

<b>Pluss</b>	<b>Navn</b>	<b>Klasse</b>
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<b>1</b>	<b>Katrine Krogh Madsen</b>	<b>29</b>	<b>11:09</b>																		
00:19=	00:54=	01:12=	01:35=	01:59=	02:31=	03:16=	03:32=	03:53=	04:17=	04:55=	05:51=	06:22=	07:30=	08:17=	08:44=	09:27=	09:47=	10:22=	10:43=	11:07=	11:09=
00:19=	00:35=	00:18=	00:23=	00:24=	00:32=	00:45=	00:16=	00:21=	00:24=	00:38=	00:56=	00:31=	01:08=	00:47=	00:27=	00:43=	00:20=	00:35=	00:21=	00:24=	00:02=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Johanne Skouboe</b>	<b>15</b>	<b>11:14</b>																		
00:20+	00:56+	01:14+	01:39+	02:06+	02:45+	03:35+	03:52+	04:12+	04:30+	05:08+	06:05+	06:36+	07:41+	08:26+	08:54+	09:38+	09:58+	10:27+	10:49+	11:13+	11:14+
00:20+	00:36+	00:18=	00:25+	00:27+	00:39+	00:50+	00:17+	00:20=	00:18=	00:38=	00:57+	00:31=	01:05=	00:45=	00:28+	00:44+	00:20=	00:29=	00:22+	00:24=	00:01=
00:01+	00:01+	00:00=	00:02+	00:03#	00:07#	00:05#	00:01+	00:01=	00:06=	00:00=	00:01+	00:00=	00:03=	00:02=	00:01+	00:01+	00:00=	00:06=	00:01+	00:00=	00:01=

<b>3</b>	<b>Silje Halberg Petersen</b>	<b>10</b>	<b>12:19</b>																	
00:21+	01:04+	01:27+	01:58+	02:33+	03:14+	04:08+	04:27+	04:52+	05:10+	05:52+	06:56+	07:31+	08:40+	09:27+	09:56+	10:41+	11:02+	11:31+	11:53+	12:19+
00:21+	00:43+	00:23+	00:31+	00:35+	00:41+	00:54+	00:19+	00:25+	00:18=	00:42+	01:04+	00:35+	01:09+	00:47=	00:29+	00:45+	00:21+	00:29=	00:22+	00:26+
00:02#	00:08#	00:05&	00:08&	00:11&	00:09&	00:09#	00:03#	00:04#	00:06=	00:04#	00:08#	00:04#	00:01+	00:00=	00:02+	00:02+	00:01+	00:06=	00:01+	00:02+

<b>4</b>	<b>Ebba Graff Frederiksen</b>	<b>10</b>	<b>13:10</b>																		
00:22+	01:06+	01:31+	02:08+	02:44+	03:21+	04:19+	04:37+	05:02+	05:23+	06:16+	07:18+	07:55+	09:10+	10:03+	10:37+	11:26+	11:49+	12:26+	12:48+	13:09+	13:10+
00:22+	00:44+	00:25+	00:37+	00:36+	00:37+	00:58+	00:18+	00:25+	00:21=	00:53+	01:02+	00:37+	01:15+	00:53+	00:34+	00:49+	00:23+	00:37+	00:22+	00:21=	00:01=
00:03#	00:09&	00:07&	00:14&	00:12&	00:05#	00:13&	00:02#	00:04#	00:03=	00:15&	00:06#	00:06#	00:07#	00:06#	00:07&	00:06#	00:03#	00:02+	00:01+	00:03=	00:01=

<b>5</b>	<b>Ella Klærke Mikkelsen</b>	<b>15</b>	<b>13:18</b>																	
00:20+	01:06+	01:47+	02:24+	03:00+	03:44+	04:41+	05:04+	05:28+	05:49+	06:33+	07:42+	08:22+	09:36+	10:25+	10:55+	11:40+	12:01+	12:34+	12:57+	13:18+
00:20+	00:46+	00:41+	00:37+	00:36+	00:44+	00:57+	00:23+	00:24+	00:21=	00:44+	01:09+	00:40+	01:14+	00:49+	00:30+	00:45+	00:21+	00:33=	00:23+	00:21=
00:01+	00:11&	00:23@	00:14&	00:12&	00:12&	00:12&	00:07&	00:03#	00:03=	00:06#	00:13#	00:09&	00:06+	00:02+	00:03#	00:02+	00:01+	00:02=	00:02+	00:03=

<b>6</b>	<b>Teresa Søndergaard Pohl</b>	<b>29</b>	<b>13:25</b>																		
00:18=	00:59+	01:23+	01:51+	02:19+	03:03+	04:03+	04:26+	04:58+	05:17+	06:01+	07:12+	07:49+	09:05+	09:59+	10:41+	11:32+	12:01+	12:39+	13:04+	13:24+	13:25+
00:18=	00:41+	00:24+	00:28+	00:28+	00:44+	01:00+	00:23+	00:32+	00:19=	00:44+	01:11+	00:37+	01:16+	00:54+	00:42+	00:51+	00:29+	00:38+	00:25+	00:20=	00:01=
00:01=	00:06#	00:06&	00:05#	00:04#	00:12&	00:15&	00:07&	00:11&	00:05=	00:06#	00:15&	00:06#	00:08#	00:07#	00:15&	00:08#	00:09&	00:03+	00:04#	00:04=	00:01=

<b>7</b>	<b>Sofie Flyvbjerg</b>	<b>37</b>	<b>17:22</b>																		
00:19=	01:10+	01:39+	02:13+	04:15+	05:10+	06:11+	06:48+	07:23+	07:56+	08:49+	10:05+	10:46+	12:08+	13:12+	13:55+	15:13+	15:49+	16:28+	17:01+	17:21+	17:22+
00:19=	00:51+	00:29+	00:34+	02:02+	00:55+	01:01+	00:37+	00:35+	00:33+	00:53+	01:16+	00:41+	01:22+	01:04+	00:43+	01:18+	00:36+	00:39+	00:33+	00:20=	00:01=
00:00=	00:16&	00:11&	00:11&	01:38@	00:23&	00:16&	00:21@	00:14&	00:09&	00:15&	00:20&	00:10&	00:14#	00:17&	00:16&	00:35&	00:16&	00:04#	00:12&	00:04=	00:01=

<b>8</b>	<b>Ida Sør Christiansen</b>	<b>37</b>	<b>17:25</b>																	
00:25+	01:14+	01:44+	02:24+	03:21+	04:17+	05:25+	05:54+	06:22+	06:50+	07:30+	09:07+	09:50+	11:33+	12:48+	13:31+	15:22+	15:48+	16:23+	17:00+	17:25+
00:25+	00:49+	00:30+	00:40+	00:57+	00:56+	01:08+	00:29+	00:28+	00:28+	00:40+	01:37+	00:43+	01:43+	01:15+	00:43+	01:51+	00:26+	00:35=	00:37+	00:25+
00:06&	00:14&	00:12&	00:17&	00:33@	00:24&	00:23&	00:13&	00:07&	00:04#	00:02+	00:41&	00:12&	00:35&	00:28&	00:16&	01:08@	00:06&	00:00=	00:16&	00:01+

<b>9</b>	<b>Andrea Ebert Svenningsen</b>	<b>37</b>	<b>18:24</b>																		
00:21+	01:06+	02:25+	02:53+	04:05+	04:44+	05:46+	06:03+	06:44+	09:31+	10:12+	11:25+	12:04+	13:32+	14:29+	15:11+	16:05+	16:38+	17:43+	18:03+	18:23+	18:24+
00:21+	00:45+	01:19+	00:28+	01:12+	00:39+	01:02+	00:17+	00:41+	02:47+	00:41+	01:13+	00:39+	01:28+	00:57+	00:42+	00:54+	00:33+	01:05+	00:20=	00:20=	00:01=
00:02#	00:10&	01:01@	00:05#	00:48@	00:07#	00:17&	00:01+	00:20&	02:23@	00:03+	00:17&	00:08&	00:20&	00:10#	00:15&	00:11&	00:13&	00:30&	00:01=	00:04=	00:01=

<b>10</b>	<b>Esther Henriksen</b>	<b>15</b>	<b>19:38</b>																			
00:23+	01:13+	01:40+	02:57+	05:57+	06:22+	07:11+	08:20+	08:47+	09:21+	09:53+	10:55+	12:09+	12:58+	14:31+	15:37+	16:31+	17:30+	18:05+	18:48+	19:15+	19:37+	19:38+
00:23+	00:50+	00:27+	01:17+	03:00+	00:25=	00:49+	01:09+	00:27+	00:34+	00:32=	01:02+	01:14+	00:49=	01:33+	01:06+	00:54+	00:59+	00:35=	00:43+	00:27+	00:22+	00:01+
00:04#	00:15&	00:09&	00:54@	02:36@	00:07=	00:04+	00:53@	00:06&	00:10&	00:06=	00:06#	00:43@	00:19=	00:46&	00:39@	00:11&	00:39@	00:00=	00:22@	00:03#	00:20@	00:01+

**Beste strekktid for klassen**

00:18	00:35	00:18	00:23	00:24	00:25	00:45	00:16	00:20	00:18	00:32	00:56	00:31	00:49	00:45	00:27	00:43	00:20	00:29	00:20	00:20	00:01
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= Som klassevinner, - raskere, + senere, # 10% tap, &amp; 25% tap, @ 100% tap.

**D-14**

<b>1</b>	<b>Siri Simonsen</b>	<b>10</b>	<b>12:02</b>														
00:26=	00:41=	01:32=	02:08=	03:20=	03:37=	04:25=	05:51=	06:43=	07:18=	07:44=	08:28=	09:35=	10:30=	10:46=	11:21=	11:42=	12:02=
00:26=	00:15=	00:51=	00:36=	01:12=	00:17=	00:48=	01:26=	00:52=	00:35=	00:26=	00:44=	01:07=	00:55=	00:16=	00:35=	00:21=	00:20=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Elanor Henriksen</b>	<b>15</b>	<b>13:04</b>															
00:34+	00:48+	01:54+	02:30+	03:57+	04:15+	05:00+	06:36+	07:14+	07:53+	08:24+	09:16+	10:27+	11:25+	11:44+	12:21+	12:44+	13:03+	13:04+
00:34+	00:14=	01:06+	00:36=	01:27+	00:18+	00:45=	01:36+	00:38=	00:39+	00:31+	00:52+	01:11+	00:58+	00:19+	00:37+	00:23+	00:19=	00:01+
00:08&	00:01=	00:15&	00:00=	00:15#	00:01+	00:03=	00:10#	00:14=	00:04#	00:05#	00:08#	00:04+	00:03+	00:03#	00:02+	00:02+	00:01=	00:01+

Class	Navn	Klasse	Tid
<b>3</b>	<b>Dicte Højbjerg Andersen</b>	<b>12</b>	<b>13:13</b>
00:37+	00:50+ 01:50+ 02:46+ 04:08+ 04:26+	05:15+ 06:51+ 07:44+ 08:23+ 08:47+	09:30+ 10:39+ 11:35+ 11:52+ 12:26+
00:37+	00:13- 01:00+ 00:56+ 01:22+ 00:18+	00:49+ 01:36+ 00:53+ 00:39+ 00:24-	00:43- 01:09+ 00:56+ 00:17+ 00:34-
00:11&	00:02- 00:09# 00:20& 00:10# 00:01+	00:01+ 00:10# 00:01+ 00:04# 00:02-	00:01- 00:02+ 00:01+ 00:01+ 00:01-
<b>4</b>	<b>Xenia Bregensøe</b>	<b>41</b>	<b>13:13</b>
00:29+	00:43+ 01:35+ 02:13+ 03:39+ 03:57+	04:43+ 06:28+ 07:15+ 07:53+ 08:37+	09:21+ 10:34+ 11:30+ 11:57+ 12:33+
00:29+	00:14- 00:52+ 00:38+ 01:26+ 00:18+	00:46- 01:45+ 00:47- 00:38+ 00:44+	00:44= 01:13+ 00:56+ 00:27+ 00:36+
00:03#	00:01- 00:01+ 00:02+ 00:14# 00:01+	00:02- 00:19# 00:05- 00:03+ 00:18&	00:00= 00:06+ 00:01+ 00:11& 00:01+
<b>5</b>	<b>Sigrid Høyer Staugaard</b>	<b>10</b>	<b>13:17</b>
00:30+	00:46+ 01:40+ 02:21+ 03:45+ 04:06+	04:56+ 06:49+ 07:20+ 08:15+ 08:42+	09:37+ 10:53+ 11:45+ 12:01+ 12:32+
00:30+	00:16+ 00:54+ 00:41+ 01:24+ 00:21+	00:50+ 01:53+ 00:31- 00:55+ 00:27+	00:55+ 01:16+ 00:52- 00:16= 00:31-
00:04#	00:01+ 00:03+ 00:05# 00:12# 00:04#	00:02+ 00:27& 00:21- 00:20& 00:01+	00:11# 00:09# 00:03- 00:00= 00:04-
<b>6</b>	<b>Vigga Graff Frederiksen</b>	<b>10</b>	<b>13:27</b>
00:20-	00:37- 01:32= 02:08= 03:36+ 03:55+	04:45+ 06:25+ 06:58+ 07:53+ 08:48+	09:35+ 10:46+ 11:44+ 12:01+ 12:37+
00:20-	00:17+ 00:55+ 00:36= 01:28+ 00:19+	00:50+ 01:40+ 00:33- 00:55+ 00:55+	00:47+ 01:11+ 00:58+ 00:17+ 00:36+
00:06-	00:02# 00:04+ 00:00= 00:16# 00:02#	00:02+ 00:14# 00:19- 00:20& 00:29@	00:03+ 00:04+ 00:03+ 00:01+ 00:01+
<b>7</b>	<b>Gertrud Riis Madsen</b>	<b>37</b>	<b>13:41</b>
00:35+	00:50+ 01:53+ 02:27+ 03:56+ 04:14+	05:02+ 06:34+ 07:39+ 08:18+ 08:50+	09:41+ 11:01+ 12:01+ 12:19+ 12:55+
00:35+	00:15= 01:03+ 00:34- 01:29+ 00:18+	00:48= 01:32+ 01:05+ 00:39+ 00:32+	00:51+ 01:20+ 01:00+ 00:18+ 00:36+
00:09&	00:00= 00:12# 00:02- 00:17# 00:01+	00:00= 00:06+ 00:13# 00:04# 00:06#	00:07# 00:13# 00:05+ 00:02# 00:01+
<b>8</b>	<b>Laura Holm Nielsen</b>	<b>15</b>	<b>13:47</b>
00:30+	00:46+ 01:45+ 02:28+ 04:00+ 04:21+	05:14+ 06:57+ 07:33+ 08:17+ 08:49+	09:44+ 11:00+ 12:08+ 12:27+ 13:04+
00:30+	00:16+ 00:59+ 00:43+ 01:32+ 00:21+	00:53+ 01:43+ 00:36- 00:44+ 00:32+	00:55+ 01:16+ 01:08+ 00:19+ 00:37+
00:04#	00:01+ 00:08# 00:07# 00:20& 00:04#	00:05# 00:17# 00:16- 00:09& 00:06#	00:11# 00:09# 00:13# 00:03# 00:02+
<b>9</b>	<b>Amalie Ertmann</b>	<b>5</b>	<b>13:51</b>
00:30+	00:46+ 01:41+ 02:20+ 03:52+ 04:13+	04:59+ 06:53+ 07:27+ 08:32+ 09:03+	09:55+ 11:11+ 12:15+ 12:32+ 13:09+
00:30+	00:16+ 00:55+ 00:39+ 01:32+ 00:21+	00:46- 01:54+ 00:34- 01:05+ 00:31+	00:52+ 01:16+ 01:04+ 00:17+ 00:37+
00:04#	00:01+ 00:04+ 00:03+ 00:20& 00:04#	00:02- 00:28& 00:18- 00:30& 00:05#	00:08# 00:09# 00:09# 00:01+ 00:02+
<b>10</b>	<b>Ida Riis Madsen</b>	<b>37</b>	<b>13:52</b>
00:35+	00:51+ 01:48+ 02:22+ 03:49+ 04:08+	04:59+ 06:49+ 07:38+ 08:16+ 08:50+	09:48+ 11:10+ 12:09+ 12:26+ 13:03+
00:35+	00:16+ 00:57+ 00:34+ 01:27+ 00:19+	00:51+ 01:50+ 00:49- 00:38+ 00:34+	00:58+ 01:22+ 00:59+ 00:17+ 00:37+
00:09&	00:01+ 00:06# 00:02- 00:15# 00:02#	00:03+ 00:24& 00:03- 00:03+ 00:08&	00:14& 00:15# 00:04+ 00:01+ 00:02+
<b>11</b>	<b>Theresa Skouboe</b>	<b>15</b>	<b>15:12</b>
00:34+	00:48+ 01:41+ 02:19+ 03:36+ 03:55+	04:41+ 06:18+ 06:51+ 07:59+ 10:06+	11:28+ 12:35+ 13:34+ 13:51+ 14:28+
00:34+	00:14- 00:53+ 00:38+ 01:17+ 00:19+	00:46- 01:37+ 00:33- 01:08+ 02:07+	01:22+ 01:07= 00:59+ 00:17+ 00:37+
00:08&	00:01- 00:02+ 00:02+ 00:05+ 00:02#	00:02- 00:11# 00:19- 00:33& 01:41@	00:38& 00:00= 00:04+ 00:01+ 00:02+
<b>12</b>	<b>Amanda modler Hedemann</b>	<b>8</b>	<b>15:17</b>
00:35+	00:54+ 01:55+ 02:54+ 04:25+ 04:46+	05:39+ 07:22+ 08:11+ 09:19+ 10:01+	11:11+ 12:22+ 13:29+ 13:56+ 14:35+
00:35+	00:19+ 01:01+ 00:59+ 01:31+ 00:21+	00:53+ 01:43+ 00:49- 01:08+ 00:42+	01:10+ 01:11+ 01:07+ 00:27+ 00:39+
00:09&	00:04& 00:10# 00:23& 00:19& 00:04#	00:05# 00:17# 00:03- 00:33& 00:16&	00:26& 00:04+ 00:12# 00:11& 00:04#
<b>13</b>	<b>Silja Ebert Svenningsen</b>	<b>37</b>	<b>16:08</b>
00:56+	01:31+ 02:44+ 03:21+ 04:47+ 05:10+	06:00+ 07:51+ 08:28+ 09:14+ 10:47+	11:44+ 13:15+ 14:22+ 14:43+ 15:22+
00:56+	00:35+ 01:13+ 00:37+ 01:26+ 00:23+	00:50+ 01:51+ 00:37- 00:46+ 01:33+	00:57+ 01:31+ 01:07+ 00:21+ 00:39+
00:30@	00:20@ 00:22& 00:01+ 00:14# 00:06&	00:02+ 00:25& 00:15- 00:11& 01:07@	00:13& 00:24& 00:12# 00:05& 00:04#
<b>14</b>	<b>Matilde Andersen-Otte</b>	<b>37</b>	<b>18:02</b>
00:34+	00:53+ 02:01+ 03:14+ 05:31+ 06:07+	07:08+ 09:20+ 10:22+ 11:13+ 11:52+	12:57+ 14:35+ 15:53+ 16:17+ 17:03+
00:34+	00:19+ 01:08+ 01:13+ 02:17+ 00:36+	01:01+ 02:12+ 01:02+ 00:51+ 00:39+	01:05+ 01:38+ 01:18+ 00:24+ 00:46+
00:08&	00:04& 00:17& 00:37@ 01:05& 00:19@	00:13& 00:46& 00:10# 00:16& 00:13&	00:21& 00:31& 00:23& 00:08& 00:11&
<b>15</b>	<b>Anna Harbo Flyvbjerg</b>	<b>37</b>	<b>19:04</b>
00:53+	01:17+ 02:33+ 03:28+ 05:34+ 05:58+	07:23+ 09:42+ 10:25+ 11:37+ 12:30+	13:47+ 15:28+ 16:52+ 17:17+ 18:12+
00:53+	00:24+ 01:16+ 00:55+ 02:06+ 00:24+	01:25+ 02:19+ 00:43- 01:12+ 00:53+	01:17+ 01:41+ 01:24+ 00:25+ 00:55+
00:27@	00:09& 00:25& 00:19& 00:54& 00:07&	00:37& 00:53& 00:09- 00:37@ 00:27@	00:33& 00:34& 00:29& 00:09& 00:20&
<b>16</b>	<b>Sara Clausen</b>	<b>33</b>	<b>19:11</b>
00:48+	01:06+ 02:21+ 03:27+ 05:09+ 05:33+	06:40+ 09:07+ 10:51+ 11:35+ 12:16+	14:17+ 16:09+ 17:21+ 17:44+ 18:26+
00:48+	00:18+ 01:15+ 01:06+ 01:42+ 00:24+	01:07+ 02:27+ 01:44+ 00:44+ 00:41+	02:01+ 01:52+ 01:12+ 00:23+ 00:42+
00:22&	00:03# 00:24& 00:30& 00:30& 00:07&	00:19& 01:01& 00:52& 00:09& 00:15&	01:17@ 00:45& 00:17& 00:07& 00:07#
<b>17</b>	<b>Laura Bobach</b>	<b>37</b>	<b>20:38</b>
00:39+	00:58+ 03:57+ 05:17+ 06:50+ 07:09+	08:12+ 09:54+ 10:35+ 12:15+ 15:38+	16:40+ 17:50+ 18:56+ 19:13+ 19:51+
00:39+	00:19+ 02:59+ 01:20+ 01:33+ 00:19+	01:03+ 01:42+ 00:41- 01:40+ 03:23+	01:02+ 01:10+ 01:06+ 00:17+ 00:38+
00:13&	00:04& 02:08@ 00:44@ 00:21& 00:02#	00:15& 00:16# 00:11- 01:05@ 02:57@	00:18& 00:03+ 00:11# 00:01+ 00:03+

Class	Navn	Klasse															Tid			
<b>18</b>	<b>Sara Guldmann</b>	<b>OK Pan</b>															<b>23:37</b>			
	00:51+	03:41+	03:56+	05:54+	06:29+	08:43+	09:11+	10:34+	12:31+	13:34+	14:41+	15:30+	17:22+	18:59+	20:31+	21:50+	22:43+	23:16+	23:36+	23:37+
	00:51+	02:50+	00:15-	01:58+	00:35-	02:14+	00:28-	01:23-	01:57+	01:03+	01:07+	00:49+	01:52+	01:37+	01:32+	01:19+	00:53+	00:33+	00:20+	00:01+
	00:25&	02:35@	00:36-	01:22@	00:37-	01:57@	00:20-	00:03-	01:05@	00:28&	00:41@	00:05#	00:45&	00:42&	01:16@	00:44@	00:32@	00:13&	00:20+	00:01+
<b>19</b>	<b>Camilla Flyvbjerg</b>	<b>37</b>															<b>23:55</b>			
	00:44+	01:06+	02:50+	03:28+	05:36+	06:01+	07:24+	09:27+	10:27+	13:15+	13:36+	18:27+	20:51+	22:02+	22:30+	23:08+	23:32+	23:55+		
	00:44+	00:22+	01:44+	00:38+	02:08+	00:25+	01:23+	02:03+	01:00+	02:48+	00:21-	04:51+	02:24+	01:11+	00:28+	00:38+	00:24+	00:23+		
	00:18&	00:07&	00:53@	00:02+	00:56&	00:08&	00:35&	00:37&	00:08#	02:13@	00:05-	04:07@	01:17@	00:16&	00:12&	00:03+	00:03#	00:03#		
<b>20</b>	<b>Gunvor Skytte Kirkegaard</b>	<b>41</b>															<b>47:23</b>			
	02:49+	03:41+	05:11+	06:19+	08:00+	08:27+	09:37+	18:48+	19:56+	34:28+	36:01+	38:48+	42:41+	44:43+	45:24+	46:32+	46:59+	47:22+	47:23+	
	02:49+	00:52+	01:30+	01:08+	01:41+	00:27+	01:10+	09:11+	01:08+	14:32+	01:33+	02:47+	03:53+	02:02+	00:41+	01:08+	00:27+	00:23+	00:01+	
	02:23@	00:37@	00:39&	00:32&	00:29&	00:10&	00:22&	07:45@	00:16&	13:57@	01:07@	02:03@	02:46@	01:07@	00:25@	00:33&	00:06&	00:03#	00:01+	

**Beste strekktid for klassen**

00:20 00:13 00:15 00:34 00:35 00:17 00:28 01:23 00:31 00:35 00:21 00:43 01:07 00:52 00:16 00:31 00:21 00:16

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**D-16**

<b>1</b>	<b>Hedvig Valbjørn Gydesen</b>	<b>27</b>															<b>15:30</b>				
	00:19=	00:43=	01:36=	03:20=	03:54=	04:48=	05:19=	06:29=	07:11=	08:18=	10:01=	10:25=	11:11=	11:40=	11:58=	13:12=	14:11=	14:57=	15:10=	15:29=	15:30=
	00:19=	00:24=	00:53=	01:44=	00:34=	00:54=	00:31=	01:10=	00:42=	01:07=	01:43=	00:24=	00:46=	00:29=	00:18=	01:14=	00:59=	00:46=	00:13=	00:19=	00:01=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Alberte Kaae-Nielsen</b>	<b>40</b>															<b>16:35</b>				
	00:21+	00:45+	01:42+	03:34+	04:11+	05:05+	05:37+	07:02+	07:41+	09:00+	10:49+	11:14+	12:00+	12:30+	12:50+	14:10+	15:12+	15:57+	16:14+	16:35+	
	00:21+	00:24=	00:57+	01:52+	00:37+	00:54=	00:32+	01:25+	00:39-	01:19+	01:49+	00:25+	00:46=	00:30+	00:20+	01:20+	01:02+	00:45-	00:17+	00:21+	
	00:02#	00:00=	00:04+	00:08+	00:03+	00:00=	00:01+	00:15#	00:03-	00:12#	00:06+	00:01+	00:00=	00:01+	00:02#	00:06+	00:03+	00:01-	00:04&	00:02#	
<b>3</b>	<b>Freya Halberg Petersen</b>	<b>10</b>															<b>17:40</b>				
	00:19=	00:42-	01:37+	03:37+	04:13+	05:16+	05:52+	07:26+	08:05+	09:22+	11:17+	11:42+	12:32+	13:03+	13:21+	15:05+	16:09+	16:58+	17:17+	17:40+	
	00:19=	00:23-	00:55+	02:00+	00:36+	01:03+	00:36+	01:34+	00:39-	01:17+	01:55+	00:25+	00:50+	00:31+	00:18=	01:44+	01:04+	00:49+	00:19+	00:23+	
	00:00=	00:01-	00:02+	00:16#	00:02+	00:09#	00:05#	00:24&	00:03-	00:10#	00:12#	00:01+	00:04+	00:02+	00:00=	00:30&	00:05+	00:03+	00:06&	00:04#	
<b>4</b>	<b>Celina Bregensø</b>	<b>41</b>															<b>18:33</b>				
	00:18-	00:42-	01:37+	03:30+	04:07+	05:10+	05:40+	06:53+	07:56+	09:54+	12:04+	12:33+	13:17+	13:45+	14:02+	15:43+	16:54+	17:53+	18:09+	18:32+	18:33+
	00:18-	00:24=	00:55+	01:53+	00:37+	01:03+	00:30-	01:13+	01:03+	01:58+	02:10+	00:29+	00:44-	00:28-	00:17-	01:41+	01:11+	00:59+	00:16+	00:23+	00:01=
	00:01-	00:00=	00:02+	00:09+	00:03+	00:09#	00:01-	00:03+	00:21&	00:51&	00:27&	00:05#	00:02-	00:01-	00:01-	00:27&	00:12#	00:13&	00:03#	00:04#	00:00=
<b>5</b>	<b>Johanne Biering</b>	<b>38</b>															<b>18:34</b>				
	00:20+	00:48+	01:57+	03:58+	04:39+	05:41+	06:20+	07:41+	08:27+	09:44+	11:52+	12:24+	13:18+	13:53+	14:13+	15:46+	16:56+	17:54+	18:12+	18:34+	
	00:20+	00:28+	01:09+	02:01+	00:41+	01:02+	00:39+	01:21+	00:46+	01:17+	02:08+	00:32+	00:54+	00:35+	00:20+	01:33+	01:10+	00:58+	00:18+	00:22+	
	00:01+	00:04#	00:16&	00:17#	00:07#	00:08#	00:08&	00:11#	00:04+	00:10#	00:25#	00:08&	00:08#	00:06#	00:02#	00:19&	00:11#	00:12&	00:05&	00:03#	
<b>6</b>	<b>Anne Sofie Thyssen Harfot</b>	<b>15</b>															<b>18:42</b>				
	00:22+	00:45+	01:55+	04:00+	04:35+	05:40+	06:14+	07:58+	08:42+	10:00+	11:52+	12:22+	13:18+	13:49+	14:09+	15:39+	16:48+	17:55+	18:17+	18:41+	18:42+
	00:22+	00:23-	01:10+	02:05+	00:35+	01:05+	00:34+	01:44+	00:44+	01:18+	01:52+	00:30+	00:56+	00:31+	00:20+	01:30+	01:09+	01:07+	00:22+	00:24+	00:01=
	00:03#	00:01-	00:17&	00:21#	00:01+	00:11#	00:03+	00:34&	00:02+	00:11#	00:09+	00:06#	00:10#	00:02+	00:02#	00:16#	00:10#	00:21&	00:09&	00:05&	00:00=
<b>7</b>	<b>Rebecca Loft Thyssen</b>	<b>15</b>															<b>18:43</b>				
	00:22+	00:47+	02:09+	04:14+	04:50+	05:57+	06:30+	07:58+	08:42+	09:53+	12:22+	12:53+	13:43+	14:13+	14:32+	16:23+	17:19+	18:09+	18:25+	18:42+	18:43+
	00:22+	00:25+	01:22+	02:05+	00:36+	01:07+	00:33+	01:28+	00:44+	01:11+	02:29+	00:31+	00:50+	00:30+	00:19+	01:51+	00:56-	00:50+	00:16+	00:17-	00:01=
	00:03#	00:01+	00:29&	00:21#	00:02+	00:13#	00:02+	00:18&	00:02+	00:04+	00:46&	00:07&	00:04+	00:01+	00:01+	00:37&	00:03-	00:04+	00:03#	00:02-	00:00=
<b>8</b>	<b>Camille Marie Næstoft Juhl</b>	<b>40</b>															<b>19:46</b>				
	00:21+	00:44+	01:45+	03:40+	04:18+	05:21+	05:55+	07:27+	08:11+	09:39+	11:28+	12:00+	12:49+	13:15+	13:36+	15:09+	18:01+	19:05+	19:25+	19:46+	
	00:21+	00:23-	01:01+	01:55+	00:38+	01:03+	00:34+	01:32+	00:44+	01:28+	01:49+	00:32+	00:49+	00:26-	00:21+	01:33+	02:52+	01:04+	00:21+		
	00:02#	00:01-	00:08#	00:11#	00:04#	00:09#	00:03+	00:22&	00:02+	00:21&	00:06+	00:08&	00:03+	00:03-	00:03#	00:19&	01:53@	00:18&	00:07&	00:02#	
<b>9</b>	<b>Johanne Kaysen Thomsen</b>	<b>31</b>															<b>20:20</b>				
	00:25+	00:55+	02:32+	05:15+	05:52+	06:55+	07:30+	09:24+	10:12+	11:30+	13:31+	14:03+	14:54+	15:25+	15:46+	17:24+	18:36+	19:35+	19:54+	20:19+	20:20+
	00:25+	00:30+	01:37+	02:43+	00:37+	01:03+	00:35+	01:54+	00:48+	01:18+	02:01+	00:32+	00:51+	00:31+	00:21+	01:38+	01:12+	00:59+	00:19+	00:25+	00:01=
	00:06&	00:06#	00:44&	00:59&	00:03+	00:09#	00:04#	00:44&	00:06#	00:11#	00:18#	00:08&	00:05#	00:02+	00:03#	00:24&	00:13#	00:13&	00:06&	00:06&	00:00=
<b>10</b>	<b>Astrid Gylling Hougaard</b>	<b>3</b>															<b>21:26</b>				
	00:21+	00:46+	02:19+	04:32+	05:15+	06:20+	07:02+	09:09+	10:04+	11:54+	14:04+	14:48+	15:46+	16:14+	16:34+	18:15+	19:33+	20:48+	21:05+	21:25+	21:26+
	00:21+	00:25+	01:33+	02:13+	00:43+	01:05+	00:42+	02:07+	00:55+	01:50+	02:10+	00:44+	00:58+	00:28-	00:20+	01:41+	01:18+	01:15+	00:17+	00:20+	00:01=
	00:02#	00:01+	00:40&	00:29&	00:09&	00:11#	00:11&	00:57&	00:13&	00:43&	00:27&	00:20&	00:12&	00:01-	00:02#	00:27&	00:19&	00:29&	00:04&	00:01+	00:00=

Class	Navn	Klasse											Tid							
<b>11</b>	<b>Signe Veggerby Jensen</b>	<b>37</b>											<b>24:05</b>							
00:24+	00:52+	02:24+	04:47+	05:30+	06:45+	07:25+	10:01+	10:56+	12:42+	15:16+	16:02+	17:00+	17:35+	17:56+	20:30+	21:58+	23:18+	23:39+	24:04+	24:05+
00:24+	00:28+	01:32+	02:23+	00:43+	01:15+	00:40+	02:36+	00:55+	01:46+	02:34+	00:46+	00:58+	00:35+	00:21+	02:34+	01:28+	01:20+	00:21+	00:25+	00:01=
00:05&	00:04#	00:39&	00:39&	00:09&	00:21&	00:09&	01:26@	00:13&	00:39&	00:51&	00:22&	00:12&	00:06#	00:03#	01:20@	00:29&	00:34&	00:08&	00:06&	00:00=
<b>12</b>	<b>Maria Bo Kølback</b>	<b>3</b>											<b>26:07</b>							
00:23+	00:51+	02:41+	05:03+	05:53+	07:59+	08:38+	11:26+	12:40+	15:11+	17:44+	18:25+	19:26+	19:57+	20:25+	22:14+	23:38+	25:21+	25:39+	26:06+	26:07+
00:23+	00:28+	01:50+	02:22+	00:50+	02:06+	00:39+	02:48+	01:14+	02:31+	02:33+	00:41+	01:01+	00:31+	00:28+	01:49+	01:24+	01:43+	00:18+	00:27+	00:01=
00:04#	00:04#	00:57@	00:38&	00:16&	01:12@	00:08&	01:38@	00:32&	01:24@	00:50&	00:17&	00:15&	00:02+	00:10&	00:35&	00:25&	00:57@	00:05&	00:08&	00:00=
<b>13</b>	<b>Mathilde Hirsborg Pedersen</b>	<b>18</b>											<b>26:47</b>							
00:44+	01:15+	03:09+	05:43+	06:52+	08:19+	09:07+	11:21+	12:20+	14:31+	16:42+	17:18+	18:25+	19:07+	19:34+	23:03+	24:42+	26:08+	26:25+	26:47+	
00:44+	00:31+	01:54+	02:34+	01:09+	01:27+	00:48+	02:14+	00:59+	02:11+	02:11+	00:36+	01:07+	00:42+	00:27+	03:29+	01:39+	01:26+	00:17+	00:22+	
00:25@	00:07&	01:01@	00:50&	00:35@	00:33&	00:17&	01:04&	00:17&	01:04&	00:28&	00:12&	00:21&	00:13&	00:09&	02:15@	00:40&	00:40&	00:04&	00:03#	

### Beste strekktid for klassen

00:18 00:23 00:53 01:44 00:34 00:54 00:30 01:10 00:39 01:07 01:43 00:24 00:44 00:26 00:17 01:14 00:56 00:45 00:13 00:17 00:01

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## D-20

<b>1</b>	<b>Josefine Lind</b>	<b>25</b>											<b>15:48</b>								
00:22=	01:12=	01:42=	03:22=	03:57=	05:05=	06:11=	07:22=	08:00=	08:46=	10:20=	10:40=	11:19=	11:43=	11:58=	13:02=	14:01=	14:36=	15:03=	15:17=	15:36=	15:48=
00:22=	00:50=	00:30=	01:40=	00:35=	01:08=	01:06=	01:11=	00:38=	00:46=	01:34=	00:20=	00:39=	00:24=	00:15=	01:04=	00:59=	00:35=	00:27=	00:14=	00:19=	00:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Ida Øbro</b>	<b>41</b>											<b>17:00</b>								
00:34+	01:29+	02:01+	03:52+	04:31+	05:36+	06:45+	08:00+	08:48+	09:40+	11:23+	11:46+	12:29+	12:56+	13:11+	14:24+	15:18+	15:58+	16:21+	16:36+	16:59+	17:00+
00:34+	00:55+	00:32+	01:51+	00:39+	01:05+	01:09+	01:15+	00:48+	00:52+	01:43+	00:23+	00:43+	00:27+	00:15=	01:13+	00:54-	00:40+	00:23-	00:15+	00:23+	00:01-
00:12&	00:05#	00:02+	00:11#	00:04#	00:03-	00:03+	00:04+	00:10&	00:06#	00:09+	00:03#	00:04#	00:03#	00:00=	00:09#	00:05-	00:05#	00:04-	00:01+	00:04#	00:11-
<b>3</b>	<b>Caroline Finderup</b>	<b>OK Pan</b>											<b>17:31</b>								
00:31+	01:25+	01:58+	03:46+	04:21+	05:34+	06:43+	07:58+	08:44+	09:37+	11:22+	11:43+	12:24+	12:51+	13:24+	14:58+	15:55+	16:34+	16:58+	17:12+	17:30+	17:31+
00:31+	00:54+	00:35+	01:46+	00:35=	01:13+	01:09+	01:15+	00:46+	00:53+	01:45+	00:21+	00:41+	00:27+	00:33+	01:34+	00:57-	00:39+	00:24-	00:14=	00:18-	00:01-
00:09&	00:04+	00:03#	00:08+	00:00=	00:05+	00:03+	00:04+	00:08#	00:07#	00:11#	00:01+	00:02+	00:03#	00:18@	00:30&	00:02-	00:04#	00:03-	00:00=	00:01-	00:11-
<b>4</b>	<b>Annika Simonsen</b>	<b>10</b>											<b>18:03</b>								
00:32+	02:03+	02:38+	04:24+	05:02+	06:09+	07:22+	08:36+	09:19+	10:31+	12:19+	12:40+	13:27+	13:53+	14:10+	15:20+	16:15+	16:57+	17:20+	17:40+	18:02+	18:03+
00:32+	01:31+	00:35+	01:46+	00:38+	01:07-	01:13+	01:14+	00:43+	01:12+	01:48+	00:21+	00:47+	00:26+	00:17+	01:10+	00:55-	00:42+	00:23-	00:20+	00:22+	00:01-
00:10&	00:41&	00:05#	00:06+	00:03+	00:01-	00:07#	00:03+	00:05#	00:26&	00:14#	00:01+	00:08#	00:02+	00:02#	00:06+	00:04-	00:07#	00:04-	00:06&	00:03#	00:11-
<b>5</b>	<b>Nikoline Holm Splittorff</b>	<b>10</b>											<b>18:04</b>								
00:35+	01:38+	02:15+	04:18+	04:56+	06:10+	07:24+	08:39+	09:25+	10:21+	12:08+	12:30+	13:16+	13:44+	14:02+	15:24+	16:25+	17:02+	17:27+	17:42+	18:03+	18:04+
00:35+	01:03+	00:37+	02:03+	00:38+	01:14+	01:14+	01:15+	00:46+	00:56+	01:47+	00:22+	00:46+	00:28+	00:18+	01:22+	01:01+	00:37+	00:25-	00:15+	00:21+	00:01-
00:13&	00:13&	00:07#	00:23#	00:03+	00:06+	00:08#	00:04+	00:08#	00:10#	00:13#	00:02#	00:07#	00:04#	00:03#	00:18&	00:02+	00:02+	00:02-	00:01+	00:02#	00:11-
<b>6</b>	<b>Lise Termansen</b>	<b>26</b>											<b>18:15</b>								
00:37+	01:46+	02:19+	04:15+	04:52+	06:07+	07:19+	08:45+	09:36+	10:27+	12:18+	12:41+	13:29+	13:59+	14:15+	15:31+	16:30+	17:11+	17:36+	17:52+	18:15+	
00:37+	01:09+	00:33+	01:56+	00:37+	01:15+	01:12+	01:26+	00:51+	00:51+	01:51+	00:23+	00:48+	00:30+	00:16+	01:16+	00:59=	00:41+	00:25-	00:16+	00:23+	
00:15&	00:19&	00:03#	00:16#	00:02+	00:07#	00:06+	00:15#	00:13&	00:05#	00:17#	00:03#	00:09#	00:06#	00:01+	00:12#	00:00=	00:06#	00:02-	00:02#	00:04#	
<b>7</b>	<b>Agnes Nørgård Kracht</b>	<b>41</b>											<b>18:25</b>								
00:42+	02:12+	02:45+	04:35+	05:11+	06:27+	07:40+	08:56+	09:43+	10:33+	12:14+	12:37+	13:23+	13:49+	14:08+	15:49+	16:43+	17:24+	17:47+	18:03+	18:24+	18:25+
00:42+	01:30+	00:33+	01:50+	00:36+	01:16+	01:13+	01:16+	00:47+	00:50+	01:41+	00:23+	00:46+	00:26+	00:19+	01:41+	00:54-	00:41+	00:23-	00:16+	00:21+	00:01-
00:20&	00:40&	00:03#	00:10#	00:01+	00:08#	00:07#	00:05+	00:09#	00:04+	00:07+	00:03#	00:07#	00:02+	00:04&	00:37&	00:05-	00:06#	00:04-	00:02#	00:02#	00:11-
<b>8</b>	<b>Lotte Jauhojärvi Markussen</b>	<b>OK Pan</b>											<b>19:02</b>								
00:43+	01:51+	02:29+	04:30+	05:10+	06:28+	07:50+	09:17+	10:05+	10:59+	12:59+	13:20+	14:05+	14:35+	14:53+	16:13+	17:14+	17:55+	18:24+	18:42+	19:01+	19:02+
00:43+	01:08+	00:38+	02:01+	00:40+	01:18+	01:22+	01:27+	00:48+	00:54+	02:00+	00:21+	00:45+	00:30+	00:18+	01:20+	00:41+	00:41+	00:29+	00:18+	00:19=	00:01-
00:21&	00:18&	00:08&	00:21#	00:05#	00:10#	00:16#	00:16#	00:10&	00:08#	00:26&	00:01+	00:06#	00:06#	00:03#	00:16#	00:02+	00:06#	00:02+	00:04&	00:00=	00:11-
<b>9</b>	<b>Alberte Loft Thyssen</b>	<b>15</b>											<b>19:02</b>								
00:36+	01:43+	02:17+	04:12+	05:05+	06:25+	07:42+	08:59+	09:48+	10:51+	12:40+	13:03+	13:49+	14:12+	14:29+	16:13+	17:11+	17:59+	18:26+	18:43+	19:01+	19:02+
00:36+	01:07+	00:34+	01:55+	00:53+	01:20+	01:17+	01:17+	00:49+	01:03+	01:49+	00:23+	00:46+	00:23-	00:17+	01:44+	00:58-	00:48+	00:27=	00:17+	00:18-	00:01-
00:14&	00:17&	00:04#	00:15#	00:18&	00:12#	00:11#	00:06+	00:11&	00:17&	00:15#	00:03#	00:07#	00:01-	00:02#	00:40&	00:01-	00:13&	00:00=	00:03#	00:01-	00:11-
<b>10</b>	<b>Sara Lykke Branch</b>	<b>10</b>											<b>20:05</b>								
00:39+	01:42+	02:19+	04:24+	05:09+	06:24+	07:44+	09:21+	10:26+	11:27+	13:32+	13:57+	14:49+	15:18+	15:38+	17:08+	18:13+	18:58+	19:28+	19:47+	20:05+	
00:39+	01:03+	00:37+	02:05+	00:45+	01:15+	01:20+	01:37+	01:05+	01:01+	02:05+	00:25+	00:52+	00:29+	00:20+	01:30+	01:05+	00:45+	00:30+	00:19+	00:18-	
00:17&	00:13&	00:07#	00:25#	00:10&	00:07#	00:14#	00:26&	00:27&	00:15&	00:31&	00:05#	00:13&	00:05#	00:05&	00:26&	00:06#	00:10&	00:03#	00:05&	00:01-	

