

Plass Navn

Klasse

Tid

D-12

Plass	Navn	Klasse	Tid
<b>1</b>	<b>Katrine Krogh Madsen</b>	<b>21</b>	<b>36:56</b>
01:30=	05:04=	09:53=	13:05=
01:30=	03:34=	04:49=	03:12=
00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Johanne Skoubøe</b>	<b>3</b>	<b>38:34</b>
01:38+	05:31+	10:29+	13:46+
01:38+	03:53+	04:58+	03:17+
00:08+	00:19+	00:09+	00:05+
<b>3</b>	<b>Emilie Skov Dalgaard</b>	<b>OK Pan</b>	<b>40:02</b>
01:31+	05:14+	10:15+	13:41+
01:31+	03:43+	05:01+	03:26+
00:01+	00:09+	00:12+	00:14+
<b>4</b>	<b>Ebba Graff Frederiksen</b>	<b>2</b>	<b>43:47</b>
01:47+	06:09+	11:35+	15:18+
01:47+	04:22+	05:26+	03:43+
00:17#	00:48#	00:37#	00:31#
<b>5</b>	<b>Teresa Søndergaard Pohl</b>	<b>21</b>	<b>44:23</b>
02:12+	06:38+	12:56+	17:02+
02:12+	04:26+	06:18+	04:06+
00:42&	00:52#	01:29&	00:54&
<b>6</b>	<b>Silje Halberg Petersen</b>	<b>2</b>	<b>45:42</b>
03:50+	08:03+	13:41+	17:19+
03:50+	04:13+	05:38+	03:38+
02:20@	00:39#	00:49#	00:26#
<b>7</b>	<b>Ella Klærke Mikkelsen</b>	<b>3</b>	<b>48:31</b>
01:55+	06:19+	12:34+	16:40+
01:55+	04:24+	06:15+	04:06+
00:25&	00:50#	01:26&	00:54&
<b>8</b>	<b>Andrea Ebert Svenningsen</b>	<b>36</b>	<b>49:50</b>
04:52+	09:06+	15:01+	19:14+
04:52+	04:14+	05:55+	04:13+
03:22@	00:40#	01:06#	01:01&
<b>9</b>	<b>Sofie Flyvbjerg</b>	<b>36</b>	<b>53:13</b>
02:03+	07:07+	13:40+	17:48+
02:03+	05:04+	06:33+	04:08+
00:33&	01:30&	01:44&	00:56&
<b>Beste strekketid for klassen</b>			
01:30	03:34	04:49	03:12
01:54	02:40	03:14	02:09
01:57	02:36	03:00	00:48
00:19	00:47	00:19	00:19

= Som klassevinner, - raskere, + senere, # 10% tap, &amp; 25% tap, @ 100% tap.

D-14

Plass	Navn	Klasse	Tid
<b>1</b>	<b>Siri Simonsen</b>	<b>2</b>	<b>47:55</b>
01:38=	04:06=	07:06=	09:28=
01:38=	02:28=	03:00=	02:22=
00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Sigrid Høyer Staugaard</b>	<b>2</b>	<b>48:19</b>
01:50+	04:26+	07:25+	09:40+
01:50+	02:36+	02:59-	02:15-
00:12#	00:08+	00:01-	00:07-
<b>3</b>	<b>Elanor Henriksen</b>	<b>3</b>	<b>50:42</b>
01:51+	04:40+	08:06+	10:33+
01:51+	02:49+	03:26+	02:27+
00:13#	00:21#	00:26#	00:05+

Class	Navn	Klasse	Tid
<b>4</b>	<b>Amanda modler Hedemann</b>	<b>1</b>	<b>50:57</b>
02:07+	05:11+	09:08+	11:34+
02:07+	03:04+	03:57+	02:26+
00:29&	00:36#	00:57&	00:04+
	01:13#	00:05-	00:03-
	00:02+	00:10-	00:04-
	00:14+	00:03-	00:04-
	00:02+	00:05-	00:01-
<b>5</b>	<b>Amalie Ertmann</b>	<b>13</b>	<b>51:32</b>
01:58+	04:26+	07:45+	10:13+
01:58+	02:28=	03:19+	02:28+
00:20#	00:00=	00:19#	00:06+
	00:17+	01:48&	00:31#
	00:09-	00:16-	00:03-
	00:47#	00:50#	00:36-
	00:11-	00:08-	00:02#
<b>6</b>	<b>Ida Riis Madsen</b>	<b>36</b>	<b>53:39</b>
01:47+	04:33+	07:33+	10:11+
01:47+	02:46+	03:00=	02:38+
00:09+	00:18#	00:00=	00:16#
	00:32#	00:28#	01:12#
	00:30#	00:12-	00:01+
	01:51&	00:41#	00:41#
	00:11-	00:02-	00:01+
<b>7</b>	<b>Vigga Graff Frederiksen</b>	<b>2</b>	<b>54:41</b>
01:49+	05:00+	08:20+	11:01+
01:49+	03:11+	03:20+	02:41+
00:11#	00:43&	00:20#	00:58#
	01:22&	00:41#	00:33#
	00:10-	00:28#	01:33&
	00:19+	00:26-	00:00=
	00:06-	00:01+	00:01+
<b>8</b>	<b>Theresa Skouboe</b>	<b>3</b>	<b>56:40</b>
01:45+	04:24+	07:35+	10:07+
01:45+	02:39+	03:11+	02:32+
00:07+	00:11+	00:11+	00:10+
	00:57#	00:35#	00:08+
	00:03-	00:03-	00:53&
	01:50&	01:45&	00:11-
	00:10+	00:01-	00:04#
<b>9</b>	<b>Dicte Højbjerg Andersen</b>	<b>51</b>	<b>56:51</b>
02:10+	04:44+	08:13+	11:24+
02:10+	02:34+	03:29+	03:11+
00:32&	00:06+	00:29#	00:49&
	00:47#	00:54#	05:23@
	00:03-	00:13-	00:07+
	00:06-	00:17+	00:15-
	00:03-	00:06#	00:06&
<b>10</b>	<b>Gertrud Riis Madsen</b>	<b>36</b>	<b>57:24</b>
02:03+	04:52+	08:25+	11:08+
02:03+	02:49+	03:33+	02:43+
00:25&	00:21#	00:33#	00:21#
	00:56#	01:29&	00:43#
	01:27&	00:03+	00:18#
	01:19&	01:14#	00:09+
	00:07+	00:00=	00:04#
<b>11</b>	<b>Xenia Bregensø</b>	<b>7</b>	<b>59:16</b>
01:47+	04:21+	08:00+	10:27+
01:47+	02:34+	03:39+	02:27+
00:09+	00:06+	00:39#	00:05+
	02:33&	00:03-	00:30#
	00:59#	00:31-	00:02-
	05:17@	01:21#	00:05+
	00:04+	00:05#	00:04#
<b>12</b>	<b>Eva Örnhagen Jørgensen</b>	<b>72</b>	<b>1:00:06</b>
01:40+	04:24+	07:35+	09:56+
01:40+	02:44+	03:11+	02:21-
00:02+	00:16#	00:11+	00:01-
	06:06@	00:22+	00:50#
	00:03+	00:26-	00:12+
	03:47@	00:51#	00:14-
	00:10+	00:01+	00:01+
<b>13</b>	<b>Laura Holm Nielsen</b>	<b>3</b>	<b>1:05:01</b>
01:58+	05:00+	08:50+	11:45+
01:58+	03:02+	03:50+	02:55+
00:20#	00:34#	00:50&	00:33#
	01:25&	00:56#	03:17&
	00:32#	00:06+	02:04&
	02:13&	03:03&	00:23#
	00:01+	00:02#	
<b>14</b>	<b>Silja Ebert Svenningsen</b>	<b>36</b>	<b>1:09:18</b>
02:29+	05:44+	10:26+	13:07+
02:29+	03:15+	04:42+	02:41+
00:51&	00:47&	01:42&	00:19#
	02:14&	03:39&	01:20&
	01:30&	00:10-	00:11+
	02:55&	03:15&	02:02&
	00:39#	00:07#	00:02#
<b>15</b>	<b>Laura Dalsgaard Christensen</b>	<b>36</b>	<b>1:13:42</b>
02:41+	06:33+	12:26+	16:11+
02:41+	03:52+	05:53+	03:45+
01:03&	01:24&	02:53&	01:23&
	04:04&	02:03&	02:11&
	01:13&	01:04&	01:26&
	02:42&	02:40&	00:50&
	00:37#	00:11#	00:03#
<b>16</b>	<b>Line Skousen</b>	<b>19</b>	<b>1:23:35</b>
02:00+	05:24+	09:45+	16:23+
02:00+	03:24+	04:21+	06:38+
00:22#	00:56&	01:21&	04:16@
	03:08&	03:13&	09:24@
	01:21&	00:57&	02:16&
	03:55@	02:26&	01:22&
	00:38#	00:01+	00:04#
<b>17</b>	<b>Anna Harbo Flyvbjerg</b>	<b>36</b>	<b>1:27:19</b>
02:27+	05:55+	10:37+	14:09+
02:27+	03:28+	04:42+	03:32+
00:49&	01:00&	01:42&	01:10&
	04:02&	03:02&	04:06&
	02:27&	02:55@	01:48&
	04:46@	08:11@	01:56&
	01:24&	00:05#	00:01+
<b>Beste strekktid for klassen</b>	01:38	02:28	02:59
	02:15	05:12	03:58
	04:54	03:25	01:38
	02:33	03:09	05:36
	01:47	02:34	00:37
	00:17		

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Class	Navn	Klasse	Tid
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## D-16

<b>1</b>	<b>Hedvig Valbjørn Gydesen</b>	<b>19</b>	<b>1:10:08</b>													
01:39=	13:05=	15:17=	18:23=	24:45=	27:24=	32:16=	35:18=	38:54=	46:40=	54:13=	57:06=	60:05=	64:28=	68:57=	69:51=	70:08=
01:39=	11:26=	02:12=	03:06=	06:22=	02:39=	04:52=	03:02=	03:36=	07:46=	07:33=	02:53=	02:59=	04:23=	04:29=	00:54=	00:17=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Alberte Kaae-Nielsen</b>	<b>24</b>	<b>1:19:23</b>													
03:00+	15:49+	18:16+	21:31+	28:36+	31:13+	36:23+	39:36+	43:40+	50:46+	61:27+	66:12+	68:57+	73:24+	78:03+	79:04+	79:23+
03:00+	12:49+	02:27+	03:15+	07:05+	02:37-	05:10+	03:13+	04:04+	07:06-	10:41+	04:45+	02:45-	04:27+	04:39+	01:01+	00:19+
01:21&	01:23#	00:15#	00:09+	00:43#	00:02-	00:18+	00:11+	00:28#	00:40-	03:08&	01:52&	00:14-	00:04+	00:10+	00:07#	00:02#
<b>3</b>	<b>Nanna Lysemose Poulsen</b>	<b>6</b>	<b>1:22:07</b>													
01:40+	14:27+	17:13+	20:48+	28:37+	31:36+	37:08+	40:00+	45:06+	53:22+	62:05+	66:47+	70:16+	75:53+	80:34+	81:48+	82:07+
01:40+	12:47+	02:46+	03:35+	07:49+	02:59+	05:32+	02:52-	05:06+	08:16+	08:43+	04:42+	03:29+	05:37+	04:41+	01:14+	00:19+
00:01+	01:21#	00:34&	00:29#	01:27#	00:20#	00:40#	00:10-	01:30&	00:30+	01:10#	01:49&	00:30#	01:14&	00:12+	00:20&	00:02#
<b>4</b>	<b>Celina Bregensø</b>	<b>7</b>	<b>1:22:32</b>													
01:42+	14:55+	17:23+	20:46+	27:58+	30:32+	35:47+	38:45+	43:51+	51:02+	61:31+	68:12+	71:38+	76:36+	81:07+	82:11+	82:32+
01:42+	13:13+	02:28+	03:23+	07:12+	02:34-	05:15+	02:58-	05:06+	07:11-	10:29+	06:41+	03:26+	04:58+	04:31+	01:04+	00:21+
00:03+	01:47#	00:16#	00:17+	00:50#	00:05-	00:23+	00:04-	01:30&	00:35-	02:56&	03:48@	00:27#	00:35#	00:02+	00:10#	00:04#
<b>5</b>	<b>Rebecca Loft Thyssen</b>	<b>3</b>	<b>1:24:54</b>													
01:50+	15:21+	17:49+	21:43+	29:18+	32:28+	40:10+	43:02+	48:03+	56:23+	65:07+	69:34+	73:18+	78:46+	83:30+	84:37+	84:54+
01:50+	13:31+	02:28+	03:54+	07:35+	03:10+	07:42+	02:52-	05:01+	08:20+	08:44+	04:27+	03:44+	05:28+	04:44+	01:07+	00:17=
00:11#	02:05#	00:16#	00:48&	01:13#	00:31#	02:50&	00:10-	01:25&	00:34+	01:11#	01:34&	00:45&	01:05#	00:15+	00:13#	00:00=
<b>6</b>	<b>Camille Marie Næstoft Juhl</b>	<b>24</b>	<b>1:34:51</b>													
01:45+	17:12+	21:54+	26:04+	34:23+	37:25+	44:44+	48:24+	53:21+	61:43+	73:18+	77:53+	81:17+	86:37+	93:14+	94:30+	94:51+
01:45+	15:27+	04:42+	04:10+	08:19+	03:02+	07:19+	03:40+	04:57+	08:22+	11:35+	04:35+	03:24+	05:20+	06:37+	01:16+	00:21+
00:06+	04:01&	02:30@	01:04&	01:57&	00:23#	02:27&	00:38#	01:21&	00:36+	04:02&	01:42&	00:25#	00:57#	02:08&	00:22&	00:04#
<b>7</b>	<b>Mathilde Smedegaard Madsen</b>	<b>73</b>	<b>1:48:08</b>													
04:18+	20:35+	26:00+	31:53+	41:21+	44:50+	55:44+	60:32+	69:10+	81:35+	91:20+	95:00+	100:55+	106:12+	107:43+	108:08+	
04:18+	16:17+	05:25+	05:53+	09:28+	03:29+	07:21+	03:33+	04:48+	08:38+	12:25+	09:45+	03:40+	05:55+	05:17+	01:31+	00:25+
02:39@	04:51&	03:13@	02:47&	03:06&	00:50&	02:29&	00:31#	01:12&	00:52#	04:52&	06:52@	00:41#	01:32&	00:48#	00:37&	00:08&
<b>8</b>	<b>Astrid Gylling Hougaard</b>	<b>42</b>	<b>1:49:25</b>													
02:19+	19:34+	23:33+	28:58+	39:09+	42:44+	49:01+	53:19+	59:12+	67:56+	83:12+	87:20+	92:50+	100:09+	107:08+	109:05+	109:25+
02:19+	17:15+	03:59+	05:25+	10:11+	03:35+	06:17+	04:18+	05:53+	08:44+	15:16+	04:08+	05:30+	07:19+	06:59+	01:57+	00:20+
00:40&	05:49&	01:47&	02:19&	03:49&	00:56&	01:25&	01:16&	02:17&	00:58#	07:43@	01:15&	02:31&	02:56&	02:30&	01:03@	00:03#
<b>9</b>	<b>Matilde Skousen</b>	<b>19</b>	<b>1:49:30</b>													
02:20+	20:32+	23:45+	28:32+	38:33+	42:03+	49:14+	54:03+	59:49+	69:42+	84:38+	90:42+	94:39+	101:43+	107:50+	109:10+	109:30+
02:20+	18:12+	03:13+	04:47+	10:01+	03:30+	07:11+	04:49+	05:46+	09:53+	14:56+	06:04+	03:57+	07:04+	06:07+	01:20+	00:20+
00:41&	06:46&	01:01&	01:41&	03:39&	00:51&	02:19&	01:47&	02:10&	02:07&	07:23&	03:11@	00:58&	02:41&	01:38&	00:26&	00:03#

### Beste strekktid for klassen

01:39 11:26 02:12 03:06 06:22 02:34 04:52 02:52 03:36 07:06 07:33 02:53 02:45 04:23 04:29 00:54 00:17

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## D-20

<b>1</b>	<b>Annika Simonsen</b>	<b>2</b>	<b>1:16:42</b>																					
01:48=	12:20=	13:48=	15:15=	18:06=	23:54=	26:00=	30:39=	33:35=	36:50=	38:29=	39:25=	42:04=	43:19=	44:12=	45:35=	48:54=	54:12=	60:06=	61:24=	63:06=	71:19=	75:48=	76:23=	76:42=
01:48=	10:32=	01:28=	01:27=	02:51=	05:48=	02:06=	04:39=	02:56=	03:15=	01:39=	00:56=	02:39=	01:15=	00:53=	01:23=	03:19=	05:18=	05:54=	01:18=	01:42=	08:13=	04:29=	00:35=	00:19=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Ida Øbro</b>	<b>7</b>	<b>1:18:03</b>																					
01:47-	12:44+	14:21+	15:54+	18:44+	24:50+	27:24+	32:01+	34:38+	38:17+	39:54+	40:52+	43:16+	44:28+	45:26+	46:49+	50:03+	56:57+	63:25+	64:55+	66:25+	73:09+	77:14+	77:46+	78:03+
01:47-	10:57+	01:37+	01:33+	02:50-	06:06+	02:34+	04:37-	02:37-	03:39+	01:37-	00:58+	02:24-	01:12-	00:58+	01:23=	03:14-	06:54+	06:28+	01:30+	01:30-	06:44-	04:05-	00:32-	00:17-
00:01-	00:25+	00:09#	00:06+	00:01-	00:18+	00:28#	00:02-	00:19-	00:24#	00:02-	00:02+	00:15-	00:03-	00:05+	00:00=	00:05-	01:36&	00:34+	00:12#	00:12-	01:29-	00:24-	00:03-	00:02-
<b>3</b>	<b>Agnes Nørgård Kracht</b>	<b>7</b>	<b>1:20:19</b>																					
01:37-	12:41+	14:10+	15:53+	18:37+	24:19+	26:40+	32:56+	36:01+	39:30+	41:04+	42:04+	44:35+	45:45+	46:39+	48:35+	52:19+	57:17+	63:44+	65:10+	66:53+	74:38+	79:21+	79:59+	80:19+
01:37-	11:04+	01:29+	01:43+	02:44-	05:42-	02:21+	06:16+	03:05+	03:29+	01:34-	01:00+	02:31-	01:10-	00:54+	01:56+	03:44+	04:58-	06:27+	01:26+	01:43+	07:45-	04:43+	00:38+	00:20+
00:11-	00:32+	00:01+	00:16#	00:07-	00:06-	00:15#	01:37&	00:09+	00:14+	00:05-	00:04+	00:08-	00:05-	00:01+	00:33&	00:25#	00:20-	00:33+	00:08#	00:01+	00:28-	00:14+	00:03+	00:01+



**Beste strekktid for klassen**

01:03 01:24 08:44 00:50 01:44 01:44 02:13 00:42 05:14 03:36 02:50 05:43 02:00 01:25 01:31 05:23 00:43 06:13 00:54 02:28 03:13 04:46 01:07 01:23 00:56 02:07 01:03 00:00

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**D35-**

**1 Marianne Skousen 19 3:31:14**

02:26= 05:25= 24:04= 37:15= 40:30= 44:59= 47:39= 52:03= 55:01= 69:51= 76:46= 80:32= 85:32= 96:11= 107:19= 111:46= 117:37= 120:09= 135:31= 147:14= 162:33= 174:21= 179:42= 183:57= 199:34=  
 02:26= 02:59= 18:39= 04:00= 09:11= 03:15= 04:29= 02:40= 04:24= 02:58= 14:50= 06:55= 03:46= 05:00= 10:39= 11:08= 04:27= 05:51= 02:32= 15:22= 11:43= 15:19= 11:48= 05:21= 04:15= 15:37=  
 00:00=  
 209:11= 210:46= 211:14=  
 09:37= 01:35= 00:28=  
 00:00= 00:00= 00:00=

**Beste strekktid for klassen**

02:26 02:59 18:39 04:00 09:11 03:15 04:29 02:40 04:24 02:58 14:50 06:55 03:46 05:00 10:39 11:08 04:27 05:51 02:32 15:22 11:43 15:19 11:48 05:21 04:15 15:37 09:37 01:00

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**D40-**

**1 Merete Nørgaard 13 1:37:36**

01:18= 02:56= 15:22= 17:27= 19:22= 20:55= 23:09= 25:07= 32:25= 35:22= 41:15= 48:35= 50:34= 52:50= 54:04= 63:54= 72:50= 78:21= 80:08= 82:15= 91:33= 96:29= 97:13= 97:36=  
 01:18= 01:38= 12:26= 02:05= 01:55= 01:33= 02:14= 01:58= 07:18= 02:57= 05:53= 07:20= 01:59= 02:16= 01:14= 09:50= 08:56= 05:31= 01:47= 02:07= 09:18= 04:56= 00:44= 00:23=  
 00:00=

**2 Monica Berglund 17 1:44:56**

01:18= 03:10+ 14:42= 17:00= 18:52= 20:48= 23:18+ 25:19+ 33:04+ 36:51+ 43:11+ 51:32+ 53:31+ 55:33+ 56:55+ 67:40+ 78:47+ 83:50+ 85:29+ 87:37+ 96:22+ 103:52+ 104:34+ 104:56+  
 01:18= 01:52+ 11:32= 02:18+ 01:52= 01:56+ 02:30+ 02:01+ 07:45+ 03:47+ 06:20+ 08:21+ 01:59= 02:02= 01:22+ 10:45+ 11:07+ 05:03= 01:39= 02:08+ 08:45= 07:30+ 00:42= 00:22=  
 00:00= 00:14# 00:54= 00:13# 00:03= 00:23# 00:16# 00:03+ 00:27+ 00:50# 00:27+ 01:01# 00:00= 00:14= 00:08# 00:55+ 02:11# 00:28= 00:08= 00:01+ 00:33= 02:34# 00:02= 00:01=

