+	05:08+	01:19+	02:23+	00:29+	
02:15&	03:41@	02:44@	01:28&	00:58@	06:21@	01:36&	02:09&	09:52@	01:19&	00:47&	02:43@	00:32&	00:56&	00:08&	
<b>36</b>	<b>Lone Højbak</b>	<b>17</b>										<b>1:15:43</b>			
04:18-	10:13+	17:48+	36:16+	37:25+	42:19+	45:02+	48:57+	61:31+	63:39+	65:28+	68:47+	70:39+	75:14+	75:43+	
04:18-	05:55+	07:35+	18:28+	01:09+	04:54+	02:43+	03:55+	12:34+	02:08+	01:49+	03:19+	01:52+	04:35+	00:29+	
01:08-	04:22@	05:21@	16:06@	00:26&	02:13&	01:00&	01:41&	06:57@	00:46&	00:42&	00:54&	01:05@	03:08@	00:08&	
<b>37</b>	<b>Dagmar Tange</b>	<b>17</b>										<b>1:23:40</b>			
12:41+	16:44+	20:16+	38:45+	40:09+	47:53+	51:25+	55:34+	66:50+	69:14+	73:23+	76:48+	80:23+	83:09+	83:40+	
12:41+	04:03+	03:32+	18:29+	01:24+	07:44+	03:32+	04:09+	11:16+	02:24+	04:09+	03:25+	03:35+	02:46+	00:31+	
07:15@	02:30@	01:18&	16:07@	00:41&	05:03@	01:49@	01:55&	05:39@	01:02&	03:02@	01:00&	02:48@	01:19&	00:10&	
<b>Beste stræktid for klassen</b>															
02:59	01:33	01:56	01:57	00:37	02:41	01:43	02:14	04:42	01:22	01:07	02:15	00:28	01:27	00:19	

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H70/D50

<b>1</b>	<b>Mette Edsen</b>	<b>20</b>										<b>25:57</b>			
05:15=	07:12=	09:48=	13:17=	14:29=	15:21=	20:53=	22:27=	23:37=	24:57=	25:36=	25:57=				
05:15=	01:57=	02:36=	03:29=	01:12=	00:52=	05:32=	01:34=	01:10=	01:20=	00:39=	00:21=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				
<b>2</b>	<b>Per Jørgensen</b>	<b>3</b>										<b>27:54</b>			
04:12-	07:16+	10:25+	13:24+	14:42+	16:32+	22:16+	24:01+	25:29+	26:45+	27:26+	27:54+				
04:12-	03:04+	03:09+	02:59-	01:18+	01:50+	05:44+	01:45+	01:28+	01:16-	00:41+	00:28+				
01:03-	01:07&	00:33#	00:30-	00:06+	00:58@	00:12+	00:11#	00:18&	00:04-	00:02+	00:07&				
<b>3</b>	<b>Poul Bobach</b>	<b>3</b>										<b>28:54</b>			
08:13+	09:59+	12:27+	15:39+	16:50+	17:49+	23:38+	25:10+	26:27+	27:48+	28:32+	28:54+				
08:13+	01:46-	02:28-	03:12-	01:11-	00:59+	05:49+	01:32-	01:17+	01:21+	00:44+	00:22+				
02:58&	00:11-	00:08-	00:17-	00:01-	00:07#	00:17+	00:02-	00:07#	00:01+	00:05#	00:01+				
<b>4</b>	<b>Susanne Karlshøj</b>	<b>20</b>										<b>30:32</b>			
04:06-	07:46+	10:43+	14:00+	16:24+	17:10+	23:26+	25:27+	27:11+	28:52+	30:09+	30:32+				
04:06-	03:40+	02:57+	03:17-	02:24+	00:46-	06:16+	02:01+	01:44+	01:41+	01:17+	00:23+				
01:09-	01:43&	00:21#	00:12-	01:12&	00:06-	00:44#	00:27&	00:34&	00:21&	00:38&	00:02+				
<b>5</b>	<b>Sven Ove Thimm</b>	<b>27</b>										<b>33:10</b>			
07:07+	10:28+	13:48+	17:30+	20:11+	21:18+	26:55+	28:33+	30:03+	31:42+	32:43+	33:10+				
07:07+	03:21+	03:20+	03:42+	02:41+	01:07+	05:37+	01:38+	01:30+	01:39+	01:01+	00:27+				
01:52&	01:24&	00:44&	00:13+	01:29@	00:15&	00:05+	00:04+	00:20&	00:19#	00:22&	00:06&				
<b>6</b>	<b>Kirsten Bobach</b>	<b>4</b>										<b>33:13</b>			
06:21+	09:29+	13:19+	17:06+	18:27+	19:56+	26:04+	28:12+	30:00+	31:50+	32:43+	33:13+				
06:21+	03:08+	03:50+	03:47+	01:21+	01:29+	06:08+	02:08+	01:48+	01:50+	00:53+	00:30+				
01:06#	01:11&	01:14&	00:18+	00:09#	00:37&	00:36#	00:34&	00:38&	00:30&	00:14&	00:09&				
<b>7</b>	<b>Dorte Jenny Bak</b>	<b>3</b>										<b>33:14</b>			
06:45+	09:25+	12:34+	16:32+	17:52+	19:01+	25:33+	27:31+	29:02+	31:57+	32:52+	33:14+				
06:45+	02:40+	03:09+	03:58+	01:20+	01:09+	06:32+	01:58+	01:31+	02:55+	00:55+	00:22+				
01:30&	00:43&	00:33#	00:29#	00:08#	00:17&	01:00#	00:24&	00:21&	01:35@	00:16&	00:01+				