Class	Navn	Klasse	Tid																		
<b>11</b>	<b>Sarah Kathrine Nissen Pedersen</b>	<b>8</b>	<b>21:11</b>																		
00:37+	01:58+	02:35+	04:43+	05:40+	07:04+	08:21+	09:49+	11:02+	12:09+	14:12+	14:37+	15:29+	15:59+	16:19+	18:10+	19:18+	20:00+	20:31+	20:49+	21:10+	21:11+
00:37+	01:21+	00:37+	02:08+	00:57+	01:24+	01:17+	01:28+	01:13+	01:07+	02:03+	00:25+	00:52+	00:30+	00:20+	01:51+	01:08+	00:42+	00:31+	00:18+	00:21+	00:01-
00:15&	00:31&	00:07#	00:28&	00:22&	00:16#	00:11#	00:17#	00:35&	00:21&	00:29&	00:05#	00:13&	00:06#	00:05&	00:47&	00:09#	00:07#	00:04#	00:04&	00:02#	00:11-
<b>12</b>	<b>Celine Hinge Krogsgaard</b>	<b>38</b>	<b>21:59</b>																		
00:39+	01:48+	02:24+	04:42+	05:30+	06:59+	08:28+	09:57+	11:01+	12:06+	14:12+	15:14+	16:02+	16:33+	16:49+	18:46+	19:55+	20:37+	21:18+	21:36+	21:59+	
00:39+	01:09+	00:36+	02:18+	00:48+	01:29+	01:29+	01:29+	01:04+	01:05+	02:06+	01:02+	00:48+	00:31+	00:16+	01:57+	01:09+	00:42+	00:41+	00:18+	00:23+	
00:17&	00:19&	00:06#	00:38&	00:13&	00:21&	00:23&	00:18&	00:26&	00:19&	00:32&	00:42@	00:09#	00:07&	00:01+	00:53&	00:10#	00:07#	00:14&	00:04&	00:04#	
<b>13</b>	<b>Trine Eg Staugaard</b>	<b>17</b>	<b>22:20</b>																		
00:48+	02:15+	02:59+	05:15+	06:01+	07:28+	08:55+	10:59+	11:52+	12:55+	14:58+	15:34+	16:28+	17:01+	17:20+	18:49+	20:05+	21:02+	21:35+	21:54+	22:20+	
00:48+	01:27+	00:44+	02:16+	00:46+	01:27+	01:27+	02:04+	00:53+	01:03+	02:03+	00:36+	00:54+	00:33+	00:19+	01:29+	01:16+	00:57+	00:33+	00:19+	00:26+	
00:26@	00:37&	00:14&	00:36&	00:11&	00:19&	00:21&	00:53&	00:15&	00:17&	00:29&	00:16&	00:15&	00:09&	00:04&	00:25&	00:17&	00:22&	00:06#	00:05&	00:07&	
<b>14</b>	<b>Camilla Hirsborg Pedersen</b>	<b>18</b>	<b>22:32</b>																		
00:38+	02:53+	03:42+	05:35+	06:16+	07:28+	09:04+	10:36+	11:42+	13:06+	15:08+	15:57+	16:43+	17:20+	17:36+	19:22+	20:31+	21:31+	21:58+	22:11+	22:31+	22:32+
00:38+	02:15+	00:49+	01:53+	00:41+	01:12+	01:36+	01:32+	01:06+	01:24+	02:02+	00:49+	00:46+	00:37+	00:16+	01:46+	01:09+	01:00+	00:27+	00:13-	00:20+	00:01-
00:16&	01:25@	00:19&	00:13#	00:06#	00:04+	00:30+	00:21&	00:28&	00:38&	00:28&	00:29@	00:07#	00:13&	00:01+	00:42&	00:10#	00:25&	00:00+	00:01-	00:01+	00:11-
<b>15</b>	<b>Sofie Secher Thomsen</b>	<b>OK Pan</b>	<b>23:29</b>																		
00:44+	01:58+	02:37+	05:15+	06:13+	07:53+	09:35+	11:14+	12:14+	13:29+	15:49+	16:19+	17:17+	17:48+	18:11+	19:40+	20:51+	22:12+	22:42+	23:02+	23:28+	23:29+
00:44+	01:14+	00:39+	02:38+	00:58+	01:40+	01:42+	01:39+	01:00+	01:15+	02:20+	00:30+	00:58+	00:31+	00:23+	01:29+	01:11+	01:21+	00:30+	00:20+	00:26+	00:01-
00:22&	00:24&	00:09&	00:58&	00:23&	00:32&	00:36&	00:28&	00:22&	00:29&	00:46&	00:10&	00:19&	00:07&	00:08&	00:25&	00:12#	00:46@	00:03#	00:06&	00:07&	00:11-
<b>Beste strekktid for klassen</b>																					
00:22	00:50	00:30	01:40	00:35	01:05	01:06	01:11	00:38	00:46	01:34	00:20	00:39	00:23	00:15	01:04	00:54	00:35	00:23	00:13	00:18	00:01

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## D21

<b>1</b>	<b>Maja Alm</b>	<b>56</b>	<b>14:42</b>																		
00:31=	01:38=	02:07=	03:40=	04:13=	05:10=	06:08=	07:07=	07:43=	08:28=	09:54=	10:13=	10:49=	11:12=	11:26=	12:39=	13:25=	13:53=	14:11=	14:24=	14:41=	14:42=
00:31=	01:07=	00:29=	01:33=	00:33=	00:57=	00:58=	00:59=	00:36=	00:45=	01:26=	00:19=	00:36=	00:23=	00:14=	01:13=	00:46=	00:28=	00:18=	00:13=	00:17=	00:01=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Emma Klingenberg</b>	<b>8</b>	<b>15:52</b>																		
00:33+	01:36+	02:13+	03:55+	04:25+	05:36+	06:44+	07:49+	08:30+	09:17+	10:44+	11:05+	11:43+	12:07+	12:23+	13:28+	14:24+	14:57+	15:18+	15:32+	15:51+	15:52+
00:33+	01:03-	00:37+	01:42+	00:30-	01:11+	01:08+	01:05+	00:41+	00:47+	01:27+	00:21+	00:38+	00:24+	00:16+	01:05-	00:56+	00:33+	00:21+	00:14+	00:19+	00:01=
00:02+	00:04-	00:08&	00:09+	00:03-	00:14#	00:10#	00:06#	00:05#	00:02+	00:01+	00:02#	00:02+	00:01+	00:02#	00:08-	00:10#	00:05#	00:03#	00:01+	00:02#	00:00=
<b>3</b>	<b>Amanda Falck Weber</b>	<b>41</b>	<b>16:35</b>																		
00:37+	01:30-	02:02-	03:48+	04:26+	05:36+	06:43+	07:54+	08:33+	09:21+	11:09+	11:29+	12:10+	12:36+	12:53+	14:06+	14:59+	15:38+	16:00+	16:15+	16:34+	16:35+
00:37+	00:53-	00:32+	01:46+	00:38+	01:10+	01:07+	01:11+	00:39+	00:48+	01:48+	00:20+	00:41+	00:26+	00:17+	01:13=	00:53+	00:39+	00:22+	00:15+	00:19+	00:01=
00:06#	00:14-	00:03#	00:13#	00:05#	00:13#	00:09#	00:12#	00:03+	00:03+	00:22&	00:01+	00:05#	00:03#	00:03#	00:00=	00:07#	00:11&	00:04#	00:02#	00:02#	00:00=
<b>4</b>	<b>Henriette Nygaard</b>	<b>51</b>	<b>17:57</b>																		
00:20-	01:21-	01:54-	03:46+	04:23+	05:35+	06:51+	08:07+	09:05+	10:11+	11:58+	12:26+	13:07+	13:34+	13:51+	15:07+	16:04+	16:44+	17:06+	17:21+	17:43+	17:57+
00:20-	01:01-	00:33+	01:52+	00:37+	01:12+	01:16+	01:16+	00:58+	01:06+	01:47+	00:28+	00:41+	00:27+	00:17+	01:16+	00:57+	00:40+	00:22+	00:15+	00:22+	00:14+
00:11-	00:06-	00:04#	00:19#	00:04#	00:15&	00:18&	00:17&	00:22&	00:21&	00:21#	00:09&	00:05#	00:04#	00:03#	00:03+	00:11#	00:12&	00:04#	00:02#	00:05&	00:13@
<b>5</b>	<b>Camilla Bevensee</b>	<b>58</b>	<b>18:27</b>																		
00:34+	01:54+	02:28+	04:23+	05:14+	06:26+	07:42+	09:01+	09:43+	10:41+	12:22+	12:52+	13:32+	13:56+	14:11+	15:41+	16:38+	17:22+	17:49+	18:06+	18:26+	18:27+
00:34+	01:20+	00:34+	01:55+	00:51+	01:12+	01:16+	01:19+	00:42+	00:58+	01:41+	00:30+	00:40+	00:24+	00:15+	01:30+	00:57+	00:44+	00:27+	00:17+	00:20+	00:01=
00:03+	00:13#	00:05#	00:22#	00:18&	00:15&	00:18&	00:20&	00:06#	00:13&	00:15#	00:11&	00:04#	00:01+	00:01+	00:17#	00:11#	00:16&	00:09&	00:04&	00:03#	00:00=
<b>6</b>	<b>Astrid Ank Joergensen</b>	<b>15</b>	<b>19:19</b>																		
00:36+	01:57+	02:36+	04:41+	05:17+	06:36+	07:53+	09:20+	10:14+	11:12+	13:07+	13:30+	14:19+	14:48+	15:05+	16:26+	17:30+	18:13+	18:42+	18:57+	19:18+	19:19+
00:36+	01:21+	00:39+	02:05+	00:36+	01:19+	01:17+	01:27+	00:54+	00:58+	01:55+	00:23+	00:49+	00:29+	00:17+	01:21+	01:04+	00:43+	00:29+	00:15+	00:21+	00:01=
00:05#	00:14#	00:10&	00:32&	00:03+	00:22&	00:19&	00:28&	00:18&	00:13&	00:29&	00:04#	00:13&	00:06&	00:03#	00:08#	00:18&	00:15&	00:11&	00:02#	00:04#	00:00=
<b>7</b>	<b>Ane Linde</b>	<b>58</b>	<b>19:28</b>																		
00:45+	01:47+	02:23+	04:29+	05:07+	06:33+	07:49+	09:15+	10:04+	11:00+	13:01+	13:23+	14:11+	14:43+	15:02+	16:24+	17:26+	18:16+	18:43+	19:01+	19:28+	
00:45+	01:02-	00:36+	02:06+	00:38+	01:26+	01:16+	01:26+	00:49+	00:56+	02:01+	00:22+	00:48+	00:32+	00:19+	01:22+	01:02+	00:50+	00:27+	00:18+	00:27+	
00:14&	00:05-	00:07#	00:33&	00:05#	00:29&	00:18&	00:27&	00:13&	00:11#	00:35&	00:03#	00:12&	00:09&	00:05&	00:09#	00:16&	00:22&	00:09&	00:05&	00:10&	
<b>8</b>	<b>Michele Dawson</b>	<b>58</b>	<b>19:56</b>																		
00:35+	01:34-	02:07=	04:07+	04:51+	06:11+	07:38+	09:09+	10:02+	11:04+	13:04+	13:32+	14:25+	14:57+	15:15+	16:45+	17:52+	18:42+	19:10+	19:29+	19:55+	19:56+
00:35+	00:59-	00:33+	02:00+	00:44+	01:20+	01:27+	01:31+	00:53+	01:02+	02:00+	00:28+	00:53+	00:32+	00:18+	01:30+	01:07+	00:50+	00:28+	00:19+	00:26+	00:01=
00:04#	00:08-	00:04#	00:27&	00:11&	00:23&	00:29&	00:32&	00:17&	00:17&	00:34&	00:09&	00:17&	00:09&	00:04&	00:17#	00:21&	00:22&	00:10&	00:06&	00:09&	00:00=

**Class Navn Klasse Tid**

**9 Marie Louise Moeller 1 21:27**  
00:40+ 01:49+ 02:28+ 04:43+ 05:27+ 06:47+ 08:24+ 10:09+ 11:05+ 12:07+ 14:14+ 14:43+ 15:36+ 16:07+ 16:25+ 18:21+ 19:28+ 20:18+ 20:45+ 21:02+ 21:26+ 21:27+  
00:40+ 01:09+ 00:39+ 02:15+ 00:44+ 01:20+ 01:37+ 01:45+ 00:56+ 01:02+ 02:07+ 00:29+ 00:53+ 00:31+ 00:18+ 01:56+ 01:07+ 00:50+ 00:27+ 00:17+ 00:24+ 00:01=  
00:09& 00:02+ 00:10& 00:42& 00:11& 00:23& 00:39& 00:46& 00:20& 00:17& 00:41& 00:10& 00:17& 00:08& 00:04& 00:43& 00:21& 00:22& 00:09& 00:04& 00:07& 00:00=

**10 Sanne Andersen 1 27:37**  
00:53+ 03:17+ 04:07+ 07:05+ 08:07+ 09:57+ 12:03+ 14:14+ 15:24+ 16:52+ 19:31+ 20:08+ 21:07+ 21:48+ 22:15+ 23:57+ 25:23+ 26:22+ 26:54+ 27:15+ 27:37+  
00:53+ 02:24+ 00:50+ 02:58+ 01:02+ 01:50+ 02:06+ 02:11+ 01:10+ 01:28+ 02:39+ 00:37+ 00:59+ 00:41+ 00:27+ 01:42+ 01:26+ 00:59+ 00:32+ 00:21+ 00:22+  
00:22& 01:17@ 00:21& 01:25& 00:29& 00:53& 01:08@ 01:12@ 00:34& 00:43& 01:13& 00:18& 00:23& 00:18& 00:13& 00:29& 00:40& 00:31@ 00:14& 00:08& 00:05&

**Beste strekktid for klassen**  
00:20 00:53 00:29 01:33 00:30 00:57 00:58 00:59 00:36 00:45 01:26 00:19 00:36 00:23 00:14 01:05 00:46 00:28 00:18 00:13 00:17 00:01

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**D35-**

**1 Anna Vang Bobach 1 20:25**  
00:22= 00:50= 01:56= 04:13= 04:55= 06:04= 06:49= 08:33= 09:25= 11:01= 13:17= 13:48= 14:44= 15:21= 15:43= 17:17= 18:32= 19:33= 19:55= 20:24= 20:25=  
00:22= 00:28= 01:06= 02:17= 00:42= 01:09= 00:45= 01:44= 00:52= 01:36= 02:16= 00:31= 00:56= 00:37= 00:22= 01:34= 01:15= 01:01= 00:22= 00:29= 00:01=  
00:00= 00:00=

**2 Helle Bobach 1 22:31**  
00:20- 00:49- 01:56= 04:13= 05:00+ 06:27+ 07:13+ 09:13+ 10:06+ 11:42+ 14:07+ 14:47+ 15:49+ 16:26+ 16:48+ 19:00+ 20:21+ 21:37+ 22:00+ 22:30+ 22:31+  
00:20- 00:29+ 01:07+ 02:17= 00:47+ 01:27+ 00:46+ 02:00+ 00:53+ 01:36= 02:25+ 00:40+ 01:02+ 00:37= 00:22= 02:12+ 01:21+ 01:16+ 00:23+ 00:30+ 00:01=  
00:02- 00:01+ 00:01+ 00:00= 00:05# 00:18& 00:01+ 00:00= 00:09+ 00:09& 00:06# 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

**3 Helle Wiha 11 28:49**  
00:24+ 00:53+ 02:09+ 04:32+ 05:22+ 06:52+ 07:44+ 09:44+ 10:37+ 17:24+ 20:12+ 20:53+ 21:55+ 22:35+ 23:06+ 24:56+ 26:26+ 27:56+ 28:19+ 28:48+ 28:49+  
00:24+ 00:29+ 01:16+ 02:23+ 00:50+ 01:30+ 00:52+ 02:00+ 00:53+ 06:47+ 02:48+ 00:41+ 01:02+ 00:40+ 00:31+ 01:50+ 01:30+ 01:30+ 00:23+ 00:29+ 00:01=  
00:02+ 00:01+ 00:10# 00:06+ 00:08# 00:21& 00:07# 00:16# 00:01+ 05:11@ 00:32# 00:10& 00:06# 00:03+ 00:09& 00:16# 00:15# 00:29& 00:01+ 00:00= 00:00=

**Beste strekktid for klassen**  
00:20 00:28 01:06 02:17 00:42 01:09 00:45 01:44 00:52 01:36 02:16 00:31 00:56 00:37 00:22 01:34 01:15 01:01 00:22 00:29 00:01

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**D40-**

**1 Pernille Buch 25 17:09**  
00:44= 02:12= 02:48= 04:07= 05:01= 06:28= 08:11= 08:59= 09:52= 11:14= 12:04= 13:30= 14:10= 15:08= 16:01= 16:46= 17:08= 17:09=  
00:44= 01:28= 00:36= 01:19= 00:54= 01:27= 01:43= 00:48= 00:53= 01:22= 00:50= 01:26= 00:40= 00:58= 00:53= 00:45= 00:22= 00:01=  
00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

**2 Anne Marie Thommesen 6 18:50**  
00:54+ 02:27+ 03:08+ 04:50+ 05:48+ 07:19+ 09:29+ 10:15+ 11:26+ 13:05+ 13:54+ 15:20+ 16:02+ 16:51+ 17:43+ 18:22+ 18:49+ 18:50+  
00:54+ 01:33+ 00:41+ 01:42+ 00:58+ 01:31+ 02:10+ 00:46- 01:11+ 01:39+ 00:49- 01:26= 00:42+ 00:49- 00:52- 00:39- 00:27+ 00:01=  
00:10# 00:05+ 00:05# 00:23& 00:04+ 00:04+ 00:27& 00:02- 00:18& 00:17# 00:01- 00:00= 00:02+ 00:09- 00:01- 00:06- 00:05# 00:00=

**3 Ditte Busch 31 19:29**  
00:47+ 02:44+ 03:16+ 04:32+ 05:29+ 07:13+ 09:38+ 10:23+ 12:45+ 14:15+ 15:01+ 16:15+ 16:53+ 17:39+ 18:27+ 19:07+ 19:28+ 19:29+  
00:47+ 01:57+ 00:32- 01:16- 00:57+ 01:44+ 02:25+ 00:45- 02:22+ 01:30+ 00:46- 01:14- 00:38- 00:46- 00:48- 00:40- 00:21- 00:01=  
00:03+ 00:29& 00:04- 00:03- 00:03+ 00:17# 00:42& 00:03- 01:29@ 00:08+ 00:04- 00:12- 00:02- 00:12- 00:05- 00:05- 00:01- 00:00=

**4 Christina H. Sørensen 41 20:46**  
01:11+ 02:52+ 03:32+ 05:01+ 06:17+ 08:06+ 10:21+ 11:16+ 12:37+ 14:31+ 15:22+ 17:02+ 17:43+ 18:41+ 19:51+ 20:24+ 20:45+ 20:46+  
01:11+ 01:41+ 00:40+ 01:29+ 01:16+ 01:49+ 02:15+ 00:55+ 01:21+ 01:54+ 00:51+ 01:40+ 00:41+ 00:58= 01:10+ 00:33- 00:21- 00:01=  
00:27& 00:13# 00:04# 00:10# 00:22& 00:22& 00:32& 00:07# 00:28& 00:32& 00:01+ 00:14# 00:01+ 00:00= 00:17& 00:12- 00:01- 00:00=

**5 Monica Berglund 17 20:47**  
00:43- 02:08- 02:46- 04:17+ 05:46+ 07:12+ 10:58+ 11:44+ 12:46+ 14:12+ 14:58+ 16:22+ 18:13+ 18:59+ 19:48+ 20:22+ 20:46+ 20:47+  
00:43- 01:25- 00:38+ 01:31+ 01:29+ 01:26- 03:46+ 00:46- 01:02+ 01:26+ 00:46- 01:24- 01:51+ 00:46- 00:49- 00:34- 00:24+ 00:01=  
00:01- 00:03- 00:02+ 00:12# 00:35& 00:01- 02:03@ 00:02- 00:09# 00:04+ 00:04- 00:02- 01:11@ 00:12- 00:04- 00:11- 00:02+ 00:00=

**6 Jane Clausen 33 21:46**  
00:48+ 02:35+ 03:31+ 05:10+ 06:20+ 07:58+ 10:17+ 11:17+ 13:39+ 15:19+ 16:18+ 17:52+ 18:38+ 19:31+ 20:29+ 21:18+ 21:45+ 21:46+  
00:48+ 01:47+ 00:56+ 01:39+ 01:10+ 01:38+ 02:19+ 01:00+ 02:22+ 01:40+ 00:59+ 01:34+ 00:46+ 00:53- 00:58+ 00:49+ 00:27+ 00:01=  
00:04+ 00:19# 00:20& 00:20& 00:16& 00:11# 00:36& 00:12# 01:29@ 00:18# 00:09# 00:08+ 00:06# 00:05- 00:05+ 00:04+ 00:05# 00:00=

Class	Navn	Klasse	Tid
<b>7</b>	<b>Louise Amstrup-Hansen</b>	<b>39</b>	<b>22:15</b>
01:12+	03:10+ 04:46+ 06:36+ 07:46+ 09:25+	11:32+ 12:35+ 13:45+ 15:27+ 16:27+ 18:15+	19:06+ 20:09+ 21:11+ 21:51+ 22:15+
01:12+	01:58+ 01:36+ 01:50+ 01:39+ 01:50+	02:07+ 01:03+ 01:10+ 01:42+ 01:00+	01:48+ 00:51+ 01:03+ 00:40- 00:24+
00:28&	00:30& 01:00@ 00:31& 00:16& 00:12#	00:24# 00:15& 00:17& 00:20# 00:10#	00:22& 00:11& 00:05+ 00:09# 00:05- 00:02+
<b>8</b>	<b>Lisbeth Callesen</b>	<b>26</b>	<b>22:42</b>
00:48+	02:33+ 03:14+ 04:48+ 05:39+ 07:14+	09:23+ 10:13+ 12:15+ 13:51+ 14:50+	16:28+ 19:15+ 20:11+ 21:32+ 22:19+ 22:42+
00:48+	01:45+ 00:41+ 01:34+ 00:51- 01:35+	02:09+ 00:50+ 02:02+ 01:36+ 00:59+	01:38+ 02:47+ 00:56- 01:21+ 00:47+ 00:23+
00:04+	00:17# 00:05# 00:15# 00:03- 00:08+	00:26& 00:02+ 01:09@ 00:14# 00:09#	00:12# 02:07@ 00:02- 00:28& 00:02+ 00:01+
<b>9</b>	<b>Henriette Hansen</b>	<b>13</b>	<b>22:57</b>
01:07+	02:53+ 03:38+ 05:16+ 06:27+ 08:16+	10:37+ 11:45+ 13:34+ 16:17+ 17:15+	18:57+ 19:48+ 20:47+ 21:51+ 22:32+ 22:57+
01:07+	01:46+ 00:45+ 01:38+ 01:11+ 01:49+	02:21+ 01:08+ 01:49+ 02:43+ 00:58+	01:42+ 00:51+ 00:59+ 01:04+ 00:41- 00:25+
00:23&	00:18# 00:09# 00:19# 00:17& 00:22&	00:38& 00:20& 00:56@ 01:21& 00:08#	00:16# 00:11& 00:01+ 00:11# 00:04- 00:03#
<b>10</b>	<b>Merethe Haahr Francic</b>	<b>26</b>	<b>24:06</b>
02:05+	03:44+ 04:22+ 06:00+ 09:09+ 10:51+	13:50+ 14:41+ 15:54+ 17:29+ 18:21+	19:47+ 20:32+ 21:28+ 22:21+ 23:45+ 24:05+ 24:06+
02:05+	01:39+ 00:38+ 01:38+ 03:09+ 01:42+	02:59+ 00:51+ 01:13+ 01:35+ 00:52+	01:26+ 00:45+ 00:56- 00:53+ 01:24+ 00:20- 00:01=
01:21@	00:11# 00:02+ 00:19# 02:15@ 00:15#	01:16& 00:03+ 00:20& 00:13# 00:02+	00:00= 00:05# 00:02- 00:00= 00:39& 00:02- 00:00=
<b>11</b>	<b>Pernille Halberg Petersen</b>	<b>10</b>	<b>25:25</b>
02:15+	04:15+ 05:03+ 07:02+ 08:38+ 10:58+	13:30+ 14:55+ 16:20+ 18:08+ 19:12+	21:02+ 21:53+ 22:58+ 24:06+ 24:58+ 25:24+ 25:25+
02:15+	02:00+ 00:48+ 01:59+ 01:36+ 02:20+	02:32+ 01:25+ 01:25+ 01:48+ 01:04+	01:50+ 00:51+ 01:05+ 01:08+ 00:52+ 00:26+ 00:01=
01:31@	00:32& 00:12& 00:40& 00:42& 00:53&	00:49& 00:37& 00:32& 00:26& 00:14&	00:24& 00:11& 00:07# 00:15& 00:07# 00:04# 00:00=
<b>12</b>	<b>Anni Plauborg</b>	<b>22</b>	<b>28:51</b>
00:50+	02:21+ 06:28+ 07:59+ 08:58+ 10:54+	12:52+ 16:46+ 19:10+ 20:48+ 23:40+	25:35+ 26:19+ 27:06+ 27:55+ 28:29+ 28:50+ 28:51+
00:50+	01:31+ 04:07+ 01:31+ 00:59+ 01:56+	01:58+ 03:54+ 02:24+ 01:38+ 02:52+	01:55+ 00:44+ 00:47- 00:49- 00:34- 00:21- 00:01=
00:06#	00:03+ 03:31@ 00:12# 00:05+ 00:29&	00:15# 03:06@ 01:31@ 00:16# 02:02@	00:29& 00:04# 00:11- 00:04- 00:11- 00:01- 00:00=
<b>Beste strekktid for klassen</b>			
00:43	01:25	00:32	01:16
00:51	01:26	01:43	00:45
00:53	01:22	00:46	01:14
00:38	00:46	00:48	00:33
00:20	00:01	00:00	00:00

= Som klassevinner , - raskere , + senere , # 10% tap , & 25% tap , @ 100% tap.

## D45-

<b>1</b>	<b>Ulrika Örnhagen Jørgensen</b>	<b>31</b>	<b>16:37</b>
00:42=	02:06= 02:41= 04:10= 04:58= 06:29=	08:12= 09:00= 10:02= 11:22= 12:08=	13:22= 14:03= 14:52= 15:39= 16:13= 16:36= 16:37=
00:42=	01:24= 00:35= 01:29= 00:48= 01:31=	01:43= 00:48= 01:02= 01:20= 00:46=	01:14= 00:41= 00:49= 00:47= 00:34= 00:23= 00:01=
00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00=
<b>2</b>	<b>Rikke Holm Jensen</b>	<b>15</b>	<b>16:49</b>
00:39-	01:59- 02:31- 03:48- 04:41- 06:15-	08:14+ 09:00= 10:12+ 11:38+ 12:25+	13:39+ 14:18+ 15:02+ 15:54+ 16:27+ 16:49+
00:39-	01:20- 00:32- 01:17- 00:53+ 01:34+	01:59+ 00:46- 01:12+ 01:26+ 00:47+	01:14= 00:39- 00:44- 00:52+ 00:33- 00:22-
00:03-	00:04- 00:03- 00:12- 00:05# 00:03+	00:16# 00:02- 00:10# 00:06+ 00:01+	00:00= 00:02- 00:05- 00:05# 00:01- 00:01-
<b>3</b>	<b>Randi Scheel</b>	<b>OK Pan</b>	<b>16:49</b>
00:41-	02:14+ 02:48+ 04:06- 04:55- 06:13-	08:20+ 09:08+ 10:16+ 11:27+ 12:15+	13:32+ 14:21+ 15:04+ 15:50+ 16:24+ 16:48+ 16:49+
00:41-	01:33+ 00:34- 01:18- 00:49+ 01:18-	02:07+ 00:48= 01:08+ 01:11- 00:48+	01:17+ 00:49+ 00:43- 00:46- 00:34= 00:24+ 00:01=
00:01-	00:09# 00:01- 00:11- 00:01+ 00:13-	00:24# 00:00= 00:06+ 00:09- 00:09-	00:02+ 00:06- 00:01- 00:00= 00:01+ 00:00=
<b>4</b>	<b>Maria M. Høyer Staugaard</b>	<b>10</b>	<b>17:29</b>
00:38-	02:02- 02:44+ 03:58- 04:47- 06:10-	09:00+ 09:40+ 10:33+ 11:53+ 12:34+	13:47+ 15:14+ 15:54+ 16:40+ 17:08+ 17:28+ 17:29+
00:38-	01:24= 00:42+ 01:14- 00:49+ 01:23-	02:50+ 00:40- 00:53- 01:20= 00:41-	01:13- 01:27+ 00:40- 00:46- 00:28- 00:20- 00:01=
00:04-	00:00= 00:07# 00:15- 00:01+ 00:08-	01:07& 00:08- 00:09- 00:00= 00:05-	00:01- 00:46@ 00:09- 00:01- 00:06- 00:03- 00:00=
<b>5</b>	<b>Anne Møller Skaug</b>	<b>OK Pan</b>	<b>17:42</b>
00:42=	02:19+ 02:53+ 04:22+ 05:18+ 06:48+	09:07+ 09:53+ 10:58+ 12:13+ 13:02+	14:27+ 15:07+ 15:50+ 16:39+ 17:20+ 17:42+
00:42=	01:37+ 00:34- 01:29= 00:56+ 01:39+	02:19+ 00:46- 01:05+ 01:15- 00:49+	01:25+ 00:40- 00:43- 00:49+ 00:41+ 00:22-
00:00=	00:13# 00:01- 00:00= 00:08# 00:01-	00:36& 00:02- 00:03+ 00:05- 00:03+	00:11# 00:01- 00:06- 00:02+ 00:07# 00:01-
<b>6</b>	<b>Irene K. Mikkelsen</b>	<b>15</b>	<b>17:58</b>
00:41-	02:06= 02:46+ 04:12+ 05:10+ 06:46+	08:52+ 09:39+ 10:57+ 12:19+ 13:12+	14:34+ 15:15+ 16:05+ 16:58+ 17:34+ 17:57+ 17:58+
00:41-	01:25+ 00:40+ 01:26- 00:58+ 01:36+	02:06+ 00:47- 01:18+ 01:22+ 00:53+	01:22+ 00:41= 00:50+ 00:53+ 00:36+ 00:23= 00:01=
00:01-	00:01+ 00:05# 00:03- 00:10# 00:05+	00:23# 00:01- 00:16& 00:02+ 00:07#	00:08# 00:00= 00:01+ 00:06# 00:02+ 00:00= 00:00=
<b>7</b>	<b>Heidi Hinge Krogsgaard</b>	<b>38</b>	<b>18:03</b>
00:39-	01:58- 02:36- 03:55- 04:50- 06:45+	08:53+ 09:41+ 10:36+ 11:55+ 12:41+	13:59+ 15:32+ 16:17+ 17:05+ 17:40+ 18:02+ 18:03+
00:39-	01:19- 00:38+ 01:19- 00:55+ 01:55+	02:08+ 00:48= 00:55- 01:19- 00:46=	01:18+ 01:33+ 00:45- 00:48+ 00:35+ 00:22- 00:01=
00:03-	00:05- 00:03+ 00:10- 00:07# 00:24&	00:25# 00:00= 00:07- 00:01- 00:00=	00:04+ 00:52@ 00:04- 00:01+ 00:01+ 00:01+ 00:01=





Class	Navn	Klasse										Tid				
<b>4</b>	<b>Anne Maarup</b>	<b>10</b>										<b>16:16</b>				
00:50+	01:36+	02:28+	03:22-	04:59-	05:51-	07:26-	09:27-	10:21-	11:18+	13:17+	14:22+	14:52+	15:28+	15:48+	16:15+	16:16+
00:50+	00:46-	00:52+	00:54-	01:37+	00:52-	01:35+	02:01+	00:54=	00:57+	01:59+	01:05+	00:30+	00:36+	00:20+	00:27+	00:01=
00:06#	00:04-	00:01+	00:05-	00:01+	00:19-	00:01+	00:18#	00:00=	00:06#	00:21#	00:05+	00:02+	00:06#	00:02#	00:05#	00:00=
<b>5</b>	<b>Anne Kaae-Nielsen</b>	<b>40</b>										<b>16:35</b>				
00:58+	02:06+	02:54+	03:52+	05:44+	06:34+	08:09+	10:11+	11:17+	12:04+	13:47+	14:47+	15:18+	15:46+	16:06+	16:35+	
00:58+	01:08+	00:48-	00:58-	01:52+	00:50-	01:35+	02:02+	01:06+	00:47-	01:43+	01:00=	00:31+	00:28-	00:20+	00:29+	
00:14&	00:18&	00:03-	00:01-	00:16#	00:21-	00:01+	00:19#	00:12#	00:04-	00:05+	00:00=	00:03#	00:02-	00:02#	00:07&	
<b>6</b>	<b>Anette Lund</b>	<b>25</b>										<b>16:37</b>				
00:45+	01:30-	02:26+	03:27+	05:02+	05:49-	07:18-	09:07-	10:07-	11:01-	12:41-	13:42-	15:22+	15:51+	16:10+	16:36+	16:37+
00:45+	00:45-	00:56+	01:01+	01:35-	00:47-	01:29-	01:49+	01:00+	00:54+	01:40+	01:01+	01:40+	00:29-	00:19+	00:26+	00:01=
00:01+	00:05-	00:05+	00:02+	00:01-	00:24-	00:05-	00:06+	00:06#	00:03+	00:02+	00:01+	01:12@	00:01-	00:01+	00:04#	00:00=
<b>7</b>	<b>Maria Douglas Stilling</b>	<b>10</b>										<b>17:33</b>				
00:51+	01:41+	02:34+	03:33+	05:24+	06:16+	08:20+	10:39+	11:34+	12:28+	14:19+	15:15+	16:23+	16:55+	17:11+	17:33+	
00:51+	00:50=	00:53+	00:59=	01:51+	00:52-	02:04+	02:19+	00:55+	00:54+	01:51+	00:56-	01:08+	00:32+	00:16-	00:22=	
00:07#	00:00=	00:02+	00:00=	00:15#	00:19-	00:30&	00:36&	00:01+	00:03+	00:13#	00:04-	00:40@	00:02+	00:02-	00:00=	
<b>8</b>	<b>Bente Kjær Hemmingsen</b>	<b>10</b>										<b>18:18</b>				
00:48+	01:37+	02:39+	03:32+	05:22+	06:14+	08:09+	11:11+	12:01+	13:01+	14:55+	16:27+	17:03+	17:36+	17:54+	18:17+	18:18+
00:48+	00:49-	01:02+	00:53-	01:50+	00:52-	01:55+	03:02+	00:50-	01:00+	01:54+	01:32+	00:36+	00:33+	00:18=	00:23+	00:01=
00:04+	00:01-	00:11#	00:06-	00:14#	00:19-	00:21#	01:19&	00:04-	00:09#	00:16#	00:32&	00:08&	00:03#	00:00=	00:01+	00:00=
<b>9</b>	<b>Lotte Friberg</b>	<b>10</b>										<b>18:19</b>				
00:52+	01:45+	02:47+	03:53+	05:45+	06:46+	08:36+	11:16+	12:16+	13:11+	15:15+	16:36+	17:06+	17:35+	17:52+	18:18+	18:19+
00:52+	00:53+	01:02+	01:06+	01:52+	01:01-	01:50+	02:40+	01:00+	00:55+	02:04+	01:21+	00:30+	00:29-	00:17-	00:26+	00:01=
00:08#	00:03+	00:11#	00:07#	00:16#	00:10-	00:16#	00:57&	00:06#	00:04+	00:26&	00:21&	00:02+	00:01-	00:01-	00:04#	00:00=
<b>10</b>	<b>Mette Edsen</b>	<b>21</b>										<b>18:37</b>				
00:53+	01:44+	02:51+	04:06+	05:55+	06:48+	08:36+	12:00+	12:53+	13:45+	15:36+	16:48+	17:22+	17:50+	18:08+	18:36+	18:37+
00:53+	00:51+	01:07+	01:15+	01:49+	00:53-	01:48+	03:24+	00:53-	00:52+	01:51+	01:12+	00:34+	00:28-	00:18=	00:28+	00:01=
00:09#	00:01+	00:16&	00:16&	00:13#	00:18-	00:14#	01:41&	00:01-	00:01+	00:13#	00:12#	00:06#	00:02-	00:00=	00:06&	00:00=
<b>11</b>	<b>Marianne Kirkegaard</b>	<b>40</b>										<b>19:14</b>				
01:06+	02:01+	02:59+	03:59+	05:54+	07:17+	09:08+	11:30+	12:32+	13:34+	15:46+	17:06+	17:43+	18:21+	18:42+	19:13+	19:14+
01:06+	00:55+	00:58+	01:00+	01:55+	01:23+	01:51+	02:22+	01:02+	01:02+	02:12+	01:20+	00:37+	00:38+	00:21+	00:31+	00:01=
00:22&	00:05#	00:07#	00:01+	00:19#	00:12#	00:17#	00:39&	00:08#	00:11#	00:34&	00:20&	00:09&	00:08&	00:03#	00:09&	00:00=
<b>12</b>	<b>Charlotte Bergmann</b>	<b>5</b>										<b>21:09</b>				
00:59+	02:20+	03:11+	04:09+	06:06+	06:59+	08:39+	11:41+	12:47+	14:14+	16:14+	19:06+	19:39+	20:12+	20:34+	21:08+	21:09+
00:59+	01:21+	00:51=	00:58-	01:57+	00:53-	01:40+	03:02+	01:06+	01:27+	02:00+	02:52+	00:33+	00:33+	00:22+	00:34+	00:01=
00:15&	00:31&	00:00=	00:01-	00:21#	00:18-	00:06+	01:19&	00:12#	00:36&	00:22#	01:52@	00:05#	00:03#	00:04#	00:12&	00:00=
<b>13</b>	<b>Helle Nikkel</b>	<b>42</b>										<b>21:26</b>				
01:07+	02:16+	03:21+	04:27+	06:47+	07:50+	10:08+	13:01+	14:05+	15:17+	17:42+	19:04+	19:44+	20:25+	20:52+	21:24+	21:26+
01:07+	01:09+	01:05+	01:06+	02:20+	01:03-	02:18+	02:53+	01:04+	01:12+	02:25+	01:22+	00:40+	00:41+	00:27+	00:32+	00:02+
00:23&	00:19&	00:14&	00:07#	00:44&	00:08-	00:44&	01:10&	00:10#	00:21&	00:47&	00:22&	00:12&	00:11&	00:09&	00:10&	00:01&
<b>14</b>	<b>Dorte Jenny Bak</b>	<b>1</b>										<b>22:32</b>				
00:55+	02:08+	03:07+	04:23+	06:55+	07:49+	10:15+	14:00+	15:03+	16:14+	18:25+	19:40+	20:56+	21:37+	22:03+	22:31+	22:32+
00:55+	01:13+	00:59+	01:16+	02:32+	00:54-	02:26+	03:45+	01:03+	01:11+	02:11+	01:15+	01:16+	00:41+	00:26+	00:28+	00:01=
00:11#	00:23&	00:08#	00:17&	00:56&	00:17-	00:52&	02:02@	00:09#	00:20&	00:33&	00:15#	00:48@	00:11&	00:08&	00:06&	00:00=
<b>15</b>	<b>Tina Samsø Udholm</b>	<b>1</b>										<b>23:16</b>				
01:03+	02:08+	03:19+	04:51+	07:04+	08:13+	10:49+	13:22+	14:33+	15:46+	18:23+	19:52+	21:21+	22:13+	22:39+	23:14+	23:16+
01:03+	01:05+	01:11+	01:32+	02:13+	01:09-	02:36+	02:33+	01:11+	01:13+	02:37+	01:29+	01:29+	00:52+	00:26+	00:35+	00:02+
00:19&	00:15&	00:20&	00:33&	00:37&	00:02-	01:02&	00:50&	00:17&	00:22&	00:59&	00:29&	01:01@	00:22&	00:08&	00:13&	00:01&
<b>16</b>	<b>Maria Weber</b>	<b>41</b>										<b>28:46</b>				
01:35+	03:02+	04:54+	06:28+	09:38+	10:53+	13:52+	17:31+	18:56+	21:00+	24:09+	25:51+	26:41+	27:28+	27:57+	28:45+	28:46+
01:35+	01:27+	01:52+	01:34+	03:10+	01:15+	02:59+	03:39+	01:25+	02:04+	03:09+	01:42+	00:50+	00:47+	00:29+	00:48+	00:01=
00:51@	00:37&	01:01@	00:35&	01:34&	00:04+	01:25&	01:56@	00:31&	01:13@	01:31&	00:42&	00:22&	00:17&	00:11&	00:26@	00:00=
<b>Beste strekktid for klassen</b>																
00:39	00:42	00:45	00:53	01:35	00:47	01:19	01:43	00:49	00:47	01:38	00:56	00:27	00:28	00:16	00:22	00:01