**3 Ditte Busch 72 1:46:45**

01:30+ 03:16+ 17:27+ 19:58+ 24:04+ 26:11+ 28:56+ 31:03+ 40:23+ 44:00+ 50:11+ 58:00+ 59:54+ 62:06+ 63:14+ 73:01+ 82:00+ 87:32+ 89:26+ 91:44+ 100:23+ 105:41+ 106:19+ 106:45+  
 01:30+ 01:46+ 14:11+ 02:31+ 04:06+ 02:07+ 02:45+ 02:07+ 09:20+ 03:37+ 06:11+ 07:49+ 01:54= 02:12= 01:08= 09:47= 08:59+ 05:32+ 01:54+ 02:18+ 08:39= 05:18+ 00:38= 00:26+  
 00:12# 00:08+ 01:45# 00:26# 02:11@ 00:34# 00:31# 00:09+ 02:02# 00:40# 00:18+ 00:29+ 00:05= 00:04= 00:06= 00:03= 00:03+ 00:01+ 00:07+ 00:11+ 00:39= 00:22+ 00:06= 00:03#

**4 Pernille Buch 4 1:47:35**

01:19+ 03:09+ 15:55+ 18:18+ 20:10+ 21:52+ 24:22+ 26:14+ 34:16+ 37:26+ 44:42+ 51:51+ 53:50+ 56:04+ 57:21+ 67:50+ 77:34+ 83:35+ 85:39+ 88:10+ 99:52+ 106:06+ 107:09+ 107:35+  
 01:19+ 01:50+ 12:46+ 02:23+ 01:52= 01:42+ 02:30+ 01:52= 08:02+ 03:10+ 07:16+ 07:09= 01:59= 02:14= 01:17+ 10:29+ 09:44+ 06:01+ 02:04+ 02:31+ 11:42+ 06:14+ 01:03+ 00:26+  
 00:01+ 00:12# 00:20+ 00:18# 00:03= 00:09+ 00:16# 00:06= 00:44# 00:13+ 01:23# 00:11= 00:00= 00:02= 00:03+ 00:39+ 00:48+ 00:30+ 00:17# 00:24# 02:24# 01:18# 00:19# 00:03#

**5 Anne Marie Thommesen 27 1:51:10**

01:13= 03:15+ 16:11+ 18:23+ 20:24+ 21:55+ 24:39+ 26:27+ 34:50+ 37:55+ 44:52+ 52:58+ 55:06+ 57:33+ 58:47+ 68:16+ 80:26+ 86:10+ 88:14+ 90:45+ 103:49+ 109:44+ 110:43+ 111:10+  
 01:13= 02:02+ 12:56+ 02:12+ 02:01+ 01:31= 02:44+ 01:48= 08:23+ 03:05+ 06:57+ 08:06+ 02:08+ 02:27+ 01:14= 09:29= 12:10+ 05:44+ 02:04+ 02:31+ 13:04+ 05:55+ 00:59+ 00:27+  
 00:05= 00:24# 00:30+ 00:07+ 00:06+ 00:02= 00:30# 00:10= 01:05# 00:08+ 01:04# 00:46# 00:09+ 00:11+ 00:00= 00:21= 03:14# 00:13+ 00:17# 00:24# 03:46# 00:59# 00:15# 00:04#

**6 Anni Plauborg 62 2:18:02**

01:54+ 06:06+ 20:42+ 23:14+ 26:04+ 29:54+ 33:05+ 36:16+ 45:20+ 49:20+ 57:21+ 67:06+ 69:41+ 73:18+ 74:44+ 84:11+ 101:19+ 108:56+ 111:37+ 114:04+ 126:55+ 137:02+ 137:40+ 138:02+  
 01:54+ 04:12+ 14:36+ 02:32+ 02:50+ 03:50+ 03:11+ 03:11+ 09:04+ 04:00+ 08:01+ 09:45+ 02:35+ 03:37+ 01:26+ 09:27= 17:08+ 07:37+ 02:41+ 02:27+ 12:51+ 10:07+ 00:38= 00:22=  
 00:36# 02:34# 02:10# 00:27# 00:55# 02:17@ 00:57# 01:13# 01:46# 01:03# 02:08# 02:25# 00:36# 01:21# 00:12# 00:23= 08:12# 02:06# 00:54# 00:20# 03:33# 05:11@ 00:06= 00:01=

**7 Henriette Hansen 52 2:21:31**

01:59+ 04:04+ 20:20+ 23:10+ 25:56+ 27:30+ 34:53+ 37:25+ 48:07+ 52:08+ 60:24+ 70:07+ 72:34+ 75:57+ 77:48+ 90:23+ 106:00+ 113:35+ 116:08+ 119:02+ 133:38+ 140:06+ 141:09+ 141:31+  
 01:59+ 02:05+ 16:16+ 02:50+ 02:46+ 01:34+ 07:23+ 02:32+ 10:42+ 04:01+ 08:16+ 09:43+ 02:27+ 03:23+ 01:51+ 12:35+ 15:37+ 07:35+ 02:33+ 02:54+ 14:36+ 06:28+ 01:03+ 00:22=  
 00:41# 00:27# 03:50# 00:45# 00:51# 00:01+ 05:09@ 00:34# 03:24# 01:04# 02:23# 02:23# 00:28# 01:07# 00:37# 02:45# 06:41# 02:04# 00:46# 00:47# 05:18# 01:32# 00:19# 00:01=

**8 Louise Amstrup-Hansen 81 2:27:45**

02:19+ 04:50+ 19:28+ 22:19+ 24:53+ 27:58+ 31:26+ 34:36+ 44:54+ 49:36+ 60:01+ 70:16+ 73:00+ 75:43+ 77:36+ 89:27+ 108:32+ 117:52+ 120:46+ 123:40+ 136:17+ 146:31+ 147:24+ 147:45+  
 02:19+ 02:31+ 14:38+ 02:51+ 02:34+ 03:05+ 03:28+ 03:10= 10:18+ 04:42+ 10:25+ 10:15+ 02:44+ 02:43+ 01:53+ 11:51+ 19:05+ 09:20+ 02:54+ 02:54+ 12:37+ 10:14+ 00:53+ 00:21=  
 01:01# 00:53# 02:12# 00:46# 00:39# 01:32# 01:14# 01:12# 03:00# 01:45# 04:32# 02:55# 00:45# 00:27# 00:39# 02:01# 10:09# 03:49# 01:07# 02:47# 03:19# 05:18# 00:09# 00:02=

**9 Anette Lindegård Christensen 54 2:29:55**

01:49+ 04:04+ 21:02+ 24:00+ 26:53+ 29:01+ 32:24+ 35:11+ 46:44+ 51:48+ 59:43+ 69:44+ 72:39+ 75:35+ 77:28+ 90:22+ 107:03+ 114:30+ 116:51+ 120:24+ 133:25+ 147:59+ 149:27+ 149:55+  
 01:49+ 02:15+ 16:58+ 02:58+ 02:53+ 02:08+ 03:23+ 02:47+ 11:33+ 05:04+ 07:55+ 10:01+ 02:55+ 02:56+ 01:53+ 12:54+ 16:41+ 07:27+ 02:21+ 03:33+ 13:01+ 14:34+ 01:28+ 00:28+  
 00:31# 00:37# 04:32# 00:53# 00:58# 00:35# 01:09# 00:49# 04:15# 02:07# 02:02# 02:41# 00:56# 00:40# 00:39# 03:04# 07:45# 01:56# 00:34# 01:26# 03:43# 09:38@ 00:44# 00:05#

**10 Merethe Haahr Francis 11 2:36:45**

04:33+ 08:29+ 27:04+ 30:37+ 34:07+ 37:02+ 40:45+ 43:40+ 53:57+ 58:39+ 69:03+ 79:20+ 81:59+ 84:47+ 86:40+ 98:30+ 117:35+ 126:50+ 129:49+ 132:37+ 145:19+ 155:34+ 156:26+ 156:45+  
 04:33+ 03:56+ 18:35+ 03:33+ 03:30+ 02:55+ 03:43+ 02:55+ 10:17+ 04:42+ 10:24+ 10:17+ 02:39+ 02:48+ 01:53+ 11:50+ 19:05+ 09:15+ 02:59+ 02:48+ 12:42+ 10:15+ 00:52+ 00:19=  
 03:15@ 02:18@ 06:09# 01:28# 01:35# 01:22# 01:29# 00:57# 02:59# 01:45# 04:31# 02:57# 00:40# 00:32# 00:39# 02:00# 10:09# 03:44# 01:12# 00:41# 03:24# 05:19@ 00:08# 00:04=

**Beste strekktid for klassen**

01:13 01:38 11:32 02:05 01:52 01:31 02:14 01:48 07:18 02:57 05:53 07:09 01:54 02:02 01:08 09:27 08:56 05:03 01:39 02:07 08:39 04:56 00:38 00:19

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**D45-**

<b>1</b>	<b>Ulrika Örnhagen Jørgensen</b>	<b>72</b>	<b>1:15:03</b>													
02:09=	14:22=	17:36=	20:50=	27:21=	29:51=	35:08=	40:39=	42:12=	49:35=	58:43=	61:22=	64:48=	69:32=	73:58=	74:40=	75:03=
02:09=	12:13=	03:14=	03:14=	06:31=	02:30=	05:17=	05:31=	01:33=	07:23=	09:08=	02:39=	03:26=	04:44=	04:26=	00:42=	00:23=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Maria M. Høyer Staugaard</b>	<b>2</b>	<b>1:15:14</b>													
02:41+	14:40+	18:38+	21:40+	28:05+	30:49+	36:51+	42:48+	44:12+	50:58+	59:38+	62:26+	65:25+	70:38+	74:23+	74:56+	75:14+
02:41+	11:59-	03:58+	03:02-	06:25-	02:44+	06:02+	05:57+	01:24-	06:46-	08:40-	02:48+	02:59-	05:13+	03:45-	00:33-	00:18-
00:32#	00:14-	00:44#	00:12-	00:06-	00:14+	00:45#	00:26+	00:09-	00:37-	00:28-	00:09+	00:27-	00:29#	00:41-	00:09-	00:05-
<b>3</b>	<b>Rikke Holm Jensen</b>	<b>3</b>	<b>1:17:28</b>													
02:00-	14:58+	18:39+	22:09+	29:21+	32:03+	37:35+	44:08+	45:33+	53:29+	61:22+	64:25+	67:41+	72:28+	76:28+	77:09+	77:28+
02:00-	12:58+	03:41+	03:30+	07:12+	02:42+	05:32+	06:33+	01:25-	07:56+	07:53-	03:03+	03:16-	04:47+	04:00-	00:41-	00:19-
00:09-	00:45+	00:27#	00:16+	00:41#	00:12+	00:15+	01:02#	00:08-	00:33+	01:15-	00:24#	00:10-	00:03+	00:26-	00:01-	00:04-
<b>4</b>	<b>Heidi Hinge Krosgaard</b>	<b>6</b>	<b>1:17:59</b>													
02:10+	15:42+	19:40+	23:04+	30:26+	32:59+	39:00+	44:52+	46:23+	53:37+	61:31+	64:09+	67:39+	72:29+	76:55+	77:36+	77:59+
02:10+	13:32+	03:58+	03:24+	07:22+	02:33+	06:01+	05:52+	01:31-	07:14-	07:54-	02:38-	03:30+	04:50+	04:26=	00:41-	00:23=
00:01+	01:19#	00:44#	00:10#	00:51#	00:03+	00:44#	00:21+	00:02-	00:09-	01:14-	00:01-	00:04+	00:06+	00:00=	00:01-	00:00=
<b>5</b>	<b>Rikke Lysemose Poulsen</b>	<b>6</b>	<b>1:22:22</b>													
02:29+	15:32+	19:31+	23:55+	32:22+	35:34+	41:15+	47:09+	48:21+	55:45+	65:37+	68:19+	71:48+	77:21+	81:15+	81:59+	82:22+
02:29+	13:03+	03:59+	04:24+	08:27+	03:12+	05:41+	05:54+	01:12-	07:24+	02:42+	02:42+	03:29+	05:33+	03:54-	00:44+	00:23=
00:20#	00:50+	00:45#	01:10&	01:56&	00:42&	00:24+	00:23+	00:21-	00:01+	00:44+	00:03+	00:03+	00:49#	00:32-	00:02+	00:00=
<b>6</b>	<b>Randi Scheel</b>	<b>OK Pan</b>	<b>1:25:15</b>													
02:03-	15:07+	22:01+	25:22+	32:36+	35:17+	44:10+	49:53+	51:06+	58:29+	68:21+	71:06+	74:40+	80:06+	84:08+	84:53+	85:15+
02:03-	13:04+	06:54+	03:21+	07:14+	02:41+	08:53+	05:43+	01:13-	07:23=	09:52+	02:45+	03:34+	05:26+	04:02-	00:45+	00:22-
00:06-	00:51+	03:40@	00:07+	00:43#	00:11+	03:36&	00:12+	00:20-	00:00=	00:44+	00:06+	00:08+	00:42#	00:24-	00:03+	00:01-
<b>7</b>	<b>Anne Møller Skaug</b>	<b>OK Pan</b>	<b>1:27:51</b>													
02:19+	15:42+	20:08+	23:37+	31:26+	34:44+	39:59+	46:43+	48:28+	56:08+	66:53+	71:32+	75:11+	82:22+	86:41+	87:30+	87:51+
02:19+	13:23+	04:26+	03:29+	07:49+	03:18+	05:15-	06:44+	01:45+	07:40+	10:45+	04:39+	03:39+	07:11+	04:19-	00:49+	00:21-
00:10+	01:10+	01:12&	00:15+	01:18#	00:48&	00:02-	01:13#	00:12#	00:17+	01:37#	02:00&	00:13+	02:27&	00:07-	00:07#	00:02-
<b>8</b>	<b>Irene K. Mikkelsen</b>	<b>3</b>	<b>1:29:51</b>													
02:22+	18:45+	22:59+	26:58+	33:46+	36:25+	42:22+	48:48+	51:12+	59:26+	71:03+	74:03+	77:49+	83:44+	88:31+	89:27+	89:51+
02:22+	16:23+	04:14+	03:59+	06:48+	02:39+	05:57+	06:26+	02:24+	08:14+	11:37+	03:00+	03:46+	05:55+	04:47+	00:56+	00:24+
00:13#	04:10&	01:00&	00:45#	00:17+	00:09+	00:40#	00:55#	00:51&	00:51#	02:29&	00:21#	00:20+	01:11#	00:21+	00:14&	00:01+
<b>9</b>	<b>Jette Klogborg</b>	<b>11</b>	<b>1:39:03</b>													
02:02-	17:54+	21:42+	30:52+	38:29+	41:53+	49:48+	56:43+	58:08+	66:49+	78:12+	81:48+	85:49+	92:17+	97:35+	98:36+	99:03+
02:02-	15:52+	03:48+	09:10+	07:37+	03:24+	07:55+	06:55+	01:25-	08:41+	11:23+	03:36+	04:01+	06:28+	05:18+	01:01+	00:27+
00:07-	03:39&	00:34#	05:56@	01:06#	00:54&	02:38&	01:24&	00:08-	01:18#	02:15#	00:57&	00:35#	01:44&	00:52#	00:19&	00:04#
<b>10</b>	<b>Lone Fyhn Olesen</b>	<b>62</b>	<b>1:43:12</b>													
02:57+	17:05+	21:47+	25:49+	35:43+	38:21+	47:19+	53:25+	54:41+	62:44+	75:15+	84:59+	88:59+	95:59+	101:55+	102:50+	103:12+
02:57+	14:08+	04:42+	04:02+	09:54+	02:38+	08:58+	06:06+	01:16-	08:03+	12:31+	09:44+	04:00+	07:00+	05:56+	00:55+	00:22-
00:48&	01:55#	01:28&	00:48#	03:23&	00:08+	03:41&	00:35#	00:17-	00:40+	03:23&	07:05@	00:34#	02:16&	01:30&	00:13&	00:01-
<b>11</b>	<b>Angélique Grønborg Rasmussen</b>	<b>13</b>	<b>2:00:24</b>													
03:18+	21:32+	28:03+	33:53+	45:06+	48:55+	58:02+	67:18+	69:22+	78:51+	91:06+	96:36+	101:24+	107:38+	119:06+	120:02+	120:24+
03:18+	18:14+	06:31+	05:50+	11:13+	03:49+	09:07+	09:16+	02:04+	09:29+	12:15+	05:30+	04:48+	06:14+	11:28+	00:56+	00:22-
01:09&	06:01&	03:17@	02:36&	04:42&	01:19&	03:50&	03:45&	00:31&	02:06&	03:07&	02:51@	01:22&	01:30&	07:02@	00:14&	00:01-
<b>12</b>	<b>Lajla Præstgaard</b>	<b>60</b>	<b>2:23:37</b>													
03:02+	22:05+	28:11+	33:14+	44:51+	49:24+	57:24+	67:21+	69:07+	89:09+	106:31+	111:23+	116:45+	128:41+	142:13+	143:10+	143:37+
03:02+	19:03+	06:06+	05:03+	11:37+	04:33+	08:00+	09:57+	01:46+	20:02+	17:22+	04:52+	05:22+	11:56+	13:32+	00:57+	00:27+
00:53&	06:50&	02:52&	01:49&	05:06&	02:03&	02:43&	04:26&	00:13#	12:39@	08:14&	02:13&	01:56&	07:12@	09:06@	00:15&	00:04#

**Beste strekktid for klassen**

02:00 11:59 03:14 03:02 06:25 02:30 05:15 05:31 01:12 06:46 07:53 02:38 02:59 04:44 03:45 00:33 00:18

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Pluss	Navn	Klasse	Tid
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**D50-**

**1 Marianne Lyng Krogh 17 1:24:11**  
 01:45= 15:34= 17:54= 21:22= 28:35= 31:24= 36:51= 40:34= 45:38= 53:43= 63:51= 67:30= 71:25= 77:23= 82:24= 83:52= 84:11=

**2 Hanne Fogh 49 1:26:37**  
 01:39- 15:54+ 18:41+ 22:33+ 30:23+ 33:33+ 39:36+ 43:10+ 48:51+ 57:13+ 66:41+ 69:54+ 73:49+ 79:32+ 85:01+ 86:17+ 86:37+  
 01:39- 14:15+ 02:47+ 03:52+ 07:50+ 03:10+ 06:03+ 03:34- 05:41+ 08:22+ 09:28- 03:13- 03:55= 05:43- 05:29+ 01:16- 00:20+  
 00:06- 00:26+ 00:27# 00:24# 00:37+ 00:21# 00:36# 00:09- 00:37# 00:17+ 00:40- 00:26- 00:00= 00:15- 00:28+ 00:12- 00:01+

**3 Anne Maarup 2 1:33:43**  
 02:04+ 17:29+ 20:27+ 24:48+ 33:20+ 36:35+ 44:00+ 47:50+ 52:33+ 61:17+ 71:10+ 76:08+ 80:03+ 86:30+ 91:42+ 93:14+ 93:43+  
 02:04+ 15:25+ 02:58+ 04:21+ 08:32+ 03:15+ 07:25+ 03:50+ 04:43- 08:44+ 09:53- 04:58+ 03:55= 06:27+ 05:12+ 01:32+ 00:29+  
 00:19# 01:36# 00:38& 00:53& 01:19# 00:26# 01:58& 00:07+ 00:21- 00:39+ 00:15- 01:19& 00:00= 00:29+ 00:11+ 00:04+ 00:10&

**4 Maria Douglas Stilling 2 1:35:27**  
 02:12+ 17:16+ 20:13+ 24:21+ 33:13+ 36:29+ 42:55+ 46:52+ 52:04+ 60:14+ 72:11+ 76:33+ 80:11+ 86:44+ 93:03+ 95:04+ 95:27+  
 02:12+ 15:04+ 02:57+ 04:08+ 08:52+ 03:16+ 06:26+ 03:57+ 05:12+ 08:10+ 11:57+ 04:22+ 03:38- 06:33+ 06:19+ 02:01+ 00:23+  
 00:27& 01:15+ 00:37& 00:40# 01:39# 00:27# 00:59# 00:14+ 00:08+ 00:05+ 01:49# 00:43# 00:17- 00:35+ 01:18& 00:33& 00:04#

**5 Lotte Friberg 2 1:38:33**  
 02:26+ 18:22+ 21:12+ 25:10+ 35:02+ 38:46+ 46:34+ 50:24+ 55:20+ 63:55+ 75:05+ 78:30+ 82:31+ 88:54+ 96:43+ 98:10+ 98:33+  
 02:26+ 15:56+ 02:50+ 03:58+ 09:52+ 03:44+ 07:48+ 03:50+ 04:56- 08:35+ 11:10+ 03:25- 04:01+ 06:23+ 07:49+ 01:27- 00:23+  
 00:41& 02:07# 00:30# 00:30# 02:39& 00:55& 02:21& 00:07+ 00:08- 00:30+ 01:02# 00:14- 00:06+ 00:25+ 02:48& 00:01- 00:04#

**6 Eva Smedegaard 73 1:42:23**  
 08:08+ 24:39+ 27:53+ 33:08+ 43:04+ 46:28+ 52:58+ 56:51+ 61:56+ 70:08+ 81:23+ 85:02+ 88:44+ 95:03+ 100:15+ 101:55+ 102:23+  
 08:08+ 16:31+ 03:14+ 05:15+ 09:56+ 03:24+ 06:30+ 03:53+ 05:05+ 08:12+ 11:15+ 03:39= 03:42- 06:19+ 05:12+ 01:40+ 00:28+  
 06:23@ 02:42# 00:54& 01:47& 02:43& 00:35# 01:03# 00:10+ 00:01+ 00:07+ 01:07# 00:00= 00:13- 00:21+ 00:11+ 00:12# 00:09&

**7 Susanne Kristensen 10 1:44:36**  
 02:39+ 21:10+ 24:40+ 28:45+ 36:46+ 40:14+ 50:09+ 54:08+ 59:51+ 68:27+ 80:38+ 84:35+ 88:36+ 94:58+ 102:49+ 104:12+ 104:36+  
 02:39+ 18:31+ 03:30+ 04:05+ 08:01+ 03:28+ 09:55+ 03:59+ 05:43+ 08:36+ 12:11+ 03:57+ 04:01+ 06:22+ 07:51+ 01:23- 00:24+  
 00:54& 04:42& 01:10& 00:37# 00:48# 00:39# 04:28& 00:16+ 00:39# 00:31+ 02:03# 00:18+ 00:06+ 00:24+ 02:50& 00:05- 00:05&