Class	Navn	Klasse	Tid									
<b>8</b>	<b>Lone Marianne Jensen</b>	<b>20</b>	<b>34:04</b>									
07:52+	09:54+	13:27+	16:26+	17:56+	19:08+	26:25+	28:19+	29:58+	32:49+	33:37+	34:04+	
07:52+	02:02+	03:33+	02:59-	01:30+	01:12+	07:17+	01:54+	01:39+	02:51+	00:48+	00:27+	
02:37&	00:05+	00:57&	00:30-	00:18#	00:20&	01:45&	00:20#	00:29&	01:31@	00:09#	00:06&	
<b>9</b>	<b>Rigmor Schou</b>	<b>16</b>	<b>34:51</b>									
06:21+	08:44+	12:50+	15:52+	17:17+	18:14+	28:32+	30:29+	31:57+	33:40+	34:26+	34:51+	
06:21+	02:23+	04:06+	03:02-	01:25+	00:57+	10:18+	01:57+	01:28+	01:43+	00:46+	00:25+	
01:06#	00:26#	01:30&	00:27-	00:13#	00:05+	04:46&	00:23#	00:18&	00:23&	00:07#	00:04#	
<b>10</b>	<b>Henning Olesen</b>	<b>21</b>	<b>34:54</b>									
06:11+	09:11+	13:14+	16:24+	17:50+	19:11+	27:09+	29:25+	31:20+	33:19+	34:18+	34:54+	
06:11+	03:00+	04:03+	03:10-	01:26+	01:21+	07:58+	02:16+	01:55+	01:59+	00:59+	00:36+	
00:56#	01:03&	01:27&	00:19-	00:14#	00:29&	02:26&	00:42&	00:45&	00:39&	00:20&	00:15&	
<b>11</b>	<b>Arne Pedersen</b>	<b>16</b>	<b>37:36</b>									
06:02+	09:04+	13:09+	19:17+	21:29+	22:44+	29:36+	32:12+	34:07+	35:54+	36:59+	37:36+	
06:02+	03:02+	04:05+	06:08+	02:12+	01:15+	06:52+	02:36+	01:55+	01:47+	01:05+	00:37+	
00:47#	01:05&	01:29&	02:39&	01:00&	00:23&	01:20#	01:02&	00:45&	00:27&	00:26&	00:16&	
<b>12</b>	<b>Niels Anker Kristensen</b>	<b>27</b>	<b>41:15</b>									
06:49+	09:19+	12:11+	15:41+	17:21+	18:44+	35:08+	36:46+	38:14+	39:55+	40:45+	41:15+	
06:49+	02:30+	02:52+	03:30+	01:40+	01:23+	16:24+	01:38+	01:28+	01:41+	00:50+	00:30+	
01:34&	00:33&	00:16#	00:01+	00:28&	00:31&	10:52@	00:04+	00:18&	00:21&	00:11&	00:09&	
<b>13</b>	<b>Hermann P. Jensen</b>	<b>21</b>	<b>41:54</b>									
06:18+	09:34+	13:45+	17:31+	19:04+	20:19+	27:23+	29:25+	31:10+	40:26+	41:25+	41:54+	
06:18+	03:16+	04:11+	03:46+	01:33+	01:15+	07:04+	02:02+	01:45+	09:16+	00:59+	00:29+	
01:03#	01:19&	01:35&	00:17+	00:21&	00:23&	01:32&	00:28&	00:35&	07:56@	00:20&	00:08&	
<b>14</b>	<b>Ellen Thomsen</b>	<b>27</b>	<b>43:47</b>									
06:10+	10:43+	15:53+	19:17+	21:35+	23:10+	34:36+	37:39+	39:33+	41:56+	43:09+	43:47+	
06:10+	04:33+	05:10+	03:24-	02:18+	01:35+	11:26+	03:03+	01:54+	02:23+	01:13+	00:38+	
00:55#	02:36@	02:34&	00:05-	01:06&	00:43&	05:54@	01:29&	00:44&	01:03&	00:34&	00:17&	
<b>15</b>	<b>Vagn Lidegaard</b>	<b>16</b>	<b>46:25</b>									