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D55-

Class	Navn	Klasse	Tid
<b>1</b>	<b>Annette Bonde</b>	<b>6</b>	<b>16:49</b>
00:50=	01:37= 02:27= 03:30= 05:08= 05:56=	07:41= 09:53= 10:48= 11:43= 13:46=	14:57= 15:27= 16:03= 16:24= 16:48= 16:49=
00:50=	00:47= 00:50= 01:03= 01:38= 00:58=	01:45= 02:12= 00:55= 00:55= 02:03=	01:11= 00:30= 00:36= 00:21= 00:24= 00:01=
00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00=
<b>2</b>	<b>Birgitte Birck</b>	<b>5</b>	<b>17:04</b>
00:47-	01:42+ 02:55+ 03:49+ 05:34+ 06:26+	08:18+ 10:23+ 11:18+ 12:14+ 14:09+	15:14+ 15:45+ 16:20+ 16:40+ 17:03+ 17:04+
00:47-	00:55+ 01:13+ 00:54- 01:45+ 00:52+	01:52+ 02:05- 00:55= 00:56+ 01:55-	01:05- 00:31+ 00:35- 00:20- 00:23- 00:01=
00:03-	00:08# 00:23& 00:09- 00:07+ 00:04+	00:07+ 00:07- 00:00= 00:01+ 00:08-	00:06- 00:01+ 00:01- 00:01- 00:01- 00:00=
<b>3</b>	<b>Birgitte Erskov Halland</b>	<b>34</b>	<b>17:27</b>
00:49-	01:38+ 02:31+ 03:28- 05:18+ 06:11+	07:43+ 10:12+ 11:09+ 12:04+ 13:53+	14:58+ 15:52+ 16:39+ 16:59+ 17:26+ 17:27+
00:49-	00:49+ 00:53+ 00:57- 01:50+ 00:53+	01:32- 02:29+ 00:57+ 00:55= 01:49-	01:05- 00:54+ 00:47+ 00:20- 00:27+ 00:01=
00:01-	00:02+ 00:03+ 00:06- 00:12# 00:05#	00:13- 00:17# 00:02+ 00:00= 00:14-	00:06- 00:24& 00:11& 00:01- 00:03# 00:00=
<b>4</b>	<b>Britta Ank Pedersen</b>	<b>15</b>	<b>17:53</b>
00:45-	01:33- 02:41+ 03:46+ 05:25+ 06:34+	08:15+ 10:18+ 11:15+ 12:10+ 14:24+	15:36+ 16:26+ 17:02+ 17:24+ 17:53+
00:45-	00:48+ 01:08+ 01:05+ 01:39+ 01:09+	01:41- 02:03- 00:57+ 00:55= 02:14+	01:12+ 00:50+ 00:36= 00:22+ 00:29+
00:05-	00:01+ 00:18& 00:02+ 00:01+ 00:21&	00:04- 00:09- 00:02+ 00:00= 00:11+	00:01+ 00:20& 00:00= 00:01+ 00:05#
<b>5</b>	<b>Hanne Møller Jensen</b>	<b>29</b>	<b>18:46</b>
01:21+	02:17+ 03:17+ 04:16+ 06:44+ 08:04+	10:04+ 12:21+ 13:09+ 14:03+ 15:52+	16:58+ 17:27+ 18:00+ 18:19+ 18:45+ 18:46+
01:21+	00:56+ 01:00+ 00:59- 02:28+ 01:20+	02:00+ 02:17+ 00:48- 00:54- 01:49-	01:06- 00:29- 00:33- 00:19- 00:26+ 00:01=
00:31&	00:09# 00:10# 00:04- 00:50& 00:32&	00:15# 00:05+ 00:07- 00:01- 00:14-	00:05- 00:01- 00:03- 00:02- 00:02+ 00:00=
<b>6</b>	<b>Siri Klausen</b>	<b>6</b>	<b>18:57</b>
00:55+	01:49+ 02:45+ 04:25+ 06:23+ 07:19+	09:08+ 11:11+ 12:09+ 13:07+ 15:15+	16:31+ 17:20+ 17:56+ 18:23+ 18:56+ 18:57+
00:55+	00:54+ 00:56+ 01:40+ 01:58+ 00:56+	01:49+ 02:03- 00:58+ 00:58+ 02:08+	01:16+ 00:49+ 00:36= 00:27+ 00:33+ 00:01=
00:05#	00:07# 00:06# 00:37& 00:20# 00:08#	00:04+ 00:09- 00:03+ 00:03+ 00:05+	00:05+ 00:19& 00:00= 00:06& 00:09& 00:00=
<b>7</b>	<b>Kate Nielsen</b>	<b>31</b>	<b>19:08</b>
00:51+	02:26+ 03:27+ 04:26+ 06:03+ 06:59+	08:36+ 10:43+ 11:40+ 12:37+ 14:44+	15:56+ 16:36+ 18:04+ 18:35+ 19:07+ 19:08+
00:51+	01:35+ 01:01+ 00:59- 01:37- 00:56+	01:37- 02:07- 00:57+ 00:57+ 02:07+	01:12+ 00:40+ 01:28+ 00:31+ 00:32+ 00:01=
00:01+	00:48@ 00:11# 00:04- 00:01- 00:08#	00:08- 00:05- 00:02+ 00:02+ 00:04+	00:01+ 00:10& 00:52@ 00:10& 00:08& 00:00=
<b>8</b>	<b>Gitte Isen</b>	<b>14</b>	<b>19:40</b>
01:00+	01:55+ 02:57+ 03:58+ 05:55+ 06:49+	08:55+ 11:20+ 12:22+ 13:22+ 15:33+	16:51+ 17:46+ 18:41+ 19:05+ 19:39+ 19:40+
01:00+	00:55+ 01:02+ 01:01- 01:57+ 00:54+	02:06+ 02:25+ 01:02+ 01:00+ 02:11+	01:18+ 00:55+ 00:55+ 00:24+ 00:34+ 00:01=
00:10#	00:08# 00:12# 00:02- 00:19# 00:06#	00:21# 00:13+ 00:07# 00:05+ 00:08+	00:07+ 00:25& 00:19& 00:03# 00:10& 00:00=
<b>9</b>	<b>Mariann Kejser</b>	<b>OK Pan</b>	<b>22:18</b>
00:52+	03:10+ 04:15+ 05:38+ 07:24+ 08:25+	10:05+ 13:10+ 14:18+ 15:18+ 17:29+	18:41+ 19:15+ 21:21+ 21:47+ 22:17+ 22:18+
00:52+	02:18+ 01:05+ 01:23+ 01:46+ 01:01+	01:40- 03:05+ 01:08+ 01:00+ 02:11+	01:12+ 00:34+ 02:06+ 00:26+ 00:30+ 00:01=
00:02+	01:31@ 00:15& 00:20& 00:08+ 00:13&	00:05- 00:53& 00:13# 00:05+ 00:08+	00:01+ 00:04# 01:30@ 00:05# 00:06# 00:00=
<b>10</b>	<b>Birgitte Bach</b>	<b>42</b>	<b>23:20</b>
02:26+	03:31+ 04:33+ 05:34+ 08:17+ 09:16+	11:34+ 14:02+ 15:24+ 16:27+ 19:16+	20:45+ 21:34+ 22:12+ 22:43+ 23:18+ 23:20+
02:26+	01:05+ 01:02+ 01:01- 02:43+ 00:59+	02:18+ 02:28+ 01:22+ 01:03+ 02:49+	01:29+ 00:49+ 00:38+ 00:31+ 00:35+ 00:02+
01:36@	00:18& 00:12# 00:02- 01:05& 00:11#	00:33& 00:16# 00:27& 00:08# 00:46&	00:18& 00:19& 00:02+ 00:10& 00:11& 00:01&
<b>11</b>	<b>Hanne Mohapeloa</b>	<b>1</b>	<b>23:23</b>
00:58+	02:10+ 03:09+ 04:19+ 06:47+ 08:24+	11:07+ 14:16+ 15:24+ 16:36+ 19:16+	20:51+ 21:37+ 22:26+ 22:54+ 23:22+ 23:23+
00:58+	01:12+ 00:59+ 01:10+ 02:28+ 01:37+	02:43+ 03:09+ 01:08+ 01:12+ 02:40+	01:35+ 00:46+ 00:49+ 00:28+ 00:28+ 00:01=
00:08#	00:25& 00:09# 00:07# 00:50& 00:49@	00:58& 00:57& 00:13# 00:17& 00:37&	00:24& 00:16& 00:13& 00:07& 00:04# 00:00=

**Beste strekktid for klassen**

00:45 00:47 00:50 00:54 01:37 00:48 01:32 02:03 00:48 00:54 01:49 01:05 00:29 00:33 00:19 00:23 00:01

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**D60-**

<b>1</b>	<b>Grethe Anæus</b>	<b>42</b>	<b>16:39</b>
00:52=	02:36= 04:48= 05:32= 06:31= 07:43=	10:03= 11:04= 12:27= 13:01= 13:46=	14:41= 15:17= 15:54= 16:12= 16:38= 16:39=
00:52=	01:44= 02:12= 00:44+ 00:59= 01:12=	02:20= 01:01= 01:23= 00:34= 00:45=	00:55= 00:36= 00:37= 00:18= 00:26= 00:01=
00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00=
<b>2</b>	<b>Lone Dybdal</b>	<b>3</b>	<b>17:55</b>
00:59+	02:55+ 05:16+ 06:09+ 07:06+ 08:35+	10:50+ 12:00+ 13:19+ 14:03+ 14:54+	15:53+ 16:33+ 17:06+ 17:27+ 17:54+ 17:55+
00:59+	01:56+ 02:21+ 00:53+ 00:57- 01:29+	02:15- 01:10+ 01:19- 00:44+ 00:51+	00:59+ 00:40+ 00:33- 00:21+ 00:27+ 00:01=
00:07#	00:12# 00:09+ 00:09# 00:02- 00:17#	00:05- 00:09# 00:04- 00:10& 00:06#	00:04+ 00:04# 00:04- 00:03# 00:01+ 00:00=

Class	Navn	Klasse														Tid
<b>3</b>	<b>Hanne Ljungberg</b>	<b>OK Syd</b>														<b>17:57</b>
00:58+	02:45+	05:04+	05:58+	06:59+	08:07+	10:19+	11:25+	13:14+	13:57+	14:45+	15:50+	16:30+	17:10+	17:31+	17:56+	17:57+
00:58+	01:47+	02:19+	00:54+	01:01+	01:08-	02:12-	01:06+	01:49+	00:43+	00:48+	01:05+	00:40+	00:40+	00:21+	00:25-	00:01=
00:06#	00:03+	00:07+	00:10#	00:02+	00:04-	00:08-	00:05+	00:26&	00:09&	00:03+	00:10#	00:04#	00:03+	00:03#	00:01-	00:00=
<b>4</b>	<b>Hanne Møller Andersen</b>	<b>OK Pan</b>														<b>18:51</b>
00:52=	02:47+	05:21+	06:36+	07:39+	08:59+	11:36+	12:41+	14:18+	14:55+	15:47+	16:44+	17:18+	17:56+	18:19+	18:50+	18:51+
00:52=	01:55+	02:34+	01:15+	01:03+	01:20+	02:37+	01:05+	01:37+	00:37+	00:52+	00:57+	00:34-	00:38+	00:23+	00:31+	00:01=
00:00=	00:11#	00:22#	00:31&	00:04+	00:08#	00:17#	00:04+	00:14#	00:03+	00:07#	00:02+	00:02-	00:01+	00:05&	00:05#	00:00=
<b>5</b>	<b>Helle Schou</b>	<b>31</b>														<b>19:11</b>
00:54+	03:08+	05:42+	06:41+	07:48+	09:05+	11:38+	12:45+	14:25+	15:05+	15:53+	16:57+	17:37+	18:18+	18:41+	19:10+	19:11+
00:54+	02:14+	02:34+	00:59+	01:07+	01:17+	02:33+	01:07+	01:40+	00:40+	00:48+	01:04+	00:40+	00:41+	00:23+	00:29+	00:01=
00:02+	00:30&	00:22#	00:15&	00:08#	00:05+	00:13+	00:06+	00:17#	00:06#	00:03+	00:09#	00:04#	00:04#	00:05&	00:03#	00:00=
<b>6</b>	<b>Ingrid Johannsen</b>	<b>38</b>														<b>19:41</b>
00:46-	02:23-	04:34-	06:16+	08:30+	10:34+	13:02+	14:00+	15:37+	16:10+	16:52+	17:46+	18:14+	18:55+	19:16+	19:41+	
00:46-	01:37-	02:11-	01:42+	02:14+	02:04+	02:28+	00:58-	01:37+	00:33-	00:42-	00:54-	00:28-	00:41+	00:21+	00:25-	
00:06-	00:07-	00:01-	00:58@	01:15@	00:52&	00:08+	00:03-	00:14#	00:01-	00:03-	00:01-	00:08-	00:04#	00:03#	00:01-	
<b>7</b>	<b>Hanne Frost</b>	<b>6</b>														<b>20:39</b>
01:16+	04:06+	06:47+	07:44+	08:46+	10:07+	12:33+	13:40+	15:33+	16:11+	17:05+	18:10+	18:54+	19:40+	20:07+	20:38+	20:39+
01:16+	02:50+	02:41+	00:57+	01:02+	01:21+	02:26+	01:07+	01:53+	00:38+	00:54+	01:05+	00:44+	00:46+	00:27+	00:31+	00:01=
00:24&	01:06&	00:29#	00:13&	00:03+	00:09#	00:06+	00:06+	00:30&	00:04#	00:09#	00:10#	00:08#	00:09#	00:09&	00:05#	00:00=
<b>8</b>	<b>Pia Gade</b>	<b>42</b>														<b>20:49</b>
00:59+	03:02+	05:55+	06:46+	07:40+	09:01+	11:40+	13:14+	15:15+	15:59+	17:38+	18:40+	19:18+	19:58+	20:20+	20:49+	
00:59+	02:03+	02:53+	00:51+	00:54-	01:21+	02:39+	01:34+	02:01+	00:44+	01:39+	01:02+	00:38+	00:40+	00:22+	00:29+	
00:07#	00:19#	00:41&	00:07#	00:05-	00:09#	00:19#	00:33&	00:38&	00:10&	00:54@	00:07#	00:02+	00:03+	00:04#	00:03#	
<b>9</b>	<b>Solveig B. Nielsen</b>	<b>26</b>														<b>21:21</b>
01:08+	03:35+	06:40+	07:52+	09:04+	10:19+	12:53+	14:19+	16:11+	17:14+	18:02+	19:07+	19:46+	20:24+	20:47+	21:19+	21:21+
01:08+	02:27+	03:05+	01:12+	01:12+	01:15+	02:34+	01:26+	01:52+	01:03+	00:48+	01:05+	00:39+	00:38+	00:23+	00:32+	00:02+
00:16&	00:43&	00:53&	00:28&	00:13#	00:03+	00:14#	00:25&	00:29&	00:29&	00:03+	00:10#	00:03+	00:01+	00:05&	00:06#	00:01&
<b>10</b>	<b>Helga Søby</b>	<b>14</b>														<b>21:42</b>
01:07+	03:03+	05:20+	06:06+	07:54+	09:26+	12:01+	13:26+	15:32+	17:41+	18:36+	19:33+	20:08+	20:44+	21:10+	21:41+	21:42+
01:07+	01:56+	02:17+	00:46+	01:48+	01:32+	02:35+	01:25+	02:06+	02:09+	00:55+	00:57+	00:35-	00:36-	00:26+	00:31+	00:01=
00:15&	00:12#	00:05+	00:02+	00:49&	00:20&	00:15#	00:24&	00:43&	01:35@	00:10#	00:02+	00:01-	00:01-	00:08&	00:05#	00:00=
<b>11</b>	<b>Johanne Lind</b>	<b>6</b>														<b>22:17</b>
01:14+	03:36+	06:36+	07:53+	09:32+	10:55+	13:33+	15:15+	17:13+	18:08+	19:05+	20:05+	20:43+	21:23+	21:46+	22:16+	22:17+
01:14+	02:22+	03:00+	01:17+	01:39+	01:23+	02:38+	01:42+	01:58+	00:55+	00:57+	01:00+	00:38+	00:40+	00:23+	00:30+	00:01=
00:22&	00:38&	00:48&	00:33&	00:40&	00:11#	00:18#	00:41&	00:35&	00:21&	00:12&	00:05+	00:02+	00:03+	00:05&	00:04#	00:00=
<b>12</b>	<b>Annette Petersen</b>	<b>29</b>														<b>22:19</b>
01:01+	03:14+	06:06+	07:05+	08:15+	09:46+	12:47+	13:57+	15:49+	16:29+	17:34+	19:28+	20:22+	21:09+	21:43+	22:18+	22:19+
01:01+	02:13+	02:52+	00:59+	01:10+	01:31+	03:01+	01:10+	01:52+	00:40+	01:05+	01:54+	00:54+	00:47+	00:34+	00:35+	00:01=
00:09#	00:29&	00:40&	00:15&	00:11#	00:19&	00:41&	00:09#	00:29&	00:06#	00:20&	00:59@	00:18&	00:10&	00:16&	00:09&	00:00=
<b>13</b>	<b>Alice Brødsgaard</b>	<b>6</b>														<b>25:42</b>
01:39+	04:09+	07:45+	08:54+	10:42+	12:21+	15:43+	16:59+	18:54+	19:40+	20:47+	22:47+	23:41+	24:30+	25:03+	25:40+	25:42+
01:39+	02:30+	03:36+	01:09+	01:48+	01:39+	03:22+	01:16+	01:55+	00:46+	01:07+	02:00+	00:54+	00:49+	00:33+	00:37+	00:02+
00:47&	00:46&	01:24&	00:25&	00:49&	00:27&	01:02&	00:15#	00:32&	00:12&	00:22&	01:05@	00:18&	00:12&	00:15&	00:11&	00:01&

### Beste strekktid for klassen

00:46 01:37 02:11 00:44 00:54 01:08 02:12 00:58 01:19 00:33 00:42 00:54 00:28 00:33 00:18 00:25 00:01

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

### D65-

<b>1</b>	<b>Mona Nørgaard</b>	<b>OK Pan</b>														<b>18:59</b>
00:53=	02:55=	05:24=	06:26=	07:44=	08:57=	11:18=	13:02=	14:34=	15:13=	16:01=	17:07=	17:41=	18:11=	18:31=	18:58=	18:59=
00:53=	02:02=	02:29=	01:02=	01:18=	01:13=	02:21=	01:44=	01:32=	00:39=	00:48=	01:06=	00:34=	00:30=	00:20=	00:27=	00:01=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Elin Holm Jensen</b>	<b>15</b>														<b>19:15</b>
01:01+	03:06+	05:53+	06:53+	07:57+	09:16+	11:33+	12:40-	14:17-	15:00-	15:52-	17:12+	17:50+	18:30+	18:49+	19:15+	
01:01+	02:05+	02:47+	01:00-	01:04-	01:19+	02:17-	01:07-	01:37+	00:43+	00:52+	01:20+	00:38+	00:40+	00:19-	00:26-	
00:08#	00:03+	00:18#	00:02-	00:14-	00:06+	00:04-	00:37-	00:05+	00:04#	00:04+	00:14#	00:04#	00:10&	00:01-	00:01-	

Class	Navn	Klasse										Tid			
<b>3</b>	<b>Lis Knudsen</b>	<b>8</b>										<b>20:13</b>			
00:52-	02:55=	05:39+	06:50+	08:01+	09:22+	11:58+	13:22+	14:56+	15:36+	16:34+	17:39+	18:23+	19:10+	19:38+	20:13+
00:52-	02:03+	02:44+	01:11+	01:11-	01:21+	02:36+	01:24-	01:34+	00:40+	00:58+	01:05-	00:44+	00:47+	00:28+	00:35+
00:01-	00:01+	00:15#	00:09#	00:07-	00:08#	00:15#	00:20-	00:02+	00:01+	00:10#	00:01-	00:10&	00:17&	00:08&	00:08&
<b>4</b>	<b>Kirsten Bobach</b>	<b>1</b>										<b>20:19</b>			
01:01+	03:05+	05:46+	06:45+	08:07+	09:32+	12:13+	13:26+	15:07+	15:54+	16:53+	18:02+	18:40+	19:23+	19:46+	20:18+
01:01+	02:04+	02:41+	00:59-	01:22+	01:25+	02:41+	01:13-	01:41+	00:47+	00:59+	01:09+	00:38+	00:43+	00:23+	00:32+
00:08#	00:02+	00:12+	00:03-	00:04+	00:12#	00:20#	00:31-	00:09+	00:08#	00:11#	00:03+	00:04#	00:13&	00:03#	00:05#
<b>5</b>	<b>Inger Marie Haahr</b>	<b>26</b>										<b>20:34</b>			
00:56+	02:53-	05:26+	06:25-	07:32-	08:47-	12:29+	14:16+	15:38+	16:34+	17:30+	18:33+	19:08+	19:46+	20:06+	20:34+
00:56+	01:57-	02:33+	00:59-	01:07-	01:15+	03:42+	01:47+	01:22-	00:56+	00:56+	01:03-	00:35+	00:38+	00:20+	00:28+
00:03+	00:05-	00:04+	00:03-	00:11-	00:02+	01:21&	00:03+	00:10-	00:17&	00:08#	00:03-	00:01+	00:08&	00:00+	00:01+
<b>6</b>	<b>Janet Bentzen</b>	<b>34</b>										<b>20:36</b>			
00:52-	02:49-	05:38+	07:01+	08:36+	10:20+	12:53+	14:05+	15:53+	16:31+	17:21+	18:21+	19:01+	19:41+	20:05+	20:35+
00:52-	01:57-	02:49+	01:23+	01:35+	01:44+	02:33+	01:12-	01:48+	00:38-	00:50+	01:00-	00:40+	00:40+	00:24+	00:30+
00:01-	00:05-	00:20#	00:21&	00:17#	00:31&	00:12+	00:32-	00:16#	00:01-	00:02+	00:06-	00:06#	00:10&	00:04#	00:03#
<b>7</b>	<b>Elizabeth Borchorst</b>	<b>37</b>										<b>20:48</b>			
00:31-	02:35-	05:29+	06:31+	07:51+	09:19+	12:09+	13:20+	15:05+	15:45+	16:53+	18:08+	18:43+	19:35+	20:03+	20:34+
00:31-	02:04+	02:54+	01:02=	01:20+	01:28+	02:50+	01:11-	01:45+	00:40+	01:08+	01:15+	00:35+	00:52+	00:28+	00:31+
00:22-	00:02+	00:25#	00:00=	00:02+	00:15#	00:29#	00:33-	00:13#	00:01+	00:20&	00:09#	00:01+	00:22&	00:08&	00:04#
<b>8</b>	<b>Birgit Olsen</b>	<b>41</b>										<b>21:20</b>			
00:54+	02:56+	05:51+	07:26+	08:31+	10:15+	12:53+	14:08+	15:58+	16:56+	17:56+	19:06+	19:44+	20:28+	20:50+	21:19+
00:54+	02:02=	02:55+	01:35+	01:05-	01:44+	02:38+	01:15-	01:50+	00:58+	01:00+	01:10+	00:38+	00:44+	00:22+	00:29+
00:01+	00:00=	00:26#	00:33&	00:13-	00:31&	00:17#	00:29-	00:18#	00:19&	00:12#	00:04+	00:04#	00:14&	00:02#	00:00=
<b>9</b>	<b>Lotte Hjort</b>	<b>8</b>										<b>22:40</b>			
01:08+	03:34+	07:11+	08:22+	09:28+	11:00+	13:55+	15:09+	16:55+	17:57+	18:56+	20:08+	20:47+	21:30+	21:59+	22:38+
01:08+	02:26+	03:37+	01:11+	01:06-	01:32+	02:55+	01:14-	01:46+	01:02+	00:59+	01:12+	00:39+	00:43+	00:29+	00:39+
00:15&	00:24#	01:08&	00:09#	00:12-	00:19&	00:34#	00:30-	00:14#	00:23&	00:11#	00:06+	00:05#	00:13&	00:09&	00:12&
<b>10</b>	<b>Trille Ditlevsen</b>	<b>15</b>										<b>24:26</b>			
01:06+	06:46+	09:25+	10:55+	12:10+	13:37+	16:42+	18:08+	19:44+	20:20+	21:13+	22:15+	22:47+	23:23+	23:48+	24:24+
01:06+	05:40+	02:39+	01:30+	01:15-	01:27+	03:05+	01:26-	01:36+	00:36-	00:53+	01:02-	00:32-	00:36+	00:25+	00:36+
00:13#	03:38@	00:10+	00:28&	00:03-	00:14#	00:44&	00:18-	00:04+	00:03-	00:05#	00:04-	00:02-	00:06#	00:05#	00:09&
<b>11</b>	<b>Inge Thorsen</b>	<b>22</b>										<b>24:36</b>			
01:18+	03:48+	07:00+	08:01+	09:54+	11:32+	14:25+	15:43+	17:58+	18:42+	19:54+	21:41+	22:23+	23:32+	24:01+	24:34+
01:18+	02:30+	03:12+	01:01-	01:53+	01:38+	02:53+	01:18-	02:15+	00:44+	01:12+	01:47+	00:42+	01:09+	00:29+	00:33+
00:25&	00:28#	00:43&	00:01-	00:35&	00:25&	00:32#	00:26-	00:43&	00:05#	00:24&	00:41&	00:08#	00:39@	00:09&	00:06#
<b>12</b>	<b>Gerda Marie Christiansen</b>	<b>18</b>										<b>25:02</b>			
02:09+	07:49+	10:24+	11:56+	13:12+	14:33+	17:28+	18:55+	20:36+	21:15+	22:04+	23:09+	23:38+	24:14+	24:33+	25:01+
02:09+	05:40+	02:35+	01:32+	01:16-	01:21+	02:55+	01:27-	01:41+	00:39+	00:49+	01:05-	00:29-	00:36+	00:19-	00:28+
01:16@	03:38@	00:06+	00:30&	00:02-	00:08#	00:34#	00:17-	00:09+	00:00=	00:01+	00:01-	00:05-	00:06#	00:01-	00:01+
<b>13</b>	<b>Lisbet Nielsen</b>	<b>33</b>										<b>25:14</b>			
05:45+	07:57+	10:49+	11:48+	13:31+	14:45+	17:29+	18:34+	20:12+	20:59+	21:55+	23:04+	23:37+	24:26+	24:47+	25:14+
05:45+	02:12+	02:52+	00:59-	01:43+	01:14+	02:44+	01:05-	01:38+	00:47+	00:56+	01:09+	00:33-	00:49+	00:21+	00:27=
04:52@	00:10+	00:23#	00:03-	00:25&	00:01+	00:23#	00:39-	00:06+	00:08#	00:08#	00:03+	00:01-	00:19&	00:01+	00:00=

### Beste strekktid for klassen

00:31 01:57 02:29 00:59 01:04 01:13 02:17 01:05 01:22 00:36 00:48 01:00 00:29 00:30 00:19 00:26 00:01

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

### D70-

<b>1</b>	<b>Asta Terkelsen</b>	<b>25</b>										<b>18:09</b>			
01:03=	03:00=	03:49=	06:06=	06:48=	08:02=	10:46=	12:03=	12:56=	14:39=	15:16=	16:21=	17:16=	17:37=	18:09=	
01:03=	01:57=	00:49=	02:17=	00:42=	01:14=	02:44=	01:17=	00:53=	01:43=	00:37=	01:05=	00:55=	00:21=	00:32=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
<b>2</b>	<b>Rigmor Schou</b>	<b>20</b>										<b>19:09</b>			
01:32+	04:04+	04:52+	07:06+	07:47+	09:03+	11:52+	13:06+	13:56+	15:34+	16:11+	17:10+	18:12+	18:38+	19:08+	
01:32+	02:32+	00:48-	02:14-	00:41-	01:16+	02:49+	01:14-	00:50-	01:38-	00:37=	00:59-	01:02+	00:26+	00:30-	
00:29&	00:35&	00:01-	00:03-	00:01-	00:02+	00:05+	00:03-	00:03-	00:05-	00:00=	00:06-	00:07#	00:05#	00:02-	

Class	Navn	Klasse										Tid			
<b>3</b>	<b>Inge Jørgensen</b>	<b>29</b>										<b>19:15</b>			
01:02-	03:25+	04:09+	06:06=	06:54+	08:07+	12:02+	13:50+	14:26+	15:46+	16:19+	17:20+	18:19+	18:44+	19:14+	19:15+
01:02-	02:23+	00:44-	01:57-	00:48+	01:13-	03:55+	01:48+	00:36-	01:20-	00:33-	01:01-	00:59+	00:25+	00:30-	00:01+
00:01-	00:26#	00:05-	00:20-	00:06#	00:01-	01:11&	00:31&	00:17-	00:23-	00:04-	00:04-	00:04+	00:04#	00:02-	00:01+
<b>4</b>	<b>Vibeke Bøgevig</b>	<b>40</b>										<b>20:20</b>			
00:58-	03:09+	04:21+	06:47+	07:27+	08:50+	12:58+	14:02+	14:47+	16:37+	17:14+	18:19+	19:19+	19:43+	20:19+	
00:58-	02:11+	01:12+	02:26+	00:40-	01:23+	04:08+	01:04-	00:45-	01:50+	00:37=	01:05=	01:00+	00:24+	00:36+	
00:05-	00:14#	00:23&	00:09+	00:02-	00:09#	01:24&	00:13-	00:08-	00:07+	00:00=	00:00=	00:05+	00:03#	00:04#	
<b>5</b>	<b>Randi Splittorff</b>	<b>39</b>										<b>21:22</b>			
00:44-	02:39-	03:32-	06:13+	06:51+	08:13+	10:36-	11:27-	13:01+	17:34+	18:06+	19:06+	20:10+	20:33+	21:10+	21:22+
00:44-	01:55-	00:53+	02:41+	00:38-	01:22+	02:23-	00:51-	01:34+	04:33+	00:32-	01:00-	01:04+	00:23+	00:37+	00:12+
00:19-	00:02-	00:04+	00:24#	00:04-	00:08#	00:21-	00:26-	00:41&	02:50@	00:05-	00:05-	00:09#	00:02+	00:05#	00:12+
<b>6</b>	<b>Jane Thode Jensen</b>	<b>21</b>										<b>21:45</b>			
01:20+	03:26+	04:21+	06:40+	08:12+	09:34+	13:19+	14:17+	15:01+	16:53+	17:32+	18:57+	20:58+	21:20+	21:44+	21:45+
01:20+	02:06+	00:55+	02:19+	01:32+	01:22+	03:45+	00:58-	00:44-	01:52+	00:39+	01:25+	02:01+	00:22+	00:24-	00:01+
00:17&	00:09+	00:06#	00:02+	00:50@	00:08#	01:01&	00:19-	00:09-	00:09+	00:02+	00:20&	01:06@	00:01+	00:08-	00:01+
<b>7</b>	<b>Ellis Byrgiel Sommer</b>	<b>34</b>										<b>22:18</b>			
01:25+	04:32+	05:25+	08:02+	08:52+	10:47+	13:21+	16:10+	16:51+	18:33+	19:13+	20:16+	21:24+	21:45+	22:17+	22:18+
01:25+	03:07+	00:53+	02:37+	00:50+	01:55+	02:34-	02:49+	00:41-	01:42-	00:40+	01:03-	01:08+	00:21=	00:32=	00:01+
00:22&	01:10&	00:04+	00:20#	00:08#	00:41&	00:10-	01:32@	00:12-	00:01-	00:03+	00:02-	00:13#	00:00=	00:00=	00:01+
<b>8</b>	<b>Ellen Thisted</b>	<b>40</b>										<b>24:53</b>			
01:08+	04:08+	05:17+	09:01+	09:57+	11:40+	15:21+	16:45+	17:35+	19:45+	20:32+	21:58+	23:29+	24:15+	24:52+	24:53+
01:08+	03:00+	01:09+	03:44+	00:56+	01:43+	03:41+	01:24+	00:50-	02:10+	00:47+	01:26+	01:31+	00:46+	00:37+	00:01+
00:05+	01:03&	00:20&	01:27&	00:14&	00:29&	00:57&	00:07+	00:03-	00:27&	00:10&	00:21&	00:36&	00:25@	00:05#	00:01+
<b>9</b>	<b>Ellen Thomsen</b>	<b>33</b>										<b>26:55</b>			
01:15+	04:02+	08:48+	11:26+	12:24+	14:27+	17:42+	18:56+	19:46+	21:51+	22:45+	24:08+	25:39+	26:14+	26:52+	26:55+
01:15+	02:47+	04:46+	02:38+	00:58+	02:03+	03:15+	01:14-	00:50-	02:05+	00:54+	01:23+	01:31+	00:35+	00:38+	00:03+
00:12#	00:50&	03:57@	00:21#	00:16&	00:49&	00:31#	00:03-	00:03-	00:22#	00:17&	00:18&	00:36&	00:14&	00:06#	00:03+
<b>Beste strekktid for klassen</b>															
00:44	01:55	00:44	01:57	00:38	01:13	02:23	00:51	00:36	01:20	00:32	00:59	00:55	00:21	00:24	

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## D75-

<b>1</b>	<b>Aase Neregaard</b>	<b>41</b>										<b>20:24</b>			
01:25=	04:26=	05:21=	07:39=	08:40=	10:03=	12:45=	13:55=	14:32=	16:15=	16:56=	18:09=	19:20=	19:48=	20:23=	20:24=
01:25=	03:01=	00:55=	02:18=	01:01=	01:23=	02:42=	01:10=	00:37=	01:43=	00:41=	01:13=	01:11=	00:28=	00:35=	00:01=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Annelise Hansen</b>	<b>10</b>										<b>20:53</b>			
01:04-	03:23-	04:15-	06:43-	07:43-	09:15-	12:02-	13:14-	13:58-	16:03-	17:09+	18:35+	19:54+	20:21+	20:51+	20:53+
01:04-	02:19-	00:52-	02:28+	01:00-	01:32+	02:47+	01:12+	00:44+	02:05+	01:06+	01:26+	01:19+	00:27-	00:30-	00:02+
00:21-	00:42-	00:03-	00:10+	00:01-	00:09#	00:05+	00:02+	00:07#	00:22#	00:25&	00:13#	00:08#	00:01-	00:05-	00:01&
<b>3</b>	<b>Vivi Arildsen</b>	<b>33</b>										<b>22:49</b>			
01:35+	04:21-	05:22+	08:21+	09:05+	10:36+	13:18+	14:39+	15:23+	18:01+	18:49+	20:16+	21:32+	22:09+	22:48+	22:49+
01:35+	02:46-	01:01+	02:59+	00:44-	01:31+	02:42=	01:21+	00:44+	02:38+	00:48+	01:27+	01:16+	00:37+	00:39+	00:01=
00:10#	00:15-	00:06#	00:41&	00:17-	00:08+	00:00=	00:11#	00:07#	00:55&	00:07#	00:14#	00:05+	00:09&	00:04#	00:00=
<b>4</b>	<b>Kirsten Truelsen</b>	<b>6</b>										<b>24:16</b>			
01:13-	03:56-	04:54-	07:41+	08:41+	10:24+	14:12+	15:36+	16:19+	19:06+	20:00+	21:29+	22:56+	23:35+	24:15+	24:16+
01:13-	02:43-	00:58+	02:47+	01:00-	01:43+	03:48+	01:24+	00:43+	02:47+	00:54+	01:29+	01:27+	00:39+	00:40+	00:01=
00:12-	00:18-	00:03+	00:29#	00:01-	00:20#	01:06&	00:14#	00:06#	01:04&	00:13&	00:16#	00:16#	00:11&	00:05#	00:00=
<b>5</b>	<b>Inger Andersen</b>	<b>8</b>										<b>25:34</b>			
01:34+	04:42+	05:52+	08:54+	09:56+	11:47+	15:32+	16:58+	17:48+	20:04+	20:53+	22:26+	24:03+	24:44+	25:31+	25:34+
01:34+	03:08+	01:10+	03:02+	01:02+	01:51+	03:45+	01:26+	00:50+	02:16+	00:49+	01:33+	01:37+	00:41+	00:47+	00:03+
00:09#	00:07+	00:15&	00:44&	00:01+	00:28&	01:03&	00:16#	00:13&	00:33&	00:08#	00:20&	00:26&	00:13&	00:12&	00:02@
<b>6</b>	<b>Aase Thyssen</b>	<b>15</b>										<b>30:56</b>			
01:24-	04:25-	05:36+	09:02+	09:51+	11:43+	15:44+	17:09+	19:12+	22:30+	23:24+	27:55+	29:32+	30:12+	30:53+	30:56+
01:24-	03:01=	01:11+	03:26+	00:49-	01:52+	04:01+	01:25+	02:03+	03:18+	00:54+	04:31+	01:37+	00:40+	00:41+	00:03+
00:01-	00:00=	00:16&	01:08&	00:12-	00:29&	01:19&	00:15#	01:26@	01:35&	00:13&	03:18@	00:26&	00:12&	00:06#	00:02@