**8 Anne Kaae-Nielsen 24 1:56:55**  
 02:59+ 17:57+ 21:35+ 26:18+ 35:45+ 39:12+ 47:49+ 52:18+ 58:24+ 67:27+ 83:53+ 89:49+ 94:15+ 101:14+ 114:48+ 116:28+ 116:55+  
 02:59+ 14:58+ 03:38+ 04:43+ 09:27+ 03:27+ 08:37+ 04:29+ 06:06+ 09:03+ 16:26+ 05:56+ 04:26+ 06:59+ 13:34+ 01:40+ 00:27+  
 01:14& 01:09+ 01:18& 01:15& 02:14& 00:38# 03:10& 00:46# 01:02# 00:58# 06:18& 02:17& 00:31# 01:01# 08:33@ 00:12# 00:08&

**9 Lene Stick Nielsen 84 2:01:44**  
 03:24+ 21:00+ 25:11+ 30:39+ 41:05+ 45:39+ 52:47+ 57:33+ 63:24+ 75:03+ 92:06+ 96:31+ 102:12+ 111:12+ 118:37+ 121:13+ 121:44+  
 03:24+ 17:36+ 04:11+ 05:28+ 10:26+ 04:34+ 07:08+ 04:46+ 05:51+ 11:39+ 17:03+ 04:25+ 05:41+ 09:00+ 07:25+ 02:36+ 00:31+  
 01:39& 03:47& 01:51& 02:00& 03:13& 01:45& 01:41& 01:03& 00:47# 03:34& 06:55& 00:46# 01:46& 03:02& 02:24& 01:08& 00:12&

**10 Bente Kjær Hemmingsen 2 2:04:30**  
 02:21+ 20:06+ 23:23+ 33:40+ 45:57+ 50:29+ 58:40+ 63:00+ 68:02+ 76:10+ 88:16+ 102:58+ 107:16+ 113:53+ 121:58+ 124:01+ 124:30+  
 02:21+ 17:45+ 03:17+ 10:17+ 12:17+ 04:32+ 08:11+ 04:20+ 05:02- 08:08+ 12:06+ 14:42+ 04:18+ 06:37+ 08:05+ 02:03+ 00:29+  
 00:36& 03:56& 00:57& 06:49@ 05:04& 01:43& 02:44& 00:37# 00:02- 00:03+ 01:58# 11:03@ 00:23+ 00:39# 03:04& 00:35& 00:10&

**11 Anne-Mette Mortensen 62 2:16:48**  
 05:47+ 20:38+ 24:58+ 30:01+ 42:24+ 49:15+ 57:28+ 62:15+ 69:28+ 79:39+ 93:30+ 109:49+ 113:35+ 119:41+ 132:46+ 136:25+ 136:48+  
 05:47+ 14:51+ 04:20+ 05:03+ 12:23+ 06:51+ 08:13+ 04:47+ 07:13+ 10:11+ 13:51+ 16:19+ 03:46- 06:06+ 13:05+ 03:39+ 00:23+  
 04:02@ 01:02+ 02:00& 01:35& 05:10& 04:02@ 02:46& 01:04& 02:09& 02:06& 03:43& 12:40@ 00:09- 00:08+ 08:04@ 02:11@ 00:04#

**12 Helle Nikkel 84 2:30:57**  
 06:45+ 28:04+ 32:23+ 38:35+ 50:58+ 55:51+ 64:48+ 71:27+ 80:56+ 93:49+ 110:58+ 122:04+ 128:02+ 137:38+ 147:28+ 150:18+ 150:57+  
 06:45+ 21:19+ 04:19+ 06:12+ 12:23+ 04:53+ 08:57+ 06:39+ 09:29+ 12:53+ 17:09+ 11:06+ 05:58+ 09:36+ 09:50+ 02:50+ 00:39+  
 05:00@ 07:30& 01:59& 02:44& 05:10& 02:04& 03:30& 02:56& 04:25& 04:48& 07:01& 07:27@ 02:03& 03:38& 04:49& 01:22& 00:20@

**13 Tina Samsø Udholm 12 2:32:44**  
 03:38+ 28:16+ 33:28+ 40:11+ 53:34+ 58:38+ 70:18+ 77:51+ 86:18+ 98:56+ 115:23+ 124:11+ 130:15+ 141:31+ 149:39+ 152:09+ 152:44+  
 03:38+ 24:38+ 05:12+ 06:43+ 13:23+ 05:04+ 11:40+ 07:33+ 08:27+ 12:38+ 16:27+ 08:48+ 06:04+ 11:16+ 08:08+ 02:30+ 00:35+  
 01:53@ 10:49& 02:52@ 03:15& 06:10& 02:15& 06:13@ 03:50@ 03:23& 04:33& 06:19& 05:09@ 02:09& 05:18& 03:07& 01:02& 00:16&

**Beste strekktid for klassen**  
 01:39 13:49 02:20 03:28 07:13 02:49 05:27 03:34 04:43 08:05 09:28 03:13 03:38 05:43 05:01 01:16 00:19

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## D55-

**1 Dorte Filskov 12 1:00:43**

01:54=	03:44=	15:12=	18:55=	22:06=	27:07=	34:58=	38:10=	44:57=	52:16=	54:28=	59:06=	60:20=	60:43=
01:54=	01:50=	11:28=	03:43=	03:11=	05:01=	07:51=	03:12=	06:47=	07:19=	02:12=	04:38=	01:14=	00:23=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

**2 Birgitte Birck 13 1:03:51**

01:48-	04:46+	16:55+	20:44+	23:24+	28:25+	37:20+	40:38+	48:02+	56:07+	58:10+	62:14+	63:28+	63:51+
01:48-	02:58+	12:09+	03:49+	02:40-	05:01=	08:55+	03:18+	07:24+	08:05+	02:03-	04:04-	01:14=	00:23=
00:06-	01:08&	00:41+	00:06+	00:31-	00:00=	01:04#	00:06+	00:37+	00:46#	00:09-	00:34-	00:00=	00:00=

**3 Annette Bonde 27 1:04:05**

01:40-	03:13-	17:44+	21:48+	24:32+	29:24+	37:48+	41:04+	49:31+	57:10+	58:38+	62:38+	63:42+	64:05+
01:40-	01:33-	14:31+	04:04+	02:44-	04:52-	08:24+	03:16+	08:27+	07:39+	01:28-	04:00-	01:04-	00:23=
00:14-	00:17-	03:03&	00:21+	00:27-	00:09-	00:33+	00:04+	01:40#	00:20+	00:44-	00:38-	00:10-	00:00=

**4 Kirsten Hald Holdensen 75 1:13:47**

02:44+	04:38+	18:47+	22:51+	25:59+	31:54+	43:38+	49:58+	57:27+	65:41+	67:21+	72:14+	73:24+	73:47+
02:44+	01:54+	14:09+	04:04+	03:08-	05:55+	11:44+	06:20+	07:29+	08:14+	01:40-	04:53+	01:10-	00:23=
00:50&	00:04+	02:41#	00:21+	00:03-	00:54#	03:53&	03:08&	00:42#	00:55#	00:32-	00:15+	00:04-	00:00=

**5 Siri Klausen 27 1:15:17**

02:08+	04:25+	19:40+	24:03+	27:06+	33:28+	45:53+	50:05+	57:48+	66:12+	68:09+	73:14+	74:49+	75:17+
02:08+	02:17+	15:15+	04:23+	03:03-	06:22+	12:25+	04:12+	07:43+	08:24+	01:57-	05:05+	01:35+	00:28+
00:14#	00:27#	03:47&	00:40#	00:08-	01:21&	04:34&	01:00&	00:56#	01:05#	00:15-	00:27+	00:21&	00:05#

**6 Britta Ank Pedersen 3 1:16:10**

02:41+	04:28+	20:13+	25:10+	28:23+	34:14+	44:42+	49:01+	58:28+	66:59+	68:54+	74:12+	75:43+	76:10+
02:41+	01:47-	15:45+	04:57+	03:13+	05:51+	10:28+	04:19+	09:27+	08:31+	01:55-	05:18+	01:31+	00:27+
00:47&	00:03-	04:17&	01:14&	00:02+	00:50#	02:37&	01:07&	02:40&	01:12#	00:17-	00:40#	00:17#	00:04#

**7 Birgitte Erskov Halland 22 1:16:52**

01:45-	03:36-	16:40+	21:46+	34:07+	39:05+	48:33+	51:37+	61:48+	69:08+	70:47+	75:04+	76:28+	76:52+
01:45-	01:51+	13:04+	05:06+	12:21+	04:58-	09:28+	03:04-	10:11+	07:20+	01:39-	04:17-	01:24+	00:24+
00:09-	00:01+	01:36#	01:23&	09:10@	00:03-	01:37#	00:08-	03:24&	00:01+	00:33-	00:21-	00:10#	00:01+

**8 Karen Sieg 3 1:17:07**

02:30+	04:33+	18:11+	23:05+	26:37+	34:33+	46:34+	50:55+	59:36+	68:29+	71:04+	75:33+	76:45+	77:07+
02:30+	02:03+	13:38+	04:54+	03:32+	07:56+	12:01+	04:21+	08:41+	08:53+	02:35+	04:29-	01:12-	00:22-
00:36&	00:13#	02:10#	01:11&	00:21#	02:55&	04:10&	01:09&	01:54&	01:34#	00:23#	00:09-	00:02-	00:01-

**9 Inger Lise Simonsen 6 1:18:27**

02:30+	04:30+	19:16+	23:51+	27:58+	33:58+	47:00+	51:20+	62:36+	70:47+	72:22+	76:25+	78:00+	78:27+
02:30+	02:00+	14:46+	04:35+	04:07+	06:00+	13:02+	04:20+	11:16+	08:11+	01:35-	04:03-	01:35+	00:27+
00:36&	00:10+	03:18&	00:52#	00:56&	00:59#	05:11&	01:08&	04:29&	00:52#	00:37-	00:35-	00:21&	00:04#

**10 Gitte Isen 10 1:18:28**

02:15+	04:28+	19:02+	25:14+	28:33+	34:49+	46:15+	50:14+	58:55+	67:52+	70:17+	76:05+	77:57+	78:28+
02:15+	02:13+	14:34+	06:12+	03:19+	06:16+	11:26+	03:59+	08:41+	08:57+	02:25+	05:48+	01:52+	00:31+
00:21#	00:23#	03:06&	02:29&	00:08+	01:15#	03:35&	00:47#	01:54&	01:38#	00:13+	01:10&	00:38&	00:08&

**11 Inger Andreasen 19 1:19:49**

02:27+	05:46+	20:31+	25:28+	28:34+	35:52+	49:31+	53:25+	61:40+	70:44+	72:37+	77:54+	79:25+	79:49+
02:27+	03:19+	14:45+	04:57+	03:06-	07:18+	13:39+	03:54+	08:15+	09:04+	01:53-	05:17+	01:31+	00:24+
00:33&	01:29&	03:17&	01:14&	00:05-	02:17&	05:48&	00:42#	01:28#	01:45#	00:19-	00:39#	00:17#	00:01+

**12 Susanne Høiberg 6 1:33:28**

02:27+	04:41+	23:19+	28:55+	33:25+	41:02+	54:13+	61:17+	71:42+	82:30+	84:50+	91:18+	93:08+	93:28+
02:27+	02:14+	18:38+	05:36+	04:30+	07:37+	13:11+	07:04+	10:25+	10:48+	02:20+	06:28+	01:50+	00:20-
00:33&	00:24#	07:10&	01:53&	01:19&	02:36&	05:20&	03:52@	03:38&	03:29&	00:08+	01:50&	00:36&	00:03-

### Beste strekktid for klassen

01:40	01:33	11:28	03:43	02:40	04:52	07:51	03:04	06:47	07:19	01:28	04:00	01:04	00:20
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## D60-



Class	Navn	Klasse	Tid								
<b>1</b>	<b>Inge Price Jensen</b>	<b>62</b>	<b>46:03</b>								
02:01=	05:30=	15:27=	17:43=	22:19=	28:09=	32:16=	37:25=	40:45=	44:19=	45:37=	46:03=
02:01=	03:29=	09:57=	02:16=	04:36=	05:50=	04:07=	05:09=	03:20=	03:34=	01:18=	00:26=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Lone Dybdal</b>	<b>42</b>	<b>50:40</b>								
02:20+	05:47+	17:09+	19:28+	24:21+	31:34+	36:02+	42:33+	44:51+	48:44+	50:15+	50:40+
02:20+	03:27-	11:22+	02:19+	04:53+	07:13+	04:28+	06:31+	02:18-	03:53+	01:31+	00:25-
00:19#	00:02-	01:25#	00:03+	00:17+	01:23#	00:21+	01:22&	01:02-	00:19+	00:13#	00:01-
<b>3</b>	<b>Pia Gade</b>	<b>84</b>	<b>53:32</b>								
02:40+	06:53+	19:15+	22:09+	28:02+	34:42+	39:17+	45:03+	47:24+	51:37+	53:05+	53:32+
02:40+	04:13+	12:22+	02:54+	05:53+	06:40+	04:35+	05:46+	02:21-	04:13+	01:28+	00:27+
00:39&	00:44#	02:25#	00:38&	01:17&	00:50#	00:28#	00:37#	00:59-	00:39#	00:10#	00:01+
<b>4</b>	<b>Hanne Møller Andersen</b>	<b>OK Pan</b>	<b>53:49</b>								
04:09+	07:49+	18:25+	20:58+	25:44+	35:06+	39:29+	45:34+	47:55+	51:42+	53:21+	53:49+
04:09+	03:40+	10:36+	02:33+	04:46+	09:22+	04:23+	06:05+	02:21-	03:47+	01:39+	00:28+
02:08@	00:11+	00:39+	00:17#	00:10+	03:32&	00:16+	00:56#	00:59-	00:13+	00:21&	00:02+
<b>5</b>	<b>Susanne Baun</b>	<b>3</b>	<b>56:55</b>								
02:24+	06:38+	19:00+	21:41+	28:20+	35:36+	40:40+	48:40+	50:23+	55:09+	56:32+	56:55+
02:24+	04:14+	12:22+	02:41+	06:39+	07:16+	05:04+	08:00+	01:43-	04:46+	01:23+	00:23-
00:23#	00:45#	02:25#	00:25#	02:03&	01:26#	00:57#	02:51&	01:37-	01:12&	00:05+	00:03-
<b>6</b>	<b>Tove Straarup</b>	<b>3</b>	<b>57:37</b>								
04:29+	08:24+	20:35+	23:47+	28:42+	38:28+	43:40+	49:02+	50:50+	55:31+	57:09+	57:37+
04:29+	03:55+	12:11+	03:12+	04:55+	09:46+	05:12+	05:22+	01:48-	04:41+	01:38+	00:28+
02:28@	00:26#	02:14#	00:56&	00:19+	03:56&	01:05&	00:13+	01:32-	01:07&	00:20&	00:02+
<b>7</b>	<b>Helle Schou</b>	<b>72</b>	<b>59:26</b>								
02:25+	07:58+	26:46+	29:09+	34:28+	41:30+	46:06+	51:34+	53:34+	57:35+	59:03+	59:26+
02:25+	05:33+	18:48+	02:23+	05:19+	07:02+	04:36+	05:28+	02:00-	04:01+	01:28+	00:23-
00:24#	02:04&	08:51&	00:07+	00:43#	01:12#	00:29#	00:19+	01:20-	00:27#	00:10#	00:03-
<b>8</b>	<b>Karin Wæhrens</b>	<b>75</b>	<b>1:03:52</b>								
07:33+	11:23+	26:11+	28:47+	34:07+	44:18+	48:31+	56:26+	62:19+	63:33+	63:52+	
07:33+	03:50+	14:48+	02:36+	05:20+	10:11+	04:13+	07:55+	02:10-	03:43+	01:14-	00:19-
05:32@	00:21#	04:51&	00:20#	00:44#	04:21&	00:06+	02:46&	01:10-	00:09+	00:04-	00:07-
<b>9</b>	<b>Johanne Lind</b>	<b>27</b>	<b>1:08:46</b>								
03:30+	08:17+	24:54+	28:36+	34:41+	47:45+	52:59+	58:44+	60:36+	65:26+	68:21+	68:46+
03:30+	04:47+	16:37+	03:42+	06:05+	13:04+	05:14+	05:45+	01:52-	04:50+	02:55+	00:25-
01:29&	01:18&	06:40&	01:26&	01:29&	07:14@	01:07&	00:36#	01:28-	01:16&	01:37@	00:01-
<b>10</b>	<b>Annette Færing</b>	<b>81</b>	<b>1:09:39</b>								
03:33+	09:20+	24:14+	27:34+	34:34+	46:09+	52:26+	59:32+	61:49+	67:27+	69:07+	69:39+
03:33+	05:47+	14:54+	03:20+	07:00+	11:35+	06:17+	07:06+	02:17-	05:38+	01:40+	00:32+
01:32&	02:18&	04:57&	01:04&	02:24&	05:45&	02:10&	01:57&	01:03-	02:04&	00:22&	00:06#
<b>11</b>	<b>Hanne Ljungberg</b>	<b>OK Syd</b>	<b>1:09:58</b>								
02:56+	20:12+	33:09+	38:03+	43:05+	51:32+	56:16+	62:40+	64:19+	68:13+	69:36+	69:58+
02:56+	17:16+	12:57+	04:54+	05:02+	08:27+	04:44+	06:24+	01:39-	03:54+	01:23+	00:22-
00:55&	13:47@	03:00&	02:38@	00:26+	02:37&	00:37#	01:15#	01:41-	00:20+	00:05+	00:04-
<b>12</b>	<b>Hanne Frost</b>	<b>27</b>	<b>1:13:59</b>								
03:21+	08:20+	24:31+	29:29+	37:28+	47:51+	54:29+	61:48+	64:10+	71:27+	73:32+	73:59+
03:21+	04:59+	16:11+	04:58+	07:59+	10:23+	06:38+	07:19+	02:22-	07:17+	02:05+	00:27+
01:20&	01:30&	06:14&	02:42@	03:23&	04:33&	02:31&	02:10&	00:58-	03:43@	00:47&	00:01+
<b>13</b>	<b>Alice Brødsgaard</b>	<b>27</b>	<b>1:45:29</b>								
05:40+	15:02+	39:31+	45:13+	55:00+	69:14+	78:16+	89:39+	92:52+	101:15+	104:39+	105:29+
05:40+	09:22+	24:29+	05:42+	09:47+	14:14+	14:14+	09:02+	11:23+	03:13-	08:23+	03:24+
03:39@	05:53@	14:32@	03:26@	05:11@	08:24@	04:55@	06:14@	00:07-	04:49@	02:06@	00:24&