07:15+	14:34+	18:12+	23:06+	25:09+	26:47+	37:06+	39:54+	41:59+	44:40+	45:46+	46:25+	
07:15+	07:19+	03:38+	04:54+	02:03+	01:38+	10:19+	02:48+	02:05+	02:41+	01:06+	00:39+	
02:00&	05:22@	01:02&	01:25&	00:51&	00:46&	04:47&	01:14&	00:55&	01:21@	00:27&	00:18&	
<b>16</b>	<b>Bjarne Nielsen</b>	<b>4</b>	<b>55:31</b>									
15:49+	18:21+	22:44+	27:01+	29:20+	30:42+	41:02+	44:02+	46:13+	51:39+	54:44+	55:31+	
15:49+	02:32+	04:23+	04:17+	02:19+	01:22+	10:20+	03:00+	02:11+	05:26+	03:05+	00:47+	
10:34@	00:35&	01:47&	00:48#	01:07&	00:30&	04:48&	01:26&	01:01&	04:06@	02:26@	00:26@	
<b>17</b>	<b>Jens Roesgaard</b>	<b>22</b>	<b>55:46</b>									
06:45+	11:37+	16:07+	31:38+	33:50+	36:31+	37:53+	46:21+	49:05+	51:14+	53:30+	55:06+	55:46+
06:45+	04:52+	04:30+	15:31+	02:12+	02:41+	01:22-	08:28+	02:44+	02:09+	02:16+	01:36+	00:40+
01:30&	02:55@	01:54&	12:02@	01:00&	01:49@	04:10-	06:54@	01:34@	00:49&	01:37@	01:15@	00:40+
<b>18</b>	<b>Jane Thode Jensen</b>	<b>21</b>	<b>1:00:07</b>									
07:13+	12:42+	21:42+	24:38+	26:06+	27:16+	45:55+	48:05+	50:03+	58:45+	59:40+	60:07+	
07:13+	05:29+	09:00+	02:56-	01:28+	01:10+	18:39+	02:10+	01:58+	08:42+	00:55+	00:27+	
01:58&	03:32@	06:24@	00:33-	00:16#	00:18&	13:07@	00:36&	00:48&	07:22@	00:16&	00:06&	
<b>19</b>	<b>Erik Hedegaard Jakobsen</b>	<b>22</b>	<b>1:03:03</b>									
11:12+	14:50+	22:22+	30:25+	32:59+	34:30+	49:41+	52:36+	57:22+	60:05+	62:27+	63:03+	
11:12+	03:38+	07:32+	08:03+	02:34+	01:31+	15:11+	02:55+	04:46+	02:43+	02:22+	00:36+	
05:57@	01:41&	04:56@	04:34@	01:22@	00:39&	09:39@	01:21&	03:36@	01:23@	01:43@	00:15&	
<b>20</b>	<b>Else Roesgaard</b>	<b>22</b>	<b>1:04:38</b>									
16:10+	20:30+	25:26+	31:38+	34:45+	39:06+	49:19+	52:58+	55:25+	61:12+	63:56+	64:38+	
16:10+	04:20+	04:56+	06:12+	03:07+	04:21+	10:13+	03:39+	02:27+	05:47+	02:44+	00:42+	
10:55@	02:23@	02:20&	02:43&	01:55@	03:29@	04:41&	02:05@	01:17@	04:27@	02:05@	00:21&	
<b>21</b>	<b>Lilian Netteberg</b>	<b>4</b>	<b>1:07:21</b>									
12:16+	17:16+	21:03+	25:45+	30:30+	35:29+	43:43+	45:48+	47:44+	65:58+	66:49+	67:21+	
12:16+	05:00+	03:47+	04:42+	04:45+	04:59+	08:14+	02:05+	01:56+	18:14+	00:51+	00:32+	
07:01@	03:03@	01:11&	01:13&	03:33@	04:07@	02:42&	00:31&	00:46&	16:54@	00:12&	00:11&	
<b>Beste stræktid for klassen</b>												
04:06	01:46	02:28	02:56	01:11	00:46	01:22	01:32	01:10	01:16	00:39	00:21	