Pluss	Navn	Klasse	Tid
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**Beste strekktid for klassen**

01:04 02:19 00:52 02:18 00:44 01:23 02:42 01:10 00:37 01:43 00:41 01:13 01:11 00:27 00:30 00:01

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**D85-**

**1 Doris Blok 31 38:01**

01:24= 05:19= 06:44= 07:56= 10:06= 12:30= 13:25= 18:34= 21:12= 25:12= 28:33= 32:35= 35:22= 36:29= 37:57= 38:01=  
 01:24= 03:55= 01:25= 01:12= 02:10= 02:24= 00:55= 05:09= 02:38= 04:00= 03:21= 04:02= 02:47= 01:07= 01:28= 00:04=  
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

**Beste strekktid for klassen**

01:24 03:55 01:25 01:12 02:10 02:24 00:55 05:09 02:38 04:00 03:21 04:02 02:47 01:07 01:28 00:04

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**H/D90-**

**1 Poul Erik Birk Jakobsen 41 49:49**

02:43= 14:19= 17:14= 31:20= 36:18= 41:18= 45:47= 47:48= 49:45= 49:49=  
 02:43= 11:36= 02:55= 14:06= 04:58= 05:00= 04:29= 02:01= 01:57= 00:04=  
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

**Beste strekktid for klassen**

02:43 11:36 02:55 14:06 04:58 05:00 04:29 02:01 01:57 00:04

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**H-12**

**1 Niels Dalgaard 17 09:33**

00:14= 00:45= 01:01= 01:21= 01:41= 02:09= 02:50= 03:04= 03:22= 03:37= 04:10= 04:59= 05:27= 06:21= 06:59= 07:24= 08:00= 08:15= 08:53= 09:13= 09:33=  
 00:14= 00:31= 00:16= 00:20= 00:20= 00:28= 00:41= 00:14= 00:18= 00:15= 00:33= 00:49= 00:28= 00:54= 00:38= 00:25= 00:36= 00:15= 00:38= 00:20= 00:20=  
 00:00=

**2 Jonathan Birk Nielsen 1 09:49**

00:16+ 00:47+ 01:05+ 01:25+ 01:45+ 02:15+ 02:59+ 03:12+ 03:31+ 03:45+ 04:18+ 05:11+ 05:39+ 06:35+ 07:15+ 07:47+ 08:24+ 08:42+ 09:08+ 09:30+ 09:49+  
 00:16+ 00:31= 00:18+ 00:20= 00:20= 00:30+ 00:44+ 00:13- 00:19+ 00:14- 00:33= 00:53+ 00:28= 00:56+ 00:40+ 00:32+ 00:37+ 00:18+ 00:26- 00:22+ 00:19-  
 00:02# 00:00= 00:02# 00:00= 00:00= 00:02+ 00:03+ 00:01- 00:01+ 00:01- 00:00= 00:04+ 00:00= 00:02+ 00:02+ 00:07& 00:01+ 00:03# 00:12- 00:02# 00:01-

**3 Casper Staehelin Blakskjær OK Pan 10:19**

00:15+ 00:46+ 01:02+ 01:24+ 01:48+ 02:22+ 03:04+ 03:19+ 03:37+ 03:53+ 04:57+ 05:48+ 06:16+ 07:15+ 07:55+ 08:22+ 09:00+ 09:16+ 09:40+ 09:59+ 10:19+  
 00:15+ 00:31= 00:16= 00:22+ 00:24+ 00:34+ 00:42+ 00:15+ 00:18= 00:16+ 01:04+ 00:51+ 00:28= 00:59+ 00:40+ 00:27+ 00:38+ 00:16+ 00:24- 00:19- 00:20=  
 00:01+ 00:00= 00:00= 00:02# 00:04# 00:06# 00:01+ 00:01+ 00:00= 00:01+ 00:31& 00:02+ 00:00= 00:05+ 00:02+ 00:02+ 00:02+ 00:01+ 00:14- 00:01- 00:00=

**4 Magnus Lindahl 27 10:42**

00:16+ 00:49+ 01:08+ 01:30+ 01:56+ 02:30+ 03:19+ 03:42+ 03:59+ 04:17+ 04:55+ 05:49+ 06:17+ 07:19+ 08:02+ 08:29+ 09:09+ 09:30+ 10:02+ 10:19+ 10:41+ 10:42+  
 00:16+ 00:33+ 00:19+ 00:22+ 00:26+ 00:34+ 00:49+ 00:23+ 00:17- 00:18+ 00:38+ 00:54+ 00:28= 01:02+ 00:43+ 00:27+ 00:40+ 00:21+ 00:32- 00:17- 00:22+ 00:01+  
 00:02# 00:02# 00:03# 00:02# 00:06& 00:06# 00:08# 00:09& 00:01- 00:03# 00:05# 00:05# 00:00= 00:08# 00:05# 00:02+ 00:04# 00:06& 00:06- 00:03- 00:02# 00:01+

**5 Axel Örnhagen Jørgensen 31 10:58**

00:17+ 00:55+ 01:15+ 01:41+ 02:07+ 02:40+ 03:27+ 03:45+ 04:06+ 04:25+ 05:04+ 06:03+ 06:32+ 07:36+ 08:25+ 08:55+ 09:36+ 09:55+ 10:20+ 10:39+ 10:57+ 10:58+  
 00:17+ 00:38+ 00:20+ 00:26+ 00:26+ 00:33+ 00:47+ 00:18+ 00:21+ 00:19+ 00:39+ 00:59+ 00:29+ 01:04+ 00:49+ 00:30+ 00:41+ 00:19+ 00:25- 00:19- 00:18- 00:01+  
 00:03# 00:07# 00:04# 00:06& 00:05# 00:06# 00:04& 00:03# 00:04& 00:06# 00:10# 00:01+ 00:10# 00:11& 00:05# 00:05# 00:04& 00:13- 00:01- 00:02- 00:01+

**6 Johannes Marager 5 10:59**

00:15+ 00:50+ 01:11+ 01:36+ 02:10+ 02:45+ 03:35+ 03:51+ 04:11+ 04:28+ 05:01+ 05:54+ 06:24+ 07:26+ 08:07+ 08:38+ 09:14+ 09:47+ 10:16+ 10:38+ 10:58+ 10:59+  
 00:15+ 00:35+ 00:21+ 00:25+ 00:34+ 00:35+ 00:50+ 00:16+ 00:20+ 00:17+ 00:33= 00:53+ 00:30+ 01:02+ 00:41+ 00:31+ 00:36= 00:33+ 00:29- 00:22+ 00:20= 00:01+  
 00:01+ 00:04# 00:05& 00:05# 00:14& 00:07# 00:09# 00:02# 00:02# 00:02# 00:00= 00:04+ 00:02+ 00:08# 00:03+ 00:06# 00:00= 00:18@ 00:09- 00:02# 00:00= 00:01+

**7 August Gabs 27 11:29**

00:17+ 00:57+ 01:16+ 01:44+ 02:10+ 02:48+ 03:43+ 04:00+ 04:21+ 04:38+ 05:22+ 06:21+ 06:54+ 07:57+ 08:46+ 09:16+ 09:59+ 10:19+ 10:49+ 11:08+ 11:28+ 11:29+  
 00:17+ 00:40+ 00:19+ 00:28+ 00:26+ 00:38+ 00:55+ 00:17+ 00:21+ 00:17+ 00:44+ 00:59+ 00:33+ 01:03+ 00:49+ 00:30+ 00:43+ 00:20+ 00:30- 00:19- 00:20= 00:01+  
 00:03# 00:09& 00:03# 00:08& 00:06& 00:10& 00:14& 00:03# 00:03# 00:02# 00:11& 00:10# 00:05# 00:09# 00:11& 00:05# 00:07# 00:05& 00:08- 00:01- 00:00= 00:01+

Class	Navn	Klasse	Tid																	
<b>8</b>	<b>Isak Grøn</b>	<b>OK Pan</b>	<b>11:54</b>																	
00:18+	00:54+ 01:13+ 01:44+ 02:21+ 02:57+	03:46+ 04:06+ 04:30+ 04:59+ 05:44+ 06:45+	07:16+ 08:18+ 09:08+ 09:35+ 10:16+ 10:41+ 11:10+ 11:31+ 11:53+ 11:54+																	
00:18+	00:36+ 00:19+ 00:31+ 00:37+ 00:36+	00:49+ 00:20+ 00:24+ 00:29+ 00:45+	01:01+ 00:31+ 01:02+ 00:50+ 00:27+ 00:41+ 00:25+ 00:29- 00:21+ 00:22+ 00:01+																	
00:04&	00:05# 00:03# 00:11& 00:17& 00:08&	00:08# 00:06& 00:06& 00:14& 00:12& 00:12#	00:03# 00:08# 00:12& 00:02+ 00:05# 00:10& 00:09- 00:01+ 00:02# 00:01+																	
<b>9</b>	<b>Asbjørn Faber Fenger-Grøn</b>	<b>38</b>	<b>12:17</b>																	
00:19+	01:04+ 01:29+ 02:11+ 02:46+ 03:25+	04:22+ 04:42+ 05:03+ 05:26+ 06:05+	07:02+ 07:34+ 08:35+ 09:17+ 09:47+ 10:28+ 11:06+ 11:35+ 11:55+ 12:17+																	
00:19+	00:45+ 00:25+ 00:42+ 00:35+ 00:39+	00:57+ 00:20+ 00:21+ 00:23+ 00:39+	00:57+ 00:32+ 01:01+ 00:42+ 00:30+ 00:41+ 00:38+ 00:29- 00:20= 00:22+																	
00:05&	00:14& 00:09& 00:22@ 00:15& 00:11&	00:16& 00:06& 00:03# 00:08& 00:06#	00:08# 00:04# 00:07# 00:04# 00:05# 00:05# 00:23@ 00:09- 00:00= 00:02#																	
<b>10</b>	<b>Valdemar Egdal Kortegård</b>	<b>27</b>	<b>12:38</b>																	
00:22+	01:06+ 01:33+ 02:28+ 02:52+ 03:30+	04:16+ 04:35+ 05:00+ 05:21+ 06:03+	06:57+ 07:36+ 08:38+ 09:18+ 10:03+ 10:51+ 11:15+ 11:42+ 12:19+ 12:38+																	
00:22+	00:44+ 00:27+ 00:55+ 00:24+ 00:38+	00:46+ 00:19+ 00:25+ 00:21+ 00:42+	00:54+ 00:39+ 01:02+ 00:40+ 00:45+ 00:48+ 00:24+ 00:27- 00:37+ 00:19-																	
00:08&	00:13& 00:11& 00:35@ 00:04# 00:10&	00:05# 00:05& 00:07& 00:06& 00:09& 00:05#	00:11& 00:08# 00:02+ 00:20& 00:12& 00:09& 00:11- 00:17& 00:01-																	
<b>11</b>	<b>Jonas Aadal Wihan</b>	<b>11</b>	<b>12:45</b>																	
00:19+	01:00+ 01:20+ 01:48+ 02:24+ 03:03+	03:59+ 04:16+ 05:31+ 05:46+ 06:28+	07:30+ 08:01+ 09:09+ 09:58+ 10:28+ 11:13+ 11:33+ 12:01+ 12:21+ 12:45+																	
00:19+	00:41+ 00:20+ 00:28+ 00:36+ 00:39+	00:56+ 00:17+ 01:15+ 00:15+ 00:42+	01:02+ 00:31+ 01:08+ 00:49+ 00:30+ 00:45+ 00:20+ 00:28- 00:20= 00:24+																	
00:05&	00:10& 00:04# 00:08& 00:16& 00:11&	00:15& 00:03# 00:57@ 00:00=	00:09& 00:13& 00:03# 00:14& 00:11& 00:05# 00:11& 00:05# 00:09# 00:05& 00:10- 00:00= 00:04#																	
<b>12</b>	<b>Tobias Wihan</b>	<b>11</b>	<b>13:16</b>																	
00:21+	01:10+ 01:36+ 02:06+ 02:41+ 03:23+	04:20+ 04:42+ 05:06+ 05:25+ 06:09+	07:07+ 07:42+ 08:52+ 09:45+ 10:17+ 11:08+ 12:01+ 12:30+ 12:51+ 13:15+ 13:16+																	
00:21+	00:49+ 00:26+ 00:30+ 00:35+ 00:42+	00:57+ 00:22+ 00:24+ 00:19+ 00:44+	00:58+ 00:35+ 01:10+ 00:53+ 00:32+ 00:51+ 00:53+ 00:29- 00:21+ 00:24+ 00:01+																	
00:07&	00:18& 00:10& 00:10& 00:15& 00:14&	00:16& 00:08& 00:06& 00:04& 00:11&	00:09# 00:07# 00:16& 00:15& 00:07& 00:15& 00:38@ 00:09- 00:01+ 00:04# 00:01+																	
<b>13</b>	<b>Lasse Klogborg</b>	<b>26</b>	<b>14:08</b>																	
00:16+	00:57+ 01:19+ 01:50+ 02:18+ 03:32+	04:25+ 04:43+ 05:08+ 05:31+ 06:15+	07:28+ 08:10+ 09:32+ 10:30+ 11:11+ 12:08+ 12:38+ 13:16+ 13:42+ 14:07+ 14:08+																	
00:16+	00:41+ 00:22+ 00:31+ 00:28+ 01:14+	00:53+ 00:18+ 00:25+ 00:23+ 00:44+	01:13+ 00:42+ 01:22+ 00:58+ 00:41+ 00:57+ 00:30+ 00:38= 00:26+ 00:25+ 00:01+																	
00:02#	00:10& 00:06& 00:11& 00:08& 00:46@	00:12& 00:04& 00:07& 00:08& 00:11&	00:24& 00:14& 00:28& 00:20& 00:16& 00:21& 00:15& 00:00= 00:06& 00:05# 00:01+																	
<b>14</b>	<b>Severin Kilden</b>	<b>OK Pan</b>	<b>14:11</b>																	
00:21+	01:11+ 01:38+ 02:06+ 02:48+ 03:45+	04:50+ 05:12+ 05:46+ 06:14+ 07:03+	08:10+ 08:47+ 10:04+ 10:50+ 11:19+ 12:29+ 13:01+ 13:31+ 13:48+ 14:10+ 14:11+																	
00:21+	00:50+ 00:27+ 00:28+ 00:42+ 00:57+	01:05+ 00:22+ 00:34+ 00:28+ 00:49+	01:07+ 00:37+ 01:17+ 00:46+ 00:29+ 01:10+ 00:32+ 00:30- 00:17- 00:22+ 00:01+																	
00:07&	00:19& 00:11& 00:08& 00:22@ 00:29@	00:24& 00:08& 00:16& 00:13& 00:16&	00:18& 00:09& 00:23& 00:08# 00:04# 00:34& 00:17@ 00:08- 00:03- 00:02# 00:01+																	
<b>15</b>	<b>Erik Grønberg Nielsen</b>	<b>5</b>	<b>15:17</b>																	
00:17+	01:01+ 01:30+ 02:11+ 03:02+ 03:54+	04:57+ 05:18+ 05:50+ 06:16+ 07:17+	08:34+ 09:21+ 10:55+ 11:51+ 12:29+ 13:28+ 13:55+ 14:31+ 14:55+ 15:17+																	
00:17+	00:44+ 00:29+ 00:41+ 00:51+ 00:52+	01:03+ 00:21+ 00:32+ 00:26+ 01:01+	01:17+ 00:47+ 01:34+ 00:56+ 00:38+ 00:59+ 00:27+ 00:36- 00:24+ 00:22+																	
00:03#	00:13& 00:13& 00:21@ 00:31@ 00:24&	00:22& 00:07& 00:14& 00:11& 00:28&	00:28& 00:19& 00:40& 00:18& 00:13& 00:23& 00:12& 00:02- 00:04# 00:02#																	
<b>16</b>	<b>Gustav Kjær Hemmingsen</b>	<b>10</b>	<b>19:40</b>																	
00:19+	00:59+ 01:18+ 01:47+ 06:53+ 07:22+	08:18+ 08:37+ 08:59+ 09:19+ 10:02+	11:34+ 12:09+ 13:23+ 14:25+ 16:23+ 17:28+ 18:10+ 18:44+ 19:11+ 19:38+ 19:40+																	
00:19+	00:40+ 00:19+ 00:29+ 05:06+ 00:29+	00:56+ 00:19+ 00:22+ 00:20+ 00:43+	01:32+ 00:35+ 01:14+ 01:02+ 01:58+ 01:05+ 00:42+ 00:34- 00:27+ 00:27+ 00:02+																	
00:05&	00:09& 00:03# 00:09& 04:46@ 00:01+	00:15& 00:05& 00:04# 00:05& 00:10&	00:43& 00:07# 00:20& 00:24& 01:33@ 00:29& 00:27@ 00:04- 00:07& 00:07& 00:02+																	
<b>Beste strekketid for klassen</b>																				
	00:14	00:31	00:16	00:20	00:28	00:41	00:13	00:17	00:14	00:33	00:49	00:28	00:54	00:38	00:25	00:36	00:15	00:24	00:17	00:18

= Som klassevinner , - raskere , + senere , # 10% tap, & 25% tap, @ 100% tap.

### H-14

<b>1</b>	<b>Oscar David Broman Jensen</b>	<b>5</b>	<b>11:24</b>
00:28=	00:40= 01:31= 02:01= 03:11= 03:26=	04:08= 05:44= 06:15= 06:50= 07:23=	08:05= 09:11= 10:04= 10:19= 10:49= 11:08= 11:24=
00:28=	00:12= 00:51= 00:30= 01:10= 00:15=	00:42= 01:36= 00:31= 00:35= 00:33=	00:42= 01:06= 00:53= 00:15= 00:30= 00:19= 00:16=
00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00=
<b>2</b>	<b>Jacob Klærke Mikkelsen</b>	<b>15</b>	<b>11:37</b>
00:26-	00:39- 01:28- 01:57- 03:14+ 03:31+	04:11+ 05:52+ 06:21+ 06:54+ 07:19-	08:00- 09:11= 10:03- 10:19= 10:57+ 11:18+ 11:36+ 11:37+
00:26-	00:13+ 00:49- 00:29- 01:17+ 01:41+	00:40- 01:41+ 00:29- 00:33- 00:25-	00:41- 01:11+ 00:52- 00:16+ 00:38+ 00:21+ 00:18+ 00:01+
00:02-	00:01+ 00:02- 00:01- 00:07# 00:02#	00:02- 00:05+ 00:02- 00:02- 00:08-	00:01- 00:05+ 00:01- 00:01+ 00:08& 00:02# 00:02# 00:01+
<b>3</b>	<b>Mathias Buchgreitz</b>	<b>40</b>	<b>13:48</b>
00:06-	00:20- 01:16- 01:50- 03:12+ 03:29+	04:32+ 05:48+ 06:21+ 07:11+ 07:40+	10:11+ 11:18+ 12:12+ 12:29+ 13:00+ 13:20+ 13:36+ 13:48+
00:06-	00:14+ 00:56+ 00:34+ 01:22+ 00:17+	01:03+ 01:16- 00:33+ 00:50+ 00:29-	02:31+ 01:07+ 00:54+ 00:17+ 00:31+ 00:20+ 00:16= 00:12+
00:22-	00:02# 00:05+ 00:04# 00:12# 00:02#	00:21& 00:20- 00:02+ 00:15& 00:04-	01:49@ 00:01+ 00:01+ 00:02# 00:01+ 00:01+ 00:00= 00:12+
<b>4</b>	<b>Tobias Biering</b>	<b>38</b>	<b>13:50</b>
00:31+	00:46+ 01:48+ 02:28+ 03:57+ 04:18+	05:07+ 06:57+ 07:34+ 08:20+ 08:47+	09:37+ 11:05+ 12:09+ 12:28+ 13:06+ 13:30+ 13:49+ 13:50+
00:31+	00:15+ 01:02+ 00:40+ 01:29+ 00:21+	00:49+ 01:50+ 00:37+ 00:46+ 00:27-	00:50+ 01:28+ 01:04+ 00:19+ 00:38+ 00:24+ 00:19+ 00:01+
00:03#	00:03# 00:11# 00:10& 00:19& 00:06&	00:07# 00:14# 00:06# 00:11& 00:06-	00:08# 00:22& 00:11# 00:04& 00:08& 00:05& 00:03# 00:01+

Class	Navn	Klasse	Tid
<b>5</b>	<b>Tobias Olloz</b>	<b>41</b>	<b>14:00</b>
00:29+	00:43+ 01:36+ 02:07+ 03:29+ 03:47+ 04:36+ 06:28+ 07:05+ 07:50+ 08:22+ 10:17+ 11:24+ 12:23+ 12:44+ 13:18+ 13:40+ 13:59+ 14:00+		
00:29+	00:14+ 00:53+ 00:31+ 01:22+ 00:18+ 00:49+ 01:52+ 00:37+ 00:45+ 00:32- 01:55+ 01:07+ 00:59+ 00:21+ 00:34+ 00:22+ 00:19+ 00:01+		
00:01+	00:02# 00:02+ 00:01+ 00:12# 00:03# 00:07# 00:16# 00:06# 00:10& 00:01- 01:13@ 00:01+ 00:06# 00:06& 00:04# 00:03# 00:03# 00:01+		
<b>6</b>	<b>Jens Dalgaard</b>	<b>17</b>	<b>14:13</b>
00:35+	00:50+ 02:06+ 02:45+ 05:00+ 05:18+ 06:10+ 07:42+ 08:20+ 09:02+ 09:31+ 10:17+ 11:36+ 12:40+ 12:57+ 13:32+ 13:53+ 14:13+		
00:35+	00:15+ 01:16+ 00:39+ 02:15+ 00:18+ 00:52+ 01:32- 00:38+ 00:42+ 00:29- 00:46+ 01:19+ 01:04+ 00:17+ 00:35+ 00:21+ 00:20+		
00:07#	00:03# 00:25& 00:09& 01:05& 00:03# 00:10# 00:04- 00:07# 00:07# 00:04- 00:04+ 00:13# 00:11# 00:02# 00:05# 00:02# 00:04#		
<b>7</b>	<b>Adam Carlsen</b>	<b>29</b>	<b>14:22</b>
00:24-	00:38- 02:13+ 02:49+ 04:08+ 04:24+ 05:31+ 07:12+ 07:44+ 08:39+ 09:10+ 10:24+ 11:46+ 12:47+ 13:05+ 13:46+ 14:05+ 14:22+		
00:24-	00:14+ 01:35+ 00:36+ 01:19+ 00:16+ 01:07+ 01:41+ 00:32+ 00:55+ 00:31- 01:14+ 01:22+ 01:01+ 00:18+ 00:41+ 00:19+ 00:17+		
00:04-	00:02# 00:44& 00:06# 00:09# 00:01+ 00:25& 00:05+ 00:01+ 00:20& 00:02- 00:32& 00:16# 00:08# 00:03# 00:11& 00:00= 00:01+		
<b>8</b>	<b>Hans Grønberg Nielsen</b>	<b>5</b>	<b>15:58</b>
00:49+	01:12+ 02:23+ 03:16+ 04:58+ 05:27+ 06:29+ 08:31+ 09:12+ 09:59+ 10:28+ 11:29+ 13:03+ 14:10+ 14:31+ 15:11+ 15:35+ 15:57+ 15:58+		
00:49+	00:23+ 01:11+ 00:53+ 01:42+ 00:29+ 01:02+ 02:02+ 00:41+ 00:47+ 00:29- 01:01+ 01:34+ 01:07+ 00:21+ 00:40+ 00:24+ 00:22+ 00:01+		
00:21&	00:11& 00:20& 00:23& 00:32& 00:14& 00:20& 00:26& 00:10& 00:12& 00:04- 00:19& 00:28& 00:14& 00:06& 00:10& 00:05& 00:06& 00:01+		
<b>9</b>	<b>Villads Skovbjerg</b>	<b>OK Pan</b>	<b>16:09</b>
00:37+	00:53+ 01:58+ 02:58+ 04:37+ 05:01+ 06:35+ 08:20+ 09:00+ 10:48+ 11:20+ 12:12+ 13:29+ 14:31+ 14:52+ 15:27+ 15:50+ 16:08+ 16:09+		
00:37+	00:16+ 01:05+ 01:00+ 01:39+ 00:24+ 01:34+ 01:45+ 00:40+ 01:48+ 00:32- 00:52+ 01:17+ 01:02+ 00:21+ 00:35+ 00:23+ 00:18+ 00:01+		
00:09&	00:04& 00:14& 00:30& 00:29& 00:09& 00:52@ 00:09+ 00:09& 01:13@ 00:01- 00:10# 00:11# 00:09# 00:06& 00:05# 00:04# 00:02# 00:01+		
<b>10</b>	<b>Anders Secher Thomsen</b>	<b>OK Pan</b>	<b>16:14</b>
00:42+	01:18+ 02:17+ 02:55+ 04:24+ 04:44+ 05:33+ 07:24+ 08:10+ 08:56+ 09:45+ 12:04+ 13:17+ 14:32+ 14:52+ 15:31+ 15:53+ 16:13+ 16:14+		
00:42+	00:36+ 00:59+ 00:38+ 01:29+ 00:20+ 00:49+ 01:51+ 00:46+ 00:46+ 00:49+ 02:19+ 01:13+ 01:15+ 00:20+ 00:39+ 00:22+ 00:20+ 00:01+		
00:14&	00:24@ 00:08# 00:08# 00:19& 00:05& 00:07# 00:15# 00:15& 00:11& 00:16& 01:37@ 00:07# 00:22& 00:05& 00:09& 00:03# 00:04# 00:01+		
<b>11</b>	<b>Laurits Egdal Kortegård</b>	<b>27</b>	<b>16:52</b>
00:35+	00:56+ 02:11+ 02:51+ 04:41+ 05:08+ 06:19+ 08:33+ 09:14+ 10:41+ 11:11+ 12:09+ 13:47+ 14:59+ 15:23+ 16:04+ 16:28+ 16:51+ 16:52+		
00:35+	00:21+ 01:15+ 00:40+ 01:50+ 00:27+ 01:11+ 02:14+ 00:41+ 01:27+ 00:30- 00:58+ 01:38+ 01:12+ 00:24+ 00:41+ 00:24+ 00:23+ 00:01+		
00:07#	00:09& 00:24& 00:10& 00:40& 00:12& 00:29& 00:38& 00:10& 00:52@ 00:03- 00:16& 00:32& 00:19& 00:09& 00:11& 00:05& 00:07& 00:01+		
<b>12</b>	<b>Marius Nyhegn</b>	<b>10</b>	<b>17:27</b>
00:37+	01:01+ 02:55+ 03:33+ 05:03+ 05:24+ 06:18+ 08:08+ 08:49+ 09:34+ 10:48+ 12:03+ 13:41+ 15:33+ 15:52+ 16:43+ 17:04+ 17:26+ 17:27+		
00:37+	00:24+ 01:54+ 00:38+ 01:30+ 00:21+ 00:54+ 01:50+ 00:41+ 00:45+ 01:14+ 01:15+ 01:38+ 01:52+ 00:19+ 00:51+ 00:21+ 00:22+ 00:01+		
00:09&	00:12& 01:03@ 00:08& 00:20& 00:06& 00:12& 00:14# 00:10& 00:10& 00:41@ 00:33& 00:32& 00:59@ 00:04& 00:21& 00:02# 00:06& 00:01+		
<b>13</b>	<b>Mathias Veggerby Jensen</b>	<b>37</b>	<b>18:40</b>
00:35+	00:55+ 01:58+ 02:41+ 04:35+ 04:55+ 05:53+ 08:19+ 09:05+ 10:06+ 10:49+ 13:23+ 15:03+ 16:39+ 17:00+ 17:49+ 18:16+ 18:39+ 18:40+		
00:35+	00:20+ 01:03+ 00:43+ 01:54+ 00:20+ 00:58+ 02:26+ 00:46+ 01:01+ 00:43+ 02:34+ 01:40+ 01:36+ 00:21+ 00:49+ 00:27+ 00:23+ 00:01+		
00:07#	00:08& 00:12# 00:13& 00:44& 00:05& 00:16& 00:50& 00:15& 00:26& 00:10& 01:52@ 00:34& 00:43& 00:06& 00:19& 00:08& 00:07& 00:01+		
<b>Beste strekktid for klassen</b>			
00:06	00:12	00:49	01:10 00:15 00:40 01:16 00:29 00:33 00:25 00:41 01:06 00:52 00:15 00:30 00:19 00:16

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## H-16

<b>1</b>	<b>Daniel B. Schmidt</b>	<b>14</b>	<b>14:23</b>
00:53=	02:00= 03:33= 04:13= 04:37= 04:56= 06:17= 06:57= 07:40= 09:10= 09:26= 10:01= 10:25= 10:39= 11:45= 12:33= 13:12= 13:24= 13:41= 14:23=		
00:53=	01:07= 01:33= 00:40= 00:24= 00:19= 01:21= 00:40= 00:43= 01:30= 00:16= 00:35= 00:24= 00:14= 01:06= 00:48= 00:39= 00:12= 00:17= 00:42=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
<b>2</b>	<b>Søren Thrane Ødum</b>	<b>34</b>	<b>14:40</b>
00:17-	00:37- 01:47- 02:47- 04:21- 05:02+ 05:27- 05:47- 07:11- 07:50- 08:34- 10:02+ 10:20- 10:57+ 11:21- 11:35- 12:39- 13:34+ 14:09+ 14:22- 14:39+ 14:40+		
00:17-	00:20- 01:10- 01:00+ 01:34+ 00:41+ 00:25- 00:20- 01:21+ 07:50- 08:34+ 01:28+ 10:18- 10:37+ 00:24- 00:14- 01:04+ 00:55+ 00:35+ 00:13- 00:17+ 00:01+		
00:36-	00:47- 00:23- 00:20& 01:10@ 00:22@ 00:56- 00:20- 00:41& 00:51- 00:28@ 00:53@ 00:06- 00:23@ 00:42- 00:34- 00:25& 00:43@ 00:18@ 00:29- 00:17+ 00:01+		
<b>3</b>	<b>Elias Hinge Krogsgaard</b>	<b>38</b>	<b>15:05</b>
00:14-	00:37- 01:52- 02:55- 04:31- 05:14+ 05:39- 05:58- 07:19- 07:58- 08:44- 10:13+ 10:30+ 11:05+ 11:30- 11:46- 12:51- 13:59+ 14:34+ 14:48+ 15:05+		
00:14-	00:23- 01:15- 01:03+ 01:36+ 00:43+ 00:25- 00:19- 01:21+ 00:39- 00:46+ 01:29+ 00:17- 00:35+ 00:25- 00:16- 01:05+ 01:08+ 00:35+ 00:14- 00:17+		
00:39-	00:44- 00:18- 00:23& 01:12@ 00:24@ 00:56- 00:21- 00:38& 00:51- 00:30@ 00:54@ 00:07- 00:21@ 00:41- 00:32- 00:26& 00:56@ 00:18@ 00:28- 00:17+		
<b>4</b>	<b>Anton Werner Løndorf</b>	<b>40</b>	<b>15:57</b>
00:16-	00:35- 01:40- 02:50- 04:35- 05:30+ 05:56- 06:17- 07:46+ 08:29- 09:23- 10:53+ 11:12+ 11:52+ 12:16+ 12:31- 13:53+ 14:46+ 15:25+ 15:39+ 15:57+		
00:16-	00:19- 01:05- 01:10+ 01:45+ 00:55+ 00:26- 00:21- 01:29+ 00:43- 00:54+ 01:30+ 00:19- 00:40+ 00:24- 00:15- 01:22+ 00:53+ 00:39+ 00:14- 00:18+		
00:37-	00:48- 00:28- 00:30& 01:21@ 00:36@ 00:55- 00:19- 00:46@ 00:47- 00:38@ 00:55@ 00:05- 00:26@ 00:42- 00:33- 00:43@ 00:41@ 00:22@ 00:28- 00:18+		



Class	Navn	Klasse	Tid																		
<b>5</b>	<b>Morten Örnhagen Jørgensen</b>	<b>31</b>	<b>16:44</b>																		
00:04-	00:26-	01:30-	02:29-	04:32-	05:19+	05:47-	06:07-	08:02+	08:41-	09:42+	11:28+	11:49+	12:34+	12:58+	13:12+	14:21+	15:16+	16:00+	16:16+	16:33+	16:44+
00:04-	00:22-	01:04-	00:59+	02:03+	00:47+	00:28-	00:20-	01:55+	00:39-	01:01+	01:46+	00:21-	00:45+	00:24-	00:14-	01:09+	00:55+	00:44+	00:16-	00:17+	00:11+
00:49-	00:45-	00:29-	00:19&	01:39@	00:28@	00:53-	00:20-	01:12@	00:51-	00:45@	01:11@	00:03-	00:31@	00:42-	00:34-	00:30&	00:43@	00:27@	00:26-	00:17+	00:11+
<b>6</b>	<b>Frederik Holm Splittorff</b>	<b>10</b>	<b>17:05</b>																		
00:14-	00:34-	01:35-	02:39-	04:31-	05:30+	05:59-	06:22-	08:17+	09:01-	09:52+	11:37+	11:58+	12:42+	13:07+	13:23+	14:42+	15:42+	16:28+	16:44+	17:04+	17:05+
00:14-	00:20-	01:01-	01:04+	01:52+	00:59+	00:29-	00:23-	01:55+	00:44-	00:51+	01:45+	00:21-	00:44+	00:25-	00:16-	01:19+	01:00+	00:46+	00:16-	00:20+	00:01+
00:39-	00:47-	00:32-	00:24&	01:28@	00:40@	00:52-	00:17-	01:12@	00:46-	00:35@	01:10@	00:03-	00:30@	00:41-	00:32-	00:40@	00:48@	00:29@	00:26-	00:20+	00:01+
<b>7</b>	<b>Jonas Gabs</b>	<b>27</b>	<b>17:19</b>																		
00:14-	00:33-	01:44-	02:57-	04:47+	05:39+	06:08-	06:29-	08:28+	09:15+	10:08+	11:59+	12:21+	13:03+	13:28+	13:46+	15:00+	15:59+	16:43+	16:59+	17:18+	17:19+
00:14-	00:19-	01:11-	01:13+	01:50+	00:52+	00:29-	00:21-	01:59+	00:47-	00:53+	01:51+	00:22-	00:42+	00:25-	00:18-	01:14+	00:59+	00:44+	00:16-	00:19+	00:01+
00:39-	00:48-	00:22-	00:33&	01:26@	00:40@	00:52-	00:19-	01:16@	00:43-	00:37@	01:16@	00:02-	00:28@	00:41-	00:30-	00:35&	00:47@	00:27@	00:26-	00:19+	00:01+
<b>8</b>	<b>Jeppe Liengård Caspersen</b>	<b>31</b>	<b>17:22</b>																		
00:16-	00:38-	01:44-	02:54-	04:42+	05:41+	06:11-	06:33-	08:15+	08:58-	09:53+	11:41+	12:02+	12:46+	13:12+	13:31+	14:56+	15:54+	16:47+	17:02+	17:21+	17:22+
00:16-	00:22-	01:06-	01:10+	01:48+	00:59+	00:30-	00:22-	01:42+	00:43-	00:55+	01:48+	00:21-	00:44+	00:26-	00:19-	01:25+	00:58+	00:53+	00:15-	00:19+	00:01+
00:37-	00:45-	00:27-	00:30&	01:24@	00:40@	00:51-	00:18-	00:59@	00:47-	00:39@	01:13@	00:03-	00:30@	00:40-	00:29-	00:46@	00:46@	00:36@	00:27-	00:19+	00:01+
<b>9</b>	<b>Theis Munkved</b>	<b>5</b>	<b>17:40</b>																		
00:16-	00:38-	01:49-	02:49-	04:40+	05:41+	06:12-	06:33-	08:14+	08:59-	09:54+	11:40+	12:07+	12:50+	13:18+	13:47+	15:21+	16:17+	17:02+	17:18+	17:39+	17:40+
00:16-	00:22-	01:11-	01:00+	01:51+	01:01+	00:31-	00:21-	01:41+	00:45-	00:55+	01:46+	00:27+	00:43+	00:28-	00:29-	01:34+	00:56+	00:45+	00:16-	00:21+	00:01+
00:37-	00:45-	00:22-	00:20&	01:27@	00:42@	00:50-	00:19-	00:58@	00:45-	00:39@	01:11@	00:03#	00:29@	00:38-	00:19-	00:55@	00:44@	00:28@	00:26-	00:21+	00:01+
<b>10</b>	<b>Jacob Steintal</b>	<b>10</b>	<b>17:57</b>																		
00:19-	00:39-	01:46-	02:46-	04:54+	05:54+	06:24+	06:48-	08:40+	09:35+	10:28+	12:13+	12:36+	13:15+	13:40+	13:56+	15:46+	16:40+	17:23+	17:38+	17:57+	
00:19-	00:20-	01:07-	01:00+	02:08+	01:00+	00:30-	00:24-	01:52+	00:55-	00:53+	01:45+	00:23-	00:39+	00:25-	00:16-	01:50+	00:54+	00:43+	00:15-	00:19+	
00:34-	00:47-	00:26-	00:20&	01:44@	00:41@	00:51-	00:16-	01:09@	00:35-	00:37@	01:10@	00:01-	00:25@	00:41-	00:32-	01:11@	00:42@	00:26@	00:27-	00:19+	
<b>11</b>	<b>Jakob Weigelt Svendsen</b>	<b>29</b>	<b>18:04</b>																		
00:16-	00:40-	01:53-	03:10-	05:05+	06:06+	06:42+	07:04+	08:41+	09:29+	10:20+	12:08+	12:31+	13:15+	13:44+	14:01+	15:27+	16:38+	17:26+	17:44+	18:03+	18:04+
00:16-	00:24-	01:13-	01:17+	01:55+	01:01+	00:36-	00:22-	01:37+	00:48-	00:51+	01:48+	00:23-	00:44+	00:29-	00:17-	01:26+	01:11+	00:48+	00:18-	00:19+	00:01+
00:37-	00:43-	00:20-	00:37&	01:31@	00:42@	00:45-	00:18-	00:54@	00:42-	00:35@	01:13@	00:01-	00:30@	00:37-	00:31-	00:47@	00:59@	00:31@	00:24-	00:19+	00:01+
<b>12</b>	<b>Lukas Kjær Hemmingsen</b>	<b>10</b>	<b>18:29</b>																		
01:03+	02:49+	03:43+	04:18+	04:41+	06:41+	07:34+	08:33+	10:22+	10:46+	11:32+	11:59+	12:18+	13:57+	15:20+	16:03+	16:19+	16:42+	18:29+			
01:03+	01:46+	00:54-	00:35-	00:23-	02:00+	00:53-	00:59+	01:49+	00:24-	00:46+	00:27-	00:19-	01:39+	01:23+	00:43-	00:16-	00:23+	01:47+			
00:10#	00:39&	00:39-	00:05-	00:01-	01:41@	00:28-	00:19&	01:06@	01:06-	00:30@	00:08-	00:05-	01:25@	00:17&	00:05-	00:23-	00:11&	01:30@			
<b>13</b>	<b>Felix Isaksen</b>	<b>31</b>	<b>18:30</b>																		
00:18-	00:42-	01:52-	03:00-	05:07+	05:53+	06:22+	06:45-	08:19+	09:07-	10:04+	11:49+	12:16+	12:58+	13:26+	13:44+	15:31+	17:05+	17:54+	18:11+	18:29+	18:30+
00:18-	00:24-	01:10-	01:08+	02:07+	00:46+	00:29-	00:23-	01:34+	00:48-	00:57+	01:45+	00:27+	00:42+	00:28-	00:18-	01:47+	01:34+	00:49+	00:17-	00:18+	00:01+
00:35-	00:43-	00:23-	00:28&	01:43@	00:27@	00:52-	00:17-	00:51@	00:42-	00:41@	01:10@	00:03#	00:28@	00:38-	00:30-	01:08@	01:22@	00:32@	00:25-	00:18+	00:01+
<b>14</b>	<b>Lukas Becker</b>	<b>40</b>	<b>19:07</b>																		
00:17-	00:37-	01:52-	02:58-	04:44+	05:35+	06:03-	06:23-	08:01+	08:50-	09:48+	11:34+	11:50+	12:33+	12:58+	15:23+	16:53+	17:50+	18:32+	18:48+	19:06+	19:07+
00:17-	00:20-	01:15-	01:06+	01:46+	00:51+	00:28-	00:20-	01:38+	00:49-	00:58+	01:46+	00:16-	00:43+	00:25-	02:25+	01:30+	00:57+	00:42+	00:16-	00:18+	00:01+
00:36-	00:47-	00:18-	00:26&	01:22@	00:32@	00:53-	00:20-	00:55@	00:41-	00:42@	01:11@	00:08-	00:29@	00:41-	01:37@	00:51@	00:45@	00:25@	00:26-	00:18+	00:01+
<b>15</b>	<b>Esben Ø. Pedersen</b>	<b>25</b>	<b>19:10</b>																		
00:17-	00:40-	02:11-	03:22-	05:23+	06:24+	06:58+	07:23+	09:05+	09:50+	10:59+	12:51+	13:22+	14:05+	14:33+	14:49+	16:33+	17:36+	18:29+	18:46+	19:09+	19:10+
00:17-	00:23-	01:31-	01:11+	02:01+	01:01+	00:34-	00:25-	01:42+	00:45-	01:09+	01:52+	00:31+	00:43+	00:28-	00:16-	01:44+	01:03+	00:53+	00:17-	00:23+	00:01+
00:36-	00:44-	00:02-	00:31&	01:37@	00:42@	00:47-	00:15-	00:59@	00:45-	00:53@	01:17@	00:07&	00:29@	00:38-	00:32-	01:05@	00:51@	00:36@	00:25-	00:23+	00:01+
<b>16</b>	<b>Asbjørn Kalltoft</b>	<b>OK Pan</b>	<b>19:29</b>																		
00:15-	00:36-	01:44-	02:45-	04:35-	05:27+	05:58-	06:21-	08:59+	09:48+	10:51+	12:47+	13:14+	14:07+	14:37+	14:58+	16:46+	17:56+	18:45+	19:02+	19:28+	19:29+
00:15-	00:21-	01:08-	01:01+	01:50+	00:52+	00:31-	00:23-	02:38+	00:49-	01:03+	01:56+	00:27+	00:53+	00:30-	00:21-	01:48+	01:10+	00:49+	00:17-	00:26+	00:01+
00:38-	00:46-	00:25-	00:31&	01:26@	00:33@	00:50-	00:17-	01:55@	00:41-	00:47@	01:21@	00:03#	00:39@	00:36-	00:27-	01:09@	00:58@	00:32@	00:25-	00:26+	00:01+
<b>17</b>	<b>Erik Hedver Thesbjerg</b>	<b>15</b>	<b>20:07</b>																		
00:15-	00:40-	02:22-	03:47-	05:43+	06:41+	07:16+	07:42-	10:00+	10:57+	12:03+	14:03+	14:27+	15:11+	15:39+	15:59+	17:23+	18:36+	19:27+	19:44+	20:06+	20:07+
00:15-	00:25-	01:42+	01:25+	01:56+	00:58+	00:35-	00:26-	02:18+	00:57-	01:06+	02:00+	00:24=	00:44+	00:28-	00:20-	01:24+	01:13+	00:51+	00:17-	00:22+	00:01+
00:38-	00:42-	00:09+	00:45@	01:32@	00:39@	00:46-	00:14-	01:35@	00:33-	00:50@	01:25@	00:00-	00:30@	00:38-	00:28-	00:45@	01:01@	00:34@	00:25-	00:22+	00:01+
<b>18</b>	<b>Frederick Thaasti</b>	<b>31</b>	<b>20:28</b>																		
00:24-	00:49-	02:13-	03:45-	05:48+	06:48+	07:35+	07:58+	10:11+	11:01+	12:05+	14:08+	14:36+	15:23+	15:56+	16:16+	17:42+	18:48+	19:43+	20:03+	20:28+	
00:24-	00:25-	01:24-	01:32+	02:03+	01:00+	00:47-	00:23-	02:13+	00:50-	01:04+	02:03+	00:28+	00:47+	00:33-	00:20-	01:26+	01:06+	00:55+	00:20-	00:25+	
00:29-	00:42-	00:09-	00:52@	01:39@	00:41@	00:34-	00:17-	01:30@	00:40-	00:48@	01:28@	00:04#	00:33@	00:33-	00:28-	00:47@	00:54@	00:38@	00:22-	00:25+	
<b>19</b>	<b>Søren Møller Skaug</b>	<b>OK Pan</b>	<b>20:36</b>																		
00:18-	00:42-	02:01-	03:12-	05:14+	06:14+	06:51+	07:15+	09:28+	10:21+	11:21+	13:36+	13:57+	14:46+	15:13+	15:31+	17:21+	19:00+	19:54+	20:12+	20:35+	20:36+
00:18-	00:24-	01:19-	01:11+	02:02+	01:00+	00:37-	00:24-	02:13+	00:53-	01:00+	02:15+	00:21-	00:49+	00:27-	00:18-	01:50+	01:39+	00:54+	00:18-	00:23+	00:01+
00:35-	00:43-	00:14-	00:31&	01:38@	00:41@	00:44-	00:16-	01:30@	00:37-	00:44@	01:40@	00:03-	00:35@	00:39-	00:30-	01:11@	01:27@	00:37@	00:24-	00:23+	00:01+