**Beste strekktid for klassen**

02:01 03:27 09:57 02:16 04:36 05:50 04:07 05:09 01:39 03:34 01:14 00:19

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**D65-**

Class	Navn	Klasse	Tid
<b>1</b>	<b>Mona Nørgaard</b>	<b>OK Pan</b>	<b>52:43</b>
02:01=	05:25= 18:57= 23:19= 27:27= 34:07= 44:27= 46:29= 51:00= 52:20= 52:43=		
02:01=	03:24= 13:32= 04:22= 04:08= 06:40= 10:20= 02:02= 04:31= 01:20= 00:23=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
<b>2</b>	<b>Gerda Marie Christiansen</b>	<b>58</b>	<b>53:22</b>
02:14+	06:08+ 18:45- 21:33- 26:14- 34:32+ 44:56+ 47:19+ 51:37+ 52:57+ 53:22+		
02:14+	03:54+ 12:37- 02:48- 04:41+ 08:18+ 10:24+ 02:23+ 04:18- 01:20= 00:25+		
00:13#	00:30# 00:55- 01:34- 00:33# 01:38# 00:04+ 00:21# 00:13- 00:00= 00:02+		
<b>3</b>	<b>Janet Bentzen</b>	<b>22</b>	<b>54:29</b>
01:59-	05:48+ 21:34+ 25:00+ 29:15+ 36:16+ 45:00+ 47:10+ 52:39+ 54:01+ 54:29+		
01:59-	03:49+ 15:46+ 03:26- 04:15+ 07:01+ 08:44- 02:10+ 05:29+ 01:22+ 00:28+		
00:02-	00:25# 02:14# 00:56- 00:07+ 00:21+ 01:36- 00:08+ 00:58# 00:02+ 00:05#		
<b>4</b>	<b>Lisbet Nielsen</b>	<b>75</b>	<b>55:32</b>
02:32+	06:33+ 20:17+ 25:10+ 30:20+ 37:55+ 46:31+ 48:28+ 53:34+ 55:09+ 55:32+		
02:32+	04:01+ 13:44+ 04:53+ 05:10+ 07:35+ 08:36- 01:57- 05:06+ 01:35+ 00:23=		
00:31&	00:37# 00:12+ 00:31# 01:02# 00:55# 01:44- 00:05- 00:35# 00:15# 00:00=		
<b>5</b>	<b>Elin Holm Jensen</b>	<b>3</b>	<b>55:39</b>
02:48+	07:29+ 18:52- 22:44- 27:32+ 35:59+ 45:37+ 48:20+ 53:39+ 55:12+ 55:39+		
02:48+	04:41+ 11:23- 03:52- 04:48+ 08:27+ 09:38- 02:43+ 05:19+ 01:33+ 00:27+		
00:47&	01:17& 02:09- 00:30- 00:40# 01:47& 00:42- 00:41& 00:48# 00:13# 00:04#		
<b>6</b>	<b>Merete Ravnshøj Andersen</b>	<b>52</b>	<b>57:16</b>
04:06+	08:40+ 21:48+ 24:51+ 29:21+ 38:25+ 48:16+ 50:38+ 55:19+ 56:52+ 57:16+		
04:06+	04:34+ 13:08- 03:03- 04:30+ 09:04+ 09:51- 02:22+ 04:41+ 01:33+ 00:24+		
02:05@	01:10& 00:24- 01:19- 00:22+ 02:24& 00:29- 00:20# 00:10+ 00:13# 00:01+		
<b>7</b>	<b>Kirsten Bobach</b>	<b>12</b>	<b>58:57</b>
02:18+	06:42+ 21:09+ 25:31+ 30:23+ 38:42+ 49:53+ 52:11+ 56:56+ 58:31+ 58:57+		
02:18+	04:24+ 14:27+ 04:22= 04:52+ 08:19+ 11:11+ 02:18+ 04:45+ 01:35+ 00:26+		
00:17#	01:00& 00:55+ 00:00= 00:44# 01:39# 00:51+ 00:16# 00:14+ 00:15# 00:03#		
<b>8</b>	<b>Ann Dorrit Hansen</b>	<b>63</b>	<b>59:40</b>
02:56+	07:13+ 20:41+ 25:01+ 30:17+ 39:13+ 49:26+ 52:00+ 57:28+ 59:13+ 59:40+		
02:56+	04:17+ 13:28- 04:20- 05:16+ 08:56+ 10:13- 02:34+ 05:28+ 01:45+ 00:27+		
00:55&	00:53& 00:04- 00:02- 01:08& 02:16& 00:07- 00:32& 00:57# 00:25& 00:04#		
<b>9</b>	<b>Lis Knudsen</b>	<b>1</b>	<b>59:41</b>
02:23+	09:25+ 24:24+ 28:06+ 32:40+ 39:56+ 49:37+ 51:44+ 57:41+ 59:15+ 59:41+		
02:23+	07:02+ 14:59+ 03:42- 04:34+ 07:16+ 09:41- 02:07+ 05:57+ 01:34+ 00:26+		
00:22#	03:38@ 01:27# 00:40- 00:26# 00:36+ 00:39- 00:05+ 01:26& 00:14# 00:03#		
<b>10</b>	<b>Susanne Gasbjerg</b>	<b>6</b>	<b>1:02:08</b>
02:30+	07:01+ 26:31+ 29:13+ 34:54+ 42:01+ 52:53+ 55:09+ 60:06+ 61:42+ 62:08+		
02:30+	04:31+ 19:30+ 02:42- 05:41+ 07:07+ 10:52+ 02:16+ 04:57+ 01:36+ 00:26+		
00:29#	01:07& 05:58& 01:40- 01:33& 00:27+ 00:32+ 00:14# 00:26+ 00:16# 00:03#		
<b>11</b>	<b>Inger Marie Haahr</b>	<b>11</b>	<b>1:06:33</b>
03:42+	08:15+ 27:32+ 30:30+ 34:46+ 45:02+ 58:06+ 60:19+ 64:50+ 66:11+ 66:33+		
03:42+	04:33+ 19:17+ 02:58- 04:16+ 10:16+ 13:04+ 02:13+ 04:31= 01:21+ 00:22-		
01:41&	01:09& 05:45& 01:24- 00:08+ 03:36& 02:44& 00:11+ 00:00= 00:01+ 00:01-		
<b>12</b>	<b>Birgit Olsen</b>	<b>7</b>	<b>1:07:23</b>
03:07+	08:44+ 27:53+ 30:42+ 35:59+ 44:02+ 55:12+ 57:57+ 65:07+ 66:55+ 67:23+		
03:07+	05:37+ 19:09+ 02:49- 05:17+ 08:03+ 11:10+ 02:45+ 07:10+ 01:48+ 00:28+		
01:06&	02:13& 05:37& 01:33- 01:09& 01:23# 00:50+ 00:43& 02:39& 00:28& 00:05#		
<b>13</b>	<b>Anne-Mette Kirkegaard</b>	<b>6</b>	<b>1:16:33</b>
03:11+	08:11+ 22:04+ 26:16+ 35:20+ 47:47+ 59:50+ 63:11+ 73:54+ 76:01+ 76:33+		
03:11+	05:00+ 13:53+ 04:12- 09:04+ 12:27+ 12:03+ 03:21+ 10:43+ 02:07+ 00:32+		
01:10&	01:36& 00:21+ 00:10- 04:56@ 05:47& 01:43# 01:19& 06:12@ 00:47& 00:09&		
<b>Beste strekktid for klassen</b>			
01:59	03:24	11:23	02:42
	04:08	06:40	08:36
	01:57	04:18	01:20
			00:22

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**D70-**

Class	Navn	Klasse	Tid
<b>1</b>	<b>Asta Terkelsen</b>	<b>4</b>	<b>44:49</b>
	02:26= 05:59= 07:47= 09:01= 14:01= 25:39= 35:43= 40:32= 43:33= 44:22= 44:49=		
	02:26= 03:33= 01:48= 01:14= 05:00= 11:38= 10:04= 04:49= 03:01= 00:49= 00:27=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
<b>2</b>	<b>Inge Jørgensen</b>	<b>21</b>	<b>45:40</b>
	01:56- 05:50- 07:27- 08:33- 13:43- 26:27+ 37:46+ 41:24+ 44:16+ 45:13+ 45:40+		
	01:56- 03:54+ 01:37- 01:06- 05:10+ 12:44+ 11:19+ 03:38- 02:52- 00:57+ 00:27=		
	00:30- 00:21+ 00:11- 00:08- 00:10+ 01:06+ 01:15# 01:11- 00:09- 00:08# 00:00=		
<b>3</b>	<b>Rigmor Schou</b>	<b>60</b>	<b>46:38</b>
	02:22- 05:52- 07:32- 09:20+ 17:08+ 28:37+ 39:26+ 42:32+ 44:54+ 46:05+ 46:38+		
	02:22- 03:30- 01:40- 01:48+ 07:48+ 11:29- 10:49+ 03:06- 02:22- 01:11+ 00:33+		
	00:04- 00:03- 00:08- 00:34& 02:48& 00:09- 00:45+ 01:43- 00:39- 00:22& 00:06#		
<b>4</b>	<b>Ellis Byrgiel Sommer</b>	<b>22</b>	<b>50:08</b>
	02:41+ 06:27+ 07:56+ 09:18+ 15:48+ 30:23+ 41:26+ 45:40+ 48:17+ 49:38+ 50:08+		
	02:41+ 03:46+ 01:29- 01:22+ 06:30+ 14:35+ 11:03+ 04:14- 02:37- 01:21+ 00:30+		
	00:15# 00:13+ 00:19- 00:08# 01:30& 02:57& 00:59+ 00:35- 00:24- 00:32& 00:03#		
<b>5</b>	<b>Vibeke Bøgevig</b>	<b>24</b>	<b>56:06</b>
	02:27+ 06:03+ 07:25- 08:30- 18:08+ 35:26+ 47:46+ 51:08+ 54:16+ 55:35+ 56:06+		
	02:27+ 03:36+ 01:22- 01:05- 09:38+ 17:18+ 12:20+ 03:22- 03:08+ 01:19+ 00:31+		
	00:01+ 00:03+ 00:26- 00:09- 04:38& 05:40& 02:16# 01:27- 00:07+ 00:30& 00:04#		
<b>6</b>	<b>Randi Splittorff</b>	<b>81</b>	<b>56:21</b>
	02:36+ 06:31+ 11:35+ 13:49+ 21:21+ 32:45+ 46:13+ 50:18+ 54:49+ 55:51+ 56:21+		
	02:36+ 03:55+ 05:04+ 02:14+ 07:32+ 11:24- 13:28+ 04:05- 04:31+ 01:02+ 00:30+		
	00:10+ 00:22# 03:16@ 01:00& 02:32& 00:14- 03:24& 00:44- 01:30& 00:13& 00:03#		
<b>7</b>	<b>Ellen Thisted</b>	<b>24</b>	<b>1:00:08</b>
	02:51+ 07:38+ 09:32+ 11:16+ 18:47+ 34:21+ 49:11+ 54:17+ 58:18+ 59:34+ 60:08+		
	02:51+ 04:47+ 01:54+ 01:44+ 07:31+ 15:34+ 14:50+ 05:06+ 04:01+ 01:16+ 00:34+		
	00:25# 01:14& 00:06+ 00:30& 02:31& 03:56& 04:46& 00:17+ 01:00& 00:27& 00:07&		
<b>8</b>	<b>Lilian Sørensen</b>	<b>OK Pan</b>	<b>1:05:50</b>
	06:47+ 12:06+ 13:59+ 15:25+ 22:24+ 38:18+ 55:16+ 59:40+ 63:47+ 65:14+ 65:50+		
	06:47+ 05:19+ 01:53+ 01:26+ 06:59+ 15:54+ 16:58+ 04:24- 04:07+ 01:27+ 00:36+		
	04:21@ 01:46& 00:05+ 00:12# 01:59& 04:16& 06:54& 00:25- 01:06& 00:38& 00:09&		
<b>9</b>	<b>Ellen Thomsen</b>	<b>75</b>	<b>1:09:24</b>
	04:35+ 10:26+ 14:42+ 16:18+ 23:12+ 37:38+ 56:31+ 62:05+ 67:07+ 68:33+ 69:24+		
	04:35+ 05:51+ 04:16+ 01:36+ 06:54+ 14:26+ 18:53+ 05:34+ 05:02+ 01:26+ 00:51+		
	02:09& 02:18& 02:28@ 00:22& 01:54& 02:48# 08:49& 00:45# 02:01& 00:37& 00:24&		
<b>Beste strekttid for klassen</b>			
	01:56 03:30 01:22 01:05 05:00 11:24 10:04 03:06 02:22 00:49 00:27		

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## D75-

<b>1</b>	<b>Aase Neregaard</b>	<b>7</b>	<b>51:04</b>
	03:01= 08:13= 09:59= 11:29= 18:10= 30:58= 42:09= 46:41= 49:36= 50:33= 51:04=		
	03:01= 05:12= 01:46= 01:30= 06:41= 12:48= 11:11= 04:32= 02:55= 00:57= 00:31=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
<b>2</b>	<b>Annelise Hansen</b>	<b>2</b>	<b>1:00:29</b>
	03:19+ 08:17+ 10:02+ 11:39+ 20:23+ 35:22+ 50:48+ 56:06+ 58:58+ 59:56+ 60:29+		
	03:19+ 04:58- 01:45- 01:37+ 08:44+ 14:59+ 15:26+ 05:18+ 02:52- 00:58+ 00:33+		
	00:18+ 00:14- 00:01- 00:07+ 02:03& 02:11# 04:15& 00:46# 00:03- 00:01+ 00:02+		
<b>3</b>	<b>Vivi Arildsen</b>	<b>75</b>	<b>1:03:52</b>
	02:52- 07:23- 09:54- 11:21- 23:04+ 40:06+ 53:36+ 58:53+ 62:03+ 63:11+ 63:52+		
	02:52- 04:31- 02:31+ 01:27- 11:43+ 17:02+ 13:30+ 05:17+ 03:10+ 01:08+ 00:41+		
	00:09- 00:41- 00:45& 00:03- 05:02& 04:14& 02:19# 00:45# 00:15+ 00:11# 00:10&		
<b>4</b>	<b>Kirsten Truelsen</b>	<b>27</b>	<b>1:05:51</b>
	03:03+ 09:01+ 10:46+ 12:37+ 20:57+ 36:09+ 53:06+ 59:29+ 63:22+ 65:16+ 65:51+		
	03:03+ 05:58+ 01:45- 01:51+ 08:20+ 15:12+ 16:57+ 06:23+ 03:53+ 01:54+ 00:35+		
	00:02+ 00:46# 00:01- 00:21# 01:39# 02:24# 05:46& 01:51& 00:58& 00:57& 00:04#		

Class	Navn	Klasse										Tid			
<b>5</b>	<b>Inger Andersen</b>	<b>1</b>										<b>1:35:35</b>			
	04:12+	10:22+	12:46+	14:57+	26:10+	46:15+	82:26+	88:56+	93:12+	94:50+	95:35+				
	04:12+	06:10+	02:24+	02:11+	11:13+	20:05+	36:11+	06:30+	04:16+	01:38+	00:45+				
	01:11&	00:58#	00:38&	00:41&	04:32&	07:17&	25:00@	01:58&	01:21&	00:41&	00:14&				
<b>Beste strekktid for klassen</b>															
	02:52	04:31	01:45	01:27	06:41	12:48	11:11	04:32	02:52	00:57	00:31				
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.															
<b>H-12</b>															
<b>1</b>	<b>Niels Dalgaard</b>	<b>17</b>										<b>31:36</b>			
	01:15=	04:20=	08:23=	11:09=	14:37=	16:22=	18:40=	21:36=	23:30=	25:15=	27:26=	29:45=	30:28=	31:15=	31:36=
	01:15=	03:05=	04:03=	02:46=	03:28=	01:45=	02:18=	02:56=	01:54=	01:45=	02:11=	02:19=	00:43=	00:47=	00:21=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Casper Staehelin Blakskjær</b>	<b>OK Pan</b>										<b>34:06</b>			
	01:19+	04:47+	09:26+	12:22+	16:06+	17:52+	20:20+	23:15+	25:20+	27:10+	29:37+	32:15+	33:01+	33:48+	34:06+
	01:19+	03:28+	04:39+	02:56+	03:44+	01:46+	02:28+	02:55-	02:05+	01:50+	02:27+	02:38+	00:46+	00:47=	00:18-
	00:04+	00:23#	00:36#	00:10+	00:16+	00:01+	00:10+	00:01-	00:11+	00:05+	00:16#	00:19#	00:03+	00:00=	00:03-
<b>3</b>	<b>Axel Örnhagen Jørgensen</b>	<b>72</b>										<b>35:31</b>			
	01:31+	05:03+	09:38+	12:44+	16:47+	18:41+	21:11+	24:20+	26:26+	28:32+	31:01+	33:38+	34:21+	35:11+	35:31+
	01:31+	03:32+	04:35+	03:06+	04:03+	01:54+	02:30+	03:09+	02:06+	02:06+	02:29+	02:37+	00:43=	00:50+	00:20-
	00:16#	00:27#	00:32#	00:20#	00:35#	00:09+	00:12+	00:13+	00:12#	00:21#	00:18#	00:18#	00:00=	00:03+	00:01-
<b>4</b>	<b>Jonathan Birk Nielsen</b>	<b>12</b>										<b>35:57</b>			
	01:20+	04:35+	08:52+	11:46+	15:31+	17:14+	19:46+	22:49+	24:47+	26:36+	31:04+	33:52+	34:39+	35:33+	35:57+
	01:20+	03:15+	04:17+	02:54+	03:45+	01:43-	02:32+	03:03+	01:58+	01:49+	04:28+	02:48+	00:47+	00:54+	00:24+
	00:05+	00:10+	00:14+	00:08+	00:17+	00:02-	00:14#	00:07+	00:04+	00:04+	02:17@	00:29#	00:04+	00:07#	00:03#
<b>5</b>	<b>Johannes Marager</b>	<b>13</b>										<b>35:58</b>			
	01:32+	05:10+	09:40+	12:47+	16:50+	18:49+	21:25+	24:30+	26:53+	29:02+	31:21+	34:03+	34:47+	35:34+	35:58+
	01:32+	03:38+	04:30+	03:07+	04:03+	01:59+	02:36+	03:05+	02:23+	02:09+	02:19+	02:42+	00:44+	00:47=	00:24+
	00:17#	00:33#	00:27#	00:21#	00:35#	00:14#	00:18#	00:09+	00:29&	00:24#	00:08+	00:23#	00:01+	00:00=	00:03#
<b>6</b>	<b>Magnus Lindahl</b>	<b>19</b>										<b>36:25</b>			
	01:58+	05:20+	09:42+	12:39+	16:27+	18:18+	20:53+	24:56+	27:05+	29:09+	31:44+	34:35+	35:17+	36:03+	36:25+
	01:58+	03:22+	04:22+	02:57+	03:48+	01:51+	02:35+	04:03+	02:09+	02:04+	02:35+	02:51+	00:42-	00:46-	00:22+
	00:43&	00:17+	00:19+	00:11+	00:20+	00:06+	00:17#	01:07&	00:15#	00:19#	00:24#	00:32#	00:01-	00:01-	00:01+
<b>7</b>	<b>August Gabs</b>	<b>19</b>										<b>39:53</b>			
	01:33+	05:20+	10:16+	13:44+	18:06+	20:07+	23:02+	26:43+	29:23+	31:48+	34:41+	37:48+	38:40+	39:33+	39:53+
	01:33+	03:47+	04:56+	03:28+	04:22+	02:01+	02:55+	03:41+	02:40+	02:25+	02:53+	03:07+	00:52+	00:53+	00:20-
	00:18#	00:42#	00:53#	00:42&	00:54&	00:16#	00:37&	00:45&	00:46&	00:40&	00:42&	00:48&	00:09#	00:06#	00:01-
<b>8</b>	<b>Christoffer Vang Bobach</b>	<b>12</b>										<b>40:05</b>			
	01:28+	05:37+	10:35+	14:05+	19:03+	21:31+	24:13+	27:17+	29:42+	31:58+	34:55+	37:53+	38:50+	39:45+	40:05+
	01:28+	04:09+	04:58+	03:30+	04:58+	02:28+	02:42+	03:04+	02:25+	02:16+	02:57+	02:58+	00:57+	00:55+	00:20-
	00:13#	01:04&	00:55#	00:44&	01:30&	00:43&	00:24#	00:08+	00:31&	00:31&	00:46&	00:39&	00:14&	00:08#	00:01-
<b>9</b>	<b>Torbjørn Høyer Staugaard</b>	<b>2</b>										<b>40:31</b>			
	01:41+	06:08+	11:02+	14:05+	18:03+	19:55+	22:44+	26:51+	29:37+	31:55+	35:07+	38:28+	39:20+	40:11+	40:31+
	01:41+	04:27+	04:54+	03:03+	03:58+	01:52+	02:49+	04:07+	02:46+	02:18+	03:12+	03:21+	00:52+	00:51+	00:20-
	00:26&	01:22&	00:51#	00:17#	00:30#	00:07+	00:31#	01:11&	00:52&	00:33&	01:01&	01:02&	00:09#	00:04+	00:01-
<b>10</b>	<b>Rasmus Berglund</b>	<b>17</b>										<b>40:54</b>			
	01:39+	05:41+	10:41+	14:00+	18:21+	20:46+	23:32+	27:04+	29:33+	31:52+	34:33+	37:31+	39:46+	40:39+	40:54+
	01:39+	04:02+	05:00+	03:19+	04:21+	02:25+	02:32+	03:32+	02:29+	02:19+	02:41+	02:58+	02:15+	00:53+	00:15-
	00:24&	00:57&	00:57#	00:33#	00:53&	00:40&	00:28#	00:36#	00:35&	00:34&	00:30#	00:39&	01:32@	00:06#	00:06-
<b>11</b>	<b>Rasmus Meldgaard Jensen</b>	<b>84</b>										<b>45:17</b>			
	04:59+	08:31+	13:15+	16:49+	21:12+	23:17+	25:49+	28:51+	30:57+	32:38+	41:03+	43:39+	44:16+	44:57+	45:17+
	04:59+	03:32+	04:44+	03:34+	04:23+	02:05+	02:32+	03:02+	02:06+	01:41-	08:25+	02:36+	00:37-	00:41-	00:20-
	03:44@	00:27#	00:41#	00:48&	00:55&	00:20#	00:14#	00:06+	00:12#	00:04-	06:14@	00:17#	00:06-	00:06-	00:01-
<b>12</b>	<b>Jonas Aadal Wihan</b>	<b>50</b>										<b>49:40</b>			
	07:28+	11:36+	17:13+	21:13+	26:03+	28:46+	31:44+	35:29+	38:33+	41:16+	44:18+	47:29+	48:21+	49:13+	49:40+
	07:28+	04:08+	05:37+	04:00+	04:50+	02:43+	02:58+	03:45+	03:04+	02:43+	03:02+	03:11+	00:52+	00:52+	00:27+
	06:13@	01:03&	01:34&	01:14&	01:22&	00:58&	00:40&	00:49&	01:10&	00:58&	00:51&	00:52&	00:09#	00:05#	00:06&

Class	Navn	Klasse													Tid	
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<b>13</b>	<b>Frederik L. Holmberg</b>	<b>2</b>														<b>1:00:36</b>																												
01:32+	05:36+	10:49+	14:32+	34:42+	37:06+	40:37+	45:23+	48:30+	50:59+	55:32+	58:37+	59:26+	60:13+	60:36+	01:32+	04:04+	05:13+	03:43+	20:10+	02:24+	03:31+	04:46+	03:07+	02:29+	04:33+	03:05+	00:49+	00:47+	00:23+	00:17#	00:59&	01:10&	00:57&	16:42@	00:39&	01:13&	01:50&	01:13&	00:44&	02:22@	00:46&	00:06#	00:00=	00:02+

**Beste strekktid for klassen**

01:15	03:05	04:03	02:46	03:28	01:43	02:18	02:55	01:54	01:41	02:11	02:19	00:37	00:41	00:15
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

### H-14

<b>1</b>	<b>Jacob Klærke Mikkelsen</b>	<b>3</b>														<b>47:53</b>																																		
01:30=	03:45=	06:32=	08:42=	13:22=	17:32=	22:02=	25:12=	26:53=	29:22=	32:13=	40:30=	41:52=	44:29=	46:50=	47:29=	47:53=	01:30=	02:15=	02:47=	02:10=	04:40=	04:10=	04:30=	03:10=	01:41=	02:29=	02:51=	08:17=	01:22=	02:37=	02:21=	00:39=	00:24=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Gustav L. Holmberg</b>	<b>2</b>														<b>52:05</b>																																		
02:17+	04:21+	07:08+	09:14+	14:25+	18:47+	24:17+	27:40+	29:42+	32:03+	35:10+	44:33+	46:04+	48:55+	51:08+	51:47+	52:05+	02:17+	02:04=	02:47=	02:06=	05:11+	04:22+	05:30+	03:23+	02:02+	02:21=	03:07+	09:23+	01:31+	02:51+	02:13=	00:39=	00:18=	00:47&	00:11=	00:00=	00:04=	00:31#	00:12+	01:00#	00:13+	00:21#	00:08=	00:16+	01:06#	00:09#	00:14+	00:08=	00:00=	00:06=

<b>3</b>	<b>Oscar David Bromar Jensen</b>	<b>13</b>														<b>53:12</b>																																	
01:47+	04:05+	06:45+	08:44+	13:25+	17:24=	21:52=	31:26+	32:58+	35:18+	37:40+	46:13+	47:47+	49:39+	52:11+	52:54+	53:12+	01:47+	02:18+	02:40=	01:59=	04:41+	03:59=	04:28=	09:34+	01:32=	02:20=	02:22=	08:33+	01:34+	01:52=	02:32+	00:43+	00:18=	00:17#	00:03+	00:07=	00:01=	00:11=	00:02=	06:24@	00:09=	00:09=	00:29=	00:16+	00:12#	00:45=	00:11+	00:04#	00:06=