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## Åben mellemsvær

<b>1</b>	<b>Ingrid Smidth</b>	<b>NOTEAM</b>	<b>43:20</b>													
02:49=	06:02=	10:38=	12:44=	15:44=	17:21=	20:47=	24:16=	25:50=	28:20=	32:42=	37:19=	39:23=	40:35=	41:37=	42:55=	43:20=
02:49=	03:13=	04:36=	02:06=	03:00=	01:37=	03:26=	03:29=	01:34=	02:30=	04:22=	04:37=	02:04=	01:12=	01:02=	01:18=	00:25=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Ninna Christensen</b>	<b>49</b>	<b>1:07:54</b>													
03:33+	07:17+	12:17+	22:57+	25:48+	29:06+	32:34+	38:08+	40:28+	45:22+	49:58+	57:12+	61:08+	64:11+	66:02+	67:32+	67:54+
03:33+	03:44+	05:00+	10:40+	02:51-	03:18+	03:28+	05:34+	02:20+	04:54+	04:36+	07:14+	03:56+	03:03+	01:51+	01:30+	00:22-
00:44&	00:31#	00:24+	08:34@	00:09-	01:41@	00:02+	02:05&	00:46&	02:24&	00:14+	02:37&	01:52&	01:51@	00:49&	00:12#	00:03-

<b>3</b>	<b>Troels Mundte</b>	<b>NOTEAM</b>	<b>1:11:05</b>													
03:44+	07:23+	13:39+	16:13+	19:42+	22:05+	27:37+	32:01+	34:28+	39:07+	51:30+	60:12+	62:49+	65:54+	68:30+	70:31+	71:05+
03:44+	03:39+	06:16+	02:34+	03:29+	02:23+	05:32+	04:24+	02:27+	04:39+	12:23+	08:42+	02:37+	03:05+	02:36+	02:01+	00:34+
00:55&	00:26#	01:40&	00:28#	00:29#	00:46&	02:06&	00:55&	00:53&	02:09&	08:01@	04:05&	00:33&	01:53@	01:34@	00:43&	00:09&