Class	Navn	Klasse	Tid																		
<b>20</b>	<b>Noah Tristan Hoffmann</b>	<b>OK Pan</b>	<b>21:01</b>																		
00:20-	00:44-	02:15-	03:32-	05:55+	06:52+	07:26+	07:53+	09:41+	10:38+	11:43+	13:56+	14:21+	15:13+	15:44+	16:04+	18:10+	19:33+	20:25+	20:43+	21:00+	21:01+
00:20-	00:24-	01:31-	01:17+	02:23+	00:57+	00:34-	00:27-	01:48+	00:57-	01:05+	02:13+	00:25+	00:52+	00:31-	00:20-	02:06+	01:23+	00:52+	00:18-	00:17+	00:01+
00:33-	00:43-	00:02-	00:37&	01:59@	00:38@	00:47-	00:13-	01:05@	00:33-	00:49@	01:38@	00:01+	00:38@	00:35-	00:28-	01:27@	01:11@	00:35@	00:24-	00:17+	00:01+
<b>21</b>	<b>Peter Modler Hedemann</b>	<b>8</b>	<b>23:16</b>																		
00:34-	00:58-	02:32-	03:39-	10:41+	11:43+	12:15+	12:38+	14:13+	14:58+	15:52+	17:38+	18:01+	18:44+	19:11+	19:29+	20:52+	21:48+	22:43+	22:59+	23:16+	
00:34-	00:24-	01:34+	01:07+	07:02+	01:02+	00:32-	00:23-	01:35+	00:45-	00:54+	01:46+	00:23-	00:43+	00:27-	00:18-	01:23+	00:56+	00:55+	00:16-	00:17+	
00:19-	00:43-	00:01+	00:27&	06:38@	00:43@	00:49-	00:17-	00:52@	00:45-	00:38@	01:11@	00:01-	00:29@	00:39-	00:30-	00:44@	00:44@	00:38@	00:26-	00:17+	
<b>22</b>	<b>Herman Skovbjerg</b>	<b>OK Pan</b>	<b>24:11</b>																		
00:22-	00:50-	02:30-	04:10-	06:56+	07:59+	08:42+	09:11+	11:39+	12:38+	13:49+	16:06+	16:37+	17:38+	18:10+	18:35+	20:47+	22:25+	23:27+	23:48+	24:10+	24:11+
00:22-	00:28-	01:40+	01:40+	02:46+	01:03+	00:43-	00:29-	02:28+	00:59-	01:11+	02:17+	00:31+	01:01+	00:32-	00:25-	02:12+	01:38+	01:02+	00:21-	00:22+	00:01+
00:31-	00:39-	00:07+	01:00@	02:22@	00:44@	00:38-	00:11-	01:45@	00:31-	00:55@	01:42@	00:07@	00:47@	00:34-	00:23-	01:33@	01:26@	00:45@	00:21-	00:22+	00:01+
<b>23</b>	<b>Mikkel Bo Kølbæk</b>	<b>3</b>	<b>24:13</b>																		
00:22-	00:47-	02:37-	03:57-	06:42+	07:53+	08:32+	09:02+	12:12+	13:14+	14:25+	16:46+	17:21+	18:10+	18:39+	18:58+	21:01+	22:22+	23:34+	23:55+	24:13+	
00:22-	00:25-	01:50+	01:20+	02:45+	01:11+	00:39-	00:30-	03:10+	01:02-	01:11+	02:21+	00:35+	00:49+	00:29-	00:19-	02:03+	01:21+	01:12+	00:21-	00:18+	
00:31-	00:42-	00:17#	00:40&	02:21@	00:52@	00:42-	00:10-	02:27@	00:28-	00:55@	01:46@	00:11&	00:35@	00:37-	00:29-	01:24@	01:09@	00:55@	00:21-	00:18+	

**Beste strekktid for klassen**

00:04	00:19	00:54	00:35	00:23	00:19	00:25	00:19	00:43	00:24	00:16	00:27	00:16	00:14	00:24	00:14	00:16	00:12	00:17	00:13
-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**H-20**

<b>1</b>	<b>Mads Møller Skaug</b>	<b>OK Pan</b>	<b>16:25</b>																						
00:14=	00:33=	01:19=	01:48=	03:26=	03:56=	04:41=	05:08=	05:28=	07:27=	07:54=	08:36=	09:05=	10:09=	11:35=	11:54=	12:32=	12:58=	13:12=	14:16=	15:04=	15:35=	15:55=	16:08=	16:25=	
00:14=	00:19=	00:46=	00:29=	01:38=	00:30=	00:45=	00:27=	00:20=	01:59=	00:27=	00:42=	00:29=	01:04=	01:26=	00:19=	00:38=	00:26=	00:14=	01:04=	00:48=	00:31=	00:20=	00:13=	00:17=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
<b>2</b>	<b>Carl Emil Schøier Kovsted</b>	<b>41</b>	<b>16:39</b>																						
00:14=	00:31-	01:23+	01:53+	03:25-	03:52-	04:35-	05:01-	05:21-	07:12-	07:41-	08:31-	09:02-	10:05-	11:31-	11:50-	12:28-	12:52-	13:11-	14:16=	15:06+	15:41+	16:11+	16:23+	16:39+	
00:14=	00:17-	00:52+	00:30+	01:32-	00:27-	00:43-	00:26-	00:20=	01:51-	00:29+	00:50+	00:31+	01:03-	01:26=	00:19=	00:38=	00:24-	00:19+	01:05+	00:50+	00:35+	00:30+	00:12-	00:16-	
00:00=	00:02-	00:06#	00:01+	00:06-	00:03-	00:02-	00:01-	00:00=	00:08-	00:02+	00:08#	00:02+	00:01-	00:00=	00:00=	00:00=	00:02-	00:05&	00:01+	00:02+	00:04#	00:10&	00:01-	00:01-	
<b>3</b>	<b>Mikkel Holm Nielsen</b>	<b>OK Pan</b>	<b>16:45</b>																						
00:15+	00:35+	01:30+	02:04+	03:37+	04:07+	04:51+	05:17+	05:38+	07:35+	08:04+	08:49+	09:17+	10:18+	11:50+	12:12+	12:49+	13:13+	13:27+	14:32+	15:21+	15:55+	16:15+	16:29+	16:44+	16:45+
00:15+	00:20+	00:55+	00:34+	01:33-	00:30=	00:44-	00:26-	00:21+	01:57-	00:29+	00:45+	00:28-	01:01-	01:32+	00:22+	00:37-	00:24-	00:14=	01:05+	00:49+	00:34+	00:20=	00:14+	00:15-	00:01+
00:01+	00:01+	00:09#	00:05#	00:05-	00:00=	00:01-	00:01-	00:01+	00:02-	00:02+	00:03+	00:01-	00:03-	00:06+	00:03#	00:01-	00:02-	00:00=	00:01+	00:01+	00:03+	00:00=	00:01+	00:02-	00:01+
<b>4</b>	<b>Lasse Fugmann Thamdrup</b>	<b>5</b>	<b>16:52</b>																						
00:16+	00:35+	01:32+	02:02+	03:35+	04:04+	04:53+	05:19+	05:41+	07:25-	07:54=	08:38+	09:08+	10:13+	11:39+	12:00+	12:40+	13:04+	13:20+	14:40+	15:31+	16:04+	16:23+	16:35+	16:51+	16:52+
00:16+	00:19=	00:58+	00:29=	01:33-	00:29-	00:49+	00:26-	00:22+	01:44-	00:29+	00:44+	00:30+	01:05+	01:26=	00:21+	00:40+	00:24-	00:16+	01:20+	00:51+	00:33+	00:19-	00:12-	00:16-	00:01+
00:02#	00:00=	00:12&	00:00=	00:05-	00:01-	00:04+	00:01-	00:02#	00:15-	00:02+	00:02+	00:01+	00:01+	00:00=	00:02#	00:02+	00:02-	00:02#	00:16#	00:03+	00:02+	00:01-	00:01-	00:01-	00:01+
<b>5</b>	<b>Rasmus Møller Jess</b>	<b>29</b>	<b>16:57</b>																						
00:14=	00:33=	01:23+	01:51+	03:18-	03:50-	04:32-	04:58-	05:18-	07:21-	07:50-	08:45+	09:15+	10:23+	11:50+	12:10+	12:49+	13:11+	13:25+	14:35+	15:30+	16:04+	16:24+	16:39+	16:57+	
00:14=	00:19=	00:50+	00:28-	01:27-	00:32+	00:42-	00:26-	00:20=	02:03+	00:29+	00:55+	00:30+	01:08+	01:27+	00:20+	00:39+	00:22-	00:14=	01:10+	00:55+	00:34+	00:20=	00:15+	00:18+	
00:00=	00:00=	00:04+	00:01-	00:11-	00:02+	00:03-	00:01-	00:00=	00:04+	00:02+	00:13&	00:01+	00:04+	00:01+	00:01+	00:01+	00:04-	00:00=	00:06+	00:07#	00:03+	00:00=	00:02#	00:01+	
<b>6</b>	<b>Rune Østergaard</b>	<b>40</b>	<b>16:59</b>																						
00:13-	00:29-	01:21+	01:51+	03:22-	03:50-	04:36-	05:04-	05:26-	07:19-	07:49-	08:33-	09:04-	10:11+	11:40+	12:00+	12:43+	13:10+	13:25+	14:34+	15:28+	16:00+	16:22+	16:38+	16:59+	
00:13-	00:16-	00:52+	00:30+	01:31-	00:28-	00:46+	00:28+	00:22+	01:53-	00:30+	00:44+	00:31+	01:07+	01:29+	00:20+	00:43+	00:27+	00:15+	01:09+	00:54+	00:32+	00:22+	00:16+	00:21+	
00:01-	00:03-	00:06#	00:01+	00:07-	00:02-	00:01+	00:01+	00:02#	00:06-	00:03#	00:02+	00:02+	00:03+	00:03+	00:01+	00:05#	00:01+	00:01+	00:05+	00:06#	00:01+	00:02#	00:03#	00:04#	
<b>7</b>	<b>Simon Reimers</b>	<b>1</b>	<b>17:01</b>																						
00:14=	00:31-	01:35+	02:05+	03:36+	04:07+	04:51+	05:18+	05:39+	07:40+	08:10+	08:52+	09:20+	10:27+	11:53+	12:14+	12:54+	13:17+	13:30+	14:39+	15:30+	16:04+	16:26+	16:40+	17:00+	17:01+
00:14=	00:17-	01:04+	00:30+	01:31-	00:31+	00:44-	00:27=	00:21+	02:01+	00:30+	00:42=	00:28-	01:07+	01:26=	00:21+	00:40+	00:23-	00:13-	01:09+	00:51+	00:34+	00:22+	00:14+	00:20+	00:01+
00:00=	00:02-	00:18&	00:01+	00:07-	00:01+	00:01-	00:00=	00:01+	00:02+	00:03#	00:00=	00:01-	00:03+	00:00=	00:02#	00:02+	00:03-	00:01-	00:05+	00:03+	00:03+	00:02#	00:01+	00:03#	00:01+
<b>8</b>	<b>Malthe Poulsen</b>	<b>10</b>	<b>17:20</b>																						
00:13-	00:31-	01:20+	01:52+	03:27+	04:00+	04:51+	05:17+	05:38+	07:26-	07:57+	08:42+	09:12+	10:20+	11:52+	12:12+	12:52+	13:18+	13:32+	14:56+	15:52+	16:27+	16:47+	17:01+	17:20+	
00:13-	00:18-	00:49+	00:32+	01:35-	00:33+	00:51+	00:26-	00:21+	01:48-	00:31+	00:45+	00:30+	01:08+	01:32+	00:20+	00:40+	00:26=	00:14=	01:24+	00:56+	00:35+	00:20=	00:14+	00:19+	
00:01-	00:01-	00:03+	00:03#	00:03-	00:03#	00:06#	00:01-	00:01+	00:11-	00:04#	00:03+	00:01+	00:04+	00:06+	00:01+	00:02+	00:00=	00:00=	00:20&	00:08#	00:04#	00:00=	00:01+	00:02#	
<b>9</b>	<b>Mikkel Lyskjær</b>	<b>9</b>	<b>17:29</b>																						
00:15+	00:34+	01:39+	02:08+	03:40+	04:06+	04:49+	05:16+	05:36+	07:46+	08:12+	08:53+	09:23+	10:25+	11:56+	12:19+	13:01+	13:26+	13:41+	15:08+	16:00+	16:32+	16:54+	17:09+	17:29+	
00:15+	00:19=	01:05+	00:29=	01:32-	00:26-	00:43-	00:27=	00:20=	02:10+	00:26-	00:41-	00:30+	01:02-	01:31+	00:23+	00:42+	00:25-	00:15+	01:27+	00:52+	00:32+	00:22+	00:15+	00:20+	
00:01+	00:00=	00:19&	00:00=	00:06-	00:04-	00:02-	00:00=	00:00=	00:11+	00:01-	00:01-	00:01+	00:02-	00:05+	00:04#	00:04#	00:01-	00:01+	00:23&	00:04+	00:01+	00:02#	00:02#	00:03#	

<b>Class</b>	<b>Navn</b>	<b>Klasse</b>										<b>Tid</b>													
<b>10</b>	<b>Marko Birk Nielsen</b>	<b>1</b>										<b>18:03</b>													
00:19+	01:23+	01:52+	03:24+	03:55+	04:41+	05:10+	05:30+	07:21+	07:53+	08:40+	09:12+	10:18+	11:56+	12:20+	13:01+	13:29+	13:47+	15:08+	16:07+	16:49+	17:11+	17:25+	17:46+	18:03+	
00:19+	01:04+	00:29-	01:32+	00:31-	00:46+	00:29-	00:20-	01:51+	00:32-	00:47+	00:32-	01:06+	01:38+	00:24-	00:41+	00:28-	00:18-	01:21+	00:59-	00:42-	00:22-	00:14-	00:21+	00:17=	
00:05&	00:45@	00:17-	01:03@	01:07-	00:16&	00:16-	00:07-	01:31@	01:27-	00:20&	00:10-	00:37@	00:34&	01:02-	00:22@	00:10-	00:08-	01:07@	00:05-	00:06-	00:09-	00:06-	00:08&	00:00=	
<b>11</b>	<b>Christian Møller</b>	<b>1</b>										<b>18:07</b>													
00:58+	01:29+	03:02+	03:34+	04:20+	04:48+	05:10+	07:20+	07:48+	08:33+	09:02+	10:08+	11:41+	12:07+	12:51+	13:17+	13:33+	14:44+	15:52+	16:34+	16:55+	17:10+	17:31+	18:07+		
00:58+	00:31+	01:33+	00:32+	00:46-	00:28-	00:22-	02:10+	00:28+	00:45-	00:29+	01:06+	01:33+	00:26-	00:44-	00:26+	00:16-	01:11+	01:08+	00:42-	00:21-	00:15-	00:21+	00:36+		
00:44@	00:12&	00:47@	00:03#	00:52-	00:02-	00:23-	01:43@	00:08&	01:14-	00:02+	00:24&	01:04@	00:38-	00:42-	00:07&	00:22-	00:45@	00:54@	00:22-	00:27-	00:16-	00:01+	00:23@		
<b>12</b>	<b>Lasse Falck Weber</b>	<b>41</b>										<b>18:22</b>													
00:15+	00:35+	01:33+	02:06+	03:41+	04:10+	04:53+	05:21+	05:42+	07:39+	08:09+	08:58+	09:30+	10:48+	12:22+	12:44+	13:26+	13:53+	14:09+	15:19+	16:13+	16:53+	17:51+	18:04+	18:22+	
00:15+	00:20+	00:58+	00:33+	01:35-	00:29-	00:43-	00:28+	00:21+	01:57-	00:30+	00:49+	00:32+	01:18+	01:34+	00:22+	00:42+	00:27+	00:16+	01:10+	00:54+	00:40+	00:58+	00:13=	00:18+	
00:01+	00:01+	00:12&	00:04#	00:03-	00:01-	00:02-	00:01+	00:01+	00:02-	00:03#	00:07#	00:03#	00:14#	00:08+	00:03#	00:04#	00:01+	00:02#	00:06+	00:06#	00:09&	00:38@	00:00=	00:01+	
<b>13</b>	<b>Johan Halkjær Dupont</b>	<b>OK Pan</b>										<b>18:28</b>													
00:16+	00:37+	02:00+	02:34+	04:19+	04:48+	05:36+	06:03+	06:24+	08:25+	08:57+	09:42+	10:13+	11:23+	13:00+	13:25+	14:05+	14:31+	14:50+	16:03+	16:57+	17:30+	17:52+	18:09+	18:27+	18:28+
00:16+	00:21+	01:23+	00:34+	01:45+	00:29-	00:48+	00:27=	00:21+	02:01+	00:32+	00:45+	00:31+	01:10+	01:37+	00:25+	00:40+	00:26=	00:19+	01:13+	00:54+	00:33+	00:22+	00:17+	00:18+	
00:02#	00:02#	00:37&	00:05#	00:07+	00:01-	00:03+	00:00=	00:01+	00:02+	00:05#	00:03+	00:02+	00:06+	00:11#	00:06&	00:02+	00:00=	00:05&	00:09#	00:06#	00:02+	00:02#	00:04&	00:01+	
<b>14</b>	<b>Andreas Bagger Hagner</b>	<b>38</b>										<b>18:28</b>													
00:17+	00:37+	01:37+	02:08+	03:41+	04:16+	05:12+	05:39+	06:00+	07:52+	08:24+	09:13+	09:45+	11:17+	12:49+	13:14+	13:53+	14:17+	14:33+	15:58+	16:52+	17:29+	17:53+	18:07+	18:27+	18:28+
00:17+	00:20+	01:00+	00:31+	01:33-	00:35+	00:56+	00:27=	00:21+	01:52-	00:32+	00:49+	00:32+	01:32+	01:32+	00:25+	00:39+	00:24-	00:16+	01:25+	00:54+	00:37+	00:24+	00:14+	00:20+	
00:03#	00:01+	00:14&	00:02+	00:05-	00:05#	00:11#	00:00=	00:01+	00:07-	00:05#	00:07#	00:03#	00:28&	00:06+	00:06&	00:01+	00:02-	00:02#	00:21&	00:06#	00:06#	00:04#	00:01+	00:03#	
<b>15</b>	<b>Jakob Schøier Kovsted</b>	<b>41</b>										<b>18:40</b>													
00:16+	00:33+	01:34+	02:04+	03:37+	04:05+	04:48+	05:16+	05:39+	07:52+	08:27+	09:22+	09:59+	11:08+	12:47+	13:08+	13:56+	14:17+	14:30+	16:09+	17:12+	17:46+	18:07+	18:22+	18:40+	
00:16+	00:17-	01:01+	00:30+	01:33-	00:28-	00:43-	00:28+	00:23+	02:13+	00:35+	00:55+	00:37+	01:09+	01:39+	00:21+	00:48+	00:21-	00:13-	01:39+	01:03+	00:34+	00:21+	00:15+	00:18+	
00:02#	00:02-	00:15&	00:01+	00:05-	00:02-	00:02-	00:01+	00:03#	00:14#	00:08&	00:13&	00:08&	00:05+	00:13#	00:02#	00:10&	00:05-	00:01-	00:35&	00:15&	00:03+	00:01+	00:02#	00:01+	
<b>16</b>	<b>Thomas Blok</b>	<b>31</b>										<b>18:52</b>													
00:17+	00:38+	01:40+	02:17+	03:55+	04:42+	05:28+	05:56+	06:18+	08:34+	09:06+	09:53+	10:26+	11:35+	13:13+	13:35+	14:18+	14:42+	14:57+	16:26+	17:26+	17:58+	18:20+	18:35+	18:51+	
00:17+	00:21+	01:02+	00:37+	01:38=	00:47+	00:46+	00:28+	00:22+	02:16+	00:32+	00:47+	00:33+	01:09+	01:38+	00:22+	00:43+	00:24-	00:15+	01:29+	01:00+	00:32+	00:22+	00:15+	00:16-	
00:03#	00:02#	00:16&	00:08&	00:00=	00:17&	00:01+	00:01+	00:02#	00:17#	00:05#	00:05#	00:04#	00:05+	00:12#	00:03#	00:05#	00:02-	00:01+	00:25&	00:12#	00:01+	00:02#	00:02#	00:01-	
<b>17</b>	<b>Julius Molsen</b>	<b>40</b>										<b>18:53</b>													
00:16+	00:36+	01:27+	02:02+	03:39+	04:37+	05:22+	05:50+	06:11+	08:23+	08:55+	09:59+	10:30+	11:51+	13:45+	14:04+	14:42+	15:08+	15:23+	16:29+	17:25+	17:58+	18:20+	18:33+	18:53+	
00:16+	00:20+	00:51+	00:35+	01:37-	00:58+	00:45=	00:28+	00:21+	02:12+	00:32+	01:04+	00:31+	01:21+	01:54+	00:19=	00:38=	00:26=	00:15+	01:06+	00:56+	00:33+	00:22+	00:13=	00:20+	
00:02#	00:01+	00:05#	00:06#	00:01-	00:28&	00:00=	00:01+	00:01+	00:13#	00:05#	00:22&	00:02+	00:17&	00:28&	00:00=	00:00=	00:00=	00:01+	00:02+	00:08#	00:02+	00:02#	00:00=	00:03#	
<b>18</b>	<b>Andreas Duc Jørgensen</b>	<b>41</b>										<b>19:16</b>													
00:07-	00:28-	01:26+	02:02+	04:15+	05:10+	05:38+	06:00+	08:13+	08:48+	09:38+	10:09+	11:26+	13:02+	13:25+	14:07+	14:34+	14:53+	16:06+	17:21+	18:05+	18:31+	18:48+	19:05+	19:16+	
00:07-	00:21+	00:58+	00:36+	01:39+	00:34+	00:55+	00:28+	00:22+	02:13+	00:35+	00:50+	00:31+	01:17+	01:36+	00:23+	00:42+	00:27+	00:19+	01:13+	01:15+	00:44+	00:26+	00:17+	00:17=	
00:07-	00:02#	00:12&	00:07#	00:01+	00:04#	00:10#	00:01+	00:02#	00:14#	00:08&	00:08#	00:02+	00:13#	00:10#	00:04#	00:04#	00:01+	00:05&	00:09#	00:27&	00:13&	00:06&	00:04&	00:00=	
<b>19</b>	<b>Rasmus Damgaard Nielsen</b>	<b>40</b>										<b>19:32</b>													
00:06-	00:27-	01:41+	02:14+	03:53+	04:27+	05:14+	05:44+	06:06+	08:17+	08:48+	09:42+	10:20+	11:37+	13:25+	13:51+	14:34+	15:03+	15:20+	16:36+	17:36+	18:14+	18:42+	19:00+	19:21+	
00:06-	00:21+	01:14+	00:33+	01:39+	00:34+	00:47+	00:30+	00:22+	02:11+	00:31+	00:54+	00:38+	01:17+	01:48+	00:26+	00:43+	00:29+	00:17+	01:16+	01:00+	00:38+	00:28+	00:18+	00:11+	
00:08-	00:02#	00:28&	00:04#	00:01+	00:04#	00:02+	00:03#	00:02#	00:12#	00:04#	00:12&	00:09&	00:13#	00:22&	00:07&	00:05#	00:03#	00:03#	00:12#	00:12#	00:07#	00:08&	00:05&	00:04#	
<b>20</b>	<b>Jeppe Kejser Dahl Jensen</b>	<b>OK Pan</b>										<b>20:19</b>													
00:16+	00:37+	01:29+	02:19+	04:03+	04:34+	05:25+	05:55+	06:23+	09:29+	09:56+	10:49+	11:20+	12:32+	14:24+	14:45+	15:26+	15:50+	16:07+	17:16+	18:09+	18:46+	19:48+	20:00+	20:18+	
00:16+	00:21+	00:52+	00:50+	01:44+	00:31+	00:51+	00:30+	00:28+	03:06+	00:27=	00:53+	00:31+	01:12+	01:52+	00:21+	00:41+	00:24-	00:17+	01:09+	00:53+	00:37+	01:02+	00:12-	00:18+	
00:02#	00:02#	00:06#	00:21&	00:06+	00:01+	00:06#	00:03#	00:08&	01:07&	00:00=	00:11&	00:02+	00:08#	00:26&	00:02#	00:03+	00:02-	00:03#	00:05+	00:05#	00:06#	00:42@	00:01-	00:01+	
<b>21</b>	<b>Peter Klogborg</b>	<b>26</b>										<b>21:44</b>													
00:17+	00:37+	01:44+	02:16+	04:33+	05:10+	06:02+	06:35+	07:02+	09:36+	10:17+	11:29+	12:03+	13:27+	15:15+	15:41+	16:36+	17:04+	17:19+	18:44+	19:50+	20:37+	21:05+	21:20+	21:43+	
00:17+	00:20+	01:07+	00:32+	02:17+	00:37+	00:52+	00:33+	00:27+	02:34+	00:41+	01:12+	00:34+	01:24+	01:48+	00:26+	00:55+	00:28+	00:15+	01:25+	01:06+	00:47+	00:28+	00:15+	00:23+	
00:03#	00:01+	00:21&	00:03#	00:39&	00:07#	00:07#	00:06#	00:07&	00:35&	00:14&	00:30&	00:05#	00:20&	00:22&	00:07&	00:17&	00:02+	00:01+	00:21&	00:18&	00:16&	00:08&	00:02#	00:06&	
<b>22</b>	<b>Mikkel Meldgaard</b>	<b>5</b>										<b>22:48</b>													
00:16+	00:37+	01:49+	02:25+	04:09+	04:44+	05:33+	06:02+	06:27+	08:42+	09:24+	10:48+	11:31+	13:11+	16:33+	17:02+	17:45+	18:11+	18:30+	20:03+	21:03+	21:46+	22:12+	22:27+	22:48+	
00:16+	00:21+	01:12+	00:36+	01:44+	00:35+	00:49+	00:29+	00:25+	02:15+	00:42+	01:24+	00:31+	01:40+	03:22+	00:29+	00:43+	00:26=	00:19+	01:33+	01:00+	00:43+	00:26+	00:15+	00:21+	
00:02#	00:02#	00:26&	00:07#	00:06+	00:05#	00:04+	00:02+	00:05#	00:16#	00:15&	00:42&	00:14&	00:36&	01:56@	00:10&	00:05#	00:00=	00:05&	00:29&	00:12#	00:12&	00:06&	00:02#	00:04#	
<b>23</b>	<b>Frederik E. Krogh</b>	<b>34</b>										<b>23:48</b>													

### Beste strekktid for klassen

00:06	00:16	00:29	00:28	00:31	00:26	00:22	00:20	00:20	00:32	00:26	00:32	00:28	00:26	00:24	00:19	00:16	00:18	00:13	00:42	00:21	00:15	00:14	00:12	00:15
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## H21

<b>1</b>	<b>Andreas Hougaard Boesen</b>	<b>29</b>	<b>14:26</b>																						
00:13=	00:31=	01:16=	01:44=	03:03=	03:27=	04:03=	04:26=	04:43=	06:19=	06:44=	07:19=	07:45=	08:37=	09:50=	10:09=	10:43=	11:05=	11:18=	12:14=	13:03=	13:36=	13:55=	14:08=	14:26=	
00:13=	00:18=	00:45=	00:28=	01:19=	00:24=	00:36=	00:23=	00:17=	01:36=	00:25=	00:35=	00:26=	00:52=	01:13=	00:19=	00:34=	00:22=	00:13=	00:56=	00:49=	00:33=	00:19=	00:13=	00:18=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
<b>2</b>	<b>Magnus Dewett</b>	<b>31</b>	<b>14:37</b>																						
00:16+	00:34+	01:23+	01:52+	03:11+	03:40+	04:16+	04:40+	04:58+	06:27+	06:52+	07:30+	07:56+	08:54+	10:08+	10:27+	11:07+	11:30+	11:41+	12:35+	13:18+	13:47+	14:05+	14:19+	14:37+	
00:16+	00:18=	00:49+	00:29+	01:19=	00:29+	00:36=	00:24+	00:18+	01:29=	00:25=	00:38+	00:26=	00:58+	01:14+	00:19=	00:40+	00:23+	00:11=	00:54=	00:43=	00:29=	00:18=	00:14+	00:18=	
00:03#	00:00=	00:04+	00:01+	00:00=	00:05#	00:00=	00:01+	00:01+	00:07=	00:00=	00:03+	00:00=	00:06#	00:01+	00:00=	00:06#	00:01+	00:02=	00:02=	00:06=	00:04=	00:01=	00:01+	00:00=	
<b>3</b>	<b>Jakob Edsen</b>	<b>3</b>	<b>14:53</b>																						
00:13=	00:30=	01:15=	01:42=	03:04+	03:30+	04:09+	04:33+	04:51+	06:29+	06:55+	07:34+	08:01+	08:58+	10:16+	10:35+	11:08+	11:30+	11:43+	12:43+	13:30+	14:02+	14:21+	14:35+	14:52+	14:53+
00:13=	00:17=	00:45=	00:27=	01:22+	00:26+	00:39+	00:24+	00:18+	01:38+	00:26+	00:39+	00:27+	00:57+	01:18+	00:19=	00:33=	00:22=	00:13=	01:00+	00:47=	00:32=	00:19=	00:14+	00:17=	00:01+
00:00=	00:01=	00:00=	00:01=	00:03+	00:02+	00:03+	00:01+	00:01+	00:02+	00:01+	00:04#	00:01+	00:05+	00:05+	00:00=	00:01=	00:00=	00:00=	00:04+	00:02=	00:01=	00:00=	00:01+	00:01=	00:01+
<b>4</b>	<b>Rasmus Djuhuus</b>	<b>58</b>	<b>15:11</b>																						
00:15+	00:34+	01:19+	01:44=	03:06+	03:35+	04:10+	04:34+	04:51+	06:33+	06:56+	07:36+	08:01+	08:57+	10:14+	10:31+	11:07+	11:29+	11:42+	12:39+	13:26+	13:57+	14:42+	14:54+	15:11+	
00:15+	00:19+	00:45=	00:25=	01:22+	00:29+	00:35=	00:24+	00:17=	01:42+	00:23=	00:40+	00:25=	00:56+	01:17+	00:17=	00:36+	00:22=	00:13=	00:57+	00:47=	00:31=	00:45+	00:12=	00:17=	
00:02#	00:01+	00:00=	00:00=	00:03=	00:05#	00:01=	00:01+	00:00=	00:06+	00:02=	00:05#	00:01=	00:04+	00:04+	00:02=	00:02=	00:00=	00:00=	00:01+	00:02=	00:02=	00:26@	00:01=	00:01=	
<b>5</b>	<b>Rasmus Thrane Hansen</b>	<b>63</b>	<b>15:22</b>																						
00:14+	00:31=	01:25+	01:53+	03:18+	03:43+	04:30+	04:55+	05:14+	06:56+	07:21+	07:59+	08:27+	09:24+	10:45+	11:04+	11:40+	12:03+	12:17+	13:14+	14:00+	14:29+	14:49+	15:04+	15:22+	
00:14+	00:17=	00:54+	00:28=	01:25+	00:25+	00:47+	00:24+	00:19+	01:42+	00:25=	00:38+	00:28+	00:57+	01:21+	00:19=	00:36+	00:23+	00:14+	00:57+	00:46=	00:29=	00:20+	00:15+	00:18=	
00:01+	00:01=	00:09#	00:00=	00:06+	00:01+	00:11&	00:02+	00:02#	00:06+	00:00=	00:03+	00:02+	00:05+	00:08#	00:00=	00:02+	00:01+	00:01+	00:01+	00:03=	00:04=	00:01+	00:02#	00:00=	
<b>6</b>	<b>Emil Oebro</b>	<b>41</b>	<b>15:25</b>																						
00:15+	00:33+	01:20+	01:53+	03:16+	03:41+	04:20+	04:44+	05:03+	06:50+	07:16+	07:55+	08:22+	09:23+	10:44+	11:03+	11:41+	12:05+	12:18+	13:17+	14:02+	14:32+	14:53+	15:07+	15:25+	
00:15+	00:18=	00:47+	00:33+	01:23+	00:25+	00:39+	00:24+	00:19+	01:47+	00:26+	00:39+	00:27+	01:01+	01:21+	00:19=	00:38+	00:24+	00:13=	00:59+	00:45=	00:30=	00:21+	00:14+	00:18=	
00:02#	00:00=	00:02+	00:05#	00:04+	00:01+	00:03+	00:01+	00:02#	00:11#	00:01+	00:04#	00:01+	00:09#	00:08#	00:00=	00:04#	00:02+	00:00=	00:03+	00:04=	00:03=	00:02#	00:01+	00:00=	
<b>7</b>	<b>Stefan Frands Petersen</b>	<b>45</b>	<b>15:51</b>																						
00:15+	00:34+	01:25+	01:57+	03:23+	03:50+	04:32+	04:56+	05:15+	06:55+	07:24+	08:08+	08:37+	09:40+	11:03+	11:23+	12:00+	12:22+	12:36+	13:40+	14:27+	15:01+	15:22+	15:34+	15:51+	
00:15+	00:19+	00:51+	00:32+	01:26+	00:27+	00:42+	00:24+	00:19+	01:40+	00:29+	00:44+	00:29+	01:03+	01:23+	00:20+	00:37+	00:22=	00:14+	01:04+	00:47=	00:34+	00:21+	00:12=	00:17=	
00:02#	00:01+	00:06#	00:04#	00:07+	00:03#	00:06#	00:01+	00:02#	00:04+	00:04#	00:09&	00:03#	00:11#	00:10#	00:01+	00:03+	00:00=	00:01+	00:08#	00:02=	00:01+	00:02#	00:01=	00:01=	
<b>8</b>	<b>Tobias Karlsomse Svare</b>	<b>23</b>	<b>16:01</b>																						
00:15+	00:34+	01:23+	01:54+	03:23+	03:52+	04:39+	05:05+	05:27+	07:17+	07:42+	08:28+	08:57+	09:56+	11:17+	11:39+	12:15+	12:37+	12:54+	13:55+	14:40+	15:11+	15:30+	15:43+	16:01+	
00:15+	00:19+	00:49+	00:31+	01:29+	00:29+	00:47+	00:26+	00:22+	01:50+	00:25=	00:46+	00:29+	00:59+	01:21+	00:22+	00:36+	00:22=	00:17+	01:01+	00:45=	00:31=	00:19=	00:13=	00:18=	
00:02#	00:01+	00:04+	00:03#	00:10#	00:05#	00:11&	00:03#	00:05&	00:14#	00:00=	00:11&	00:03#	00:07#	00:08#	00:03#	00:02+	00:00=	00:04&	00:05+	00:04=	00:02=	00:00=	00:00=	00:00=	
<b>9</b>	<b>Jeppe Ruud</b>	<b>50</b>	<b>16:09</b>																						
00:16+	00:34+	01:26+	01:59+	03:24+	03:50+	04:31+	04:57+	05:16+	06:54+	07:20+	08:01+	08:29+	09:33+	10:55+	11:16+	11:53+	12:16+	12:29+	13:50+	14:44+	15:17+	15:39+	15:51+	16:09+	
00:16+	00:18=	00:52+	00:33+	01:25+	00:26+	00:41+	00:26+	00:19+	01:38+	00:26+	00:41+	00:28+	01:04+	01:22+	00:21+	00:37+	00:23+	00:13=	01:21+	00:54+	00:33=	00:22+	00:12=	00:18=	
00:03#	00:00=	00:07#	00:05#	00:06+	00:02+	00:05#	00:03#	00:02#	00:02+	00:01+	00:06#	00:02+	00:12#	00:09#	00:02#	00:03+	00:01+	00:00=	00:25&	00:05#	00:00=	00:03#	00:01=	00:00=	
<b>10</b>	<b>Simon Thrane Hansen</b>	<b>63</b>	<b>16:18</b>																						
00:16+	00:35+	01:23+	01:55+	03:26+	03:54+	04:35+	04:59+	05:19+	07:09+	07:37+	08:28+	08:54+	10:05+	11:27+	11:49+	12:26+	12:51+	13:04+	14:05+	14:53+	15:24+	15:46+	16:00+	16:18+	
00:16+	00:19+	00:48+	00:32+	01:31+	00:28+	00:41+	00:24+	00:20+	01:50+	00:28+	00:51+	00:26=	01:11+	01:22+	00:22+	00:37+	00:25+	00:13=	01:01+	00:48=	00:31=	00:22+	00:14+	00:18=	
00:03#	00:01+	00:03+	00:04#	00:12#	00:04#	00:05#	00:01+	00:03#	00:14#	00:03#	00:16&	00:00=	00:19&	00:09#	00:03#	00:03+	00:03#	00:00=	00:05+	00:01=	00:02=	00:03#	00:01+	00:00=	
<b>11</b>	<b>Eskil Schoening</b>	<b>62</b>	<b>16:52</b>																						
00:17+	00:36+	01:30+	02:05+	03:32+	04:01+	04:51+	05:15+	05:34+	07:37+	08:06+	08:45+	09:24+	10:28+	11:56+	12:16+	12:53+	13:18+	13:32+	14:36+	15:24+	15:57+	16:17+	16:30+	16:52+	
00:17+	00:19+	00:54+	00:35+	01:27+	00:29+	00:50+	00:24+	00:19+	02:03+	00:29+	00:39+	00:29+	01:04+	01:28+	00:20+	00:37+	00:25+	00:14+	01:04+	00:48=	00:33=	00:20+	00:13=	00:22+	
00:04&	00:01+	00:09#	00:07#	00:08#	00:05#	00:14&	00:01+	00:02#	00:27&	00:04#	00:04#	00:13&	00:12#	00:15#	00:01+	00:03+	00:03#	00:01+	00:08#	00:01=	00:00=	00:01+	00:00=	00:04#	
<b>12</b>	<b>Rico Hejlskov Mogensen</b>	<b>64</b>	<b>17:02</b>																						
00:14+	00:33+	01:39+	02:10+	03:40+	04:08+	04:54+	05:21+	05:42+	07:35+	08:04+	08:45+	09:26+	10:26+	11:52+	12:14+	12:52+	13:17+	13:34+	14:40+	15:31+	16:04+	16:26+	16:42+	17:01+	17:02+
00:14+	00:19+	01:06+	00:31+	01:30+	00:28+	00:46+	00:27+	00:21+	01:53+	00:29+	00:41+	00:41+	01:00+	01:26+	00:22+	00:38+	00:25+	00:17+	01:06+	00:51+	00:33=	00:22+	00:16+	00:19+	00:01+
00:01+	00:01+	00:21&	00:03#	00:11#	00:04#	00:10&	00:04#	00:04#	00:17#	00:04#	00:06#	00:15&	00:08#	00:13#	00:03#	00:04#	00:03#	00:04&	00:10#	00:02+	00:00=	00:03#	00:03#	00:01+	00:01+
<b>13</b>	<b>Giacomo Frattari</b>	<b>58</b>	<b>17:33</b>																						
00:14+	00:32+	01:29+	01:57+	03:31+	03:59+	04:42+	05:08+	05:27+	07:15+	07:43+	08:24+	08:54+	10:19+	11:43+	12:06+	12:45+	13:09+	13:24+	14:57+	16:01+	16:34+	16:55+	17:11+	17:33+	
00:14+	00:18=	00:57+	00:28=	01:34+	00:28+	00:43+	00:26+	00:19+	01:48+	00:28+	00:41+	00:30+	01:25+	01:24+	00:23+	00:39+	00:24+	00:15+	01:33+	01:04+	00:33=	00:21+	00:16+	00:22+	
00:01+	00:00=	00:12&	00:00=	00:15#	00:04#	00:07#	00:03#	00:02#	00:12#	00:03#	00:06#	00:04#	00:33&	00:11#	00:04#	00:05#	00:02+	00:02#	00:37&	00:15&	00:00=	00:02#	00:03#	00:04#	