<b>4</b>	<b>Mathias Buchgreitz</b>	<b>24</b>														<b>54:05</b>																																		
01:46+	04:09+	07:11+	09:28+	14:26+	18:24+	23:31+	27:24+	29:12+	31:45+	35:15+	45:37+	47:09+	50:30+	53:04+	53:48+	54:05+	01:46+	02:23+	03:02+	02:17+	04:58+	03:58=	05:07+	03:53+	01:48+	02:33+	03:30+	10:22+	01:32+	03:21+	02:34+	00:44+	00:17=	00:16#	00:08+	00:15+	00:07+	00:18+	00:12=	00:37#	00:43#	00:07+	00:04+	00:39#	02:05&	00:10#	00:44&	00:13+	00:05#	00:07=

<b>5</b>	<b>Tobias Olloz</b>	<b>7</b>														<b>59:44</b>																																		
01:47+	04:47+	08:05+	10:46+	17:37+	22:06+	27:04+	31:36+	33:44+	36:35+	40:20+	50:47+	52:48+	55:46+	58:37+	59:22+	59:44+	01:47+	03:00+	03:18+	02:41+	06:51+	04:29+	04:58+	04:32+	02:08+	02:51+	03:45+	10:27+	02:01+	02:58+	02:51+	00:45+	00:22=	00:17#	00:45&	00:31#	00:31#	02:11&	00:19+	00:28#	01:22&	00:27&	00:22#	00:54&	02:10&	00:39&	00:21#	00:30#	00:06#	00:02=

<b>6</b>	<b>Mikkel Berglund</b>	<b>17</b>														<b>1:00:30</b>																																		
02:06+	04:58+	08:25+	12:21+	18:36+	22:55+	28:03+	33:36+	35:57+	38:52+	42:30+	52:39+	54:21+	56:41+	59:24+	60:11+	60:30+	02:06+	02:52+	03:27+	03:56+	06:15+	04:19+	05:08+	05:33+	02:21+	02:55+	03:38+	10:09+	01:42+	02:20=	02:43+	00:47+	00:19=	00:36&	00:37&	00:40#	01:46&	01:35&	00:09+	00:38#	02:23&	00:40&	00:26#	00:47&	01:52#	00:20#	00:17=	00:22#	00:08#	00:05=

<b>7</b>	<b>Adam Carlsen</b>	<b>21</b>														<b>1:19:00</b>																																		
07:15+	10:19+	13:47+	16:25+	22:36+	30:25+	37:31+	42:44+	45:08+	49:33+	54:53+	68:29+	69:59+	75:20+	78:05+	78:42+	79:00+	07:15+	03:04+	03:28+	02:38+	06:11+	07:49+	07:06+	05:13+	02:24+	04:25+	05:20+	13:36+	01:30+	05:21+	02:45+	00:37=	00:18=	05:45@	00:49&	00:41#	00:28#	01:31&	03:39&	02:36&	02:03&	00:43&	01:56&	02:29&	05:19&	00:08+	02:44@	00:24#	00:02=	00:06=

<b>8</b>	<b>Marius Nyhegn</b>	<b>2</b>														<b>2:22:36</b>																																		
02:56+	10:45+	16:57+	25:37+	46:18+	57:59+	76:57+	85:09+	88:57+	94:39+	104:03+	130:36+	132:02+	137:00+	141:24+	142:15+	142:36+	02:56+	07:49+	06:12+	08:40+	20:41+	11:41+	18:58+	08:12+	03:48+	05:42+	09:24+	26:33+	01:26+	04:58+	04:24+	00:51+	00:21=	01:26&	05:34@	03:25@	06:30@	16:01@	07:31@	14:28@	05:02@	02:07@	03:13@	06:33@	18:16@	00:04+	02:21&	02:03&	00:12&	00:03=

**Beste strekktid for klassen**

01:30	02:04	02:40	01:59	04:40	03:58	04:28	03:10	01:32	02:20	02:22	08:17	01:22	01:52	02:13	00:37	00:17
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

### H-16

<b>1</b>	<b>Søren Thrane Ødum</b>	<b>22</b>														<b>1:03:25</b>																																																							
00:47=	01:53=	10:35=	12:01=	13:11=	14:04=	15:43=	16:51=	22:07=	24:04=	27:46=	32:19=	33:29=	35:08=	35:55=	41:42=	47:36=	50:38=	51:45=	53:07=	59:09=	62:36=	63:10=	63:25=	00:47=	01:06=	08:42=	01:26=	01:10=	00:53=	01:39=	01:08=	05:16=	01:57=	03:42=	04:33=	01:10=	01:39=	00:47=	05:47=	05:54=	03:02=	01:07=	01:22=	06:02=	03:27=	00:34=	00:15=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Elias Hinge Krogsgaard</b>	<b>6</b>														<b>1:08:43</b>																																																							
00:46=	01:53=	10:53+	12:25+	14:04+	15:19+	17:02+	18:55+	24:10+	26:47+	31:01+	36:12+	37:20+	39:00+	39:56+	46:14+	53:00+	56:22+	57:40+	58:58+	64:44+	67:59+	68:27+	68:43+	00:46=	01:07+	09:00+	01:32+	01:39+	01:15+	01:43+	01:53+	05:15=	02:37+	04:14+	05:11+	01:08=	01:40+	00:56+	06:18+	06:46+	03:22+	01:18+	01:18=	05:46=	03:15=	00:28=	00:16+	00:01=	00:01+	00:18+	00:06+	00:29&	00:22&	00:04+	00:45&	00:01=	00:40&	00:32#	00:38#	00:02=	00:01+	00:09#	00:31+	00:52#	00:20#	00:11#	00:04=	00:16=	00:12=	00:06=	00:01+



### Beste strekktid for klassen

00:46 01:05 08:42 01:26 01:10 00:53 01:32 01:08 05:15 01:57 03:42 04:33 01:08 01:31 00:47 05:42 05:54 03:02 01:07 01:18 05:46 03:15 00:26 00:14

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## H-20

### 1 Laurits Bidstrup Møller

01:20= 11:51= 12:46= 16:17= 17:17= 19:29= 20:33= 22:10= 23:18= 28:16= 31:43= 34:21= 40:29= 42:47= 44:13= 45:43= 47:07= 50:31= 51:35= 58:34= 64:04= 68:00= 70:00= 76:41= 82:32= 83:19=

### 2 Mads Møller Skaug

01:44+ 12:48+ 13:46+ 17:12+ 18:15+ 20:30+ 21:37+ 23:17+ 24:38+ 30:21+ 34:15+ 36:57+ 43:04+ 45:23+ 47:03+ 48:43+ 50:12+ 53:49+ 54:46+ 62:22+ 68:44+ 73:23+ 75:22+ 81:43+ 87:46+ 88:48+

### 3 Lasse Fugmann Thamdrup

01:36+ 12:18+ 13:21+ 16:58+ 18:06+ 20:15+ 21:27+ 23:11+ 24:36+ 30:08+ 34:29+ 37:24+ 43:33+ 46:08+ 48:04+ 49:35+ 51:02+ 54:10+ 54:58+ 62:31+ 68:00+ 71:54+ 73:44+ 80:15+ 86:31+ 87:23+

### 4 Rasmus Møller Jess

01:18- 12:22+ 13:20+ 17:36+ 18:47+ 21:07+ 22:17+ 24:00+ 25:13+ 31:13+ 35:18+ 38:17+ 44:51+ 47:04+ 48:56+ 50:36+ 52:05+ 55:21+ 56:14+ 64:38+ 71:19+ 75:39+ 77:34+ 84:10+ 90:25+ 91:23+

### 5 Malte Kjær Hemmingsen

01:30+ 11:41- 12:52+ 16:24+ 17:29+ 19:46+ 20:59+ 22:42+ 23:49+ 28:57+ 33:47+ 36:29+ 43:01+ 45:27+ 47:09+ 48:45+ 50:17+ 53:26+ 54:09+ 61:28+ 67:16+ 71:23+ 73:35+ 80:44+ 88:01+ 89:10+

### 6 Julius Molsen

01:30+ 12:44+ 13:46+ 17:44+ 18:52+ 21:24+ 22:35+ 24:08+ 25:28+ 31:34+ 35:49+ 38:38+ 44:55+ 47:17+ 48:59+ 51:16+ 52:37+ 55:58+ 57:55+ 65:29+ 71:37+ 75:59+ 78:02+ 84:42+ 91:13+ 92:07+

### 7 Malthe Poulsen

01:16- 11:34- 12:45- 16:58+ 17:59+ 20:10+ 21:31+ 23:24+ 24:45+ 31:07+ 35:11+ 38:01+ 45:38+ 47:57+ 50:28+ 52:10+ 53:38+ 57:01+ 58:07+ 66:19+ 72:46+ 77:09+ 79:11+ 85:52+ 92:14+ 93:14+

### 8 Mikkel Holm Nielsen

01:21+ 12:30+ 13:40+ 17:24+ 18:29+ 20:51+ 22:02+ 23:46+ 25:10+ 31:06+ 34:51+ 37:35+ 43:58+ 46:17+ 48:01+ 49:36+ 51:00+ 55:13+ 56:04+ 63:35+ 69:56+ 74:51+ 76:48+ 83:49+ 91:01+ 91:51+













**Class Navn Klasse Tid**

**8 Lars Munktvad 13 2:24:47**  
01:32+ 03:24+ 14:41+ 15:49+ 17:08+ 21:52+ 23:17+ 26:03+ 27:31+ 29:35+ 31:04+ 38:24+ 42:13+ 44:40+ 47:31+ 53:01+ 60:36+ 63:13+ 67:06+ 68:23+ 77:56+ 81:04+ 85:52+ 89:23+ 94:32+ 98:47+  
01:32+ 01:52+ 11:17+ 01:08+ 01:19+ 04:44+ 01:25+ 02:46+ 01:28- 02:04+ 01:29+ 07:20+ 03:49+ 02:27+ 02:51+ 05:30+ 07:35+ 02:37+ 03:53+ 01:17+ 09:33+ 03:08+ 04:48+ 03:31+ 05:09+ 04:15+  
00:21& 00:25& 02:08# 00:09# 00:17& 00:59& 00:09# 00:27# 00:04- 00:22# 00:11# 01:17# 00:38# 00:17# 00:32# 01:03# 01:22# 00:26# 00:43# 00:21& 01:59& 00:13+ 00:51# 01:02& 01:25& 00:34#  
103:05+ 108:31+ 119:10+ 125:07+ 126:49+ 132:22+ 139:25+ 143:42+ 144:24+ 144:47+  
04:18+ 05:26+ 10:39+ 05:57+ 01:42+ 05:33+ 07:03+ 04:17+ 00:42+ 00:23+  
01:10& 00:27+ 05:53@ 01:57& 00:20# 01:19& 01:19# 00:10+ 00:05# 00:03#

**9 Carsten Thyssen 3 2:27:27**  
01:21+ 03:10+ 14:03+ 15:14+ 18:54+ 25:13+ 26:49+ 29:32+ 31:16+ 33:38+ 35:33+ 42:54+ 46:32+ 48:53+ 52:01+ 57:49+ 65:47+ 68:42+ 72:44+ 73:48+ 84:25+ 87:25+ 91:58+ 95:14+ 100:08+ 104:37+  
01:21+ 01:49+ 10:53+ 01:11+ 03:40+ 06:19+ 01:36+ 02:43+ 01:44+ 02:22+ 01:55+ 07:21+ 03:38+ 02:21+ 03:08+ 05:48+ 07:58+ 02:55+ 04:02+ 01:04+ 10:37+ 03:00+ 04:33+ 03:16+ 04:54+ 04:29+  
00:10# 00:22& 01:44# 00:12# 02:38@ 02:34& 00:20& 00:24# 00:12# 00:40& 00:37& 01:18# 00:27# 00:11+ 00:49& 01:21& 01:45& 00:44& 00:52& 00:08# 03:03& 00:05+ 00:36# 00:47& 01:10& 00:48#  
109:12+ 115:25+ 122:15+ 127:26+ 129:16+ 133:44+ 141:15+ 145:58+ 147:01+ 147:27+  
04:35+ 06:13+ 06:50+ 05:11+ 01:50+ 04:28+ 07:31+ 04:43+ 01:03+ 00:26+  
01:27& 01:14# 02:04& 01:11& 00:28& 00:14+ 01:47& 00:36# 00:26& 00:06&

**10 Mads Mikkelsen 3 2:30:49**  
01:38+ 03:28+ 16:02+ 17:26+ 18:44+ 23:35+ 25:22+ 28:11+ 29:50+ 32:07+ 33:48+ 41:38+ 46:33+ 49:31+ 52:31+ 59:02+ 67:22+ 70:04+ 74:33+ 76:06+ 86:56+ 90:22+ 95:55+ 99:48+ 104:17+ 108:05+  
01:38+ 01:50+ 13:34+ 01:24+ 01:18+ 04:51+ 01:47+ 02:49+ 01:39+ 02:17+ 01:41+ 07:50+ 04:55+ 02:58+ 03:00+ 06:31+ 08:20+ 02:42+ 04:29+ 01:33+ 10:50+ 03:26+ 05:33+ 03:53+ 04:29+ 03:48+  
00:27& 00:23& 03:25& 00:25& 00:16& 01:06& 00:31& 00:30# 00:07+ 00:35& 00:23& 01:47& 01:44& 00:48& 00:41& 02:04& 02:07& 00:31# 01:19& 00:37& 03:16& 00:31# 01:36& 01:24& 00:45# 00:07+  
112:08+ 118:16+ 124:26+ 130:47+ 132:31+ 137:06+ 144:48+ 149:37+ 150:25+ 150:49+  
04:03+ 06:08+ 06:10+ 06:21+ 01:44+ 04:35+ 07:42+ 04:49+ 00:48+ 00:24+  
00:55& 01:09# 01:24& 02:21& 00:22& 00:21+ 01:58& 00:42# 00:11& 00:04#

**11 Lars Mikkelsen 10 2:32:08**  
01:27+ 03:11+ 15:33+ 16:45+ 18:00+ 23:18+ 24:57+ 28:10+ 29:48+ 32:34+ 34:09+ 43:11+ 46:49+ 49:18+ 52:17+ 57:58+ 66:46+ 70:00+ 75:17+ 76:48+ 89:08+ 92:22+ 97:39+ 101:11+ 105:11+ 109:29+  
01:27+ 01:44+ 12:22+ 01:12+ 01:15+ 05:18+ 01:39+ 03:13+ 01:38+ 02:46+ 01:35+ 09:02+ 03:38+ 02:29+ 02:59+ 05:41+ 08:48+ 03:14+ 05:17+ 01:31+ 12:20+ 03:14+ 05:17+ 03:32+ 04:00+ 04:18+  
00:16# 00:17# 03:13& 00:13# 00:13# 01:33& 00:23& 00:54& 00:06+ 01:04& 00:17# 02:59& 00:27# 00:19# 00:40& 01:14& 02:35& 01:03& 02:07& 00:35& 04:46& 00:19# 01:20& 01:03& 00:16+ 00:37#  
113:18+ 118:59+ 125:24+ 130:19+ 132:02+ 137:12+ 146:40+ 151:18+ 151:50+ 152:08+  
03:49+ 05:41+ 06:25+ 04:55+ 01:43+ 05:10+ 09:28+ 04:38+ 00:32- 00:18-  
00:41# 00:42# 01:39& 00:55# 00:21& 00:56# 03:44& 00:31# 00:05- 00:02-

**12 Michael Filyo 6 2:37:48**  
01:34+ 03:19+ 16:21+ 17:24+ 18:45+ 23:19+ 25:49+ 29:02+ 30:16+ 32:26+ 33:45+ 40:51+ 44:40+ 47:06+ 49:47+ 58:55+ 66:31+ 69:09+ 74:23+ 78:38+ 90:19+ 93:46+ 99:52+ 104:39+ 108:35+ 112:41+  
01:34+ 01:45+ 13:02+ 01:03+ 01:21+ 04:34+ 02:30+ 03:13+ 01:14- 02:10+ 01:19+ 07:06+ 03:49+ 02:26+ 02:41+ 09:08+ 07:36+ 02:38+ 05:14+ 04:15+ 11:41+ 03:27+ 06:06+ 04:47+ 03:56+ 04:06+  
00:23& 00:18# 03:53& 00:04+ 00:19& 00:49# 01:14& 00:54& 00:18- 00:28& 00:01+ 01:03# 00:38# 00:16# 00:22# 04:41@ 01:23# 00:27# 02:04& 03:19@ 04:07& 00:32# 02:09& 02:18& 00:12+ 00:25#  
116:32+ 122:40+ 128:16+ 133:33+ 135:14+ 140:22+ 150:17+ 156:15+ 157:24+ 157:48+  
03:51+ 06:08+ 05:36+ 05:17+ 01:41+ 05:08+ 09:55+ 05:58+ 01:09+ 00:24+  
00:43# 01:09# 00:50# 01:17& 00:19# 00:54# 04:11& 01:51& 00:32& 00:04#

**Beste strekktid for klassen**  
01:11 01:27 09:09 00:59 01:02 03:45 01:16 02:19 01:14 01:42 01:18 06:03 03:11 01:59 02:19 04:27 06:11 02:11 03:10 00:56 07:34 02:37 03:57 02:29 03:44 03:39 03:08 04:18

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**H50-**

**1 Henrik Markvardsen 7 1:39:49**  
01:33= 10:59= 12:21= 13:36= 14:35= 17:24= 18:08= 23:54= 26:01= 30:16= 37:19= 39:33= 42:32= 43:25= 51:24= 54:10= 57:41= 63:07= 65:24= 66:12= 67:12= 69:48= 72:53= 76:12= 80:42= 85:31=  
01:33= 09:26= 01:22= 01:15= 00:59= 02:49= 00:44= 05:46= 02:07= 04:15= 07:03= 02:14= 02:59= 00:53= 07:59= 02:46= 03:31= 05:26= 02:17= 00:48= 01:00= 02:36= 03:05= 03:19= 04:30= 04:49=  
00:00=  
87:39= 95:09= 98:48= 99:27= 99:49=  
02:08= 07:30= 03:39= 00:39= 00:22=  
00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

**2 Jørgen Schnack 12 1:47:03**  
01:39+ 11:52+ 13:21+ 15:33+ 17:06+ 19:54+ 20:59+ 27:32+ 30:11+ 34:46+ 41:27+ 43:52+ 47:46+ 48:58+ 57:04+ 59:46+ 63:36+ 69:40+ 71:54+ 72:42+ 73:48+ 76:22+ 79:27+ 83:03+ 88:29+ 93:06+  
01:39+ 10:13+ 01:29+ 02:12+ 01:33+ 02:48- 01:05+ 06:33+ 02:39+ 04:35+ 06:41- 02:25+ 03:54+ 01:12+ 08:06+ 02:42- 03:50+ 06:04+ 02:14- 00:48= 01:06+ 02:34- 03:05= 03:36+ 05:26+ 04:37-  
00:06+ 00:47+ 00:07+ 00:57& 00:34& 00:01- 00:21& 00:47# 00:32& 00:20+ 00:22- 00:11+ 00:55& 00:19& 00:07+ 00:04- 00:19+ 00:38# 00:03- 00:00= 00:06# 00:02- 00:00= 00:17+ 00:56# 00:12-  
95:21+ 102:26+ 106:07+ 106:40+ 107:03+  
02:15+ 07:05- 03:41+ 00:33- 00:23+  
00:07+ 00:25- 00:02+ 00:06- 00:01+

**3 Bo Simonsen 2 1:47:23**  
01:21- 11:19+ 13:35+ 14:55+ 16:13+ 19:06+ 19:57+ 25:47+ 28:03+ 33:23+ 40:02+ 42:19+ 46:06+ 47:14+ 55:58+ 58:48+ 62:46+ 69:15+ 71:38+ 72:23+ 73:22+ 75:54+ 80:14+ 83:25+ 88:14+ 93:08+  
01:21- 09:58+ 02:16+ 01:20+ 01:18+ 02:53+ 00:51+ 05:50+ 02:16+ 05:20+ 06:39- 02:17+ 03:47+ 01:08+ 08:44+ 02:50+ 03:58+ 06:29+ 02:23+ 00:45- 00:59- 02:32- 04:20+ 03:11- 04:49+ 04:54+  
00:12- 00:32+ 00:54& 00:05+ 00:19& 00:04+ 00:07# 00:04+ 00:09+ 01:05& 00:24- 00:03+ 00:48& 00:15& 00:45+ 00:04+ 00:27# 01:03# 00:06+ 00:03- 00:01- 00:04- 01:15& 00:08- 00:19+ 00:05+  
95:33+ 102:26+ 106:26+ 107:03+ 107:23+  
02:25+ 06:53- 04:00+ 00:37- 00:20-  
00:17# 00:37- 00:21+ 00:02- 00:02-





Class	Navn	Klasse	Tid
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**Beste strekktid for klassen**

01:21 09:26 01:22 01:15 00:59 02:39 00:44 00:55 02:07 02:40 06:29 02:14 02:59 00:53 01:32 02:37 03:31 05:26 02:14 00:45 00:59 01:32 03:05 03:11 04:30 04:37 02:08 02:08

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**H55-**

**1 Henrik Steen Andersen 62 1:34:02**  
 01:02= 02:23= 13:11= 14:56= 19:16= 20:29= 22:56= 24:08= 26:23= 27:48= 34:19= 37:58= 39:53= 42:25= 47:02= 51:49= 53:26= 55:12= 56:17= 63:05= 67:37= 73:41= 78:08= 79:33= 81:48= 88:59=  
 01:02= 01:21= 10:48= 01:45= 04:20= 01:13= 02:27= 01:12= 02:15= 01:25= 06:31= 03:39= 01:55= 02:32= 04:37= 04:47= 01:37= 01:46= 01:05= 06:48= 04:32= 06:04= 04:27= 01:25= 02:15= 07:11=  
 00:00=