<b>4</b>	<b>Per Hauge</b>	<b>46</b>	<b>1:12:51</b>													
10:00+	14:11+	20:41+	24:35+	27:45+	29:59+	39:44+	44:56+	46:19+	49:39+	54:10+	64:14+	66:52+	68:38+	70:40+	72:19+	72:51+
10:00+	04:11+	06:30+	03:54+	03:10+	02:14+	09:45+	05:12+	01:23-	03:20+	04:31+	10:04+	02:38+	01:46+	02:02+	01:39+	00:32+
07:11@	00:58&	01:54&	01:48&	00:10+	00:37&	06:19@	01:43&	00:11-	00:50&	00:09+	05:27@	00:34&	00:34&	01:00&	00:21&	00:07&

### Beste stræktid for klassen

02:49	03:13	04:36	02:06	02:51	01:37	03:26	03:29	01:23	02:30	04:22	04:37	02:04	01:12	01:02	01:18	00:22
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## Åben svær

<b>1</b>	<b>Søren Skovrider</b>	<b>48</b>	<b>39:01</b>													
05:56=	07:26=	08:56=	13:19=	17:35=	18:13=	20:08=	21:51=	25:00=	28:50=	31:19=	32:45=	33:50=	36:18=	37:15=	38:40=	39:01=
05:56=	01:30=	01:30=	04:23=	04:16=	00:38=	01:55=	01:43=	03:09=	03:50=	02:29=	01:26=	01:05=	02:28=	00:57=	01:25=	00:21=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Thomas Bender</b>	<b>NOTEAM</b>	<b>57:21</b>													
10:31+	12:15+	14:57+	21:04+	28:06+	28:46+	31:12+	34:42+	38:22+	44:26+	47:51+	49:41+	51:18+	53:42+	55:22+	57:03+	57:21+
10:31+	01:44+	02:42+	06:07+	07:02+	00:40+	02:26+	03:30+	03:40+	06:04+	03:25+	01:50+	01:37+	02:24-	01:40+	01:41+	00:18-
04:35&	00:14#	01:12&	01:44&	02:46&	00:02+	00:31&	01:47@	00:31#	02:14&	00:56&	00:24&	00:32&	00:04-	00:43&	00:16#	00:03-

<b>3</b>	<b>Carl Henrik Pedersen</b>	<b>48</b>	<b>1:02:48</b>													
08:19+	10:07+	12:04+	19:43+	26:20+	27:02+	30:23+	34:33+	41:25+	47:48+	51:22+	55:05+	56:34+	59:03+	60:27+	62:27+	62:48+
08:19+	01:48+	01:57+	07:39+	06:37+	00:42+	03:21+	04:10+	06:52+	06:23+	03:34+	03:43+	01:29+	02:29+	01:24+	02:00+	00:21=
02:23&	00:18#	00:27&	03:16&	02:21&	00:04#	01:26&	02:27@	03:43@	02:33&	01:05&	02:17@	00:24&	00:01+	00:27&	00:35&	00:00=

<b>4</b>	<b>Kurt Valery</b>	<b>45</b>	<b>1:19:50</b>													
09:30+	12:11+	14:59+	29:00+	35:42+	36:43+	41:08+	45:09+	51:54+	58:30+	63:53+	66:53+	69:01+	73:00+	76:17+	79:07+	79:50+
09:30+	02:41+	02:48+	14:01+	06:42+	01:01+	04:25+	04:01+	06:45+	06:36+	05:23+	03:00+	02:08+	03:59+	03:17+	02:50+	00:43+
03:34&	01:11&	01:18&	09:38@	02:26&	00:23&	02:30@	02:18@	03:36@	02:46&	02:54@	01:34@	01:03&	01:31&	02:20@	01:25&	00:22@

### Beste stræktid for klassen

05:56	01:30	01:30	04:23	04:16	00:38	01:55	01:43	03:09	03:50	02:29	01:26	01:05	02:24	00:57	01:25	00:18
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