Class	Navn	Klasse	Tid
<b>14</b>	<b>Mikkel Skaarup</b>	<b>6</b>	<b>17:44</b>
00:17+	00:36+	01:29+	01:57+
00:17+	00:19+	00:53+	00:28=
00:04&	00:01+	00:08#	00:00=
03:28+	03:58+	04:42+	05:09+
01:31+	00:30+	00:44+	00:27+
00:06#	00:06#	00:08#	00:04#
05:32+	07:37+	08:08+	08:53+
02:05+	00:31+	00:45+	00:30+
00:06#	00:10&	00:04#	00:15&
09:23+	10:30+	12:00+	12:23+
10:30+	01:07+	01:30+	00:23+
00:17#	00:04#	00:09&	00:03#
13:06+	13:31+	13:47+	15:16+
00:16+	01:29+	00:52+	00:37+
00:03#	00:03#	00:33&	00:03+
16:08+	16:45+	17:08+	17:24+
17:08+	17:24+	17:44+	
17:24+	17:44+		
17:44+			
17:44+			
<b>15</b>	<b>Kristian Blok</b>	<b>31</b>	<b>18:09</b>
00:17+	00:36+	01:46+	02:19+
00:17+	00:19+	01:10+	00:33+
00:04&	00:01+	00:25&	00:05#
03:57+	04:29+	05:23+	05:53+
01:38+	00:32+	00:54+	00:30+
00:08#	00:08&	00:18&	00:07&
06:14+	08:24+	08:55+	09:38+
00:21+	02:10+	00:31+	00:43+
00:04#	00:34&	00:06#	00:08#
10:08+	11:08+	12:37+	13:01+
00:30+	01:00+	01:29+	00:24+
00:04#	00:08#	00:16#	00:05&
13:44+	14:10+	14:26+	15:39+
00:26+	00:16+	01:13+	00:57+
00:03#	00:03#	00:17&	00:08#
14:10+	14:26+	15:39+	16:36+
00:16+	01:29+	00:57+	00:38+
00:03#	00:03#	00:05#	00:05#
16:36+	17:14+	17:37+	17:51+
00:38+	00:23+	00:14+	00:17-
00:05#	00:04#	00:01+	00:01-
17:14+	17:37+	17:51+	18:08+
00:23+	00:14+	00:17-	00:01+
00:05#	00:04#	00:01+	00:01-
17:37+	17:51+	18:08+	18:09+
00:14+	00:17-	00:01+	00:01+
00:01+	00:01-	00:01+	00:01+
17:51+	18:08+	18:09+	
18:08+	18:09+		
18:09+			
<b>16</b>	<b>Lasse Gron</b>	<b>58</b>	<b>18:09</b>
00:15+	00:34+	01:31+	01:58+
00:15+	00:19+	00:57+	00:27-
00:02#	00:01+	00:12&	00:01-
03:31+	04:01+	04:48+	05:17+
00:30+	00:47+	00:29+	00:20+
00:06#	00:11&	00:06&	00:03#
05:23+	05:53+	06:14+	08:24+
00:54+	00:30+	00:21+	02:10+
00:18&	00:07&	00:04#	00:34&
08:55+	09:38+	10:08+	11:08+
00:31+	00:43+	00:30+	01:00+
00:06#	00:08#	00:04#	00:08#
10:08+	11:08+	12:37+	13:01+
00:30+	01:00+	01:29+	00:24+
00:04#	00:08#	00:16#	00:05&
13:44+	14:10+	14:26+	15:39+
00:26+	00:16+	01:13+	00:57+
00:03#	00:03#	00:17&	00:08#
14:10+	14:26+	15:39+	16:36+
00:16+	01:29+	00:57+	00:38+
00:03#	00:03#	00:05#	00:05#
16:36+	17:14+	17:37+	17:51+
00:38+	00:23+	00:14+	00:17-
00:05#	00:04#	00:01+	00:01-
17:14+	17:37+	17:51+	18:08+
00:23+	00:14+	00:17-	00:01+
00:05#	00:04#	00:01+	00:01-
17:37+	17:51+	18:08+	18:09+
00:14+	00:17-	00:01+	00:01+
00:05#	00:04#	00:01+	00:01+
17:51+	18:08+	18:09+	
18:08+	18:09+		
18:09+			
<b>17</b>	<b>Jacob Asmussen Daugaard</b>	<b>17</b>	<b>18:11</b>
00:16+	00:36+	01:33+	02:03+
00:16+	00:20+	00:57+	00:30+
00:03#	00:02#	00:12&	00:02+
03:38+	04:09+	04:54+	05:21+
03:38+	04:09+	04:54+	05:21+
00:07&	00:09#	00:04#	00:06&
05:44+	07:59+	08:29+	09:14+
05:44+	07:59+	08:29+	09:14+
00:04#	00:06&	00:07&	00:10&
07:59+	08:29+	09:14+	09:44+
08:29+	09:14+	09:44+	10:58+
00:05#	00:10&	00:04#	00:22&
09:44+	10:58+	12:31+	12:53+
09:44+	10:58+	12:31+	12:53+
00:04#	00:22&	00:20&	00:05#
10:58+	12:31+	12:53+	13:33+
10:58+	12:31+	12:53+	13:33+
00:20&	00:05#	00:20&	00:06#
13:33+	14:01+	14:19+	15:43+
13:33+	14:01+	14:19+	15:43+
00:06#	00:06&	00:06#	00:06&
14:01+	14:19+	15:43+	16:38+
14:01+	14:19+	15:43+	16:38+
00:06&	00:06#	00:06#	00:02+
16:38+	17:13+	17:35+	17:50+
16:38+	17:13+	17:35+	17:50+
00:02+	00:03#	00:03#	00:03#
17:13+	17:35+	17:50+	18:11+
17:13+	17:35+	17:50+	18:11+
00:02+	00:03#	00:03#	00:03#
17:35+	17:50+	18:11+	
17:50+	18:11+		
18:11+			
<b>18</b>	<b>Peter Damgaard Frandsen</b>	<b>17</b>	<b>19:40</b>
00:17+	00:37+	01:51+	02:23+
00:17+	00:20+	01:14+	00:32+
00:04&	00:02#	00:29&	00:04#
04:08+	04:49+	05:47+	06:17+
04:08+	04:49+	05:47+	06:17+
00:07&	00:07&	00:17&	00:22&
06:17+	06:40+	08:52+	09:22+
06:17+	06:40+	08:52+	09:22+
00:17&	00:22&	00:07&	00:06#
08:52+	09:22+	10:08+	10:40+
08:52+	09:22+	10:08+	10:40+
00:06#	00:06&	00:07&	00:22&
10:40+	12:03+	13:44+	14:05+
10:40+	12:03+	13:44+	14:05+
00:06#	00:06&	00:07&	00:06#
12:03+	13:44+	14:05+	14:45+
12:03+	13:44+	14:05+	14:45+
00:22&	00:09&	00:06#	00:02#
14:05+	14:45+	15:09+	15:26+
14:05+	14:45+	15:09+	15:26+
00:02#	00:02#	00:06#	00:02+
15:09+	15:26+	17:06+	18:07+
15:09+	15:26+	17:06+	18:07+
00:06#	00:06&	00:06#	00:02+
17:06+	18:07+	18:43+	19:09+
17:06+	18:07+	18:43+	19:09+
00:02+	00:03#	00:06#	00:06&
18:07+	18:43+	19:09+	19:22+
18:07+	18:43+	19:09+	19:22+
00:06#	00:06&	00:06#	00:02#
19:09+	19:22+	19:40+	19:40+
19:09+	19:22+	19:40+	19:40+
00:06#	00:06&	00:06#	00:02#
19:22+	19:40+	19:40+	00:18=
19:22+	19:40+	19:40+	00:18=
00:06#	00:06&	00:06#	00:02#
19:40+	19:40+	00:18=	00:18=
19:40+	19:40+	00:18=	00:18=
<b>19</b>	<b>Jonas Soby Pedersen</b>	<b>1</b>	<b>19:46</b>
00:19+	00:39+	01:39+	02:11+
00:19+	00:20+	01:00+	00:32+
00:06&	00:02#	00:15&	00:04#
04:03+	04:49+	05:34+	06:05+
04:03+	04:49+	05:34+	06:05+
00:33&	00:22&	00:09#	00:08#
06:05+	06:29+	08:50+	09:22+
06:05+	06:29+	08:50+	09:22+
00:09#	00:08#	00:07&	00:06&
08:50+	09:22+	10:19+	10:54+
08:50+	09:22+	10:19+	10:54+
00:06#	00:06&	00:07&	00:22&
10:54+	12:06+	13:57+	14:23+
10:54+	12:06+	13:57+	14:23+
00:06#	00:06&	00:07&	00:06#
12:06+	13:57+	15:51+	16:25+
12:06+	13:57+	15:51+	16:25+
00:06#	00:06&	00:07&	00:06#
13:57+	14:23+	15:08+	15:37+
13:57+	14:23+	15:08+	15:37+
00:06#	00:06&	00:07&	00:06#
15:08+	15:37+	15:53+	17:07+
15:08+	15:37+	15:53+	17:07+
00:06#	00:06&	00:07&	00:06#
17:07+	18:07+	18:43+	19:07+
17:07+	18:07+	18:43+	19:07+
00:06#	00:06&	00:07&	00:06#
18:07+	18:43+	19:07+	19:22+
18:07+	18:43+	19:07+	19:22+
00:06#	00:06&	00:07&	00:06#
19:07+	19:22+	19:45+	19:46+
19:07+	19:22+	19:45+	19:46+
00:06#	00:06&	00:07&	00:06#
19:22+	19:45+	19:46+	00:01+
19:22+	19:45+	19:46+	00:01+
00:06#	00:06&	00:07&	00:06#
19:45+	19:46+	00:01+	00:01+
19:45+	19:46+	00:01+	00:01+
00:06#	00:06&	00:07&	00:06#
19:46+	00:01+	00:01+	00:01+
19:46+	00:01+	00:01+	00:01+
<b>20</b>	<b>Allan Reiche</b>	<b>33</b>	<b>22:10</b>
00:19+	00:43+	02:20+	03:07+
00:19+	00:24+	01:37+	00:47+
00:06&	00:06&	00:52@	00:19&
05:06+	05:47+	06:43+	07:21+
05:06+	05:47+	06:43+	07:21+
00:17&	00:20&	00:15&	00:06&
07:21+	07:44+	10:12+	10:47+
07:21+	07:44+	10:12+	10:47+
00:17&	00:20&	00:15&	00:06&
10:47+	11:44+	12:21+	13:57+
10:47+	11:44+	12:21+	13:57+
00:10&	00:22&	00:11&	00:44&
11:44+	12:21+	13:57+	15:51+
11:44+	12:21+	13:57+	15:51+
00:10&	00:22&	00:11&	00:44&
12:21+	13:57+	15:51+	16:25+
12:21+	13:57+	15:51+	16:25+
00:11&	00:44&	00:41&	00:15&
15:51+	16:25+	17:12+	17:41+
15:51+	16:25+	17:12+	17:41+
00:11&	00:44&	00:41&	00:15&
17:12+	17:41+	18:01+	19:18+
17:12+	17:41+	18:01+	19:18+
00:15&	00:13&	00:07&	00:07&
18:01+	19:18+	20:15+	21:00+
18:01+	19:18+	20:15+	21:00+
00:15&	00:13&	00:07&	00:07&
19:18+	20:15+	21:00+	21:27+
19:18+	20:15+	21:00+	21:27+
00:15&	00:13&	00:07&	00:07&
21:00+			

Class	Navn	Klasse	Tid
<b>6</b>	<b>Tommy Damsgaard</b>	<b>42</b>	<b>20:45</b>
00:21+	00:46+	02:09+	03:28+
00:21+	00:25+	01:23+	01:19+
00:03#	00:04#	00:18&	00:20&

**Beste strekktid for klassen**

00:18	00:21	01:05	00:59	01:36	00:52	00:25	00:19	01:38	00:39	00:49	01:33	00:18	00:40	00:25	00:12	01:14	00:49	00:42	00:14	00:14
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**H40-**

<b>1</b>	<b>Claus Hallingdal Bloch</b>	<b>OK Pan</b>	<b>12:44</b>
00:30=	00:53=	01:33=	02:22=
00:30=	00:23=	00:40=	00:49=
00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Lasse Skare Therklidsen</b>	<b>26</b>	<b>13:47</b>
00:33+	00:57+	01:32-	02:26+
00:33+	00:24+	00:35-	00:54+
00:03#	00:01+	00:05-	00:05#

<b>3</b>	<b>Mads K. Larsen</b>	<b>10</b>	<b>15:26</b>
00:36+	01:01+	01:39+	02:35+
00:36+	00:25+	00:38-	00:56+
00:06#	00:02+	00:02-	00:07#

<b>4</b>	<b>Kim Lindahl</b>	<b>27</b>	<b>16:04</b>
00:37+	01:19+	02:12+	03:08+
00:37+	00:42+	00:53+	00:56+
00:07#	00:19&	00:13&	00:07#

<b>5</b>	<b>Anders Dalgaard</b>	<b>17</b>	<b>16:05</b>
00:35+	01:01+	01:41+	03:03+
00:35+	00:26+	00:40=	01:22+
00:05#	00:03#	00:00=	00:33&

<b>6</b>	<b>Nicolaj Nielsen</b>	<b>15</b>	<b>16:27</b>
00:37+	01:09+	01:48+	02:44+
00:37+	00:32+	00:39-	00:56+
00:07#	00:09&	00:01-	00:07#

<b>7</b>	<b>Bo Birk Nielsen</b>	<b>1</b>	<b>16:34</b>
00:32+	00:59+	01:40+	02:35+
00:32+	00:27+	00:41+	00:55+
00:02+	00:04#	00:01+	00:06#

<b>8</b>	<b>Allan Søgaard</b>	<b>29</b>	<b>16:41</b>
00:34+	01:31+	02:31+	03:25+
00:34+	00:57+	01:00+	00:54+
00:04#	00:34@	00:20&	00:05#

<b>9</b>	<b>Preben Brinch</b>	<b>10</b>	<b>17:33</b>
00:43+	01:13+	02:02+	03:02+
00:43+	00:30+	00:49+	01:00+
00:13&	00:07&	00:09#	00:11#

<b>10</b>	<b>Jes Holme Barkler</b>	<b>39</b>	<b>17:46</b>
00:37+	01:29+	02:13+	03:16+
00:37+	00:52+	00:44+	01:03+
00:07#	00:29@	00:04#	00:14&

<b>11</b>	<b>Niels-Peter Vest Nielsen</b>	<b>5</b>	<b>18:33</b>
00:40+	01:09+	01:56+	02:53+
00:40+	00:29+	00:47+	00:57+
00:10&	00:06&	00:07#	00:08#

<b>12</b>	<b>Claus Bobach</b>	<b>1</b>	<b>18:53</b>
00:41+	01:11+	01:54+	02:56+
00:41+	00:30+	00:43+	01:02+
00:11&	00:07&	00:03+	00:13&

Class	Navn												Klasse												Tid																																							
<b>13</b>	<b>Jes Nyhegn</b>												<b>10</b>												<b>19:49</b>																																							
	00:39+	01:16+	02:06+	03:14+	04:54+	06:15+	07:43+	08:13+	08:47+	10:40+	11:34+	12:52+	14:39+	16:20+	17:12+	18:10+	18:35+	19:04+	19:23+	19:48+	19:49+	00:39+	00:37+	00:50+	01:08+	01:40+	01:21+	01:28+	00:30+	00:34+	01:53+	00:54+	01:18+	01:47+	01:41+	00:52+	00:58+	00:25+	00:29+	00:19+	00:25+	00:01=	00:09&	00:14&	00:10#	00:19&	00:40&	00:48@	00:32&	00:09&	00:11&	00:39&	00:17&	00:22&	00:35&	00:37&	00:21&	00:28&	00:07&	00:10&	00:08&	00:09&	00:00=	
	<b>Beste strekktid for klassen</b>																																																															
	00:30	00:23	00:35	00:49	01:00	00:33	00:56	00:21	00:23	01:14	00:37	00:53	01:12	01:04	00:31	00:30	00:18	00:19	00:11	00:16	00:01																																											
	= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.																																																															
<b>H45-</b>																																																																
<b>1</b>	<b>Jesper David Jensen</b>												<b>41</b>												<b>14:15</b>																																							
	00:33=	00:56=	01:31=	02:18=	03:31=	04:08=	05:21=	05:44=	06:09=	07:32=	08:09=	09:03=	10:24=	11:37=	12:11=	12:55=	13:16=	13:40=	13:54=	14:14=	14:15=	00:33=	00:23=	00:35=	00:47=	01:13=	00:37=	01:13=	00:23=	00:25=	01:23=	00:37=	00:54=	01:21=	01:13=	00:34=	00:44=	00:21=	00:24=	00:14=	00:20=	00:01=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Lars Munkved</b>												<b>5</b>												<b>15:25</b>																																							
	00:36+	01:07+	01:44+	02:40+	04:02+	04:40+	05:50+	06:15+	06:42+	08:07+	08:54+	09:51+	11:14+	12:41+	13:18+	13:59+	14:24+	14:48+	15:03+	15:24+	15:25+	00:36+	00:31+	00:37+	00:56+	01:22+	00:38+	01:10-	00:25+	00:27+	01:25+	00:47+	00:57+	01:23+	01:27+	00:37+	00:41-	00:25+	00:24=	00:15+	00:21+	00:01=	00:03+	00:08&	00:02+	00:09#	00:09#	00:01+	00:03-	00:02+	00:02+	00:02+	00:10&	00:03+	00:02+	00:01+	00:02+	00:03+	00:03-	00:04#	00:00=	00:01+	00:01+	00:00=
<b>3</b>	<b>Carsten Thyssen</b>												<b>15</b>												<b>15:32</b>																																							
	00:37+	01:03+	01:47+	02:40+	03:57+	04:34+	05:49+	06:15+	06:45+	08:12+	08:59+	09:55+	11:17+	12:34+	13:24+	14:05+	14:28+	14:57+	15:12+	15:32+	00:37+	00:26+	00:44+	00:53+	01:17+	00:37=	01:15+	00:26+	00:30+	01:27+	00:47+	00:56+	01:22+	01:17+	00:50+	00:41-	00:23+	00:29+	00:15+	00:20=	00:04#	00:03#	00:09&	00:06#	00:04+	00:00=	00:02+	00:03#	00:05#	00:04+	00:10&	00:02+	00:01+	00:04+	00:16&	00:03-	00:02+	00:05#	00:01+	00:00=				
<b>4</b>	<b>Allan Thesbjerg</b>												<b>15</b>												<b>16:04</b>																																							
	00:36+	01:20+	02:05+	02:59+	04:20+	05:01+	06:16+	06:42+	07:11+	08:40+	09:26+	10:27+	11:53+	13:13+	13:53+	14:37+	15:03+	15:28+	15:42+	16:03+	16:04+	00:36+	00:44+	00:45+	00:54+	01:21+	00:41+	01:15+	00:25+	00:29+	01:29+	00:46+	01:01+	01:53+	01:20+	00:40+	00:44+	00:26+	00:25+	00:14=	00:21+	00:01=	00:03+	00:21&	00:10&	00:07#	00:08#	00:04#	00:02+	00:03#	00:04#	00:06+	00:09#	00:07#	00:05+	00:07+	00:06#	00:00=	00:05#	00:01+	00:00=	00:01+	00:00=	
<b>5</b>	<b>Bjarne Hoffmann</b>												<b>OK Pan</b>												<b>16:09</b>																																							
	00:37+	01:08+	01:44+	02:49+	04:13+	04:53+	06:03+	06:28+	06:55+	08:24+	09:18+	10:14+	11:36+	13:04+	13:47+	14:27+	15:01+	15:28+	15:45+	16:08+	16:09+	00:37+	00:31+	00:36+	01:05+	01:24+	00:40+	01:10-	00:25+	00:27+	01:29+	00:54+	00:56+	01:22+	01:28+	00:43+	00:40-	00:34+	00:27+	00:17+	00:23+	00:01=	00:04#	00:08&	00:01+	00:18&	00:11#	00:03+	00:03-	00:02+	00:02+	00:06+	00:17&	00:02+	00:01+	00:15#	00:09&	00:04-	00:13&	00:03#	00:03#	00:03#	00:00=	
<b>6</b>	<b>Mads Mikkelsen</b>												<b>15</b>												<b>16:40</b>																																							
	00:40+	01:07+	01:56+	02:54+	04:18+	05:00+	06:17+	06:43+	07:12+	08:47+	09:38+	10:44+	12:12+	13:41+	14:24+	15:10+	15:35+	16:02+	16:19+	16:40+	00:40+	00:27+	00:49+	00:58+	01:24+	00:42+	01:17+	00:26+	00:29+	01:35+	00:51+	01:06+	01:28+	01:29+	00:43+	00:46+	00:25+	00:27+	00:17+	00:21+	00:07#	00:04#	00:14&	00:11#	00:11#	00:05#	00:04+	00:03#	00:04#	00:12#	00:14&	00:12#	00:07+	00:16#	00:09&	00:02+	00:04#	00:03#	00:03#	00:01+				
<b>7</b>	<b>Keld Hinge Krogsgaard</b>												<b>38</b>												<b>17:07</b>																																							
	00:37+	01:30+	02:11+	03:10+	04:35+	05:17+	06:35+	07:02+	07:33+	09:14+	10:03+	11:08+	12:38+	14:06+	14:50+	15:34+	15:58+	16:25+	16:42+	17:07+	00:37+	00:53+	00:41+	00:59+	01:25+	00:42+	01:18+	00:27+	00:31+	01:41+	00:49+	01:05+	01:30+	01:28+	00:44+	00:44=	00:24+	00:27+	00:17+	00:25+	00:04#	00:30@	00:06#	00:12&	00:12#	00:05#	00:05+	00:04#	00:06#	00:18#	00:12&	00:11#	00:09#	00:15#	00:10&	00:00=	00:03#	00:03#	00:03#	00:03#	00:05#			
<b>8</b>	<b>Lars Berglund</b>												<b>17</b>												<b>17:32</b>																																							
	00:32-	01:00+	01:45+	03:08+	04:26+	05:06+	06:24+	06:54+	07:47+	09:21+	10:16+	11:18+	12:44+	14:34+	15:20+	16:03+	16:27+	16:52+	17:09+	17:31+	17:32+	00:32-	00:28+	00:45+	01:23+	01:18+	00:40+	01:18+	00:30+	00:53+	01:34+	00:55+	01:02+	01:26+	01:50+	00:46+	00:43-	00:24+	00:25+	00:17+	00:22+	00:01=	00:01-	00:05#	00:10&	00:36&	00:05+	00:03+	00:05+	00:07&	00:28@	00:11#	00:18&	00:08#	00:05+	00:37&	00:12&	00:01-	00:03#	00:01+	00:03#	00:02#	00:00=	
<b>9</b>	<b>Jens Liengård</b>												<b>31</b>												<b>17:49</b>																																							
	00:36+	01:38+	02:17+	03:13+	05:00+	05:48+	07:07+	07:32+	08:04+	09:44+	10:35+	11:40+	13:07+	14:52+	15:31+	16:31+	16:56+	17:18+	17:31+	17:48+	17:49+	00:36+	01:02+	00:39+	00:56+	01:47+	00:48+	01:19+	00:25+	00:32+	01:40+	00:51+	01:05+	01:27+	01:45+	00:39+	01:00+	00:25+	00:22-	00:13-	00:17-	00:01=	00:03+	00:39@	00:04#	00:09#	00:34&	00:11&	00:06+	00:02+	00:07&	00:17#	00:14&	00:11#	00:06+	00:32&	00:05#	00:16&	00:04#	00:02-	00:01-	00:03-	00:00=	
<b>10</b>	<b>Jakob Q Christensen</b>												<b>22</b>												<b>18:19</b>																																							
	00:36+	01:09+	01:52+	03:14+	04:35+	05:23+	06:35+	07:00+	07:28+	09:01+	09:45+	10:51+	12:47+	14:13+	14:57+	16:46+	17:14+	17:40+	17:56+	18:18+	18:19+	00:36+	00:33+	00:43+	01:22+	01:21+	00:48+	01:12-	00:25+	00:28+	01:33+	00:44+	01:06+	01:56+	01:26+	00:44+	00:49+	00:28+	00:26+	00:16+	00:02+	00:01=	00:03+	00:10&	00:08#	00:35&	00:08#	00:11&	00:01-	00:02+	00:03#	00:10#	00:07#	00:12#	00:35&	00:13#	00:10&	01:05@	00:07&	00:02+	00:02#	00:02#	00:00=	
<b>11</b>	<b>Anders Marager</b>												<b>5</b>												<b>19:00</b>																																							
	00:39+	01:14+	01:55+	03:49+	05:09+	05:52+	07:35+	08:04+	08:34+	10:17+	11:08+	12:20+	13:55+	15:55+	16:37+	17:25+	17:52+	18:19+	18:35+	18:59+	19:00+	00:39+	00:35+	00:41+	01:54+	01:20+	00:43+	01:43+	00:29+	00:30+	01:43+	00:51+	01:12+	01:35+	02:00+	00:42+	00:48+	00:27+	00:27+	00:16+	00:24+	00:01=	00:06#	00:12&	00:06#	01:07@	00:07+	00:06#	00:30&	00:06&	00:05#	00:20#	00:14&	00:18&	00:14#	00:47&	00:08#	00:04+	00:06&	00:03#	00:02#	00:04#	00:00=	
<b>12</b>	<b>Michael Ertmann</b>												<b>5</b>												<b>19:34</b>																																							
	00:43+	01:42+	02:31+	03:30+	05:01+	05:46+	07:17+	07:47+	08:18+	10:00+	10:58+	12:07+	13:42+	15:16+	16:02+	17:41+	18:16+	18:47+	19:06+	19:33+	19:34+	00:43+	00:59+	00:49+	00:59+	01:31+	00:45+	01:31+	00:30+	00:31+	01:42+	00:58+	01:09+	01:35+	01:34+	00:46+	01:39+	00:35+	00:31+	00:19+	00:27+	00:01=	00:10&	00:36@	00:14&	00:12&	00:18#	00:08#	00:18#	00:07&	00:06#	00:19#	00:21&	00:15&	00:14#	00:21&	00:12&	00:55@	00:14&	00:07&	00:05&	00:07&	00:00=	

Class	Navn	Klasse													Tid						
<b>13</b>	<b>Allan Grundsøe</b>	<b>22</b>													<b>20:12</b>						
00:50+	01:53+	02:51+	04:01+	05:54+	06:37+	08:06+	08:35+	09:06+	10:50+	11:46+	12:53+	14:46+	16:29+	17:25+	18:18+	18:51+	19:25+	19:43+	20:11+	20:12+	
00:50+	01:03+	00:58+	01:10+	01:53+	00:43+	01:29+	00:29+	00:31+	01:44+	00:56+	01:07+	01:53+	01:43+	00:56+	00:53+	00:33+	00:34+	00:18+	00:28+	00:01=	
00:17&	00:40&	00:23&	00:23&	00:40&	00:06#	00:16#	00:06&	00:06#	00:21&	00:19&	00:13#	00:32&	00:30&	00:22&	00:09#	00:12&	00:10&	00:04&	00:08&	00:00=	
<b>14</b>	<b>Kent Østermark Jensen</b>	<b>17</b>													<b>20:31</b>						
00:45+	01:21+	02:18+	03:28+	05:05+	05:50+	07:17+	07:48+	09:10+	11:09+	13:06+	14:08+	15:41+	17:14+	18:00+	18:48+	19:17+	19:47+	20:07+	20:30+	20:31+	
00:45+	00:36+	00:57+	01:10+	01:37+	00:45+	01:27+	00:31+	01:22+	01:59+	01:57+	01:02+	01:33+	01:33+	00:46+	00:48+	00:29+	00:30+	00:20+	00:23+	00:01=	
00:12&	00:13&	00:22&	00:23&	00:24&	00:08#	00:14#	00:08&	00:57@	00:36&	01:20@	00:08#	00:12#	00:20&	00:12&	00:04+	00:08&	00:06#	00:06&	00:03#	00:00=	
<b>15</b>	<b>Lars Klogborg</b>	<b>26</b>													<b>20:46</b>						
00:39+	01:18+	02:08+	03:12+	05:02+	05:55+	07:21+	07:58+	08:35+	10:42+	11:41+	12:54+	14:44+	16:36+	17:40+	18:46+	19:20+	19:56+	20:18+	20:45+	20:46+	
00:39+	00:39+	00:50+	01:04+	01:50+	00:53+	01:26+	00:37+	00:37+	02:07+	00:59+	01:13+	01:50+	01:52+	01:04+	01:06+	00:34+	00:36+	00:22+	00:27+	00:01=	
00:06#	00:16&	00:15&	00:17&	00:37&	00:16&	00:13#	00:14&	00:12&	00:44&	00:22&	00:19&	00:29&	00:39&	00:30&	00:22&	00:13&	00:12&	00:08&	00:07&	00:00=	
<b>16</b>	<b>Jan Kølbebæk</b>	<b>3</b>													<b>21:46</b>						
00:42+	01:15+	02:06+	03:17+	05:21+	06:34+	08:06+	08:41+	09:16+	11:25+	12:23+	13:41+	15:29+	17:38+	18:39+	19:41+	20:16+	20:52+	21:15+	21:46+		
00:42+	00:33+	00:51+	01:11+	02:04+	01:13+	01:32+	00:35+	00:35+	02:09+	00:58+	01:18+	01:48+	02:09+	01:01+	01:02+	00:35+	00:36+	00:23+	00:31+		
00:09&	00:10&	00:16&	00:24&	00:51&	00:36&	00:19&	00:12&	00:10&	00:46&	00:21&	00:24&	00:27&	00:56&	00:27&	00:18&	00:14&	00:12&	00:09&	00:11&		
<b>17</b>	<b>Jesper Allan Jensen</b>	<b>29</b>													<b>22:49</b>						
00:48+	01:22+	02:14+	03:38+	06:37+	07:31+	09:01+	09:35+	10:31+	12:30+	13:34+	15:11+	17:22+	19:10+	20:05+	21:06+	21:36+	22:04+	22:24+	22:48+	22:49+	
00:48+	00:34+	00:52+	01:24+	02:59+	00:54+	01:30+	00:34+	00:56+	01:59+	01:04+	01:37+	02:11+	01:48+	00:55+	01:01+	00:30+	00:28+	00:20+	00:24+	00:01=	
00:15&	00:11&	00:17&	00:37&	01:46@	00:17&	00:17#	00:11&	00:31@	00:36&	00:27&	00:43&	00:50&	00:35&	00:21&	00:17&	00:09&	00:04#	00:06&	00:04#	00:00=	
<b>18</b>	<b>Bo Pedersen</b>	<b>18</b>													<b>22:52</b>						
00:44+	01:58+	03:38+	04:38+	07:29+	08:23+	09:31+	10:00+	11:08+	13:43+	14:33+	15:47+	17:21+	18:53+	19:50+	20:54+	21:54+	22:21+	22:35+	22:52+		
00:44+	01:14+	01:40+	01:00+	02:51+	00:54+	01:08-	00:29+	01:08+	02:35+	00:50+	01:14+	01:34+	01:32+	00:57+	01:04+	01:00+	00:27+	00:14+	00:17-		
00:11&	00:51@	01:05@	00:13&	01:38@	00:17&	00:05-	00:06&	00:43@	01:12&	00:13&	00:20&	00:13#	00:19&	00:23&	00:20&	00:39@	00:03#	00:00=	00:03-		
<b>19</b>	<b>Kenneth Graasbøll Petersen</b>	<b>26</b>													<b>24:38</b>						
01:11+	02:17+	03:03+	04:26+	06:34+	07:39+	09:32+	10:12+	10:45+	12:56+	13:53+	15:21+	17:46+	20:17+	21:28+	22:42+	23:20+	23:57+	24:15+	24:37+	24:38+	
01:11+	01:06+	00:46+	01:23+	02:08+	01:05+	01:53+	00:40+	00:33+	02:11+	00:57+	01:28+	02:25+	02:31+	01:11+	01:14+	00:38+	00:37+	00:18+	00:22+	00:01=	
00:38@	00:43@	00:11&	00:36&	00:55&	00:28&	00:40&	00:17&	00:08&	00:48&	00:20&	00:34&	01:04&	01:18@	00:37@	00:30&	00:17&	00:13&	00:04&	00:02#	00:00=	
<b>Beste strekktid for klassen</b>																					
00:32	00:23	00:35	00:47	01:13	00:37	01:08	00:23	00:25	01:23	00:37	00:54	01:21	01:13	00:34	00:40	00:21	00:22	00:13	00:17	00:01	
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.																					
<b>H50-</b>																					
<b>1</b>	<b>Jørgen Schnack</b>	<b>1</b>													<b>13:55</b>						
00:31=	00:54=	01:58=	02:48=	04:03=	04:41=	05:53=	07:38=	08:26=	09:19=	10:55=	11:34=	12:13=	12:36=	13:03=	13:33=	13:55=					
00:31=	00:23=	01:04=	00:50=	01:15=	00:38=	01:12=	01:45=	00:48=	00:53=	01:36=	00:39=	00:39=	00:23=	00:27=	00:30=	00:22=					
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=					
<b>2</b>	<b>Bo Simonsen</b>	<b>10</b>													<b>13:59</b>						
00:26-	00:51-	01:55-	02:39-	03:57-	04:38-	05:51-	07:40+	08:28+	09:27+	10:58+	11:37+	12:14+	12:40+	13:07+	13:40+	13:59+					
00:26-	00:25+	01:04=	00:44-	01:18+	00:41+	01:13+	01:49+	00:48=	00:59+	01:31-	00:39=	00:37-	00:26+	00:27=	00:33+	00:19-					
00:05-	00:02+	00:00=	00:06-	00:03+	00:03+	00:01+	00:04+	00:00=	00:06#	00:05-	00:00=	00:02-	00:03#	00:00=	00:03#	00:03-					
<b>3</b>	<b>Kaj Isaksen</b>	<b>31</b>													<b>14:31</b>						
00:27-	00:56+	01:57-	02:40-	04:03=	04:38-	06:01+	07:44+	08:36+	09:29+	11:13+	11:55+	12:37+	13:00+	13:34+	14:09+	14:30+	14:31+				
00:27-	00:29+	01:01-	00:43-	01:23+	00:35-	01:23+	01:43-	00:52+	00:53=	01:44+	00:42+	00:42+	00:23=	00:34+	00:35+	00:21-	00:01+				
00:04-	00:06&	00:03-	00:07-	00:08#	00:03-	00:11#	00:02-	00:04+	00:00=	00:08+	00:03+	00:03+	00:00=	00:07&	00:05#	00:01-	00:01+				
<b>4</b>	<b>Torben Kristensen</b>	<b>31</b>													<b>14:53</b>						
00:29-	00:54=	02:00+	02:43-	04:24+	05:18+	06:35+	08:27+	09:21+	10:12+	11:49+	12:28+	13:10+	13:33+	14:01+	14:32+	14:52+	14:53+				
00:29-	00:25+	01:06+	00:43-	01:41+	00:54+	01:17+	01:52+	00:54+	00:51-	01:37+	00:39=	00:42+	00:23=	00:28+	00:31+	00:20-	00:01+				
00:02-	00:02+	00:02+	00:07-	00:26&	00:16&	00:05+	00:07+	00:06#	00:02-	00:01+	00:00=	00:03+	00:00=	00:01+	00:01+	00:02-	00:01+				
<b>5</b>	<b>Thorkild Jensen</b>	<b>36</b>													<b>15:01</b>						
00:26-	00:51-	02:01+	02:47-	04:18+	05:01+	06:20+	07:52+	08:37+	10:16+	11:43+	12:46+	13:25+	13:48+	14:17+	14:42+	15:00+	15:01+				
00:26-	00:25+	01:10+	00:46-	01:31+	00:43+	01:19+	01:32-	00:45-	01:39+	01:27-	01:03+	00:39=	00:23=	00:29+	00:25-	00:18-	00:01+				
00:05-	00:02+	00:06+	00:04-	00:16#	00:05#	00:07+	00:13-	00:03-	00:46&	00:09-	00:24&	00:00=	00:00=	00:02+	00:05-	00:04-	00:01+				
<b>6</b>	<b>Allan Hougard</b>	<b>3</b>													<b>15:20</b>						
00:24-	00:47-	01:58=	02:51+	04:32+	05:11+	06:31+	08:30+	09:24+	10:25+	12:21+	13:03+	13:39+	14:00+	14:29+	14:58+	15:19+	15:20+				
00:24-	00:23=	01:11+	00:53+	01:41+	00:39+	01:20+	01:59+	00:54+	01:01+	01:56+	00:42+	00:36-	00:21-	00:29+	00:29-	00:21-	00:01+				
00:07-	00:00=	00:07#	00:03+	00:26&	00:01+	00:08#	00:14#	00:06#	00:08#	00:20#	00:03+	00:03-	00:02-	00:02+	00:01-	00:01-	00:01+				