**2 Jan Møller 12 1:36:52**  
 01:00- 02:33+ 13:07- 14:49- 19:06- 20:30+ 23:06+ 24:33+ 26:32+ 28:02+ 34:37+ 38:35+ 40:53+ 43:38+ 48:33+ 53:39+ 55:27+ 57:06+ 58:10+ 66:21+ 71:52+ 76:42+ 80:53+ 82:28+ 84:08+ 91:55+  
 01:00- 01:33+ 10:34- 01:42- 04:17- 01:24+ 02:36+ 01:27+ 01:59- 01:30+ 06:35+ 03:58+ 02:18+ 02:45+ 04:55+ 05:06+ 01:48+ 01:39- 01:04- 08:11+ 05:31+ 04:50- 04:11- 01:35+ 01:40- 07:47+  
 00:02- 00:12# 00:14- 00:03- 00:03- 00:11# 00:09+ 00:15# 00:16- 00:05+ 00:04+ 00:19+ 00:23# 00:13+ 00:18+ 00:19+ 00:11# 00:07- 00:01- 01:23# 00:59# 01:14- 00:16- 00:10# 00:35- 00:36+

**3 Peter Østergaard 24 1:38:00**  
 01:05+ 02:38+ 12:51- 14:43- 18:51- 20:02- 22:41- 24:06- 26:08- 27:36- 34:29+ 38:02+ 40:17+ 42:42+ 47:26+ 52:53+ 54:59+ 56:38+ 57:36+ 66:11+ 70:52+ 76:29+ 80:57+ 82:25+ 84:16+ 93:07+  
 01:05+ 01:33+ 10:13- 01:52+ 04:08- 01:11- 02:39+ 01:25+ 02:02- 01:28+ 06:53+ 03:33- 02:15+ 02:25- 04:44+ 05:27+ 02:06+ 01:39- 00:58- 08:35+ 04:41+ 05:37- 04:28+ 01:28+ 01:51- 08:51+  
 00:03+ 00:12# 00:35- 00:07+ 00:12- 00:02- 00:12+ 00:13# 00:13- 00:03+ 00:22+ 00:06- 00:20# 00:07- 00:07+ 00:40# 00:29# 00:07- 00:07- 01:47& 00:09+ 00:27- 00:01+ 00:03+ 00:24- 01:40#

**4 Jess Rasmussen 84 1:43:23**  
 00:50- 02:05- 13:20+ 15:13+ 19:33+ 20:51+ 23:54+ 25:23+ 27:31+ 29:04+ 36:07+ 39:59+ 42:09+ 44:56+ 49:46+ 55:01+ 56:55+ 58:54+ 60:00+ 68:26+ 74:00+ 79:55+ 85:10+ 86:48+ 89:26+ 97:56+  
 00:50- 01:15- 11:15+ 01:53+ 04:20= 01:18+ 03:03+ 01:29+ 02:08- 01:33+ 07:03+ 03:52+ 02:10+ 02:47+ 04:50+ 05:15+ 01:54+ 01:59+ 01:06+ 08:26+ 05:34+ 05:55- 05:15+ 01:38+ 02:38+ 08:30+  
 00:12- 00:06- 00:27+ 00:08+ 00:00= 00:05+ 00:36# 00:17# 00:07- 00:08+ 00:32+ 00:13+ 00:15# 00:15+ 00:13+ 00:28+ 00:17# 00:13# 00:01+ 01:38# 01:02# 00:09- 00:48# 00:13# 00:23# 01:19#

**5 Michael Fischer 12 1:47:18**  
 01:02= 02:27+ 13:19+ 15:31+ 20:18+ 21:31+ 24:15+ 26:05+ 28:18+ 29:44+ 36:28+ 40:14+ 42:51+ 45:29+ 52:07+ 57:49+ 60:06+ 62:01+ 63:08+ 71:43+ 77:22+ 83:37+ 89:17+ 90:50+ 93:01+ 101:28+  
 01:02= 01:25+ 10:52+ 02:12+ 04:47+ 01:13= 02:44+ 01:50+ 02:13- 01:26+ 06:44+ 03:46+ 02:37+ 02:38+ 06:38+ 05:42+ 02:17+ 01:55+ 01:07+ 08:35+ 05:39+ 06:15+ 05:40+ 01:33+ 02:11- 08:27+  
 00:00= 00:04+ 00:04+ 00:27& 00:27# 00:00= 00:17# 00:38& 00:02- 00:01+ 00:13+ 00:07+ 00:42& 00:06+ 02:01& 00:55# 00:40& 00:09+ 00:02+ 01:47& 01:07# 00:11+ 01:13& 00:08+ 00:04- 01:16#

**6 Per Filskov 72 1:47:42**  
 01:02= 02:44+ 14:03+ 15:56+ 21:15+ 22:40+ 25:25+ 26:51+ 29:19+ 30:56+ 38:20+ 42:23+ 44:48+ 47:40+ 52:50+ 58:19+ 60:08+ 62:22+ 63:34+ 72:51+ 78:20+ 84:10+ 89:09+ 90:48+ 92:48+ 102:00+  
 01:02= 01:42+ 11:19+ 01:53+ 05:19+ 01:25+ 02:45+ 01:26+ 02:28+ 01:37+ 07:24+ 04:03+ 02:25+ 02:52+ 05:10+ 05:29+ 01:49+ 02:14+ 01:12+ 09:17+ 05:29+ 05:50- 04:59+ 01:39+ 02:00- 08:12+  
 00:00= 00:21& 00:31+ 00:08+ 00:59# 00:12# 00:18# 00:14# 00:13+ 00:12# 00:53# 00:24# 00:30& 00:20# 00:33# 00:42# 00:12# 00:28& 00:07# 02:29& 00:57# 00:14- 00:32# 00:14# 00:15- 02:01&

**7 Henrik Albahn 59 1:47:53**  
 01:24+ 03:04+ 13:33+ 15:38+ 20:37+ 21:59+ 24:54+ 26:40+ 29:06+ 31:04+ 39:28+ 43:11+ 45:49+ 48:46+ 54:12+ 60:09+ 62:27+ 64:36+ 65:56+ 73:04+ 78:32+ 84:50+ 90:40+ 92:29+ 94:51+ 102:44+  
 01:24+ 01:40+ 10:29- 02:05+ 04:59+ 01:22+ 02:55+ 01:46+ 02:26+ 01:58+ 08:24+ 03:43+ 02:38+ 02:57+ 05:26+ 05:57+ 02:18+ 02:09+ 01:20+ 07:08+ 05:28+ 06:18+ 05:50+ 01:49+ 02:22+ 07:53+  
 00:22& 00:19# 00:19- 00:20# 00:39# 00:09# 00:28# 00:34& 00:11+ 00:33& 01:53& 00:04+ 00:43& 00:25# 00:49# 01:10# 00:41& 00:23# 00:15# 00:20+ 00:56# 00:14+ 01:23& 00:24& 00:07+ 00:42+

**8 Kent Lodberg OK Pan 1:49:25**  
 01:11+ 02:34+ 14:24+ 16:23+ 21:05+ 22:48+ 25:48+ 27:13+ 29:51+ 31:35+ 39:06+ 43:14+ 45:40+ 48:40+ 53:52+ 59:42+ 61:44+ 63:50+ 65:05+ 74:33+ 80:06+ 85:44+ 91:17+ 93:21+ 95:22+ 103:44+  
 01:11+ 01:23+ 11:50+ 01:59+ 04:42+ 01:43+ 03:00+ 01:25+ 02:38+ 01:44+ 07:31+ 04:08+ 02:26+ 03:00+ 05:12+ 05:50+ 02:02+ 02:06+ 01:15+ 09:28+ 05:33+ 05:38- 05:33+ 02:04+ 02:01- 08:22+  
 00:09# 00:02+ 01:02+ 00:14# 00:22+ 00:30& 00:33# 00:13# 00:23# 00:19# 01:00# 00:29# 00:31& 00:28# 00:35# 01:03# 00:25& 00:20# 00:10# 02:40& 01:01# 00:26- 01:06# 00:39& 00:14- 01:11#





Class	Navn	Klasse	Tid
<b>18</b>	<b>Lars Bech Jensen</b>	<b>27</b>	<b>2:13:46</b>
01:21+	03:14+	15:35+	17:40+
01:21+	01:53+	12:21+	02:05+
00:19&	00:32&	01:33#	00:20#
132:32+	133:24+	133:46+	
06:20+	00:52+	00:22+	
02:25&	00:03+	00:03#	
<b>19</b>	<b>Anker Møller</b>	<b>6</b>	<b>2:15:46</b>
01:19+	03:06+	16:17+	18:25+
01:19+	01:47+	13:11+	02:08+
00:17&	00:26&	02:23#	00:23#
134:38+	135:22+	135:46+	
08:56+	00:44-	00:24+	
05:01@	00:05-	00:05&	
<b>20</b>	<b>Klaus Wolsing</b>	<b>60</b>	<b>2:17:47</b>
01:25+	03:12+	16:51+	19:39+
01:25+	01:47+	13:39+	02:48+
00:23&	00:26&	02:51&	01:03&
136:33+	137:19+	137:47+	
06:03+	00:46-	00:28+	
02:08&	00:03-	00:09&	
<b>21</b>	<b>Kjeld Arildsen</b>	<b>75</b>	<b>2:19:35</b>
01:30+	03:28+	17:36+	19:57+
01:30+	01:58+	14:08+	02:21+
00:28&	00:37&	03:20&	00:36&
137:58+	138:59+	139:35+	
05:34+	01:01+	00:36+	
01:39&	00:12#	00:17&	
<b>22</b>	<b>Frank Krog Jensen</b>	<b>3</b>	<b>2:33:59</b>
06:24+	08:22+	22:58+	25:38+
06:24+	01:58+	14:36+	02:40+
05:22@	00:37&	03:48&	00:55&
152:38+	153:30+	153:59+	
09:37+	00:52+	00:29+	
05:42@	00:03+	00:10&	

**Beste strekttid for klassen**

00:50	01:15	10:13	01:42	04:08	01:11	01:21	01:12	01:50	01:25	02:19	02:31	01:55	02:25	03:11	02:25	01:37	01:20	00:53	01:14	04:32	04:50	01:42	01:25	01:40	02:05	00:43	00:00
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**H60-**

<b>1</b>	<b>Rolf Lund</b>	<b>51</b>	<b>1:18:06</b>
00:52=	02:46=	12:09=	13:48=
00:52=	01:54=	09:23=	01:39=
00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Jørgen Bruun</b>	<b>12</b>	<b>1:23:53</b>
01:01+	02:14+	12:30+	14:33+
01:01+	01:13+	10:16+	02:03+
00:09#	00:41-	00:53+	00:24#
<b>3</b>	<b>Mogens Hagner</b>	<b>6</b>	<b>1:26:14</b>
01:03+	02:36-	13:22+	15:12+
01:03+	01:33-	10:46+	01:50+
00:11#	00:21-	01:23#	00:11#
<b>4</b>	<b>Ole Gadsbølle</b>	<b>31</b>	<b>1:28:51</b>
00:55+	02:14-	12:40+	14:42+
00:55+	01:19-	10:26+	02:02+
00:03+	00:35-	01:03#	00:23#
<b>5</b>	<b>Per Storm Hansen</b>	<b>81</b>	<b>1:32:12</b>
01:25+	03:48+	14:53+	17:18+
01:25+	02:23+	11:05+	02:25+
00:33&	00:29&	01:42#	00:46&





Class	Navn	Klasse	Tid
<b>7</b>	<b>Varny Vestergaard</b>	<b>10</b>	<b>1:34:54</b>
02:20-	16:10+	20:15+	23:54+
02:20-	13:50+	04:05+	03:39+
00:01-	00:11+	00:45#	00:18+
	01:00#	00:32#	01:28&
	00:00=	00:17#	00:01+
	03:37&	00:50&	00:16-
	01:54&	01:52&	00:25&
	00:01+		
<b>8</b>	<b>Peer Straarup</b>	<b>3</b>	<b>1:38:11</b>
02:07-	17:53+	21:55+	25:34+
02:07-	15:46+	04:02+	03:39+
00:14-	02:07#	00:42#	00:18+
	00:17+	00:15+	00:00=
	00:42#	00:09-	00:43+
	00:58#	00:08-	01:32&
	01:47-	00:52-	05:13@
	05:11@	00:59+	00:24+
	00:59+	00:24+	
<b>9</b>	<b>Niels Rabølle</b>	<b>62</b>	<b>1:39:30</b>
02:51+	18:24+	22:38+	27:31+
02:51+	15:33+	04:14+	04:53+
00:30#	01:54#	00:54&	01:32&
	00:44+	00:18#	02:34&
	01:11#	00:29&	00:07+
	02:28&	00:50&	00:46#
	02:40&	00:23+	00:10&
	00:00=		
<b>10</b>	<b>Kim Folander</b>	<b>49</b>	<b>1:39:36</b>
02:52+	18:39+	23:01+	27:19+
02:52+	15:47+	04:22+	04:18+
00:31#	02:08#	01:02&	00:57&
	00:27#	02:48&	01:22#
	00:22#	00:32+	01:14#
	00:57&	01:04&	01:14&
	00:49#	00:12&	00:01-
<b>11</b>	<b>Hans Christian Strib</b>	<b>4</b>	<b>1:42:54</b>
02:17-	20:35+	24:42+	29:05+
02:17-	18:18+	04:07+	04:23+
00:04-	04:39&	00:47#	01:02&
	01:48#	00:50&	02:43&
	00:10+	00:56&	01:43#
	02:24&	00:38#	00:38#
	02:05&	00:19+	00:13&
	00:03#		
<b>12</b>	<b>John Tripax</b>	<b>21</b>	<b>1:43:24</b>
02:32+	17:39+	22:07+	25:59+
02:32+	15:07+	04:28+	03:52+
00:11+	01:28#	01:08&	00:31#
	02:53&	00:25#	01:43&
	01:46&	01:01&	00:11-
	05:40&	00:13-	00:31#
	02:54&	01:14&	00:20&
	00:03#		
<b>13</b>	<b>Poul Erik Buch</b>	<b>4</b>	<b>1:44:41</b>
02:21=	19:22+	24:08+	28:12+
02:21=	17:01+	04:46+	04:04+
00:00=	03:22#	01:26&	00:43#
	02:41&	00:39#	01:07#
	02:05&	01:05&	00:42+
	04:59&	00:33#	00:48#
	01:37&	00:29#	00:19&
	00:06&		
<b>14</b>	<b>Erik Sørensen</b>	<b>13</b>	<b>1:44:53</b>
02:20-	17:50+	22:21+	27:10+
02:20-	15:30+	04:31+	04:49+
00:01-	01:51#	01:11&	01:28&
	03:39&	00:14+	00:39#
	00:38#	00:09+	00:25-
	05:23&	00:03+	01:23&
	05:56@	00:34#	00:04#
	00:07&		
<b>15</b>	<b>Børge Pedersen</b>	<b>62</b>	<b>1:45:09</b>
02:51+	17:29+	21:52+	25:51+
02:51+	14:38+	04:23+	03:59+
00:30#	00:59+	01:03&	00:38#
	02:55&	00:28#	03:20&
	01:50&	00:49&	01:36#
	04:39&	00:24#	00:42#
	01:58&	01:08#	00:11&
	00:01-		
<b>16</b>	<b>Carl Malling</b>	<b>78</b>	<b>1:45:29</b>
02:56+	19:39+	25:03+	29:10+
02:56+	16:43+	05:24+	04:07+
00:35#	03:04#	02:04&	00:46#
	01:50#	01:07&	00:08+
	01:19#	00:08+	02:45&
	05:07&	00:19+	00:39#
	02:15&	00:42#	00:37&
	00:04#		
<b>17</b>	<b>Sven Madsen</b>	<b>65</b>	<b>1:46:55</b>
05:19+	22:09+	26:33+	31:41+
05:19+	16:50+	04:24+	05:08+
02:58@	03:11#	01:04&	01:47&
	01:36#	00:53&	01:09#
	01:36&	00:31&	01:25#
	02:34&	00:43#	01:38&
	00:45#	00:27&	00:07&
<b>18</b>	<b>Ronnie McGrail</b>	<b>24</b>	<b>1:48:36</b>
02:56+	19:42+	24:10+	28:46+
02:56+	16:46+	04:28+	04:36+
00:35#	03:07#	01:08&	01:15&
	02:24&	01:12&	01:07#
	02:02&	00:34&	01:34#
	02:51&	00:51&	01:12&
	00:15&		
<b>19</b>	<b>Leif Skovgaard Knudsen</b>	<b>1</b>	<b>1:49:35</b>
03:47+	23:03+	27:56+	32:05+
03:47+	19:16+	04:53+	04:09+
01:26&	05:37&	01:33&	00:48#
	02:45&	00:33#	02:53&
	01:57&	00:17#	00:27+
	03:28&	00:18+	01:01&
	02:58&	01:10#	00:23&
	00:01+		
<b>20</b>	<b>Ole Berner</b>	<b>24</b>	<b>1:52:24</b>
03:04+	19:57+	24:42+	29:30+
03:04+	16:53+	04:45+	04:48+
00:43&	03:14#	01:25&	01:27&
	03:02&	01:34&	01:12#
	02:56&	00:23#	01:32#
	03:52&	01:23&	01:40&
	03:30&	01:52&	00:29&
	00:10&		
<b>21</b>	<b>Flemming D. Andersen</b>	<b>4</b>	<b>1:57:14</b>
07:02+	26:10+	30:39+	35:37+
07:02+	19:08+	04:29+	04:58+
04:41@	05:29&	01:09&	01:37&
	01:48#	00:38#	01:00#
	01:29#	01:38@	01:02#
	05:25&	03:26@	00:49#
	02:45&	01:40&	00:25&
	00:13&		

Class	Navn	Klasse	Tid													
<b>22</b>	<b>Hans Aage Hvalsøe Hansen</b>	<b>50</b>	<b>1:58:58</b>													
02:26+	18:41+	28:09+	33:04+	42:26+	46:29+	55:29+	63:14+	65:20+	74:48+	87:16+	91:15+	96:01+	111:20+	117:20+	118:27+	118:58+
02:26+	16:15+	09:28+	04:55+	09:22+	04:03+	09:00+	07:45+	02:06+	09:28+	12:28+	03:59+	04:46+	15:19+	06:00+	01:07+	00:31+
00:05+	02:36#	06:08@	01:34&	01:38#	01:12&	03:10&	01:25#	00:32&	00:50+	03:32&	00:47#	01:11&	10:25@	01:17&	00:28&	00:08&
<b>23</b>	<b>Torben Isen</b>	<b>10</b>	<b>2:01:10</b>													
03:27+	23:05+	28:49+	33:43+	44:34+	49:13+	57:38+	67:05+	69:33+	81:08+	94:26+	98:36+	104:18+	112:30+	119:34+	120:40+	121:10+
03:27+	19:38+	05:44+	04:54+	10:51+	04:39+	08:25+	09:27+	02:28+	11:35+	13:18+	04:10+	05:42+	08:12+	07:04+	01:06+	00:30+
01:06&	05:59&	02:24&	01:33&	03:07&	01:48&	02:35&	03:07&	00:54&	02:57&	04:22&	00:58&	02:07&	03:18&	02:21&	00:27&	00:07&
<b>24</b>	<b>Erik Ljungdahl</b>	<b>1</b>	<b>2:01:39</b>													
03:24+	21:18+	26:26+	31:46+	43:05+	47:40+	54:14+	62:22+	64:30+	74:33+	88:40+	96:24+	101:42+	109:30+	119:46+	121:13+	121:39+
03:24+	17:54+	05:08+	05:20+	11:19+	04:35+	06:34+	08:08+	02:08+	10:03+	14:07+	07:44+	05:18+	07:48+	10:16+	01:27+	00:26+
01:03&	04:15&	01:48&	01:59&	03:35&	01:44&	00:44#	01:48&	00:34&	01:25#	05:11&	04:32@	01:43&	02:54&	05:33@	00:48@	00:03#
<b>25</b>	<b>Tage Ebbensgaard</b>	<b>58</b>	<b>2:05:17</b>													
02:44+	22:55+	27:57+	32:43+	41:49+	45:24+	52:05+	61:00+	63:13+	74:54+	91:05+	95:33+	101:34+	111:24+	123:11+	124:39+	125:17+
02:44+	20:11+	05:02+	04:46+	09:06+	03:35+	06:41+	08:55+	02:13+	11:41+	16:11+	04:28+	06:01+	09:50+	11:47+	01:28+	00:38+
00:23#	06:32&	01:42&	01:25&	01:22#	00:44&	00:51#	02:35&	00:39&	03:03&	07:15&	01:16&	02:26&	04:56@	07:04@	00:49@	00:15&
<b>26</b>	<b>Finn Simensen</b>	<b>OK Pan</b>	<b>2:05:33</b>													
06:23+	21:36+	28:54+	35:38+	45:43+	48:55+	61:25+	69:18+	71:56+	80:35+	100:53+	106:25+	110:06+	116:24+	124:15+	125:02+	125:33+
06:23+	15:13+	07:18+	06:44+	10:05+	03:12+	12:30+	07:53+	02:38+	08:39+	20:18+	05:32+	03:41+	06:18+	07:51+	00:47+	00:31+
04:02@	01:34#	03:58@	03:23@	02:21&	00:21#	06:40@	01:33#	01:04&	00:01+	11:22@	02:20&	00:06+	01:24&	03:08&	00:08#	00:08&
<b>27</b>	<b>Nils Sættem</b>	<b>56</b>	<b>2:06:58</b>													
03:29+	22:33+	27:01+	31:41+	41:45+	44:56+	52:11+	64:44+	67:42+	80:14+	99:40+	106:16+	110:59+	118:22+	125:31+	126:32+	126:58+
03:29+	19:04+	04:28+	04:40+	10:04+	03:11+	07:15+	12:33+	02:58+	12:32+	19:26+	06:36+	04:43+	07:23+	07:09+	01:01+	00:26+
01:08&	05:25&	01:08&	01:19&	02:20&	00:20#	01:25#	06:13&	01:24&	03:54&	10:30@	03:24@	01:08&	02:29&	02:26&	00:22&	00:03#
<b>28</b>	<b>Gert Odgaard</b>	<b>75</b>	<b>2:21:49</b>													
04:20+	25:47+	32:35+	38:36+	50:50+	55:12+	66:29+	80:53+	84:52+	95:19+	112:57+	117:28+	122:41+	131:32+	140:19+	141:18+	141:49+
04:20+	21:27+	06:48+	06:01+	12:14+	04:22+	11:17+	14:24+	03:59+	10:27+	17:38+	04:31+	05:13+	08:51+	08:47+	00:59+	00:31+
01:59&	07:48&	03:28@	02:40&	04:30&	01:31&	05:27&	08:04@	02:25@	01:49#	08:42&	01:19&	01:38&	03:57&	04:04&	00:20&	00:08&
<b>29</b>	<b>Thorkild Holm Pedersen</b>	<b>75</b>	<b>2:25:09</b>													
03:30+	21:19+	27:33+	41:20+	52:37+	56:17+	67:56+	78:16+	83:21+	94:28+	107:36+	113:54+	118:32+	126:18+	143:47+	144:40+	145:09+
03:30+	17:49+	06:14+	13:47+	11:17+	03:40+	11:39+	10:20+	05:05+	11:07+	13:08+	06:18+	04:38+	07:46+	17:29+	00:53+	00:29+
01:09&	04:10&	02:54&	10:26@	03:33&	00:49&	05:49&	04:00&	03:31@	02:29&	04:12&	03:06&	01:03&	02:52&	12:46@	00:14&	00:06&
<b>Beste strekktid for klassen</b>																
01:58	13:31	03:20	03:10	07:16	02:44	05:19	06:20	01:23	07:56	08:56	02:59	03:19	03:07	03:51	00:38	00:22