Class	Navn	Klasse	Tid
<b>7</b>	<b>Flemming Jørgensen</b>	<b>31</b>	<b>15:44</b>
00:31=	00:55+ 01:55- 03:45+ 05:07+	05:44+ 07:05+ 09:09+ 09:51+ 10:43+	12:23+ 13:09+ 13:51+ 14:13+
00:31=	00:24+ 01:00- 01:50+ 01:22+	00:37- 01:21+ 02:04+ 00:42- 00:52-	01:40+ 00:46+ 00:22- 00:31+
00:00=	00:01+ 00:04- 01:00@ 00:07+	00:01- 00:09# 00:19# 00:06- 00:01-	00:04+ 00:07# 00:03+ 00:01-
			00:04# 00:05# 00:02+ 00:01+
<b>8</b>	<b>Per Mønster Jørgensen</b>	<b>15</b>	<b>16:11</b>
00:28-	00:55+ 02:25+ 03:22+ 05:01+	05:39+ 06:59+ 09:01+ 09:56+	11:10+ 12:50+ 13:32+ 14:14+
00:28-	00:27+ 01:30+ 00:57+ 01:39+	00:38= 01:20+ 02:02+ 00:55+ 01:14+	01:40+ 00:42+ 00:42+ 00:25+
00:03-	00:04# 00:26& 00:07# 00:24&	00:00= 00:08# 00:17# 00:07# 00:21&	00:04+ 00:03+ 00:03+ 00:02+
			00:04# 00:05# 00:02+ 00:02+
<b>9</b>	<b>Carsten Lind</b>	<b>24</b>	<b>16:42</b>
00:30-	00:57+ 02:06+ 03:01+ 04:47+	05:32+ 07:13+ 09:06+ 09:57+	10:54+ 13:02+ 13:45+ 14:30+
00:30-	00:27+ 01:09+ 00:55+ 01:46+	00:45+ 01:41+ 01:53+ 00:51+	00:57+ 02:08+ 00:43+ 00:45+
00:01-	00:04# 00:05+ 00:05# 00:31&	00:07# 00:29& 00:08+ 00:03+	00:04+ 00:32& 00:04# 00:06#
			00:04# 00:23& 00:00= 00:02+ 00:01+
<b>10</b>	<b>Søren Flytkjær</b>	<b>1</b>	<b>16:49</b>
00:37+	01:16+ 02:33+ 03:31+ 05:04+	05:52+ 07:18+ 09:21+ 10:27+	11:25+ 13:16+ 14:03+ 14:50+
00:37+	00:39+ 01:17+ 00:58+ 01:33+	00:48+ 01:26+ 02:03+ 01:06+	00:58+ 01:51+ 00:47+ 00:47+
00:06#	00:16& 00:13# 00:08# 00:18#	00:10& 00:14# 00:18# 00:18&	00:05+ 00:15# 00:08# 00:08#
			00:06& 00:07& 00:03# 00:01+
<b>11</b>	<b>Jes Mose Jensen</b>	<b>AKIF</b>	<b>17:07</b>
00:29-	00:51- 01:55- 02:39- 03:54-	04:45+ 06:00+ 07:41+ 08:24-	09:23+ 11:36+ 12:18+ 13:01+
00:29-	00:22- 01:04= 00:44- 01:15=	00:51+ 01:15+ 01:41- 00:43-	00:59+ 02:13+ 00:42+ 00:43+
00:02-	00:01- 00:00= 00:06- 00:00=	00:13& 00:03+ 00:04- 00:05-	00:06# 00:37& 00:03+ 00:04#
			02:12@ 00:04# 00:05# 00:02+ 00:01+
<b>12</b>	<b>Jørgen Krogh</b>	<b>29</b>	<b>17:18</b>
00:36+	01:05+ 02:28+ 03:26+ 05:12+	06:07+ 07:50+ 10:01+ 10:55+	11:51+ 13:37+ 14:21+ 15:09+
00:36+	00:29+ 01:23+ 00:58+ 01:46+	00:55+ 01:43+ 02:11+ 00:54+	00:56+ 01:46+ 00:44+ 00:48+
00:05#	00:06& 00:19& 00:08# 00:31&	00:17& 00:31& 00:26# 00:06#	00:03+ 00:10# 00:05# 00:09#
			00:04# 00:20& 00:02+ 00:01+
<b>13</b>	<b>Per Eg Pedersen</b>	<b>17</b>	<b>17:21</b>
00:18-	00:47- 02:07+ 02:57+ 04:26+	05:20+ 06:56+ 09:26+ 10:19+	11:17+ 13:18+ 14:08+ 14:55+
00:18-	00:29+ 01:20+ 00:50= 01:29+	00:54+ 01:36+ 02:30+ 00:53+	00:58+ 02:01+ 00:50+ 00:47+
00:13-	00:06& 00:16# 00:00= 00:14#	00:16& 00:24& 00:45& 00:05#	00:05+ 00:25& 00:11& 00:08#
			00:05# 00:10& 00:10& 00:05# 00:14+
<b>14</b>	<b>Henrik B. Thomsen</b>	<b>23</b>	<b>17:28</b>
00:36+	01:04+ 02:28+ 03:24+ 05:11+	06:02+ 07:34+ 09:26+ 10:27+	11:27+ 13:32+ 14:22+ 15:13+
00:36+	00:28+ 01:24+ 00:56+ 01:47+	00:51+ 01:32+ 01:52+ 01:01+	01:00+ 02:05+ 00:50+ 00:51+
00:05#	00:05# 00:20& 00:06# 00:32&	00:13& 00:20& 00:07+ 00:13&	00:07# 00:29& 00:11& 00:12&
			00:06& 00:09& 00:13& 00:04# 00:01+
<b>15</b>	<b>Sten Skytte Kirkegaard</b>	<b>41</b>	<b>17:35</b>
00:35+	01:03+ 02:17+ 03:23+ 04:56+	05:43+ 07:08+ 09:00+ 09:49+	11:39+ 13:57+ 14:39+ 15:33+
00:35+	00:28+ 01:14+ 01:06+ 01:33+	00:47+ 01:25+ 01:52+ 00:49+	01:50+ 02:18+ 00:42+ 00:54+
00:04#	00:05# 00:10# 00:16& 00:18#	00:09# 00:13# 00:07+ 00:01+	00:57@ 00:42& 00:03+ 00:15&
			00:02+ 00:04# 00:08& 00:05# 00:01+
<b>16</b>	<b>Jakob Albahn</b>	<b>41</b>	<b>18:20</b>
00:37+	01:25+ 02:44+ 03:47+ 05:26+	06:22+ 08:02+ 10:29+ 11:32+	12:53+ 14:39+ 15:24+ 16:13+
00:37+	00:48+ 01:19+ 01:03+ 01:39+	00:56+ 01:40+ 02:27+ 01:03+	01:21+ 01:46+ 00:45+ 00:49+
00:06#	00:25@ 00:15# 00:13& 00:24&	00:18& 00:28& 00:42& 00:15&	00:28& 00:10# 00:06# 00:10&
			00:03# 00:04# 00:10& 00:08&
<b>17</b>	<b>Kristian Edsen</b>	<b>21</b>	<b>18:20</b>
00:38+	01:11+ 02:31+ 03:28+ 05:14+	06:03+ 07:41+ 09:52+ 10:48+	12:00+ 14:12+ 15:05+ 16:03+
00:38+	00:33+ 01:20+ 00:57+ 01:46+	00:49+ 01:38+ 02:11+ 00:56+	01:12+ 02:12+ 00:53+ 00:58+
00:07#	00:10& 00:16# 00:07# 00:31&	00:11& 00:26# 00:26# 00:08#	00:19& 00:36& 00:14& 00:19&
			00:07& 00:11& 00:08& 00:08& 00:01+
<b>18</b>	<b>Lars Thaasti</b>	<b>31</b>	<b>18:45</b>
00:32+	01:11+ 03:21+ 04:27+ 06:06+	06:58+ 08:39+ 10:37+ 11:42+	12:52+ 14:54+ 15:41+ 16:38+
00:32+	00:39+ 02:10+ 01:06+ 01:39+	00:52+ 01:41+ 01:58+ 01:05+	01:10+ 02:02+ 00:47+ 00:57+
00:01+	00:16& 01:06@ 00:16& 00:24&	00:14& 00:29& 00:13# 00:17&	00:16& 00:26& 00:08# 00:18&
			00:08& 00:10& 00:05# 00:01+ 00:01+
<b>19</b>	<b>Lars Eeg Højholt</b>	<b>17</b>	<b>19:01</b>
01:22+	02:00+ 03:20+ 04:19+ 05:48+	06:32+ 08:01+ 09:41+ 10:30+	11:28+ 13:35+ 14:16+ 14:58+
01:22+	00:38+ 01:20+ 00:59+ 01:29+	00:44+ 01:29+ 01:40- 00:49+	00:58+ 02:07+ 00:41+ 00:42+
00:51@	00:15& 00:16# 00:09# 00:14#	00:06# 00:17# 00:05- 00:01+	00:05+ 00:31& 00:02+ 00:03+
			00:28@ 01:20@ 00:02- 00:10& 00:24+ 00:01+
<b>Beste strekktid for klassen</b>			
00:18	00:22	01:00	00:43
	01:15	00:35	01:12
	01:32	00:42	00:51
	01:27	00:39	00:36
	00:21	00:27	00:25
	00:18		

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H55-

Class	Navn					Klasse					Tid						
<b>1</b>	<b>Jan Møller</b>					<b>1</b>					<b>14:25</b>						
00:32=	00:55=	01:57=	02:47=	04:03=	04:44=	06:15=	07:55=	08:42=	09:34=	11:19=	11:57=	12:38=	13:00=	13:29=	14:02=	14:24=	14:25=
00:32=	00:23=	01:02=	00:50=	01:16=	00:41=	01:31=	01:40=	00:47=	00:52=	01:45=	00:38=	00:41=	00:22=	00:29=	00:33=	00:22=	00:01=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Peter Østergaard</b>					<b>40</b>					<b>15:35</b>						
00:29-	00:55=	01:58+	02:43-	04:19+	05:17+	06:32+	08:13+	09:03+	10:04+	12:06+	12:46+	13:30+	14:04+	14:38+	15:10+	15:34+	15:35+
00:29-	00:26+	01:03+	00:45-	01:36+	00:58+	01:15-	01:41+	00:50+	01:01+	02:02+	00:40+	00:44+	00:34+	00:34+	00:32-	00:24+	00:01=
00:03-	00:03#	00:01+	00:05-	00:20&	00:17&	00:16-	00:01+	00:03+	00:09#	00:17#	00:02+	00:03+	00:12&	00:05#	00:01-	00:02+	00:00=
<b>3</b>	<b>Jan Thomsen</b>					<b>OK Pan</b>					<b>15:42</b>						
00:29-	00:56+	01:58+	02:52+	04:18+	05:03+	06:34+	08:26+	09:17+	10:12+	12:11+	12:55+	13:39+	14:09+	14:42+	15:19+	15:41+	15:42+
00:29-	00:27+	01:02=	00:54+	01:26+	00:45+	01:31=	01:52+	00:51+	00:55+	01:59+	00:44+	00:44+	00:30+	00:33+	00:37+	00:22=	00:01=
00:03-	00:04#	00:00=	00:04+	00:10#	00:04+	00:00=	00:12#	00:04+	00:03+	00:14#	00:06#	00:03+	00:08&	00:04#	00:04#	00:00=	00:00=
<b>4</b>	<b>Morten Kjær</b>					<b>38</b>					<b>15:45</b>						
00:31-	00:57+	02:01+	02:55+	04:29+	05:12+	06:29+	08:31+	09:31+	10:41+	12:28+	13:10+	13:55+	14:20+	14:50+	15:22+	15:45+	
00:31-	00:26+	01:04+	00:54+	01:34+	00:43+	01:17-	02:02+	01:00+	01:10+	01:47+	00:42+	00:45+	00:25+	00:30+	00:32-	00:23+	
00:01-	00:03#	00:02+	00:04+	00:18#	00:02+	00:14-	00:22#	00:13&	00:18&	00:02+	00:04#	00:04+	00:03#	00:01+	00:01-	00:01+	
<b>5</b>	<b>Henrik Albahn</b>					<b>19</b>					<b>15:47</b>						
00:32=	01:02+	02:41+	03:37+	05:01+	05:44+	07:09+	08:58+	09:51+	10:47+	12:36+	13:15+	14:00+	14:28+	14:59+	15:26+	15:46+	15:47+
00:32=	00:30+	01:39+	00:56+	01:24+	00:43+	01:25-	01:49+	00:53+	00:56+	01:49+	00:39+	00:45+	00:28+	00:31+	00:27-	00:20-	00:01=
00:00=	00:07&	00:37&	00:06#	00:08#	00:02+	00:06-	00:09+	00:06#	00:04+	00:04+	00:01+	00:04+	00:06&	00:02+	00:06-	00:02-	00:00=
<b>6</b>	<b>Jess Rasmussen</b>					<b>42</b>					<b>16:24</b>						
00:29-	00:54-	02:03+	02:50+	04:14+	04:56+	06:27+	08:31+	09:27+	10:22+	12:06+	12:51+	14:23+	14:50+	15:24+	16:03+	16:23+	16:24+
00:29-	00:25+	01:09+	00:47-	01:24+	00:42+	01:31=	02:04+	00:56+	00:55+	01:44-	00:45+	01:32+	00:27+	00:34+	00:39+	00:20-	00:01=
00:03-	00:02+	00:07#	00:03-	00:08#	00:01+	00:00=	00:24#	00:09#	00:03+	00:01-	00:07#	00:51@	00:05#	00:05#	00:06#	00:02-	00:00=
<b>7</b>	<b>Arne Kristensen</b>					<b>13</b>					<b>16:34</b>						
00:05-	01:09+	01:57+	03:27+	04:09+	05:33+	08:21+	09:15+	10:08+	12:01+	12:46+	13:31+	13:58+	14:36+	15:19+	15:44+	16:34+	
00:05-	01:04+	00:48-	01:30+	00:42-	01:24+	02:48+	00:54-	00:53+	01:53+	00:45-	00:45+	00:27-	00:38+	00:43+	00:25-	00:50+	
00:27-	00:41@	00:14-	00:40&	00:34-	00:43@	01:17&	00:46-	00:06#	01:01@	01:00-	00:07#	00:14-	00:16&	00:14&	00:08-	00:28@	
<b>8</b>	<b>Troels Christensen</b>					<b>6</b>					<b>16:38</b>						
00:32=	01:01+	02:16+	03:12+	04:55+	05:40+	07:03+	09:26+	10:36+	11:42+	13:23+	14:06+	14:50+	15:17+	15:47+	16:16+	16:37+	16:38+
00:32=	00:29+	01:15+	00:56+	01:43+	00:45+	01:23-	02:23+	01:10+	01:06+	01:41-	00:43+	00:44+	00:27+	00:30+	00:29-	00:21-	00:01=
00:00=	00:06&	00:13#	00:06#	00:27&	00:04+	00:08-	00:43&	00:23&	00:14&	00:04-	00:05#	00:03+	00:05#	00:01+	00:04-	00:01-	00:00=
<b>9</b>	<b>Michael Fischer</b>					<b>1</b>					<b>16:40</b>						
00:33+	01:01+	02:08+	02:59+	05:01+	05:55+	07:13+	09:18+	10:07+	11:23+	13:07+	13:52+	14:37+	15:09+	15:41+	16:15+	16:39+	16:40+
00:33+	00:28+	01:07+	00:51+	02:02+	00:54+	01:18-	02:05+	00:49+	01:16+	01:44-	00:45+	00:45+	00:32+	00:32+	00:34+	00:24+	00:01=
00:01+	00:05#	00:05+	00:01+	00:46&	00:13&	00:13-	00:25#	00:02+	00:24&	00:01-	00:07#	00:04+	00:10&	00:03#	00:01+	00:02+	00:00=
<b>10</b>	<b>Terkel Gydesen</b>					<b>27</b>					<b>16:45</b>						
00:35+	01:03+	02:10+	03:07+	04:40+	05:25+	06:59+	08:58+	09:58+	11:23+	13:14+	13:57+	14:42+	15:09+	15:53+	16:23+	16:44+	16:45+
00:35+	00:28+	01:07+	00:57+	01:33+	00:45+	01:34+	01:59+	01:00+	01:25+	01:51+	00:43+	00:45+	00:27+	00:44+	00:30-	00:21-	00:01=
00:03+	00:05#	00:05+	00:07#	00:17#	00:04+	00:03+	00:19#	00:13&	00:33&	00:06+	00:05#	00:04+	00:05#	00:15&	00:03-	00:01-	00:00=
<b>11</b>	<b>Karsten Jøhnk</b>					<b>OK Syd</b>					<b>17:11</b>						
00:29-	00:57+	02:15+	03:05+	04:39+	05:45+	07:12+	09:24+	10:23+	11:27+	13:26+	14:14+	15:02+	15:33+	16:11+	16:45+	17:10+	17:11+
00:29-	00:28+	01:18+	00:50=	01:34+	01:06+	01:27-	02:12+	00:59+	01:04+	01:59+	00:48+	00:48+	00:31+	00:38+	00:34+	00:25+	00:01=
00:03-	00:05#	00:16&	00:00=	00:18#	00:25&	00:04-	00:32&	00:12&	00:12#	00:14#	00:10&	00:07#	00:09&	00:09&	00:01+	00:03#	00:00=
<b>12</b>	<b>Søren Maarup</b>					<b>17</b>					<b>17:32</b>						
00:32=	01:01+	02:09+	03:17+	04:46+	05:31+	07:15+	09:16+	10:09+	11:09+	13:13+	14:08+	14:56+	15:24+	16:22+	17:06+	17:31+	17:32+
00:32=	00:29+	01:08+	01:08+	01:29+	00:45+	01:44+	02:01+	00:53+	01:00+	02:04+	00:55+	00:48+	00:28+	00:58+	00:44+	00:25+	00:01=
00:00=	00:06&	00:06+	00:18&	00:13#	00:04+	00:13#	00:21#	00:06#	00:08#	00:19#	00:17&	00:07#	00:06&	00:29&	00:11&	00:03#	00:00=
<b>13</b>	<b>Søren Bak</b>					<b>1</b>					<b>17:37</b>						
00:31-	01:15+	02:30+	03:22+	05:00+	05:48+	07:12+	09:25+	10:33+	11:32+	13:32+	14:31+	15:20+	15:51+	16:27+	17:11+	17:36+	17:37+
00:31-	00:44+	01:15+	00:52+	01:38+	00:48+	01:24-	02:13+	01:30+	00:59+	02:00+	00:49+	00:49+	00:31+	00:36+	00:44+	00:25+	00:01=
00:01-	00:21&	00:13#	00:02+	00:22&	00:07#	00:07-	00:33&	00:21&	00:07#	00:15#	00:21&	00:08#	00:09&	00:07#	00:11&	00:03#	00:00=
<b>14</b>	<b>Anker Møller</b>					<b>38</b>					<b>18:00</b>						
00:37+	01:07+	02:44+	03:39+	05:05+	05:51+	07:24+	09:41+	10:48+	12:10+	14:29+	15:18+	16:02+	16:30+	17:02+	17:36+	18:00+	
00:37+	00:30+	01:37+	00:55+	01:26+	00:46+	01:33+	02:17+	01:07+	01:22+	02:19+	00:49+	00:44+	00:28+	00:32+	00:34+	00:24+	
00:05#	00:07&	00:35&	00:05#	00:10#	00:05#	00:02+	00:37&	00:20&	00:30&	00:34&	00:11&	00:03+	00:06&	00:03#	00:01+	00:02+	
<b>15</b>	<b>Lars Bech Jensen</b>					<b>6</b>					<b>18:06</b>						
00:32=	01:12+	02:25+	03:25+	04:55+	05:37+	07:13+	09:03+	10:09+	11:42+	13:26+	14:17+	15:00+	16:35+	17:04+	17:40+	18:05+	18:06+
00:32=	00:40+	01:13+	01:00+	01:30+	00:42+	01:36+	01:50+	01:06+	01:33+	01:44-	00:51+	00:43+	01:35+	00:29=	00:36+	00:25+	00:01=
00:00=	00:17&	00:11#	00:10#	00:14#	00:01+	00:05+	00:10#	00:19&	00:41&	00:01-	00:13&	00:02+	01:13@	00:00=	00:03+	00:03#	00:00=

Class	Navn	Klasse	Tid
<b>16</b>	<b>Vagn Pedersen</b>	<b>3</b>	<b>18:19</b>
00:32=	01:02+ 02:19+ 03:24+ 05:11+ 06:14+ 07:44+ 09:56+ 11:24+ 12:31+ 14:32+ 15:19+ 16:09+ 16:39+ 17:15+ 17:51+ 18:18+ 18:19+		
00:32=	00:30+ 01:17+ 01:05+ 01:47+ 01:03+ 01:30- 02:12+ 01:28+ 01:07+ 02:01+ 00:47+ 00:50+ 00:30+ 00:36+ 00:36+ 00:27+ 00:01=		
00:00=	00:07& 00:15# 00:15& 00:31& 00:22& 00:01- 00:32& 00:41& 00:15& 00:16# 00:09# 00:09# 00:08& 00:07# 00:03+ 00:05# 00:00=		
<b>17</b>	<b>Henning Hansen</b>	<b>15</b>	<b>18:28</b>
00:34+	01:10+ 02:24+ 03:15+ 04:56+ 05:45+ 07:12+ 09:44+ 10:38+ 11:46+ 13:35+ 14:40+ 16:12+ 16:39+ 17:30+ 18:02+ 18:27+ 18:28+		
00:34+	00:36+ 01:14+ 00:51+ 01:41+ 00:49+ 01:27- 02:32+ 00:54+ 01:08+ 01:49+ 01:05+ 01:32+ 00:27+ 00:51+ 00:32- 00:25+ 00:01=		
00:02+	00:13& 00:12# 00:01+ 00:25& 00:08# 00:04- 00:52& 00:07# 00:16& 00:04+ 00:27& 00:51@ 00:05# 00:22& 00:01- 00:03# 00:00=		
<b>18</b>	<b>Klaus Wolsing</b>	<b>20</b>	<b>18:31</b>
00:34+	01:12+ 02:40+ 03:45+ 05:23+ 06:07+ 07:36+ 10:12+ 11:08+ 12:18+ 14:18+ 15:15+ 16:05+ 16:35+ 17:26+ 18:02+ 18:30+ 18:31+		
00:34+	00:38+ 01:28+ 01:05+ 01:38+ 00:44+ 01:29- 02:36+ 00:56+ 01:10+ 02:00+ 00:57+ 00:50+ 00:30+ 00:51+ 00:36+ 00:28+ 00:01=		
00:02+	00:15& 00:26& 00:15& 00:22& 00:03+ 00:02- 00:56& 00:09# 00:18& 00:15# 00:19& 00:09# 00:08& 00:22& 00:03+ 00:06& 00:00=		
<b>19</b>	<b>Karsten Blok</b>	<b>31</b>	<b>18:52</b>
00:36+	01:12+ 03:04+ 03:57+ 05:37+ 06:30+ 08:37+ 10:50+ 11:51+ 12:54+ 14:53+ 15:43+ 16:35+ 17:04+ 17:52+ 18:26+ 18:52+		
00:36+	00:36+ 01:52+ 00:53+ 01:40+ 00:53+ 02:07+ 02:13+ 01:01+ 01:03+ 01:59+ 00:50+ 00:52+ 00:29+ 00:48+ 00:34+ 00:26+		
00:04#	00:13& 00:50& 00:03+ 00:24& 00:12& 00:36& 00:33& 00:14& 00:11# 00:14# 00:12& 00:11& 00:07& 00:19& 00:01+ 00:04#		
<b>Beste strekketid for klassen</b>			
00:05	00:23	00:48	00:45
00:42	00:41	01:15	00:54
00:47	00:52	00:45	00:38
00:27	00:22	00:29	00:25
00:20	00:01		

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## H60-

<b>1</b>	<b>Rolf Lund</b>	<b>12</b>	<b>13:15</b>
00:28=	00:56= 01:35= 02:34= 03:58= 04:38= 05:46= 07:40= 08:36= 09:39= 10:41= 11:33= 11:58= 12:26= 12:54= 13:15=		
00:28=	00:28= 00:39= 01:01+ 01:24= 01:08= 01:54= 00:56= 01:03= 01:02= 00:52= 00:25= 00:28= 00:28= 00:21=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
<b>2</b>	<b>Ole Gadsbølle</b>	<b>23</b>	<b>14:07</b>
00:28=	00:54- 01:33- 02:34= 04:10+ 05:18+ 06:17+ 08:00+ 08:46+ 09:55+ 11:26+ 12:21+ 12:46+ 13:18+ 13:47+ 14:07+		
00:28=	00:26- 00:39= 01:01+ 01:36+ 01:08+ 00:59- 01:43- 00:46- 01:09+ 01:31+ 00:55+ 00:25= 00:32+ 00:29+ 00:20-		
00:00=	00:02- 00:00= 00:02+ 00:12# 00:28& 00:09- 00:11- 00:10- 00:06+ 00:29& 00:03+ 00:00= 00:04# 00:01+ 00:01-		
<b>3</b>	<b>Mogens Hagner</b>	<b>38</b>	<b>14:12</b>
00:34+	00:59+ 02:05+ 03:09+ 04:41+ 05:21+ 06:27+ 08:18+ 09:03+ 10:18+ 11:23+ 12:20+ 12:46+ 13:16+ 13:48+ 14:12+		
00:34+	00:25- 01:06+ 01:04+ 01:32+ 00:40= 01:06- 01:51- 00:45- 01:15+ 01:05+ 00:57+ 00:26+ 00:30+ 00:32+ 00:24+		
00:06#	00:03- 00:27& 00:05+ 00:08+ 00:00= 00:02- 00:03- 00:11- 00:12# 00:03+ 00:05+ 00:01+ 00:02+ 00:04# 00:03#		
<b>4</b>	<b>Jørgen Bruun</b>	<b>1</b>	<b>14:13</b>
00:30+	00:58+ 01:45+ 02:50+ 04:21+ 05:05+ 06:17+ 08:16+ 08:56+ 10:03+ 11:12+ 12:11+ 12:35+ 13:19+ 13:49+ 14:13+		
00:30+	00:28= 00:47+ 01:05+ 01:31+ 00:44+ 01:12+ 01:59+ 00:40- 01:07+ 01:09+ 00:59+ 00:24- 00:44+ 00:30+ 00:24+		
00:02+	00:00= 00:08# 00:06# 00:07+ 00:04# 00:04+ 00:05+ 00:16- 00:04+ 00:07# 00:07# 00:01- 00:16& 00:02+ 00:03#		
<b>5</b>	<b>Lars Hanghøj Petersen</b>	<b>6</b>	<b>14:50</b>
00:32+	01:01+ 01:45+ 02:51+ 04:39+ 05:22+ 06:40+ 08:33+ 09:18+ 10:37+ 11:51+ 12:58+ 13:22+ 13:54+ 14:27+ 14:49+ 14:50+		
00:32+	00:29+ 00:44+ 01:06+ 01:48+ 00:43+ 01:18+ 01:53- 00:45- 01:19+ 01:14+ 01:07+ 00:24- 00:32+ 00:33+ 00:22+ 00:01+		
00:04#	00:01+ 00:05# 00:07# 00:24& 00:03+ 00:10# 00:01- 00:11- 00:16& 00:12# 00:15& 00:01- 00:04# 00:05# 00:01+ 00:01+		
<b>6</b>	<b>Jørgen Skaarup</b>	<b>6</b>	<b>15:11</b>
00:33+	01:00+ 01:44+ 02:50+ 04:31+ 05:38+ 06:55+ 08:57+ 09:44+ 10:59+ 12:12+ 13:12+ 13:40+ 14:13+ 14:47+ 15:10+ 15:11+		
00:33+	00:27- 00:44+ 01:06+ 01:41+ 01:07+ 01:17+ 02:02+ 00:47- 01:15+ 01:13+ 01:00+ 00:28+ 00:33+ 00:34+ 00:23+ 00:01+		
00:05#	00:01- 00:05# 00:07# 00:17# 00:27& 00:09# 00:08+ 00:09- 00:12# 00:11# 00:08# 00:03# 00:05# 00:06# 00:02+ 00:01+		
<b>7</b>	<b>Keld Gade</b>	<b>42</b>	<b>15:24</b>
00:35+	01:05+ 01:49+ 02:56+ 05:08+ 05:53+ 07:00+ 09:09+ 09:59+ 11:17+ 12:28+ 13:28+ 13:56+ 14:27+ 15:01+ 15:23+ 15:24+		
00:35+	00:30+ 00:44+ 01:07+ 02:12+ 00:45+ 01:07- 02:09+ 00:50- 01:18+ 01:11+ 01:00+ 00:28+ 00:31+ 00:34+ 00:22+ 00:01+		
00:07#	00:02+ 00:05# 00:08# 00:48& 00:05# 00:01- 00:15# 00:06- 00:15# 00:09# 00:08# 00:03# 00:03# 00:06# 00:01+ 00:01+		
<b>8</b>	<b>Kim Gottlieb</b>	<b>14</b>	<b>15:31</b>
00:42+	01:11+ 01:55+ 03:04+ 04:46+ 05:33+ 07:02+ 08:58+ 09:58+ 11:10+ 12:23+ 13:28+ 13:57+ 14:30+ 15:05+ 15:31+		
00:42+	00:29+ 00:44+ 01:09+ 01:42+ 00:47+ 01:29+ 01:56+ 01:00+ 01:12+ 01:13+ 01:05+ 00:29+ 00:33+ 00:35+ 00:26+		
00:14&	00:01+ 00:05# 00:10# 00:18# 00:07# 00:21& 00:02+ 00:04+ 00:09# 00:11# 00:13# 00:04# 00:05# 00:07# 00:05#		
<b>9</b>	<b>Peter Nørgaard</b>	<b>6</b>	<b>16:20</b>
00:37+	01:07+ 01:53+ 03:00+ 04:46+ 05:30+ 06:46+ 08:59+ 09:46+ 11:40+ 12:54+ 14:04+ 14:48+ 15:21+ 15:55+ 16:19+ 16:20+		
00:37+	00:30+ 00:46+ 01:07+ 01:46+ 00:44+ 01:16+ 02:13+ 00:47- 01:54+ 01:14+ 01:10+ 00:44+ 00:33+ 00:34+ 00:24+ 00:01+		
00:09&	00:02+ 00:07# 00:08# 00:22& 00:04# 00:08# 00:19# 00:09- 00:51& 00:12# 00:18& 00:19& 00:05# 00:06# 00:03# 00:01+		

Class	Navn	Klasse	Tid
<b>10</b>	<b>Stig Barrett</b>	<b>42</b>	<b>16:29</b>
00:37+	01:07+	01:56+	03:12+
00:37+	00:30+	00:49+	01:16+
00:09&	00:02+	00:10&	00:17&
00:58+	01:46+	00:43+	01:24+
00:03+	00:16#	00:29&	00:10#
00:11#	00:17&	00:17&	00:10&
00:09&	00:10&	00:09&	00:10&
00:01+	00:01+	00:01+	00:01+
<b>11</b>	<b>Egon Sloth</b>	<b>2</b>	<b>17:26</b>
00:36+	01:04+	01:50+	03:46+
00:36+	00:28=	00:46+	01:56+
00:08&	00:00=	00:07#	00:57&
00:27&	00:09#	00:15#	00:27#
00:08-	00:20&	00:14#	00:31&
00:05#	00:26&	00:07#	00:05#
00:01+	00:01+	00:01+	00:01+
<b>12</b>	<b>Ole Andersen</b>	<b>14</b>	<b>17:38</b>
00:36+	01:09+	01:56+	03:17+
00:36+	00:33+	00:47+	01:21+
00:08&	00:05#	00:08#	00:22&
00:33&	00:26&	00:27&	00:13#
00:10#	00:23&	00:23&	00:21&
00:09&	00:11&	00:11&	00:09&
00:16&	00:08&	00:16&	00:08&
<b>13</b>	<b>Finn Petersen</b>	<b>29</b>	<b>17:43</b>
00:37+	01:08+	02:25+	03:50+
00:37+	00:31+	01:17+	01:25+
00:09&	00:03#	00:38&	00:26&
00:06#	00:06#	00:06+	00:35&
00:05-	00:36&	00:21&	00:39&
00:04#	00:06#	00:10&	00:02+
00:01+	00:01+	00:01+	00:01+
<b>14</b>	<b>Bent Aakjær</b>	<b>22</b>	<b>18:11</b>
00:39+	01:21+	02:12+	03:31+
00:39+	00:42+	00:51+	01:19+
00:11&	00:14&	00:12&	00:20&
00:35&	00:10#	00:46&	00:31&
00:10#	00:22&	00:21&	00:25&
00:06#	00:10&	00:16&	00:07&
<b>15</b>	<b>Henning Schou</b>	<b>31</b>	<b>19:04</b>
00:37+	01:12+	02:06+	03:32+
00:37+	00:35+	00:54+	01:26+
00:09&	00:07#	00:15&	00:27&
00:27&	00:14&	00:24&	00:25#
00:32&	00:43&	00:34&	00:40&
00:08&	00:14&	00:14&	00:01+
<b>16</b>	<b>Jørn H. Klausen</b>	<b>OK Syd</b>	<b>19:09</b>
00:54+	01:33+	02:28+	04:07+
00:54+	00:39+	00:55+	01:39+
00:26&	00:11&	00:16&	00:40&
00:53&	00:17&	00:21&	00:18#
00:01+	00:39&	00:31&	00:27&
00:15&	00:15&	00:15&	00:14&
00:09&	00:01+	00:09&	00:01+
<b>17</b>	<b>Svend-Erik Munck</b>	<b>13</b>	<b>19:24</b>
00:39+	01:14+	02:01+	03:28+
00:39+	00:35+	00:47+	01:27+
00:11&	00:07#	00:08#	00:28&
00:48&	00:20&	00:18&	00:38&
00:07#	00:54&	00:33&	00:28&
00:10&	00:25&	00:22&	00:12&
<b>18</b>	<b>Svend Erik Skovsgaard</b>	<b>42</b>	<b>20:21</b>
00:49+	01:32+	02:31+	04:29+
00:49+	00:43+	00:59+	01:58+
00:21&	00:15&	00:20&	00:59&
00:19&	00:23&	00:45&	00:03+
00:32&	00:34&	00:35&	00:12&
00:26&	00:18&	00:05#	00:05#
<b>19</b>	<b>Lars Olsen</b>	<b>29</b>	<b>21:03</b>
00:46+	01:23+	02:18+	03:58+
00:46+	00:37+	00:55+	01:40+
00:18&	00:09&	00:16&	00:41&
00:17&	00:25&	00:38&	00:06#
00:39&	00:42&	00:54@	00:14&
00:14&	00:24&	00:09&	00:09&
<b>20</b>	<b>Gert Rebsdorf</b>	<b>20</b>	<b>21:08</b>
00:38+	01:18+	02:22+	04:18+
00:38+	00:40+	01:04+	01:56+
00:10&	00:12&	00:25&	00:57&
00:26&	00:38&	01:10&	00:10#
00:55&	00:29&	00:29&	00:08&
00:18&	00:23&	00:10&	00:10&

### Beste strekktid for klassen

00:28 00:25 00:39 00:59 01:24 00:40 00:59 01:43 00:40 01:03 01:02 00:52 00:24 00:28 00:28 00:20

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## H65-

<b>1</b>	<b>Gunnar Grue-Sørensen</b>	<b>18</b>	<b>15:36</b>
00:32=	01:01=	01:53=	03:08=
00:32=	00:29=	00:52=	01:15=
00:00=	00:00=	00:00=	00:00=
07:03=	09:13=	10:03=	11:19=
12:33=	13:40=	14:07=	14:39=
15:12=	15:35=	15:36=	00:33=
00:23=	00:01=	00:00=	00:00=
<b>2</b>	<b>Knud Fjordvald</b>	<b>38</b>	<b>15:55</b>
00:32=	01:01=	01:43=	03:02=
00:32=	00:29=	00:42=	01:19+
00:00=	00:00=	00:10=	00:04+
07:03=	09:31+	10:19+	11:34+
12:48+	13:50+	14:19+	14:54+
15:29+	15:55+	00:35+	00:26+
00:03#	00:02+	00:02+	00:03#

Class	Navn										Klasse	Tid					
3	Varny Vestergaard										14	16:19					
	00:30-	01:05+	01:50-	03:11+	05:10+	06:10+	07:23+	09:37+	10:23+	11:31+	12:41+	13:46+	14:52+	15:24+	15:57+	16:19+	
	00:30-	00:35+	00:45-	01:21+	01:59+	01:00+	01:13-	02:14+	00:46-	01:08-	01:10-	01:05-	01:06+	00:32=	00:33=	00:22-	
	00:02-	00:06#	00:07-	00:06+	00:16#	00:16&	00:15-	00:04+	00:04-	00:08-	00:04-	00:02-	00:39@	00:00=	00:00=	00:01-	
4	Aksel Andersen										29	16:49					
	00:34+	01:03+	01:47-	03:00-	04:45-	05:40+	07:03=	09:23+	10:13+	11:33+	12:53+	14:19+	14:56+	15:32+	16:23+	16:49+	
	00:34+	00:29=	00:44-	01:13-	01:45+	00:55+	01:23-	02:20+	00:50=	01:20+	01:20+	01:26+	00:37+	00:36+	00:51+	00:26+	
	00:02+	00:00=	00:08-	00:02-	00:02+	00:11#	00:05-	00:10+	00:00=	00:04+	00:06+	00:19&	00:10&	00:04#	00:18&	00:03#	
5	John Tripax										29	16:49					
	00:34+	01:07+	01:52-	03:08=	05:04+	05:55+	07:12+	09:59+	10:49+	12:07+	13:25+	14:36+	15:04+	15:40+	16:22+	16:48+	16:49+
	00:34+	00:33+	00:45-	01:16+	01:56+	00:51+	01:17-	02:47+	00:50=	01:18+	01:18+	01:11+	00:28+	00:36+	00:42+	00:26+	00:01=
	00:02+	00:04#	00:07-	00:01+	00:13#	00:07#	00:11-	00:37&	00:00=	00:02+	00:04+	00:04+	00:01+	00:04#	00:09&	00:03#	00:00=
6	Hans Christian Strib										25	17:19					
	00:31-	01:04+	01:55+	03:20+	05:11+	05:59+	07:18+	09:29+	10:22+	12:34+	13:57+	15:04+	15:34+	16:14+	16:53+	17:18+	17:19+
	00:31-	00:33+	00:51-	01:25+	01:51+	00:48+	01:19-	02:11+	00:53+	02:12+	01:23+	01:07=	00:30+	00:40+	00:39+	00:25+	00:01=
	00:01-	00:04#	00:01-	00:10#	00:08+	00:04+	00:09-	00:01+	00:03+	00:56&	00:09#	00:00=	00:03#	00:08#	00:06#	00:02+	00:00=
7	Ronnie McGrail										40	17:31					
	00:38+	01:09+	02:03+	03:25+	05:23+	06:15+	07:28+	09:35+	10:28+	12:01+	13:24+	15:01+	15:33+	16:14+	17:02+	17:30+	17:31+
	00:38+	00:31+	00:54+	01:22+	01:58+	00:52+	01:13-	02:07-	00:53+	01:33+	01:23+	01:37+	00:32+	00:41+	00:48+	00:28+	00:01=
	00:06#	00:02+	00:02+	00:07+	00:15#	00:08#	00:15-	00:03-	00:03+	00:17#	00:09#	00:30&	00:05#	00:09&	00:15&	00:05#	00:00=
8	Poul Erik Buch										25	17:35					
	00:36+	01:04+	01:51-	03:34+	05:26+	06:13+	07:45+	10:20+	11:15+	12:32+	13:51+	15:06+	15:36+	16:28+	17:12+	17:34+	17:35+
	00:36+	00:28-	00:47-	01:43+	01:52+	00:47+	01:32+	02:35+	00:55+	01:17+	01:19+	01:15+	00:30+	00:52+	00:44+	00:22-	00:01=
	00:04#	00:01-	00:05-	00:28&	00:09+	00:03+	00:04+	00:25#	00:05#	00:01+	00:05+	00:08#	00:03#	00:20&	00:11&	00:01-	00:00=
9	Torben Kruse										39	17:41					
	00:34+	01:02+	01:46-	03:08=	05:00+	05:55+	07:10+	10:18+	11:09+	12:27+	13:48+	15:11+	15:47+	16:23+	17:16+	17:41+	
	00:34+	00:28-	00:44-	01:22+	01:52+	00:55+	01:15-	03:08+	00:51+	01:18+	01:21+	01:23+	00:36+	00:36+	00:53+	00:25+	
	00:02+	00:01-	00:08-	00:07+	00:09+	00:11#	00:13-	00:58&	00:01+	00:02+	00:07+	00:16#	00:09&	00:04#	00:20&	00:02+	
10	Jørgen Münster-Swendsen										40	17:52					
	00:39+	01:09+	01:57+	03:15+	05:06+	05:58+	07:23+	10:25+	11:30+	12:47+	14:32+	15:39+	16:12+	16:46+	17:24+	17:51+	17:52+
	00:39+	00:30+	00:48-	01:18+	01:51+	00:52+	01:25-	03:02+	01:05+	01:17+	01:45+	01:07=	00:33+	00:34+	00:38+	00:27+	00:01=
	00:07#	00:01+	00:04-	00:03+	00:08+	00:08#	00:03-	00:52&	00:15&	00:01+	00:31&	00:00=	00:06#	00:02+	00:05#	00:04#	00:00=
11	Nils Sættem										16	18:53					
	00:39+	01:14+	02:10+	04:05+	06:06+	07:07+	08:36+	11:18+	12:35+	14:00+	15:18+	16:33+	17:12+	17:47+	18:29+	18:52+	18:53+
	00:39+	00:35+	00:56+	01:55+	02:01+	01:01+	01:29+	02:42+	01:17+	01:25+	01:18+	01:15+	00:39+	00:35+	00:42+	00:23=	00:01=
	00:07#	00:06#	00:04+	00:40&	00:18#	00:17&	00:01+	00:32#	00:27&	00:09#	00:04+	00:08#	00:12&	00:03+	00:09&	00:00=	00:00=
12	Børge Pedersen										22	18:54					
	00:36+	01:15+	02:20+	03:55+	05:50+	06:45+	08:15+	10:47+	12:19+	13:46+	15:33+	16:43+	17:17+	17:54+	18:34+	18:53+	18:54+
	00:36+	00:39+	01:05+	01:35+	01:55+	00:55+	01:30+	02:32+	01:32+	01:27+	01:47+	01:10+	00:34+	00:37+	00:40+	00:19-	00:01=
	00:04#	00:10&	00:13#	00:20&	00:12#	00:11#	00:02+	00:22#	00:42&	00:11#	00:33&	00:03+	00:07&	00:05#	00:07#	00:04-	00:00=
13	Carl Malling										36	19:01					
	00:36+	01:04+	01:55+	03:17+	05:20+	06:51+	08:10+	10:41+	11:32+	12:58+	14:26+	15:49+	16:23+	17:51+	18:30+	19:00+	19:01+
	00:36+	00:28-	00:51-	01:22+	02:03+	01:31+	01:19-	02:31+	00:51+	01:26+	01:28+	01:23+	00:34+	01:28+	00:39+	00:30+	00:01=
	00:04#	00:01-	00:01-	00:07+	00:20#	00:47@	00:09-	00:21#	00:01+	00:10#	00:14#	00:16#	00:07&	00:56@	00:06#	00:07&	00:00=
14	Torben Isen										14	19:22					
	00:23-	00:55-	01:45-	03:22+	05:38+	06:31+	08:07+	10:27+	11:43+	13:23+	15:03+	16:20+	16:52+	17:39+	18:28+	18:59+	19:22+
	00:23-	00:32+	00:50-	01:37+	02:16+	00:53+	01:36+	02:20+	01:16+	01:40+	01:40+	01:17+	00:32+	00:47+	00:49+	00:31+	00:23+
	00:09-	00:03#	00:02-	00:22&	00:33&	00:09#	00:08+	00:10+	00:26&	00:24&	00:26&	00:10#	00:05#	00:15&	00:16&	00:08&	00:22@
15	Niels Rabølle										22	19:22					
	00:33+	01:06+	01:53=	03:22+	05:05+	05:51+	07:25+	09:39+	10:35+	11:56+	13:26+	17:04+	17:43+	18:16+	18:59+	19:21+	19:22+
	00:33+	00:33+	00:47-	01:29+	01:43=	00:46+	01:34+	02:14+	00:56+	01:21+	01:30+	03:38+	00:39+	00:33+	00:43+	00:22-	00:01=
	00:01+	00:04#	00:05-	00:14#	00:00=	00:02+	00:06+	00:04+	00:06#	00:05+	00:16#	02:31@	00:12&	00:01+	00:10&	00:01-	00:00=
16	Erik Ljungdahl										8	19:22					
	00:42+	01:15+	02:09+	03:34+	05:42+	06:54+	08:33+	11:15+	12:13+	13:46+	15:25+	16:48+	17:18+	17:55+	18:50+	19:22+	
	00:42+	00:33+	00:54+	01:25+	02:08+	01:12+	01:39+	02:42+	00:58+	01:33+	01:39+	01:23+	00:30+	00:37+	00:55+	00:32+	
	00:10&	00:04#	00:02+	00:10#	00:25#	00:28&	00:11#	00:32#	00:08#	00:17#	00:25&	00:16#	00:03#	00:05#	00:22&	00:09&	
17	Leif Skovgaard Knudsen										8	19:59					
	00:43+	01:19+	02:14+	03:48+	06:07+	06:50+	08:24+	11:35+	12:28+	14:03+	15:42+	17:36+	18:07+	18:48+	19:34+	19:58+	19:59+
	00:43+	00:36+	00:55+	01:34+	02:19+	00:43-	01:34+	03:11+	00:53+	01:35+	01:39+	01:54+	00:31+	00:41+	00:46+	00:24+	00:01=
	00:11&	00:07#	00:03+	00:19&	00:36&	00:01-	00:06+	01:01&	00:03+	00:19#	00:25&	00:47&	00:04#	00:09&	00:13&	00:01+	00:00=