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## H70-

<b>1</b>	<b>Finn Jørgensen Aaris</b>	<b>11</b>	<b>57:19</b>										
01:51=	04:10=	15:22=	18:52=	21:19=	25:43=	33:57=	36:53=	43:44=	50:30=	51:51=	55:43=	56:58=	57:19=
01:51=	02:19=	11:12=	03:30=	02:27=	04:24=	08:14=	02:56=	06:51=	06:46=	01:21=	03:52=	01:15=	00:21=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Poul Henning Pedersen</b>	<b>75</b>	<b>1:00:26</b>										
04:11+	05:34+	17:18+	20:39+	23:08+	27:26+	35:53+	38:51+	46:29+	53:47+	55:15+	58:43+	59:59+	60:26+
04:11+	01:23-	11:44+	03:21-	02:29+	04:18-	08:27+	02:58+	07:38+	07:18+	01:28+	03:28-	01:16+	00:27+
02:20@	00:56-	00:32+	00:09-	00:02+	00:06-	00:13+	00:02+	00:47#	00:32+	00:07+	00:24-	00:01+	00:06&
<b>3</b>	<b>Finn Hørup Nielsen</b>	<b>75</b>	<b>1:02:30</b>										
01:44-	03:25-	15:36+	19:21+	22:01+	27:55+	36:33+	40:00+	47:26+	55:06+	56:42+	60:52+	62:05+	62:30+
01:44-	01:41-	12:11+	03:45+	02:40+	05:54+	08:38+	03:27+	07:26+	07:40+	01:36+	04:10+	01:13-	00:25+
00:07-	00:38-	00:59+	00:15+	00:13+	01:30&	00:24+	00:31#	00:35+	00:54#	00:15#	00:18+	00:02-	00:04#
<b>4</b>	<b>Søren Elkjær</b>	<b>84</b>	<b>1:02:49</b>										
01:46-	03:12-	14:12-	17:49-	20:25-	31:57+	39:31+	42:37+	48:49+	55:54+	57:28+	61:17+	62:25+	62:49+
01:46-	01:26-	11:00-	03:37+	02:36+	11:32+	07:34-	03:06+	06:12-	07:05+	01:34+	03:49-	01:08-	00:24+
00:05-	00:53-	00:12-	00:07+	00:09+	07:08@	00:40-	00:10+	00:39-	00:19+	00:13#	00:03-	00:07-	00:03#
<b>5</b>	<b>Poul Bobach</b>	<b>12</b>	<b>1:03:44</b>										
01:31-	03:03-	17:04+	20:52+	23:47+	29:03+	38:19+	42:01+	48:48+	56:23+	58:05+	62:06+	63:21+	63:44+
01:31-	01:32-	14:01+	03:48+	02:55+	05:16+	09:16+	03:42+	06:47-	07:35+	01:42+	04:01+	01:15=	00:23+
00:20-	00:47-	02:49&	00:18+	00:28#	00:52#	01:02#	00:46&	00:04-	00:49#	00:21&	00:09+	00:00=	00:02+

Class	Navn	Klasse	Tid
<b>6</b>	<b>Karl Kristian Terkelsen</b>	<b>4</b>	<b>1:05:57</b>
01:40-	03:24-	17:08+	21:13+
01:40-	01:44-	13:44+	04:05+
00:11-	00:35-	02:32#	00:35#
	00:19#	01:37#	00:56#
	00:41#	00:24+	01:45#
	00:22#	00:08+	00:01+
	00:04#		
<b>7</b>	<b>Claus Faber</b>	<b>6</b>	<b>1:06:44</b>
01:31-	03:00-	16:34+	20:23+
01:31-	01:29-	13:34+	03:49+
00:20-	00:50-	02:22#	00:19+
	00:20#	00:35#	00:39+
	00:50#	04:28#	00:36+
	00:05+	00:10+	00:04+
	00:07#		
<b>8</b>	<b>Erik Damgaard</b>	<b>1</b>	<b>1:07:08</b>
02:11+	04:00-	17:36+	22:01+
02:11+	01:49-	13:36+	04:25+
00:20#	00:30-	02:24#	00:55#
	01:00#	01:04#	00:59#
	00:44#	00:32+	01:23#
	00:11#	00:52#	00:06-
	00:01+		
<b>9</b>	<b>Aage Damgaard</b>	<b>2</b>	<b>1:08:07</b>
01:54+	03:44-	18:08+	22:02+
01:54+	01:50-	14:24+	03:54+
00:03+	00:29-	03:12#	00:24#
	01:03#	01:34#	00:37#
	00:22+	01:36#	01:08#
	00:38#	00:11#	00:05#
	00:05#		
<b>10</b>	<b>Max Hansen</b>	<b>63</b>	<b>1:09:14</b>
02:06+	04:00-	19:26+	24:27+
02:06+	01:54-	15:26+	05:01+
00:15#	00:25-	04:14#	01:31#
	00:52#	02:18#	00:23#
	00:09+	00:54#	00:34#
	00:22+	00:05+	00:06#
<b>11</b>	<b>Karsten Schultz</b>	<b>2</b>	<b>1:09:22</b>
01:45-	03:26-	17:23+	21:16+
01:45-	01:41-	13:57+	03:53+
00:06-	00:38-	02:45#	00:23#
	01:05#	00:53#	01:07#
	00:36#	02:28#	01:04#
	01:58#	00:18+	00:08#
	00:02+		
<b>12</b>	<b>Flemming Nørgaard</b>	<b>OK Pan</b>	<b>1:10:14</b>
01:39-	03:42-	17:50+	22:07+
01:39-	02:03-	14:08+	04:17+
00:12-	00:16-	02:56#	00:47#
	00:33#	01:00#	02:23#
	00:57#	01:33#	01:35#
	00:51#	00:36#	00:07+
	00:05#		
<b>13</b>	<b>Klaus Olsen</b>	<b>7</b>	<b>1:10:15</b>
02:00+	03:49-	19:12+	24:09+
02:00+	01:49-	15:23+	04:57+
00:09+	00:30-	04:11#	01:27#
	00:37#	00:47#	02:29#
	00:33#	00:13+	01:24#
	00:18#	01:14#	00:01+
	00:03#		
<b>14</b>	<b>Troels Jensen</b>	<b>3</b>	<b>1:13:20</b>
02:07+	04:02-	19:48+	23:58+
02:07+	01:55-	15:46+	04:10+
00:16#	00:24-	04:34#	00:40#
	00:34#	01:49#	02:38#
	00:51#	00:24+	01:29#
	00:29#	02:32#	00:05+
	00:04#		
<b>15</b>	<b>Poul Nøhr</b>	<b>6</b>	<b>1:13:36</b>
01:51=	03:38-	20:06+	24:40+
01:51=	01:47-	16:28+	04:34+
00:00=	00:32-	05:16#	01:04#
	00:55#	01:33#	02:24#
	01:34#	00:37+	01:32#
	00:44#	00:50#	00:15#
	00:05#		
<b>16</b>	<b>Ove Splittorff</b>	<b>81</b>	<b>1:14:04</b>
02:22+	04:46+	19:09+	23:51+
02:22+	02:24+	14:23+	04:42+
00:31#	00:05+	03:11#	01:12#
	00:44#	02:00#	02:42#
	00:57#	01:35#	01:45#
	00:27#	00:59#	00:53#
	00:12#		
<b>17</b>	<b>Torben Jørgensen</b>	<b>6</b>	<b>1:14:50</b>
02:03+	04:24+	18:58+	23:52+
02:03+	02:21+	14:34+	04:54+
00:12#	00:02+	03:22#	01:24#
	00:40#	01:17#	03:25#
	01:03#	01:06#	02:43#
	00:59#	00:53#	00:17#
	00:08#		
<b>18</b>	<b>Tage Baun</b>	<b>3</b>	<b>1:15:51</b>
02:02+	04:03-	19:44+	26:06+
02:02+	02:01-	15:41+	06:22+
00:11+	00:18-	04:29#	02:52#
	00:52#	01:31#	02:48#
	00:41#	00:41+	01:49#
	00:58#	01:32#	00:19#
	00:07#		
<b>19</b>	<b>Karsten Funder</b>	<b>2</b>	<b>1:19:28</b>
02:08+	04:16+	20:02+	24:36+
02:08+	02:08-	15:46+	04:34+
00:17#	00:11-	04:34#	01:04#
	00:54#	03:11#	02:14#
	01:56#	01:56#	02:44#
	00:45#	02:00#	00:34#
	00:11#		
<b>20</b>	<b>Jan Kristoffersen</b>	<b>27</b>	<b>1:21:37</b>
03:21+	07:47+	22:10+	27:25+
03:21+	04:26+	14:23+	05:15+
01:30#	02:07#	03:11#	01:45#
	06:35#	00:43#	02:36#
	00:35#	00:48#	02:08#
	01:06#	01:10#	00:05+
	00:01-		

Class	Navn	Klasse											Tid	
<b>21</b>	<b>Bent Sørensen</b>	<b>81</b>											<b>1:22:11</b>	
	03:47+	06:21+	20:47+	25:46+	28:50+	34:45+	45:24+	53:09+	61:47+	73:12+	75:38+	80:26+	81:44+	82:11+
	03:47+	02:34+	14:26+	04:59+	03:04+	05:55+	10:39+	07:45+	08:38+	11:25+	02:26+	04:48+	01:18+	00:27+
	01:56@	00:15#	03:14&	01:29&	00:37&	01:31&	02:25&	04:49@	01:47&	04:39&	01:05&	00:56#	00:03+	00:06&
<b>22</b>	<b>Jens Aaris Thisted</b>	<b>24</b>											<b>1:27:56</b>	
	04:49+	07:02+	23:25+	28:42+	32:25+	39:28+	53:32+	57:56+	67:45+	77:50+	80:12+	85:46+	87:22+	87:56+
	04:49+	02:13-	16:23+	05:17+	03:43+	07:03+	14:04+	04:24+	09:49+	10:05+	02:22+	05:34+	01:36+	00:34+
	02:58@	00:06-	05:11&	01:47&	01:16&	02:39&	05:50&	01:28&	02:58&	03:19&	01:01&	01:42&	00:21&	00:13&
<b>23</b>	<b>Jørn F. Andersen</b>	<b>11</b>											<b>1:30:38</b>	
	02:22+	04:52+	24:51+	30:54+	34:56+	42:10+	55:54+	60:25+	69:23+	79:18+	82:14+	88:25+	90:07+	90:38+
	02:22+	02:30+	19:59+	06:03+	04:02+	07:14+	13:44+	04:31+	08:58+	09:55+	02:56+	06:11+	01:42+	00:31+
	00:31&	00:11+	08:47&	02:33&	01:35&	02:50&	05:30&	01:35&	02:07&	03:09&	01:35@	02:19&	00:27&	00:10&
<b>24</b>	<b>Per F. Henriksen</b>	<b>11</b>											<b>1:44:26</b>	
	02:47+	05:34+	27:01+	35:09+	39:46+	47:48+	62:43+	67:57+	79:29+	91:32+	94:59+	101:45+	103:51+	104:26+
	02:47+	02:47+	21:27+	08:08+	04:37+	08:02+	14:55+	05:14+	11:32+	12:03+	03:27+	06:46+	02:06+	00:35+
	00:56&	00:28#	10:15&	04:38@	02:10&	03:38&	06:41&	02:18&	04:41&	05:17&	02:06@	02:54&	00:51&	00:14&
<b>25</b>	<b>Knud Dam</b>	<b>56</b>											<b>1:45:46</b>	
	02:46+	05:26+	28:01+	34:17+	38:19+	46:59+	61:14+	66:44+	82:38+	94:13+	97:15+	103:27+	105:17+	105:46+
	02:46+	02:40+	22:35+	06:16+	04:02+	08:40+	14:15+	05:30+	15:54+	11:35+	03:02+	06:12+	01:50+	00:29+
	00:55&	00:21#	11:23@	02:46&	01:35&	04:16&	06:01&	02:34&	09:03@	04:49&	01:41@	02:20&	00:35&	00:08&
<b>Beste strekktid for klassen</b>														
	01:31	01:23	11:00	03:21	02:27	04:18	07:34	02:56	06:12	06:46	01:21	03:28	01:08	00:20
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.														
<b>H75-</b>														
<b>1</b>	<b>Knud Sørensen</b>	<b>OK Pan</b>											<b>45:00</b>	
	02:08=	05:33=	15:46=	18:13=	22:40=	29:01=	33:08=	38:17=	39:43=	43:15=	44:33=	45:00=		
	02:08=	03:25=	10:13=	02:27=	04:27=	06:21=	04:07=	05:09=	01:26=	03:32=	01:18=	00:27=		
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
<b>2</b>	<b>Jack Skrydstrup</b>	<b>17</b>											<b>46:02</b>	
	01:51-	05:33=	15:06-	17:15-	23:12+	28:54-	32:48-	38:38+	40:01+	44:20+	45:34+	46:02+		
	01:51-	03:42+	09:33-	02:09-	05:57+	05:42-	03:54-	05:50+	01:23-	04:19+	01:14-	00:28+		
	00:17-	00:17+	00:40-	00:18-	01:30&	00:39-	00:13-	00:41#	00:03-	00:47#	00:04-	00:01+		
<b>3</b>	<b>Jørgen Jensen</b>	<b>51</b>											<b>49:53</b>	
	02:44+	06:41+	17:05+	19:21+	24:17+	31:33+	35:50+	42:02+	44:00+	48:16+	49:32+	49:53+		
	02:44+	03:57+	10:24+	02:16-	04:56+	07:16+	04:17+	06:12+	01:58+	04:16+	01:16-	00:21-		
	00:36&	00:32#	00:11+	00:11-	00:29#	00:55#	00:10+	01:03#	00:32&	00:44#	00:02-	00:06-		
<b>4</b>	<b>H. V. Jensen</b>	<b>62</b>											<b>50:15</b>	
	02:19+	06:12+	18:48+	21:17+	26:01+	32:45+	37:18+	42:56+	44:36+	48:28+	49:49+	50:15+		
	02:19+	03:53+	12:36+	02:29+	04:44+	06:44+	04:33+	05:38+	01:40+	03:52+	01:21+	00:26-		
	00:11+	00:28#	02:23#	00:02+	00:17+	00:23+	00:26#	00:29+	00:14#	00:20+	00:03+	00:01-		
<b>5</b>	<b>Jørn Thomsen</b>	<b>72</b>											<b>52:35</b>	
	116:39+	121:19+	135:18+	138:47+	144:52+	154:40+	160:16+	166:36+	168:42+	173:13+	175:02+	175:40+		
	116:39+	04:40+	13:59+	03:29+	06:05+	09:48+	05:36+	06:20+	02:06+	04:31+	01:49+	00:38+		
	114:31@	01:15&	03:46&	01:02&	01:38&	03:27&	01:29&	01:11#	00:40&	00:59&	00:31&	00:11&		
<b>6</b>	<b>Erik Anders Jensen</b>	<b>6</b>											<b>52:45</b>	
	02:27+	06:07+	15:57+	18:42+	24:14+	34:26+	38:41+	44:27+	46:06+	50:43+	52:21+	52:45+		
	02:27+	03:40+	09:50-	02:45+	05:32+	10:12+	04:15+	05:46+	01:39+	04:37+	01:38+	00:24-		
	00:19#	00:15+	00:23-	00:18#	01:05#	03:51&	00:08+	00:37#	00:13#	01:05&	00:20&	00:03-		
<b>7</b>	<b>Egon Neregaard</b>	<b>7</b>											<b>54:46</b>	
	02:23+	06:32+	19:43+	22:10+	27:25+	34:59+	39:36+	46:32+	48:15+	52:53+	54:18+	54:46+		
	02:23+	04:09+	13:11+	02:27=	05:15+	07:34+	04:37+	06:56+	01:43+	04:38+	01:25+	00:28+		
	00:15#	00:44#	02:58&	00:00=	00:48#	01:13#	00:30#	01:47&	00:17#	01:06&	00:07+	00:01+		
<b>8</b>	<b>Hans Larsen</b>	<b>1</b>											<b>55:52</b>	
	03:04+	07:34+	19:10+	21:57+	28:00+	36:21+	41:29+	47:23+	49:13+	53:39+	55:20+	55:52+		
	03:04+	04:30+	11:36+	02:47+	06:03+	08:21+	05:08+	05:54+	01:50+	04:26+	01:41+	00:32+		
	00:56&	01:05&	01:23#	00:20#	01:36&	02:00&	01:01#	00:45#	00:24&	00:54&	00:23&	00:05#		



Class	Navn	Klasse										Tid
<b>9</b>	<b>Olav Odgaard</b>	<b>62</b>										<b>56:53</b>
02:31+	06:40+	20:27+	24:13+	30:03+	36:53+	41:28+	48:52+	50:42+	55:08+	56:26+	56:53+	
02:31+	04:09+	13:00+	03:46+	05:50+	06:50+	04:35+	07:24+	01:50+	04:26+	01:18+	00:27=	
00:23#	00:44#	03:34&	01:19&	01:23&	00:29+	00:28#	02:15&	00:24&	00:54&	00:00=	00:00=	
<b>10</b>	<b>Henning Løwenstein</b>	<b>2</b>										<b>1:01:21</b>
02:30+	06:31+	19:31+	22:21+	32:17+	40:17+	45:33+	52:15+	54:34+	59:13+	60:54+	61:21+	
02:30+	04:01+	13:00+	02:50+	09:56+	08:00+	05:16+	06:42+	02:19+	04:39+	01:41+	00:27=	
00:22#	00:36#	02:47&	00:23#	05:29@	01:39&	01:09&	01:33&	00:53&	01:07&	00:23&	00:00=	
<b>11</b>	<b>Ole F. Thomsen</b>	<b>75</b>										<b>1:01:35</b>
02:48+	07:02+	19:11+	22:01+	27:39+	41:15+	46:29+	53:14+	55:09+	59:47+	61:04+	61:35+	
02:48+	04:14+	12:09+	02:50+	05:38+	13:36+	05:14+	06:45+	01:55+	04:38+	01:17-	00:31+	
00:40&	00:49#	01:56#	00:23#	01:11&	07:15@	01:07&	01:36&	00:29&	01:06&	00:01-	00:04#	
<b>12</b>	<b>Flemming Larsen</b>	<b>51</b>										<b>1:01:37</b>
03:16+	07:42+	25:49+	28:21+	33:38+	41:18+	45:52+	52:47+	54:33+	59:28+	61:07+	61:37+	
03:16+	04:26+	18:07+	02:32+	05:17+	07:40+	04:34+	06:55+	01:46+	04:55+	01:39+	00:30+	
01:08&	01:01&	07:54&	00:05+	00:50#	01:19#	00:27#	01:46&	00:20#	01:23&	00:21&	00:03#	
<b>13</b>	<b>Asmus Wonsyld</b>	<b>6</b>										<b>1:04:18</b>
02:34+	07:30+	21:03+	23:47+	29:48+	38:08+	44:12+	51:55+	54:25+	61:22+	63:33+	64:18+	
02:34+	04:56+	13:33+	02:44+	06:01+	08:20+	06:04+	07:43+	02:30+	06:57+	02:11+	00:45+	
00:26#	01:31&	03:20&	00:17#	01:34&	01:59&	01:57&	02:34&	01:04&	03:25&	00:53&	00:18&	
<b>14</b>	<b>Finn Hother Madsen</b>	<b>OK Pan</b>										<b>1:05:16</b>
04:24+	08:28+	21:00+	26:11+	31:32+	39:22+	43:59+	55:24+	57:54+	62:54+	64:46+	65:16+	
04:24+	04:04+	12:32+	05:11+	05:21+	07:50+	04:37+	11:25+	02:30+	05:00+	01:52+	00:30+	
02:16@	00:39#	02:19#	02:44@	00:54#	01:29#	00:30#	06:16@	01:04&	01:28&	00:34&	00:03#	
<b>15</b>	<b>Niels J. Møller Hansen</b>	<b>17</b>										<b>1:06:03</b>
03:11+	08:06+	22:53+	26:03+	32:30+	43:11+	49:03+	55:43+	57:42+	62:44+	65:21+	66:03+	
03:11+	04:55+	14:47+	03:10+	06:27+	10:41+	05:52+	06:40+	01:59+	05:02+	02:37+	00:42+	
01:03&	01:30&	04:34&	00:43&	02:00&	04:20&	01:45&	01:31&	00:33&	01:30&	01:19@	00:15&	
<b>16</b>	<b>Terkel Arnfred</b>	<b>12</b>										<b>1:06:43</b>
03:20+	08:13+	23:08+	26:30+	33:41+	44:06+	51:28+	58:27+	60:26+	64:39+	66:18+	66:43+	
03:20+	04:53+	14:55+	03:22+	07:11+	10:25+	07:22+	06:59+	01:59+	04:13+	01:39+	00:25-	
01:12&	01:28&	04:42&	00:55&	02:44&	04:04&	03:15&	01:50&	00:33&	00:41#	00:21&	00:02-	
<b>17</b>	<b>Aksel Skovlyst</b>	<b>1</b>										<b>1:07:46</b>
03:19+	08:25+	25:46+	29:09+	36:16+	45:58+	52:14+	58:24+	60:31+	65:30+	67:27+	67:46+	
03:19+	05:06+	17:21+	03:23+	07:07+	09:42+	06:16+	06:10+	02:07+	04:59+	01:57+	00:19-	
01:11&	01:41&	07:08&	00:56&	02:40&	03:21&	02:09&	01:01#	00:41&	01:27&	00:39&	00:08-	
<b>18</b>	<b>Palle Møller Nielsen</b>	<b>62</b>										<b>1:10:03</b>
05:12+	09:57+	25:50+	28:32+	35:09+	44:11+	50:56+	59:10+	61:34+	67:33+	69:32+	70:03+	
05:12+	04:45+	15:53+	02:42+	06:37+	09:02+	06:45+	08:14+	02:24+	05:59+	01:59+	00:31+	
03:04@	01:20&	05:40&	00:15#	02:10&	02:41&	02:38&	03:05&	00:58&	02:27&	00:41&	00:04#	
<b>19</b>	<b>Arne Pedersen</b>	<b>60</b>										<b>1:13:17</b>
03:05+	08:12+	25:35+	29:06+	36:27+	45:52+	53:02+	60:00+	62:37+	70:33+	72:36+	73:17+	
03:05+	05:07+	17:23+	03:31+	07:21+	09:25+	07:10+	06:58+	02:37+	07:56+	02:03+	00:41+	
00:57&	01:42&	07:10&	01:04&	02:54&	03:04&	03:03&	01:49&	01:11&	04:24@	00:45&	00:14&	