Class	Navn	Klasse										Tid				
<b>18</b>	<b>Erik Sørensen</b>	<b>5</b>										<b>20:29</b>				
00:42+	01:09+	01:54+	03:59+	06:43+	07:31+	10:16+	13:32+	14:33+	15:51+	17:08+	18:22+	18:54+	19:28+	20:03+	20:29+	
00:42+	00:27-	00:45-	02:05+	02:44+	00:48+	02:45+	03:16+	01:01+	01:18+	01:17+	01:14+	00:32+	00:34+	00:35+	00:26+	
00:10&	00:02-	00:07-	00:50&	01:01&	00:04+	01:17&	01:06&	00:11#	00:02+	00:03+	00:07#	00:05#	00:02+	00:02+	00:03#	
<b>19</b>	<b>Poul Grøn</b>	<b>OK Pan</b>										<b>21:03</b>				
00:40+	01:17+	02:10+	03:34+	06:43+	07:33+	09:07+	12:21+	13:12+	14:52+	16:20+	18:11+	18:44+	19:32+	20:29+	21:02+	21:03+
00:40+	00:37+	00:53+	01:24+	03:09+	00:50+	01:34+	03:14+	00:51+	01:40+	01:28+	01:51+	00:33+	00:48+	00:57+	00:33+	00:01=
00:08#	00:08&	00:01+	00:09#	01:26&	00:06#	00:06+	01:04&	00:01+	00:24&	00:14#	00:44&	00:06#	00:16&	00:24&	00:10&	00:00=
<b>20</b>	<b>Kristian Toustrup</b>	<b>OK Syd</b>										<b>21:51</b>				
00:40+	01:20+	02:14+	04:24+	08:33+	09:26+	11:11+	13:22+	15:16+	16:41+	18:04+	19:36+	20:10+	20:45+	21:27+	21:50+	21:51+
00:40+	00:40+	00:54+	02:10+	04:09+	00:53+	01:45+	02:11+	01:54+	01:25+	01:23+	01:32+	00:34+	00:35+	00:42+	00:23=	00:01=
00:08#	00:11&	00:02+	00:55&	02:26@	00:09#	00:17#	00:01+	01:04@	00:09#	00:09#	00:25&	00:07&	00:03+	00:09&	00:00=	00:00=
<b>21</b>	<b>Tage Ebbensgaard</b>	<b>18</b>										<b>25:09</b>				
00:35+	01:19+	02:13+	03:46+	06:03+	07:05+	08:47+	11:38+	12:46+	14:31+	15:58+	20:24+	21:02+	21:43+	24:36+	25:07+	25:09+
00:35+	00:44+	00:54+	01:33+	02:17+	01:02+	01:42+	02:51+	01:08+	01:45+	01:27+	04:26+	00:38+	00:41+	02:53+	00:31+	00:02+
00:03+	00:15&	00:02+	00:18#	00:34&	00:18&	00:14#	00:41&	00:18&	00:29&	00:13#	03:19@	00:11&	00:09&	02:20@	00:08&	00:01&
<b>22</b>	<b>Morten Lassen</b>	<b>8</b>										<b>27:11</b>				
01:05+	01:51+	03:06+	05:09+	08:06+	09:15+	11:13+	14:56+	16:36+	19:05+	21:24+	23:22+	24:13+	25:16+	26:24+	27:10+	27:11+
01:05+	00:46+	01:15+	02:03+	02:57+	01:09+	01:58+	03:43+	01:40+	02:29+	02:19+	01:58+	00:51+	01:03+	01:08+	00:46+	00:01=
00:33@	00:17&	00:23&	00:48&	01:14&	00:25&	00:30&	01:33&	00:50&	01:13&	01:05&	00:51&	00:24&	00:31&	00:35@	00:23&	00:00=
<b>Beste strekktid for klassen</b>																
00:23	00:27	00:42	01:13	01:43	00:43	01:13	02:07	00:46	01:08	01:10	01:02	00:27	00:32	00:33	00:19	00:01

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## H70-

<b>1</b>	<b>Erik Damgaard</b>	<b>8</b>										<b>15:02</b>				
00:55=	02:30=	03:13=	05:02=	05:38=	06:51=	09:04=	09:52=	10:24=	11:41=	12:16=	13:22=	14:18=	14:39=	15:02=		
00:55=	01:35=	00:43=	01:49=	00:36=	01:13=	02:13=	00:48=	00:32=	01:17=	00:35=	01:06=	00:56=	00:21=	00:23=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
<b>2</b>	<b>Poul Bobach</b>	<b>1</b>										<b>15:32</b>				
00:49-	02:32+	03:14+	05:10+	05:49+	07:06+	09:20+	10:10+	10:44+	12:05+	12:42+	13:43+	14:43+	15:05+	15:31+	15:32+	
00:49-	01:43+	00:42-	01:56+	00:39+	01:17+	02:14+	00:50+	00:34+	01:21+	00:37+	01:01-	01:00+	00:22+	00:26+	00:01+	
00:06-	00:08+	00:01-	00:07+	00:03+	00:04+	00:01+	00:02+	00:02+	00:04+	00:02+	00:05-	00:04+	00:01+	00:03#	00:01+	
<b>3</b>	<b>Torben Jørgensen</b>	<b>38</b>										<b>15:34</b>				
00:49-	02:33+	03:18+	05:11+	05:56+	07:04+	09:11+	10:14+	10:44+	12:02+	12:38+	13:43+	14:43+	15:06+	15:33+	15:34+	
00:49-	01:44+	00:45+	01:53+	00:45+	01:08-	02:07-	01:03+	00:30-	01:18+	00:36+	01:05-	01:00+	00:23+	00:27+	00:01+	
00:06-	00:09+	00:02+	00:04+	00:09#	00:05-	00:06-	00:15&	00:02-	00:01+	00:01+	00:01-	00:04+	00:02+	00:04#	00:01+	
<b>4</b>	<b>Søren Elkjær</b>	<b>42</b>										<b>15:36</b>				
01:02+	02:33+	03:16+	05:33+	06:33+	07:42+	09:31+	10:16+	10:45+	12:28+	13:06+	14:08+	14:55+	15:11+	15:34+	15:36+	
01:02+	01:31-	00:43=	02:17+	01:00+	01:09-	01:49-	00:45-	00:29-	01:43+	00:38+	01:02-	00:47-	00:16-	00:23=	00:02+	
00:07#	00:04-	00:00=	00:28&	00:24&	00:04-	00:24-	00:03-	00:03-	00:26&	00:03+	00:04-	00:09-	00:05-	00:00=	00:02+	
<b>5</b>	<b>Claus Faber</b>	<b>38</b>										<b>15:56</b>				
00:47-	02:23-	03:09-	05:15+	05:56+	07:06+	09:26+	10:16+	10:58+	12:38+	13:12+	14:16+	15:09+	15:30+	15:55+	15:56+	
00:47-	01:36+	00:46+	02:06+	00:41+	01:10-	02:20+	00:50+	00:42+	01:40+	00:34-	01:04-	00:53-	00:21=	00:25+	00:01+	
00:08-	00:01+	00:03+	00:17#	00:05#	00:03-	00:07+	00:02+	00:10&	00:23&	00:01-	00:02-	00:03-	00:00=	00:02+	00:01+	
<b>6</b>	<b>Karl Kristian Terkelsen</b>	<b>25</b>										<b>16:01</b>				
00:38-	02:24-	03:09-	05:02=	05:44+	07:00+	09:31+	10:38+	11:14+	12:33+	13:05+	14:04+	15:03+	15:24+	15:50+	16:01+	
00:38-	01:46+	00:45+	01:53+	00:42+	01:07+	02:31+	01:07+	00:36+	01:19+	00:32-	00:59-	00:59+	00:21=	00:26+	00:11+	
00:17-	00:11#	00:02+	00:04+	00:06#	00:03+	00:18#	00:19&	00:04#	00:02+	00:03-	00:07-	00:03+	00:00=	00:03#	00:11+	
<b>7</b>	<b>Klaus Olsen</b>	<b>41</b>										<b>16:18</b>				
01:04+	02:46+	03:27+	05:30+	06:10+	07:31+	09:46+	10:47+	11:26+	12:50+	13:23+	14:29+	15:28+	15:49+	16:16+	16:18+	
01:04+	01:42+	00:41-	02:03+	00:40+	01:21+	02:15+	01:01+	00:39+	01:24+	00:33-	01:06=	00:59+	00:21=	00:27+	00:02+	
00:09#	00:07+	00:02-	00:14#	00:04#	00:08#	00:02+	00:13&	00:07#	00:07+	00:02-	00:00=	00:03+	00:00=	00:04#	00:02+	
<b>8</b>	<b>Flemming Nørgaard</b>	<b>OK Pan</b>										<b>16:28</b>				
00:50-	02:38+	03:23+	05:28+	06:08+	07:27+	09:51+	10:46+	11:20+	12:46+	13:21+	14:32+	15:33+	15:56+	16:27+	16:28+	
00:50-	01:48+	00:45+	02:05+	00:40+	01:19+	02:24+	00:55+	00:34+	01:26+	00:35=	01:11+	01:01+	00:23+	00:31+	00:01+	
00:05-	00:13#	00:02+	00:16#	00:04#	00:06+	00:11+	00:07#	00:02+	00:09#	00:00=	00:05+	00:05+	00:02+	00:08&	00:01+	

Class	Navn	Klasse	Tid
<b>9</b>	<b>Ove Splittorff</b>	<b>39</b>	<b>16:33</b>
01:02+	02:53+	03:41+	05:42+
01:02+	01:51+	00:48+	02:01+
00:07#	00:16#	00:05#	00:12#
00:04#	00:07+	00:01+	00:02+
00:04#	00:01+	00:02+	00:04#
00:01+	00:09#	00:07-	00:11#
00:07#	00:07&	00:11&	00:01+
<b>10</b>	<b>Troels Jensen</b>	<b>15</b>	<b>16:53</b>
01:10+	03:02+	03:47+	05:51+
01:10+	01:52+	00:45+	02:04+
00:15&	00:17#	00:02+	00:15#
00:06#	00:01-	00:03-	00:06#
00:07#	00:25&	00:09&	00:00=
00:08#	00:00=	00:08#	00:00=
00:05#			
<b>11</b>	<b>Jan Kristoffersen</b>	<b>6</b>	<b>16:57</b>
00:53-	02:46+	03:30+	06:21+
00:53-	01:53+	00:44+	02:51+
00:02-	00:18#	00:01+	01:02&
00:03+	00:06-	00:14#	00:29&
00:02+	00:02+	00:04+	00:01-
00:10-	00:10-	00:02+	00:00=
00:02=	00:00=	00:02=	00:00=
00:02-	00:02-	00:01+	00:01+
<b>12</b>	<b>Ole Svendsen</b>	<b>29</b>	<b>17:10</b>
00:55=	02:50+	03:42+	05:47+
00:55=	01:55+	00:52+	02:05+
00:00=	00:20#	00:09#	00:16#
00:02+	00:06+	00:05+	00:03+
00:08#	00:22&	00:01+	00:08#
00:16&	00:04#	00:07&	00:01+
<b>13</b>	<b>Karsten Funder</b>	<b>10</b>	<b>17:46</b>
00:50-	02:38+	03:18+	05:22+
00:50-	01:48+	00:40-	02:04+
00:05-	00:13#	00:03-	00:15#
00:02+	01:39@	00:04+	00:09#
00:00=	00:01+	00:09&	00:08#
00:08#	00:08#	00:02-	00:05#
00:01+			
<b>14</b>	<b>Jørgen Stamp</b>	<b>22</b>	<b>18:01</b>
00:57+	02:48+	03:38+	05:42+
00:57+	01:51+	00:50+	02:04+
00:02+	00:16#	00:07#	00:15#
00:09#	00:09#	00:34&	00:20&
00:05#	00:05#	00:15#	00:19&
00:07#	00:08#	00:03#	00:09&
00:01+			
<b>15</b>	<b>Karsten Schultz</b>	<b>10</b>	<b>18:23</b>
00:51-	02:56+	03:38+	05:51+
00:51-	02:05+	00:42-	02:13+
00:04-	00:30&	00:01-	00:24#
00:12&	00:06-	00:04+	00:13&
00:01+	00:23&	00:06#	01:28@
00:06#	00:02-	00:05#	00:02+
00:02+			
<b>16</b>	<b>Gert Bøgevig</b>	<b>40</b>	<b>19:04</b>
01:06+	03:12+	04:07+	06:14+
01:06+	02:06+	00:55+	02:07+
00:11#	00:31&	00:12&	00:18#
00:22&	00:15#	00:28#	00:17&
00:06#	00:24&	00:10&	00:13#
00:22&	00:03#	00:09&	00:01+
00:01+			
<b>17</b>	<b>Karl Ditlevsen</b>	<b>15</b>	<b>19:33</b>
01:00+	03:07+	03:57+	06:11+
01:00+	02:07+	00:50+	02:14+
00:05+	00:32&	00:07#	00:25#
00:27&	00:10#	00:12+	00:11#
00:11&	00:31&	01:20@	00:04+
00:12#	00:01-	00:03#	00:19-
00:28+	00:26+	00:02+	00:02+
00:03#	00:02+		
<b>18</b>	<b>Vagn Hansen</b>	<b>26</b>	<b>20:15</b>
01:11+	03:31+	04:22+	06:26+
01:11+	02:20+	00:51+	02:04+
00:16&	00:45&	00:08#	00:15#
00:11&	00:08#	00:18#	00:29&
00:29&	00:29&	00:25&	00:15&
01:11@	00:12#	00:03#	00:07&
00:01+			
<b>19</b>	<b>Jørn F. Andersen</b>	<b>26</b>	<b>21:08</b>
01:21+	03:40+	04:36+	07:22+
01:21+	02:19+	00:56+	02:46+
00:26&	00:44&	00:13&	00:57&
00:20&	00:35&	00:36&	00:17&
00:13&	00:38&	00:14&	00:14#
00:21&	00:04#		
<b>20</b>	<b>Bent Nielsen</b>	<b>OK Pan</b>	<b>21:16</b>
01:00+	03:21+	04:17+	06:50+
01:00+	02:21+	00:56+	02:33+
00:05+	00:46&	00:13&	00:44&
00:23&	00:30&	00:39&	00:18&
00:13&	00:46&	00:19&	00:12#
00:41&	00:13&		
<b>21</b>	<b>Knud Dam</b>	<b>16</b>	<b>22:04</b>
01:09+	03:34+	04:41+	07:22+
01:09+	02:25+	01:07+	02:41+
00:14&	00:50&	00:24&	00:52&
00:05#	00:15#	00:33#	00:27&
01:30@	00:57&	00:12&	00:10#
00:16&	00:05#	00:11&	00:01+
<b>22</b>	<b>Mogens Jørgensen</b>	<b>40</b>	<b>23:19</b>
01:14+	03:45+	04:45+	07:48+
01:14+	02:31+	01:00+	03:03+
00:19&	00:56&	00:17&	01:14&
00:28&	00:38&	01:09&	00:26&
00:16&	01:10&	00:12&	00:13#
00:28&	00:12&	00:13#	00:28&
00:12&	00:17&	00:02+	00:02+
00:40+	00:02+		
<b>Beste strekktid for klassen</b>			
00:38	01:31	00:40	01:49
00:36	01:07	01:49	00:45
00:29	01:17	00:32	00:56
00:47	00:16	00:21	

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

### H75-

<b>1</b>	<b>Jack Skrydstrup</b>	<b>17</b>	<b>16:09</b>												
00:50=	02:44=	03:27=	05:12=	05:57=	07:12=	09:26=	10:42=	11:15=	12:38=	13:25=	14:22=	15:18=	15:40=	16:08=	16:09=
00:50=	01:54=	00:43=	01:45=	00:45=	01:15=	02:14=	01:16=	00:33=	01:23=	00:47=	00:57=	00:56=	00:22=	00:28=	00:01=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Knud Sørensen</b>	<b>OK Pan</b>	<b>16:43</b>												
00:49-	02:28-	03:17-	05:04-	05:49-	06:56-	09:05-	10:57+	11:34+	13:18+	13:47+	14:48+	15:47+	16:10+	16:41+	16:43+
00:49-	01:39-	00:49+	01:47+	00:45=	01:07-	02:09-	01:52+	00:37+	01:44+	00:29-	01:01+	00:59+	00:23+	00:31+	00:02+
00:01-	00:15-	00:06#	00:02+	00:00=	00:08-	00:05-	00:36&	00:04#	00:21&	00:18-	00:04+	00:03+	00:01+	00:03#	00:01&
<b>3</b>	<b>H. V. Jensen</b>	<b>22</b>	<b>18:01</b>												
00:57+	02:56+	03:44+	05:58+	06:46+	08:33+	10:54+	11:53+	12:35+	13:58+	14:36+	16:10+	17:12+	17:33+	18:00+	18:01+
00:57+	01:59+	00:48+	02:14+	00:48+	01:47+	02:21+	00:59-	00:42+	01:23=	00:38-	01:34+	01:02+	00:21-	00:27-	00:01=
00:07#	00:05+	00:05#	00:29&	00:03+	00:32&	00:07+	00:17-	00:09&	00:00=	00:09-	00:37&	00:06#	00:01-	00:01-	00:00=
<b>4</b>	<b>Egon Neregaard</b>	<b>41</b>	<b>18:11</b>												
00:59+	02:56+	03:51+	05:57+	06:38+	08:04+	10:37+	11:51+	12:33+	14:11+	14:51+	16:00+	17:10+	17:38+	18:09+	18:11+
00:59+	01:57+	00:55+	02:06+	00:41-	01:26+	02:33+	01:14-	00:42+	01:38+	00:40-	01:09+	01:10+	00:28+	00:31+	00:02+
00:09#	00:03+	00:12&	00:21#	00:04-	00:11#	00:19#	00:02-	00:09&	00:15#	00:07-	00:12#	00:14#	00:06&	00:03#	00:01&
<b>5</b>	<b>Palle Møller Nielsen</b>	<b>22</b>	<b>19:19</b>												
00:58+	03:08+	03:57+	06:14+	07:00+	08:29+	11:11+	12:23+	12:58+	14:48+	15:30+	16:54+	18:21+	18:53+	19:19+	
00:58+	02:10+	00:49+	02:17+	00:46+	01:29+	02:42+	01:12-	00:35+	01:50+	00:42-	01:24+	01:27+	00:32+	00:26-	
00:08#	00:16#	00:06#	00:32&	00:01+	00:14#	00:28#	00:04-	00:02+	00:27&	00:05-	00:27&	00:31&	00:10&	00:02-	
<b>6</b>	<b>Arne Pedersen</b>	<b>20</b>	<b>19:21</b>												
01:00+	03:04+	03:54+	06:14+	07:15+	08:38+	11:24+	12:32+	13:13+	15:00+	15:37+	17:05+	18:20+	18:47+	19:21+	
01:00+	02:04+	00:50+	02:20+	01:01+	01:23+	02:46+	01:08-	00:41+	01:47+	00:37-	01:28+	01:15+	00:27+	00:34+	
00:10#	00:10+	00:07#	00:35&	00:16&	00:08#	00:32#	00:08-	00:08#	00:24&	00:10-	00:31&	00:19&	00:05#	00:06#	
<b>7</b>	<b>Jørn Thomsen</b>	<b>31</b>	<b>19:34</b>												
01:01+	03:04+	03:55+	06:15+	07:09+	08:36+	11:23+	12:24+	13:22+	15:24+	16:04+	17:15+	18:31+	18:59+	19:33+	19:34+
01:01+	02:03+	00:51+	02:20+	00:54+	01:27+	02:47+	01:01-	00:58+	02:02+	00:40-	01:11+	01:16+	00:28+	00:34+	00:01=
00:11#	00:09+	00:08#	00:35&	00:09#	00:12#	00:33#	00:15-	00:25&	00:39&	00:07-	00:14#	00:20&	00:06&	00:06#	00:00=
<b>8</b>	<b>Olav Odgaard</b>	<b>22</b>	<b>19:35</b>												
01:03+	02:59+	03:47+	05:51+	06:38+	09:01+	11:18+	12:11+	12:48+	14:09+	15:57+	17:46+	18:41+	19:04+	19:34+	19:35+
01:03+	01:56+	00:48+	02:04+	00:47+	02:23+	02:17+	00:53-	00:37+	01:21-	01:48+	01:49+	00:55-	00:23+	00:30+	00:01=
00:13&	00:02+	00:05#	00:19#	00:02+	01:08&	00:03+	00:23-	00:04#	00:02-	01:01@	00:52&	00:01-	00:01+	00:02+	00:00=
<b>9</b>	<b>Henning Løwenstein</b>	<b>10</b>	<b>19:57</b>												
01:14+	03:23+	04:29+	06:49+	07:37+	09:00+	11:51+	12:56+	13:38+	15:33+	16:23+	17:48+	19:02+	19:27+	19:56+	19:57+
01:14+	02:09+	01:06+	02:20+	00:48+	01:23+	02:51+	01:05-	00:42+	01:55+	00:50+	01:25+	01:14+	00:25+	00:29+	00:01=
00:24&	00:15#	00:23&	00:35&	00:03+	00:08#	00:37&	00:11-	00:09&	00:32&	00:03+	00:28&	00:18&	00:03#	00:01+	00:00=
<b>10</b>	<b>Finn Hother Madsen</b>	<b>OK Pan</b>	<b>20:27</b>												
00:55+	03:04+	03:47+	06:10+	07:09+	08:33+	11:02+	12:09+	12:48+	15:33+	16:18+	18:13+	19:25+	19:54+	20:26+	20:27+
00:55+	02:09+	00:43=	02:23+	00:59+	01:24+	02:29+	01:07-	00:39+	02:45+	00:45-	01:55+	01:12+	00:29+	00:32+	00:01=
00:05#	00:15#	00:00=	00:38&	00:14&	00:09#	00:15#	00:09-	00:06#	01:22&	00:02-	00:58@	00:16&	00:07&	00:04#	00:00=
<b>11</b>	<b>Hans Larsen</b>	<b>8</b>	<b>21:13</b>												
01:18+	03:52+	04:42+	06:56+	07:58+	09:25+	12:12+	13:22+	13:59+	16:14+	17:28+	18:47+	20:06+	20:36+	21:11+	21:13+
01:18+	02:34+	00:50+	02:14+	01:02+	01:27+	02:47+	01:10-	00:37+	02:15+	01:14+	01:19+	01:19+	00:30+	00:35+	00:02+
00:28&	00:40&	00:07#	00:29&	00:17&	00:12#	00:33#	00:06-	00:04#	00:52&	00:27&	00:22&	00:23&	00:08&	00:07#	00:01&
<b>12</b>	<b>Aksel Skovlyst</b>	<b>8</b>	<b>22:25</b>												
01:22+	03:52+	04:54+	07:43+	08:52+	10:24+	13:28+	14:49+	15:41+	17:46+	18:29+	20:08+	21:24+	21:55+	22:24+	22:25+
01:22+	02:30+	01:02+	02:49+	01:09+	01:32+	03:04+	01:21+	00:52+	02:05+	00:43-	01:39+	01:16+	00:31+	00:29+	00:01=
00:32&	00:36&	00:19&	01:04&	00:24&	00:17#	00:50&	00:05+	00:19&	00:42&	00:04-	00:42&	00:20&	00:09&	00:01+	00:00=
<b>Beste strekktid for klassen</b>															
00:49	01:39	00:43	01:45	00:41	01:07	02:09	00:53	00:33	01:21	00:29	00:57	00:55	00:21	00:26	00:01

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

### H80-



Class	Navn	Klasse	Tid												
<b>1</b>	<b>Torsten Boe Larsen</b>	<b>22</b>	<b>18:22</b>												
00:59=	02:56=	03:47=	06:02=	06:41=	08:31=	10:51=	11:46=	12:27=	14:05=	14:48=	16:19=	17:32=	17:56=	18:20=	18:22=
00:59=	01:57=	00:51=	02:15=	00:39=	01:50=	02:20=	00:55=	00:41=	01:38=	00:43=	01:31=	01:13=	00:24=	00:24=	00:02=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Bendt Frandsen</b>	<b>9</b>	<b>20:51</b>												
01:32+	04:00+	04:52+	07:05+	07:44+	09:36+	11:53+	13:11+	14:26+	16:12+	16:52+	18:57+	19:59+	20:22+	20:50+	20:51+
01:32+	02:28+	00:52+	02:13-	00:39=	01:52+	02:17-	01:18+	01:15+	01:46+	00:40-	02:05+	01:02-	00:23-	00:28+	00:01-
00:33&	00:31&	00:01+	00:02-	00:00=	00:02+	00:03-	00:23&	00:34&	00:08+	00:03-	00:34&	00:11-	00:01-	00:04#	00:01-
<b>3</b>	<b>Holger Karlsmose</b>	<b>9</b>	<b>23:34</b>												
01:32+	04:14+	05:26+	08:12+	09:09+	11:02+	14:04+	15:22+	16:09+	18:09+	19:00+	20:31+	22:02+	22:40+	23:32+	23:34+
01:32+	02:42+	01:12+	02:46+	00:57+	01:53+	03:02+	01:18+	00:47+	02:00+	00:51+	01:31=	01:31+	00:38+	00:52+	00:02=
00:33&	00:45&	00:21&	00:31#	00:18&	00:03+	00:42&	00:23&	00:06#	00:22#	00:08#	00:00=	00:18#	00:14&	00:28@	00:00=
<b>4</b>	<b>Preben Munk</b>	<b>42</b>	<b>24:12</b>												
01:27+	04:05+	05:10+	07:50+	08:57+	10:41+	13:53+	15:12+	16:58+	19:20+	20:05+	21:26+	22:57+	23:31+	24:10+	24:12+
01:27+	02:38+	01:05+	02:40+	01:07+	01:44-	03:12+	01:19+	01:46+	02:22+	00:45+	01:21-	01:31+	00:34+	00:39+	00:02=
00:28&	00:41&	00:14&	00:25#	00:28&	00:06-	00:52&	00:24&	01:05@	00:44&	00:02+	00:10-	00:18#	00:10&	00:15&	00:00=
<b>5</b>	<b>Jakob Ravn</b>	<b>15</b>	<b>27:40</b>												
01:55+	05:14+	06:45+	10:08+	11:46+	13:54+	17:48+	19:09+	19:56+	22:09+	22:57+	24:34+	26:09+	26:48+	27:39+	27:40+
01:55+	03:19+	01:31+	03:23+	01:38+	02:08+	03:54+	01:21+	00:47+	02:13+	00:48+	01:37+	01:35+	00:39+	00:51+	00:01-
00:56&	01:22&	00:40&	01:08&	00:59@	00:18#	01:34&	00:26&	00:06#	00:35&	00:05#	00:06+	00:22&	00:15&	00:27@	00:01-
<b>6</b>	<b>Keld B. Nielsen</b>	<b>26</b>	<b>27:52</b>												
02:35+	05:12+	06:08+	09:31+	10:37+	14:04+	17:33+	18:53+	19:54+	22:36+	23:33+	25:09+	26:39+	27:10+	27:50+	27:52+
02:35+	02:37+	00:56+	03:23+	01:06+	03:27+	03:29+	01:20+	01:01+	02:42+	00:57+	01:36+	01:30+	00:31+	00:40+	00:02=
01:36@	00:40&	00:05+	01:08&	00:27&	01:37&	01:09&	00:25&	00:20&	01:04&	00:14&	00:05+	00:17#	00:07&	00:16&	00:00=

### Beste strekktid for klassen

00:59 01:57 00:51 02:13 00:39 01:44 02:17 00:55 00:41 01:38 00:40 01:21 01:02 00:23 00:24 00:01

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## H85-

<b>1</b>	<b>Kurt Dose</b>	<b>18</b>	<b>19:51</b>												
00:37=	02:59=	03:37=	04:09=	05:31=	06:41=	07:16=	11:40=	12:49=	14:11=	15:56=	17:29=	18:49=	19:20=	19:50=	19:51=
00:37=	02:22=	00:38=	00:32=	01:22=	01:10=	00:35=	04:24=	01:09=	01:22=	01:45=	01:33=	01:20=	00:31=	00:30=	00:01=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Peter Arildsen</b>	<b>33</b>	<b>22:08</b>												
00:43+	03:26+	04:18+	04:57+	06:30+	08:02+	08:38+	11:24-	12:57+	14:41+	17:12+	19:00+	20:43+	21:20+	22:07+	22:08+
00:43+	02:43+	00:52+	00:39+	01:33+	01:32+	00:36+	02:46-	01:33+	01:44+	02:31+	01:48+	01:43+	00:37+	00:47+	00:01=
00:06#	00:21#	00:14&	00:07#	00:11#	00:22&	00:01+	01:38-	00:24&	00:22&	00:46&	00:15#	00:23&	00:06#	00:17&	00:00=
<b>3</b>	<b>Svend Fladberg</b>	<b>18</b>	<b>22:24</b>												
00:52+	04:04+	05:14+	05:53+	07:35+	08:54+	09:20+	13:35+	14:51+	16:14+	18:00+	19:31+	21:06+	21:42+	22:23+	22:24+
00:52+	03:12+	01:10+	00:39+	01:42+	01:19+	00:26-	04:15-	01:16+	01:23+	01:46+	01:31-	01:35+	00:36+	00:41+	00:01=
00:15&	00:50&	00:32&	00:07#	00:20#	00:09#	00:09-	00:09-	00:07#	00:01+	00:01+	00:02-	00:15#	00:05#	00:11&	00:00=

### Beste strekktid for klassen

00:37 02:22 00:38 00:32 01:22 01:10 00:26 02:46 01:09 01:22 01:45 01:31 01:20 00:31 00:30 00:01

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## Åben kort

<b>1</b>	<b>Jan Haverslev</b>	<b>OK Pan</b>	<b>18:09</b>														
00:27=	02:06=	03:28=	04:43=	05:40=	07:04=	07:52=	10:19=	11:50=	13:26=	14:12=	14:46=	15:44=	16:14=	16:55=	17:41=	18:07=	18:09=
00:27=	01:39=	01:22=	01:15=	00:57=	01:24=	00:48=	02:27=	01:31=	01:36=	00:46=	00:34=	00:58=	00:30=	00:41=	00:46=	00:26=	00:02=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Carsten Johansen</b>	<b>37</b>	<b>18:11</b>														
00:26-	03:45+	05:01+	06:08+	07:05+	07:56+	08:43+	10:57+	12:53+	13:52+	14:35+	15:09+	15:58+	16:28+	17:13+	17:49+	18:10+	18:11+
00:26-	03:19+	01:16-	01:07-	00:57=	00:51-	00:47-	02:14-	01:56+	00:59-	00:43-	00:34=	00:49-	00:30=	00:45+	00:36-	00:21-	00:01-
00:01-	01:40@	00:06-	00:08-	00:00=	00:33-	00:01-	00:13-	00:25&	00:37-	00:03-	00:00=	00:09-	00:00=	00:04+	00:10-	00:05-	00:01-

Class	Navn	Klasse																Tid			
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<b>3</b>	<b>Biering christian</b>	<b>38</b>																<b>18:17</b>			
00:37+	02:10+	03:34+	04:54+	05:39-	06:42-	07:19-	10:28+	12:02+	13:10-	13:50-	14:49+	15:48+	16:25+	17:08+	17:49+	18:16+	18:17+				
00:37+	01:33-	01:24+	01:20+	00:45-	01:03-	00:37-	03:09+	01:34+	01:08-	00:40-	00:59+	00:59+	00:37+	00:43+	00:41-	00:27+	00:01-				
00:10&	00:06-	00:02+	00:05+	00:12-	00:21-	00:11-	00:42&	00:03+	00:28-	00:06-	00:25&	00:01+	00:07#	00:02+	00:05-	00:01+	00:01-				

<b>4</b>	<b>Peter Krogh</b>	<b>34</b>																<b>24:03</b>			
00:43+	03:08+	04:51+	06:32+	07:24+	08:28+	09:18+	12:23+	14:12+	15:30+	17:52+	18:48+	20:00+	20:56+	22:23+	23:26+	24:02+	24:03+				
00:43+	02:25+	01:43+	01:41+	00:52-	01:04-	00:50+	03:05+	01:49+	01:18-	02:22+	00:56+	01:12+	00:56+	01:27+	01:03+	00:36+	00:01-				
00:16&	00:46&	00:21&	00:26&	00:05-	00:20-	00:02+	00:38&	00:18#	00:18-	01:36@	00:22&	00:14#	00:26&	00:46@	00:17&	00:10&	00:01-				

<b>5</b>	<b>Annelise Elin</b>	<b>37</b>																<b>35:18</b>			
01:15+	03:55+	06:36+	08:56+	10:21+	12:38+	13:53+	19:06+	22:19+	24:32+	25:31+	26:48+	28:36+	29:54+	32:28+	34:24+	35:16+	35:18+				
01:15+	02:40+	02:41+	02:20+	01:25+	02:17+	01:15+	05:13+	03:13+	02:13+	00:59+	01:17+	01:48+	01:18+	02:34+	01:56+	00:52+	00:02=				
00:48@	01:01&	01:19&	01:05&	00:28&	00:53&	00:27&	02:46@	01:42@	00:37&	00:13&	00:43@	00:50&	00:48@	01:53@	01:10@	00:26&	00:00=				

<b>6</b>	<b>Inge Kristoffersen</b>	<b>6</b>																<b>41:01</b>			
01:13+	04:14+	06:51+	09:25+	11:02+	12:23+	13:21+	17:18+	27:56+	33:19+	33:54+	35:18+	36:51+	37:49+	39:08+	40:26+	41:00+	41:01+				
01:13+	03:01+	02:37+	02:34+	01:37+	01:21-	00:58+	03:57+	10:38+	05:23+	00:35-	01:24+	01:33+	00:58+	01:19+	01:18+	00:34+	00:01-				
00:46@	01:22&	01:15&	01:19@	00:40&	00:03-	00:10#	01:30&	09:07@	03:47@	00:11-	00:50@	00:35&	00:28&	00:38&	00:32&	00:08&	00:01-				

<b>Beste strekktid for klassen</b>																	
00:26	01:33	01:16	01:07	00:45	00:51	00:37	02:14	01:31	00:59	00:35	00:34	00:49	00:30	00:41	00:36	00:21	00:01

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## Åben Lang Svær

<b>1</b>	<b>Asbjørn Mathiasen</b>	<b>OK PAN</b>																<b>17:02</b>			
00:34=	01:08=	02:35=	03:28=	04:02=	05:43=	06:12=	06:54=	07:12=	08:21=	09:49=	10:24=	11:14=	12:23=	13:12=	14:41=	15:26=	16:09=	16:40=	17:01=	17:02=	
00:34=	00:34=	01:27=	00:53=	00:34=	01:41=	00:29=	00:42=	00:18=	01:09=	01:28=	00:35=	00:50=	01:09=	00:49=	01:29=	00:45=	00:43=	00:31=	00:21=	00:01=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	

<b>2</b>	<b>Rasmus Slot Fenger-Grøn</b>	<b>31</b>																<b>24:36</b>			
00:48+	01:36+	03:26+	04:34+	05:12+	07:31+	08:10+	09:11+	09:57+	11:16+	15:10+	16:03+	17:15+	18:43+	19:43+	21:47+	22:41+	23:41+	24:18+	24:36+		
00:48+	00:48+	01:50+	01:08+	00:38+	02:19+	00:39+	01:01+	00:46+	01:19+	03:54+	00:53+	01:12+	01:28+	01:00+	02:04+	00:54+	01:00+	00:37+	00:18-		
00:14&	00:14&	00:23&	00:15&	00:04#	00:38&	00:10&	00:19&	00:28@	00:10#	02:26@	00:18&	00:22&	00:19&	00:11#	00:35&	00:09#	00:17&	00:06#	00:03-		

<b>Beste strekktid for klassen</b>																				
00:34	00:34	01:27	00:53	00:34	01:41	00:29	00:42	00:18	01:09	01:28	00:35	00:50	01:09	00:49	01:29	00:45	00:43	00:31	00:18	00:01

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.