### Beste strekktid for klassen

01:51 03:25 09:33 02:09 04:27 05:42 03:54 05:09 01:23 03:32 01:14 00:19

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

### H80-

<b>1</b>	<b>Torsten Boe Larsen</b>	<b>62</b>										<b>49:57</b>
03:18=	07:49=	09:01=	10:07=	16:22=	27:08=	38:52=	42:37=	48:31=	49:34=	49:57=		
03:18=	04:31=	01:12=	01:06=	06:15=	10:46=	11:44=	03:45=	05:54=	01:03=	00:23=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
<b>2</b>	<b>Bendt Frandsen</b>	<b>14</b>										<b>57:18</b>
09:39+	13:05+	14:38+	15:55+	23:28+	33:58+	45:30+	50:15+	55:50+	56:51+	57:18+		
09:39+	03:26-	01:33+	01:17+	07:33+	10:30-	11:32-	04:45+	05:35-	01:01-	00:27+		
06:21@	01:05-	00:21&	00:11#	01:18#	00:16-	00:12-	01:00&	00:19-	00:02-	00:04#		

Class	Navn	Klasse	Tid							
<b>3</b>	<b>Vagn Lidegaard</b>	<b>60</b>	<b>57:42</b>							
03:04-	07:33-	09:14+	10:43+	18:13+	34:46+	48:33+	53:02+	55:43+	57:08+	57:42+
03:04-	04:29-	01:41+	01:29+	07:30+	16:33+	13:47+	04:29+	02:41-	01:25+	00:34+
00:14-	00:02-	00:29&	00:23&	01:15#	05:47&	02:03#	00:44#	03:13-	00:22&	00:11&
<b>4</b>	<b>Keld B. Nielsen</b>	<b>11</b>	<b>1:08:12</b>							
06:36+	12:34+	15:00+	17:09+	25:08+	42:34+	57:09+	61:56+	66:12+	67:39+	68:12+
06:36+	05:58+	02:26+	02:09+	07:59+	17:26+	14:35+	04:47+	04:16-	01:27+	00:33+
03:18&	01:27&	01:14@	01:03&	01:44&	06:40&	02:51#	01:02&	01:38-	00:24&	00:10&
<b>5</b>	<b>Henning Jørgensen</b>	<b>61</b>	<b>1:13:26</b>							
04:07+	09:37+	11:46+	13:53+	23:11+	40:53+	59:52+	66:37+	70:37+	72:51+	73:26+
04:07+	05:30+	02:09+	02:07+	09:18+	17:42+	18:59+	06:45+	04:00-	02:14+	00:35+
00:49#	00:59#	00:57&	01:01&	03:03&	06:56&	07:15&	03:00&	01:54-	01:11@	00:12&
<b>6</b>	<b>Holger Karlsmose</b>	<b>14</b>	<b>1:21:58</b>							
03:53+	11:18+	13:49+	16:12+	25:31+	44:13+	63:44+	71:37+	78:32+	80:48+	81:58+
03:53+	07:25+	02:31+	02:23+	09:19+	18:42+	19:31+	07:53+	06:55+	02:16+	01:10+
00:35#	02:54&	01:19@	01:17@	03:04&	07:56&	07:47&	04:08@	01:01#	01:13@	00:47@
<b>Beste strekktid for klassen</b>										
03:04	03:26	01:12	01:06	06:15	10:30	11:32	03:45	02:41	01:01	00:23

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## H85-

<b>1</b>	<b>Kurt Dose</b>	<b>58</b>	<b>59:56</b>							
02:49=	07:03=	08:58=	10:29=	17:32=	34:39=	50:01=	54:49=	57:59=	59:18=	59:56=
02:49=	04:14=	01:55=	01:31=	07:03=	17:07=	15:22=	04:48=	03:10=	01:19=	00:38=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Peter Arildsen</b>	<b>75</b>	<b>1:03:52</b>							
03:16+	08:39+	11:49+	13:33+	21:35+	39:10+	54:19+	58:54+	61:53+	63:10+	63:52+
03:16+	05:23+	03:10+	01:44+	08:02+	17:35+	15:09-	04:35-	02:59-	01:17-	00:42+
00:27#	01:09&	01:15&	00:13#	00:59#	00:28+	00:13-	00:13-	00:11-	00:02-	00:04#
<b>3</b>	<b>Svend Fladberg</b>	<b>58</b>	<b>1:05:43</b>							
03:55+	09:15+	11:10+	13:08+	26:43+	40:19+	55:52+	61:04+	64:01+	65:09+	65:43+
03:55+	05:20+	01:55=	01:58+	13:35+	13:36-	15:33+	05:12+	02:57-	01:08-	00:34-
01:06&	01:06&	00:00=	00:27&	06:32&	03:31-	00:11+	00:24+	00:13-	00:11-	00:04-
<b>Beste strekktid for klassen</b>										
02:49	04:14	01:55	01:31	07:03	13:36	15:09	04:35	02:57	01:08	00:34

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## Åben 1

<b>1</b>	<b>Bjarke Egholm Rode</b>	<b>6</b>	<b>53:34</b>															
01:08=	02:04=	10:46=	11:29=	14:24=	20:14=	21:51=	23:56=	28:45=	36:23=	37:57=	39:43=	40:34=	44:55=	48:05=	50:33=	52:51=	53:19=	53:34=
01:08=	00:56=	08:42=	00:43=	02:55=	05:50=	01:37=	02:05=	04:49=	07:38=	01:34=	01:46=	00:51=	04:21=	03:10=	02:28=	02:18=	00:28=	00:15=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Flemming Jørgensen</b>	<b>72</b>	<b>55:50</b>															
01:11+	02:27+	12:32+	13:17+	16:11+	22:30+	24:28+	26:55+	31:49+	37:43+	39:09+	40:54+	41:58+	46:48+	49:55+	52:17+	54:42+	55:25+	55:50+
01:11+	01:16+	10:05+	00:45+	02:54-	06:19+	01:58+	02:27+	04:54+	05:54-	01:26-	01:45-	01:04+	04:50+	03:07-	02:22-	02:25+	00:43+	00:25+
00:03+	00:20&	01:23#	00:02+	00:01-	00:29+	00:21#	00:22#	00:05+	01:44-	00:08-	00:01-	00:13&	00:29#	00:03-	00:06-	00:07+	00:15&	00:10&
<b>3</b>	<b>Asbjørn Mathiasen</b>	<b>OK Pan</b>	<b>56:39</b>															
01:10+	02:26+	11:53+	12:37+	15:37+	22:01+	23:48+	26:21+	31:24+	37:17+	39:10+	40:46+	41:45+	46:44+	50:32+	53:07+	55:36+	56:20+	56:39+
01:10+	01:16+	09:27+	00:44+	03:00+	06:24+	01:47+	02:33+	05:03+	05:53-	01:53+	01:36-	00:59+	04:59+	03:48+	02:35+	02:29+	00:44+	00:19+
00:02+	00:20&	00:45+	00:01+	00:05+	00:34+	00:10#	00:28#	00:14+	01:45-	00:19#	00:10-	00:08#	00:38#	00:38#	00:07+	00:11+	00:16&	00:04&
<b>4</b>	<b>Peter Sinding Poulsen</b>	<b>6</b>	<b>1:04:44</b>															
01:19+	02:36+	14:21+	15:17+	18:28+	25:53+	28:35+	30:54+	36:06+	42:54+	44:37+	46:44+	48:16+	53:36+	57:44+	60:42+	63:28+	64:19+	64:44+
01:19+	01:17+	11:45+	00:56+	03:11+	07:25+	02:42+	02:19+	05:12+	06:48-	01:43+	02:07+	01:32+	05:20+	04:08+	02:58+	02:46+	00:51+	00:25+
00:11#	00:21&	03:03&	00:13&	00:16+	01:35&	01:05&	00:14#	00:23+	00:50-	00:09+	00:21#	00:41&	00:59#	00:58&	00:30#	00:28#	00:23&	00:10&



Class	Navn	Klasse										Tid				
<b>8</b>	<b>Henrik Blakskjær</b>	<b>OK Pan</b>										<b>52:05</b>				
	02:11+	05:04+	09:59+	14:07+	16:12+	17:41+	20:42+	24:59+	34:07+	37:06+	38:45+	40:10+	45:29+	50:44+	51:40+	52:05+
	02:11+	02:53+	04:55+	04:08+	02:05+	01:29-	03:01+	04:17+	09:08+	02:59+	01:39+	01:25+	05:19+	05:15+	00:56+	00:25+
	01:00&	00:10+	02:15&	01:24&	00:30&	00:08-	00:11+	00:52&	03:35&	00:19#	00:28&	00:16#	01:26&	03:24@	00:10#	00:04#
<b>9</b>	<b>Frank Linde</b>	<b>OK Pan</b>										<b>59:39</b>				
	01:39+	05:43+	10:07+	14:37+	17:37+	19:16+	23:09+	29:39+	39:47+	43:51+	45:25+	47:04+	54:37+	57:44+	59:05+	59:39+
	01:39+	04:04+	04:24+	04:30+	03:00+	01:39+	03:53+	06:30+	10:08+	04:04+	01:34+	01:39+	07:33+	03:07+	01:21+	00:34+
	00:28&	01:21&	01:44&	01:46&	01:25&	00:02+	01:03&	03:05&	04:35&	01:24&	00:23&	00:30&	03:40&	01:16&	00:35&	00:13&
<b>10</b>	<b>Jørgen Stamp</b>	<b>62</b>										<b>1:00:24</b>				
	01:47+	05:51+	10:13+	14:25+	17:15+	18:51+	23:01+	29:02+	39:37+	44:07+	45:32+	47:20+	54:34+	58:16+	59:43+	60:24+
	01:47+	04:04+	04:22+	04:12+	02:50+	01:36-	04:10+	06:01+	10:35+	04:30+	01:25+	01:48+	07:14+	03:42+	01:27+	00:41+
	00:36&	01:21&	01:42&	01:28&	01:15&	00:01-	01:20&	02:36&	05:02&	01:50&	00:14#	00:39&	03:21&	01:51&	00:41&	00:20&
<b>11</b>	<b>Vibeke Strøm Jørgensen</b>	<b>OK Pan</b>										<b>1:06:43</b>				
	01:51+	06:08+	12:47+	17:33+	21:10+	22:48+	26:35+	34:06+	45:56+	50:31+	52:10+	54:25+	60:34+	64:46+	66:02+	66:43+
	01:51+	04:17+	06:39+	04:46+	03:37+	01:38+	03:47+	07:31+	11:50+	04:35+	01:39+	02:15+	06:09+	04:12+	01:16+	00:41+
	00:40&	01:34&	03:59@	02:02&	02:02@	00:01+	00:57&	04:06@	06:17@	01:55&	00:28&	01:06&	02:16&	02:21@	00:30&	00:20&
<b>12</b>	<b>Pernille Hansen</b>	<b>51</b>										<b>1:07:29</b>				
	02:02+	05:50+	09:57+	14:30+	17:11+	18:31+	23:38+	30:29+	50:37+	53:20+	55:05+	57:59+	63:37+	66:04+	67:03+	67:29+
	02:02+	03:48+	04:07+	04:33+	02:41+	01:20-	05:07+	06:51+	20:08+	02:43+	01:45+	02:54+	05:38+	02:27+	00:59+	00:26+
	00:51&	01:05&	01:27&	01:49&	01:06&	00:17-	02:17&	03:26@	14:35@	00:03+	00:34&	01:45@	01:45&	00:36&	00:13&	00:05#
<b>13</b>	<b>Villy Sørensen</b>	<b>78</b>										<b>1:15:34</b>				
	02:30+	07:06+	12:50+	18:07+	22:07+	24:27+	29:40+	36:31+	49:38+	56:47+	58:52+	61:32+	69:52+	73:22+	74:58+	75:34+
	02:30+	04:36+	05:44+	05:17+	04:00+	02:20+	05:13+	06:51+	13:07+	07:09+	02:05+	02:40+	08:20+	03:30+	01:36+	00:36+
	01:19@	01:53&	03:04@	02:33&	02:25@	00:43&	02:23&	03:26@	07:34@	04:29@	00:54&	01:31@	04:27@	01:39&	00:50@	00:15&
<b>14</b>	<b>Gunnar Gjermandsen</b>	<b>3</b>										<b>1:18:48</b>				
	01:41+	05:47+	10:32+	15:47+	19:07+	20:54+	31:46+	48:11+	58:15+	62:56+	64:25+	66:19+	72:37+	76:33+	77:55+	78:48+
	01:41+	04:06+	04:45+	05:15+	03:20+	01:47+	10:52+	16:25+	10:04+	04:41+	01:29+	01:54+	06:18+	03:56+	01:22+	00:53+
	00:30&	01:23&	02:05&	02:31&	01:45@	00:10#	08:02@	13:00@	04:31&	02:01&	00:18&	00:45&	02:25&	02:05@	00:36&	00:32@
<b>15</b>	<b>Peter Krogh</b>	<b>22</b>										<b>1:20:47</b>				
	02:31+	09:36+	15:50+	22:16+	26:40+	29:18+	34:34+	43:45+	58:55+	63:40+	65:34+	67:35+	75:36+	79:03+	80:15+	80:47+
	02:31+	07:05+	06:14+	06:26+	04:24+	02:38+	05:16+	09:11+	15:10+	04:45+	01:54+	02:01+	08:01+	03:27+	01:12+	00:32+
	01:20@	04:22@	03:34@	03:42@	02:49@	01:01&	02:26&	05:46@	09:37@	02:05&	00:43&	00:52&	04:08@	01:36&	00:26&	00:11&
<b>16</b>	<b>Gitte Krogh Madsen</b>	<b>21</b>										<b>1:23:37</b>				
	01:57+	06:53+	11:24+	17:14+	20:26+	22:15+	28:47+	38:44+	53:19+	58:11+	60:20+	62:26+	75:26+	82:04+	83:09+	83:37+
	01:57+	04:56+	04:31+	05:50+	03:12+	01:49+	06:32+	09:57+	14:35+	04:52+	02:09+	02:06+	13:00+	06:38+	01:05+	00:28+
	00:46&	02:13&	01:51&	03:06@	01:37@	00:12#	03:42@	06:32@	09:02@	02:12&	00:58&	00:57&	09:07@	04:47@	00:19&	00:07&
<b>17</b>	<b>Anni Jensen</b>	<b>10</b>										<b>1:30:18</b>				
	02:57+	09:56+	18:13+	23:45+	27:03+	29:00+	37:02+	45:41+	58:27+	71:06+	72:57+	75:16+	83:03+	88:36+	89:43+	90:18+
	02:57+	06:59+	08:17+	05:32+	03:18+	01:57+	08:02+	08:39+	12:46+	12:39+	01:51+	02:19+	07:47+	05:33+	01:07+	00:35+
	01:46@	04:16@	05:37@	02:48@	01:43@	00:20#	05:12@	05:14@	07:13@	09:59@	00:40&	01:10@	03:54@	03:42@	00:21&	00:14&
<b>18</b>	<b>Inge Thorsen</b>	<b>62</b>										<b>1:37:28</b>				
	02:08+	08:12+	20:53+	28:25+	32:16+	34:24+	39:27+	53:36+	66:59+	73:52+	76:08+	79:17+	91:11+	95:14+	96:49+	97:28+
	02:08+	06:04+	12:41+	07:32+	03:51+	02:08+	05:03+	14:09+	13:23+	06:53+	02:16+	03:09+	11:54+	04:03+	01:35+	00:39+
	00:57&	03:21@	10:01@	04:48@	02:16@	00:31&	02:13&	10:44@	07:50@	04:13@	01:05&	02:00@	08:01@	02:12@	00:49@	00:18&
<b>19</b>	<b>Annette Petesen</b>	<b>21</b>										<b>2:03:16</b>				
	02:35+	07:53+	39:09+	44:50+	49:06+	51:27+	71:43+	81:40+	95:27+	102:04+	104:36+	106:59+	116:37+	121:08+	122:38+	123:16+
	02:35+	05:18+	31:16+	05:41+	04:16+	02:21+	20:16+	09:57+	13:47+	06:37+	02:32+	02:23+	09:38+	04:31+	01:30+	00:38+
	01:24@	02:35&	28:36@	02:57@	02:41@	00:44&	17:26@	06:32@	08:14@	03:57@	01:21@	01:14@	05:45@	02:40@	00:44&	00:17&
<b>Beste strekktid for klassen</b>																
	01:02	02:31	02:40	02:44	01:35	01:10	02:25	03:25	05:33	02:40	00:54	01:09	03:53	01:51	00:46	00:21

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## Åben 3

<b>1</b>	<b>Sidse Graff Jensen</b>	<b>2</b>										<b>44:41</b>				
	02:38=	06:56=	11:43=	16:29=	22:07=	25:52=	31:38=	35:35=	39:36=	43:10=	44:09=	44:41=				
	02:38=	04:18=	04:47=	04:46=	05:38=	03:45=	05:46=	03:57=	04:01=	03:34=	00:59=	00:32=				
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				

Class	Navn	Klasse										Tid
<b>2</b>	<b>Sanne Andersen</b>	<b>12</b>										<b>59:33</b>
02:55+	07:06+	12:37+	17:37+	28:19+	33:17+	44:09+	48:15+	53:26+	57:59+	59:07+	59:33+	
02:55+	04:11-	05:31+	05:00+	10:42+	04:58+	10:52+	04:06+	05:11+	04:33+	01:08+	00:26-	
00:17#	00:07-	00:44#	00:14+	05:04&	01:13&	05:06&	00:09+	01:10&	00:59&	00:09#	00:06-	
<b>3</b>	<b>Astrid Lanng</b>	<b>NOTEAM</b>										<b>1:05:45</b>
03:41+	07:32+	12:16+	17:46+	25:06+	36:44+	45:37+	49:22+	54:11+	64:39+	65:21+	65:45+	
03:41+	03:51-	04:44-	05:30+	07:20+	11:38+	08:53+	03:45-	04:49+	10:28+	00:42-	00:24-	
01:03&	00:27-	00:03-	00:44#	01:42&	07:53@	03:07&	00:12-	00:48#	06:54@	00:17-	00:08-	
<b>4</b>	<b>Stig Andersen</b>	<b>52</b>										<b>1:13:11</b>
04:14+	09:53+	16:55+	23:49+	33:35+	39:00+	49:01+	54:30+	65:52+	71:11+	72:25+	73:11+	
04:14+	05:39+	07:02+	06:54+	09:46+	05:25+	10:01+	05:29+	11:22+	05:19+	01:14+	00:46+	
01:36&	01:21&	02:15&	02:08&	04:08&	01:40&	04:15&	01:32&	07:21@	01:45&	00:15&	00:14&	
<b>5</b>	<b>Marlene Marager</b>	<b>13</b>										<b>1:14:18</b>
09:46+	14:03+	20:30+	26:02+	41:34+	46:30+	56:21+	60:35+	67:47+	72:21+	73:40+	74:18+	
09:46+	04:17-	06:27+	05:32+	15:32+	04:56+	09:51+	04:14+	07:12+	04:34+	01:19+	00:38+	
07:08@	00:01-	01:40&	00:46#	09:54@	01:11&	04:05&	00:17+	03:11&	01:00&	00:20&	00:06#	
<b>6</b>	<b>Bent Jacobsen</b>	<b>17</b>										<b>1:19:47</b>
04:06+	09:33+	16:50+	24:18+	33:51+	49:28+	57:39+	63:06+	70:33+	76:50+	78:49+	79:47+	
04:06+	05:27+	07:17+	07:28+	09:33+	15:37+	08:11+	05:27+	07:27+	06:17+	01:59+	00:58+	
01:28&	01:09&	02:30&	02:42&	03:55&	11:52@	02:25&	01:30&	03:26&	02:43&	01:00@	00:26&	
<b>7</b>	<b>Inge Kristoffersen</b>	<b>27</b>										<b>1:19:55</b>
03:26+	07:57+	14:36+	22:01+	30:18+	36:36+	49:21+	53:56+	72:29+	77:36+	79:14+	79:55+	
03:26+	04:31+	06:39+	07:25+	08:17+	06:18+	12:45+	04:35+	18:33+	05:07+	01:38+	00:41+	
00:48&	00:13+	01:52&	02:39&	02:39&	02:33&	06:59@	00:38#	14:32@	01:33&	00:39&	00:09&	
<b>Beste strekktid for klassen</b>												
02:38	03:51	04:44	04:46	05:38	03:45	05:46	03:45	04:01	03:34	00:42	00:24	

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.